

To celebrate:

The United Nations International Day of Older People



'Promoting Active and Healthy Ageing'

Thursday 30th September

A Conference:

Temple of Health and Peace
12.00pm – 5.30pm

A Public Lecture:

In the Julian Hodge Lecture Theatre,
Colum Road, Cardiff
7.30pm – 8.45pm

by the Right Honourable

Rhodri Morgan AM

Financial support from ABPI and from
Bayer Healthcare is gratefully acknowledged.

How we manage care of older people and promote healthy ageing in a changing and ageing world is a great challenge to health and social care professionals as well as touching everyone's lives in the general public.

At this conference delegates will have the opportunity for networking with staff working with older people, and to contribute to the discussions and debates on innovative ways to promote active and healthy ageing, and highlighting best practice and current policy initiatives.

The **Conference** offers the opportunity to bring together the community of researchers and academics in ageing issues; Health and social care practitioners; Policy makers.

The **Public Lecture** is vital for anyone who works or has contact with older people. It will be valuable for service providers, family carers, older people their family and friends.

To register for the Conference, apply to:
Robyn Davies: DaviesR66@cardiff.ac.uk

To register for the Public Lecture apply to:
Andrew Emery: EmeryAD@cardiff.ac.uk

'Promoting Active and Healthy Ageing'

Temple of Health and Peace

12.00pm – 5.30pm

Tea, coffee, biscuits and Viewing of Posters

12.00pm – 1.00pm

Chair: *Sir Mansel Aylward*

Introduction by: *Ruth Marks,
Commissioner for Older People*

Ageing: *Professor David Kipling,
Professor Julie Williams*

Patient and caring issues: *Dr Tony Bayer*

Independent living: *Professor Joanna
Latimer*

Dignity and care: *Dr Win Tadd*

Tea and coffee etc: 3.40pm – 4.00pm

The good life: *Dr John Gallacher*

The Built Environment: *Professor Chris
Webster, Professor Judith Phillips*

Launch of CaSciope
(Cardiff University Ageing, Science and
Older Person Network)
Professor Teresa Rees

**The contribution of the University to Active
and Healthy Living:**
Professor Ken Woodhouse

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'Promoting Active and Healthy Ageing'

Public Lecture:
Thursday 30th September

In the Julian Hodge Lecture Theatre,
Colum Road, Cardiff
7.30pm; refreshments from 7.00 pm

the Right Honourable

Rhodri Morgan AM

This will be preceded by the reading of a
poem specially written to celebrate
United Nations Older Persons' Day by

Gillian Clarke

National Poet of Wales

Registration for the lecture is essential.
Please apply to:
Andrew Emery, Public Engagement Team,
EmeryAD@cardiff.ac.uk

To celebrate the UN Older Persons Day
the University is holding two events:
a Conference and a Public Lecture.

The overall title for both is: *Promoting Active
and Healthy Ageing*, and we are honoured that
the public lecture will be given by a role model
of active and healthy ageing:

the Right Honourable Rhodri Morgan

This lecture is one in a series of 'Science in
Health' lectures each month. These seek to
open up areas of concern in healthcare, and
to present work in the University on health
and disease.

The lectures are normally held in the large
Chemistry Lecture Theatre in the main
University Building Park Place. Always on a
Thursday, they commence at 7.30 pm, and are
preceded by refreshments from about 7.00pm
in the foyer of the main building. The lectures
are free and no booking is required. All are
welcome – especially senior school pupils
interested in a career in healthcare.

14th October: "Innovation, Medicines
and Entrepreneurship"

28th October: "The changing face of
health in China"

11th November: "The Modern Face of
Pathology and understanding disease"

9th December: The Christmas Lecture:
"Milk, Tropical fish and Irish Linen".

Enquiries to Andrew Emery: EmeryAD@cardiff.ac.uk

Previous talks in the 'Science in Health' series

Diabetes,
Leukaemia
Alzheimer's disease
Breast cancer
Heart disease
Cancer prevention
Teeth and the law
Teenage sexuality
Murderous Medics
Genetics
Confidentiality
The rise and fall of modern medicine
Forensic science
Bioluminescence
Illegal drugs
The preservation of health
Longevity
Violence
Health and happiness
Dementia
Beyond blood pressure
Treasures from the sea
Depression
Diet and cancer