

Cardiff University Optometry Society (OPSOC)

First of all, congratulations on gaining a place on the Optometry course and welcome to Cardiff! We have no doubt that this will be the beginning of an incredible three years, when you will experience some of the best moments of your life, while meeting great friends and picking up a degree at the end of it all!

Right now, some of you may be feeling a little nervous about coming to university and others maybe cannot wait to leave home and begin your university experience. For many of you, this will be your first time living away from home. Luckily for you, OPSOC is here to help you ease into university life, meet lifelong friends and generally make the most of your time in Cardiff!

OPSOC is a society run by Optometry student for students. Basically, we are here to help you experience student life to the fullest, introduce you to your fellow Optoms, as well as to provide a support service through the year and make you feel right at home from the moment you arrive at Cardiff University.

Throughout the year, OPSOC holds numerous events and activities around the Student's Union and Cardiff City centre such as our annual Christmas party and our feature event of the year, the Eye Ball, which has been known as the biggest event in the optometry student's calendar. In addition to this there are cheese and wine nights held every fortnight. These are events where optical companies come in and give small presentations regarding current affairs within the world of optometry, such as recent products available, summer school positions and preliminary year information. After which we enjoy pizzas snacks, wine, beer and soft drinks. More importantly they provide great opportunities to socialise and get to know one another, and are often accompanied by a great night out in Cardiff city.

There are also several other important events scattered all the way through the year for you to look forward to and mark on your calendar. These include a trip to Alton Towers, Delta Force Paintball, and most of all the Ski Trip planned for early January 2010!

In addition to this there will be many ways to release the stress of a hard day of lectures through the clubs provided by OPSOC. These include soccer, rugby, netball, as well as new clubs starting this year such as cooking and music ensembles. These groups meet regularly and the sporting clubs often compete amongst other teams within the university. Altogether they provide a wide range of activities for even the most varied of tastes.

Optometry Society membership is great value at £30, and includes free or discounted entry into all socials, and the cheese and wine evenings. It also includes discounts on OPSOC hoodies and t-shirts, and our OPSOC card will give you exclusive discounts around town! To top it all off, OPSOC membership will save you £10 on tickets for the fantastic Eye Ball at the end of the year!

Membership may be purchased from any committee member during freshers week, or to take advantage of early discounts, cheques made payable to 'OPSOC' may be sent to the above address. Please enclose your name and a passport photo so that we can prepare your card for when you arrive! Don't forget to write your name on the back of the cheque please:)

A new thing for this year is a special OPSOC discount code, which gives 50p off the price of certain tickets to Solus (the union nightclub) club nights. We know every little helps when you're a student! The discount code is 'onevision' which will work for each transaction on the Solus box office website. Feel free to send the code to anyone else you know in Cardiff!

Every year we welcome students from all areas of the globe and walks of life into our close community. It is a huge challenge for everyone to settle in, especially those who have moved far from home. Therefore it is our priority to ensure that everything is done to provide a warm and welcoming atmosphere for these students and that they are given the great opportunity to see what Cardiff has to offer them!

So, if you have any concerns or questions about moving to University, the optometry course itself or even directions around Cardiff; do not hesitate to get in touch! Details of how to do this can be seen below. We are very excited about the year that lies ahead and are looking forward to meeting you all.

Don't forget this is your optometry society, don't be shy and get involved!

Best Wishes

Opsoc committee

Clark, Connor, Ellen, Elliott, Fiona, Jackie, Mike and Stephanie

Contacts and Information

There will be a noticeboard up in the building beside the seating area so use this daily for all up to date information 😊

Main Optometry Office

Leanne Jones 02920874374

Richard Earlam (Admissions Tutor) +44 (0)2920874852

Committee

Social Secretaries:

Jackie – Jaclyndeane@hotmail.com - 07977677580

Connor – connormccann@hotmail.co.uk – 07706585656

Clark – clarktardiff@hotmail.com – 07565691023

General Secretaries:

Fiona Duncan fcdemailuk@aol.com

Mike Daly mikepdaly25@hotmail.com

Treasurer: Ellen Fletcher ellenfletcher@hotmail.co.uk

Vice President: Elliot Bateman 07940821042

President: Stephanie Campbell stef1120@hotmail.com 07849540455

Cardiff Optometry Freshers 2009- Facebook profile (A great way to meet your new coursemates)

<http://www.facebook.com/profile.php?id=545955837&ref=profile#/group.php?gid=82683850016&ref=ts>

International Students

<http://www.cardiff.ac.uk/optom/degreeprogrammes/undergraduate/internationalstudents/index.html>

Some Union events we recommend and will probably all be going along to are:

TRAFFIC LIGHT PARTY 23rd Sept 09

<http://shop.cardiffstudents.com/box-office/club-nights/buy/lash>

FOAM PARTY hosted by Vernon Kay (Radio 1 / ITV) 7th Oct 09

<http://shop.cardiffstudents.com/box-office/club-nights/buy/lash-2>

UV PARTY 14th Oct 09

<http://shop.cardiffstudents.com/box-office/club-nights/buy/lash-3>

The discount code is 'onevision' which will work for each transaction on the Solus box office website. Feel free to send the code to anyone else you know in Cardiff!