A future in pharmacy
Dyfodol mewn fferylliaeth

Here's what you need to know.

Dyma beth sydd angen i chi ei wybod.

ROYAL PHARMACEUTICAL SOCIETY

CYMDEITHAS FFERYLLOL FRENHINOL

What does a pharmacist do?

Pharmacy is the third largest healthcare profession in Great Britain. You'll find pharmacists wherever there are medicines: supplying them, providing advice about them, developing new ones, and offering health services. They're part of the wider healthcare team, ensuring that patients receive the best possible care.

As a pharmacist, you'll need to be an expert in medicines and their use, with a unique set of skills and knowledge. You'll train as a scientist and clinician, then use your scientific know-how advising patients on their medicines and making recommendations on the best medicine for particular conditions and diseases.

Some pharmacists also prescribe medicines on prescriptions, just like doctors. Some work in other roles, with less direct contact with patients, for example in universities, in regulation, or in government organisations, research, publishing and in the pharmaceutical industry.

Pharmacists often work in busy environments, so being organised, logical, able to manage multiple tasks, and remain calm under pressure is essential.

You must have a good eye for detail and be thorough and accurate. You'll also need very good communication skills to explain technical medicines information to patients. You'll be part of a team and often involved in education and training others, so good people skills are also essential.

Beth mae fferyllydd yn ei wneud?

Fferylliaeth yw'r proffesiwn gofal iechyd trydydd mwyaf ym Mhrydain Fawr. Byddwch yn canfod fferyllwyr ble bynnag y mae meddyginiaethau: yn eu cyflenwi, yn darparu cyngor amdanynt, yn datblygu rhai newydd, ac yn cynnig gwasanaethau iechyd. Maent yn rhan o'r tîm gofal iechyd ehangach, yn sicrhau bod cleifion yn cael y gofal gorau bosibl.

Fel fferyllydd, bydd angen i chi fod yn arbenigwr ar feddyginiaethau a'u defnydd, gyda set unigryw o sgiliau a gwybodaeth. Byddwch yn hyfforddi fel gwyddonydd a chlinigydd, yna'n defnyddio'ch gwybodaeth wyddonol i gynghori cleifion ar eu meddyginiaethau a gwneud argymhellion ar y feddyginiaeth orau ar gyfer cyflyrau a chlefydau penodol.

Mae rhai fferyllwyr hefyd yn rhagnodi meddyginiaethau ar bresgripsiynau, yn union fel meddygon. Mae rhai yn gweithio mewn rolau eraill, â llai o gysylltiad uniongyrchol â chleifion, er enghraifft mewn prifysgolion, yn rheoleiddio, neu mewn sefydliadau'r llywodraeth, ymchwil, argraffi ac yn y diwydiant fferyllol.

Yn aml mae fferyllwyr yn gweithio mewn amgylcheddau prysur, felly mae'n hanfodol bod yn drefnus, rhesymegol, gallu rheoli tasgau lluosog, ac aros yn ddigyffro o dan bwysau.

Rhaid i chi gael llygad da am fanylion a bod yn drylwyr ac yn gywir. Hefyd bydd arnoch angen sgiliau cyfathrebu da i esbonio gwybodaeth am feddyginiaethau technegol i gleifion. Byddwch yn rhan o dîm ac yn aml maen nhw'n ymwneud ag addysg a hyfforddi pobl eraill, felly mae sgiliau pobl da yn hanfodol hefyd.

Where can pharmacy take me?

I ble all fferylliaeth fynd â fi?

Anywhere! Pharmacists are valued health professionals, with skills that are in demand worldwide. After completing five years of study and training you'll find doors open to you in so many different areas, offering a career with security, flexibility, variety, opportunity, satisfaction and excellent rewards. As a pharmacist your role will be constantly evolving, as new roles emerge all the time across healthcare. Many of the experiences and skills you'll develop in practice can be transferred to other pharmacy environments and roles.

Unrhyw le! Mae fferyllwyr yn weithwyr iechyd proffesiynol gwerthfawr, gyda sgiliau y mae galw mawr amdanynt ledled y byd. Ar ôl cwblhau pum mlynedd o astudio a hyfforddiant byddwch yn canfod bod drysau ar agor i chi mewn cymaint o feysydd gwahanol, gan gynnig gyrfa gyda diogelwch, hyblygrwydd, amrywiaeth, cyfle, boddhad a gwobrau rhagorol. Fel fferyllydd bydd eich rôl yn datblygu'n gyson, wrth i rolau newydd ddod i'r amlwg drwy'r amser ar draws gofal iechyd. Gellir trosglwyddo llawer o'r profiadau a sgiliau byddwch yn eu datblygu mewn ymarfer i amgylcheddau a rolau eraill ym maes fferylliaeth.

Does it pay well? A yw'n talu'n dda?

As a registered pharmacist you can probably expect a starting salary of around £20k–£30k depending on the area of pharmacy and location you chose to work in. Within a decade you might be earning anywhere between £35k–£60k – possibly more in some senior positions!

Fel fferyllydd cofrestredig, mae'n debygol y gallwch ddisgwyl cyflog cychwynnol o oddeutu £20k- £30k yn dibynnu ar y maes fferylliaeth a'r lleoliad y gwnaethoch ddewis gweithio ynddo. O fewn degawd gallech fod yn ennill unrhyw le rhwng £35k - £60k - mwy o bosib mewn rhai swyddi uwch!

Qualifications

To qualify as a pharmacist you must take a four-year Master of Pharmacy (MPharm) degree course followed by successful completion of a year of preregistration training within a pharmacy workplace (for which you get paid). At the end of preregistration training, you must pass the General Pharmaceutical Council (GPhC) registration assessment after which you will be able to register and practise as a pharmacist.

Cymwysterau

I gymhwyso fel fferyllydd bydd rhaid i chi ddilyn cwrs gradd Meistr mewn Fferylliaeth (MPharm) pedair blynedd a ddilynir gan cwblhau blwyddyn o hyfforddiant cyn-gofrestru'n llwyddiannus o fewn gweithle fferylliaeth (y byddwch yn cael eich talu amdano). Ar ddiwedd yr hyfforddiant cyn cofrestru, bydd rhaid ichi basio asesiad cofrestru'r Cyngor Fferyllol Cyffredinol (GPhC) ac wedi hynny byddwch chi'n gallu cofrestru ac ymarfer fel fferyllydd.

Although most courses are geared to those with A-levels in chemistry and two of biology/ mathematics/physics, students may also be considered with chemistry and one of biology/mathematics/physics (and one other subject). You need basic literacy and numeracy skills (e.g. GCSE in English language and mathematics).

A lot of students admitted to schools of pharmacy have other qualifications. These include the Irish School Leaving Certificate, National or Higher National Certificates or Diplomas, International Baccalaureate or Access qualifications.

You can find details on UK Schools of Pharmacy at www.rpharms.com/careers. All GB MPharm degrees are accredited by the GPhC. Please remember it is vital that you check the precise entry requirements of your chosen school of pharmacy.

If you're wondering what courses or options to take at school, sixth form or college, and are thinking of studying pharmacy at university you'll find the information in this leaflet useful to help you plan and decide your next steps.

Er bod y mwyafrif o gyrsiau wedi'u trefnu ar gyfer y rhai hynny â lefelau-A mewn cemeg a dau o fywydeg/mathemateg/ffiseg, hefyd gallai myfyrwyr gael eu hystyried gyda chemeg ac un o fywydeg/mathemateg/ffiseg (ac un pwnc arall). Mae arnoch angen sgilau llythrennedd a rhifedd sylfaenol (e.e. TGAU mewn iaith Saesneg a mathemateg).

Mae gan lawer o fyfyrwyr sy'n cael eu derbyn i ysgolion fferylliaeth gymwysterau eraill. Mae'r rhain yn cynnwys y cymwysterau Tystysgrif Wyddelig am Adael yr Ysgol, Tystysgrifau neu Ddiplomâu Cenedlaethol neu Uwch Genedlaethol, Y Fagloriaeth Ryngwladol neu Fynediad.

Gallwch chi weld manylion ynghylch Ysgolion Fferylliaeth y DU yn www.rpharms.com/careers. Mae pob gradd MPharm DU yn cael ei hardystio gan y GPhC. Cofiwch ei fod yn hanfodol ichi wirio gofynion mynediad manwl yr ysgol fferylliaeth o'ch dewis.

Os ydych chi'n ystyried pa gyrsiau neu opsiynau i'w cymryd yn yr ysgol, chweched dosbarth neu goleg, ac rydych chi'n ystyried astudio fferylliaeth yn y brifysgol byddwch chi'n canfod fod yr wybodaeth yn y daflen hon yn ddefnyddiol i'ch helpu i gynllunio a phenderfynu ar eich camau nesaf.

CASE STUDY

ASTUDIAETH ACHOS

Janice Perkins

Pharmacy Superintendent, Well

Over my 17 year career with Boots opportunities arose to try different roles including Pharmacy Manager, Branch Manager, District Manager and Professional Development Manager. One of the great things about pharmacy is the wide range of roles you can undertake all which support patient care in slightly different ways. Starting as a community pharmacist working in a branch provided a great foundation for my future career choices and whatever role I've had I've made sure the patient/customer is at the centre of my decision making process.

I joined the Co-operative Pharmacy (now Well) in 2000 as a Business Development Manager and four years later I became Pharmacy Superintendent.

Being a Pharmacy Superintendent is a challenging but rewarding role. I have the opportunity to influence within the business and as the 3rd largest multiple and employer of over 1000 pharmacists I'm asked to contribute to discussions on a number of topics.

Uwch-arolygydd Fferylliaeth yn Well

Dros fy ngyrfa 17 blynedd gyda Boots fe wnaeth cyfleoedd godi i roi cynnig ar wahanol rolau gan gynnwys Rheolwraig Fferyllfa, Rheolwraig Cangen, Rheolwraig Rhanbarth a Rheolwraig Datblygu Proffesiynol. Un o'r pethau mawr am fferylliaeth yw'r amrediad eang o rolau gallwch chi ymgymryd â nhw ac mae pob un ohonyn nhw'n cefnogi gofal cleifion mewn ffyrdd ychydig yn wahanol. Roedd cychwyn fel fferyllydd cymunedol yn gweithio mewn cangen wedi darparu sylfaen wych ar gyfer fy newisiadau gyrfaol am y dyfodol a pha rôl bynnag dw i wedi'i chael dw i wedi gwneud yn siŵr bod y claf/cwsmer wrth ganol fy mhroes o wneud penderfyniadau.

Ymunes i â'r Fferyllfa Co-operative (Well erbyn hyn) yn 2000 fel Rheolwraig Datblygu Busnes a phedair blynedd yn ddiweddarach des i'n Uwch-arolygydd Fferylliaeth.

Mae bod yn Uwch-arolygydd Fferylliaeth yn rôl heriol ond gwerthfawr. Dw i'n cael y cyfle i ddylanwadu o fewn y busnes ac fel y 3ydd cadwyn mwyaf a chyflogwr mwy na 1000 o fferyllwyr gofynnir imi gyfrannu i drafodaethau ar nifer o byncîau.

Pharmacists working in community pharmacy

Community pharmacists work at the front line of healthcare in cities, towns and villages across Great Britain. They work from their own pharmacies or out of local healthcare centres and doctor's surgeries.

As a community pharmacist your job would be all about helping patients and the public, assessing their conditions and making decisions about which medicines they should take. You'll be involved in dispensing medicines and offering your patients advice and practical help on keeping healthy. It is a very responsible job and community pharmacists tend to be highly respected members of their communities.

Community pharmacists are also taking on more of the roles that have traditionally been undertaken by doctors, such as the management and monitoring of long term conditions, for example asthma and diabetes, as well as delivering flu vaccinations, and conducting medicines reviews.

They also help people give up smoking, alter their diets to make them healthier and advise on sexual health matters. Some community pharmacists own their own businesses and enjoy the challenges of management and having responsibility for staff, stock and premises that this brings. Others work for large pharmacy chains and have the opportunity to move around and/or progress onto more senior roles within an established company structure.

Fferyllwyr sy'n gweithio mewn fferyllfiaeth gymunedol

Mae fferyllwyr cymunedol yn gweithio ar reng flaen gofal iechyd mewn dinasoedd, trefi a phentrefi ledled Prydain Fawr. Maen nhw'n gweithio o'u fferyllfaoedd eu hunain neu o ganolfannau gofal iechyd lleol a meddygfeydd meddygon.

Fel fferyllydd cymunedol byddai'ch gwaith yn golygu helpu cleifion a'r cyhoedd, yn asesu eu cyflyrau ac yn gwneud penderfyniadau ynghylch pa feddyginiaethau dylen nhw eu cymryd. Byddwch chi'n ymwneud â gweinyddu meddyginiaethau a chynnig cyngor a help ymarferol i'ch cleifion ar gadw'n iach. Mae'n swydd cyfrifol iawn ac mae fferyllwyr cymunedol yn tueddu i fod yn aelodau a berchir yn uchel yn eu cymunedau.

Mae fferyllwyr cymunedol hefyd yn ymgymryd â mwy o'r rolau a gyflawnwyd yn draddodiadol gan feddygon, fel rheoli a monitro cyflyrau hirdymor, er enghraifft asthma a diabetes, yn ogystal â darparu brechiadau ffliw, a chynnal adolygiadau o feddyginiaethau. Maen nhw hefyd yn helpu pobl i roi'r gorau i smygu, newid eu deiet i'w gwneud yn fwy iach a chynghori ar faterion ynghylch iechyd rhywiol.

Mae rhai fferyllwyr cymunedol yn berchen ar eu busnesau eu hunain ac yn mwynhau'r heriau rheoli a chael cyfrifoldeb am staff, stoc a safle mae hyn yn ei gyflwyno. Mae eraill yn gweithio i gadwynau fferylliaeth mawr ac mae ganddyn nhw'r cyfle i symud o gwmpas ac/neu symud ymlaen at rolau uwch o fewn strwythur cwmni sefydledig.

Veterinary pharmacy

Fferylliaeth filfeddygol

Animals have similar needs to humans, they also get sick and/or suffer from diseases. However, their physiology and anatomy can be very different. Veterinary pharmacists specialise in medicines for the treatment of animals.

You will be involved in the manufacture, supply and distribution of medicines, and work closely with veterinary surgeons and their teams. You may be involved in the treatment of pets, small animals, large groups of animals, e.g. on a farm, livestock (animals reared for food), and more exotic species.

Mae gan anifeiliaid anghenion tebyg i bobl, mane nhw hefyd yn mynd yn sâl ac/neu yn dioddef gan glefydau. Fodd bynnag, gall eu ffisioleg ac anatomi fod yn wahanol iawn. Mae fferyllwyr milfeddygol yn arbenigo mewn meddyginiaethau ar gyfer trin anifeiliaid.

Byddwch chi'n ymwneud â gweithgynhyrchu, cyflenwi a dosbarthu meddyginiaethau, ac yn gweithio'n agos gyda milfeddygon a'u timau. Efallai y byddwch yn ymwneud â thrin anifeiliaid anwes, anifeiliaid bach, grwpiau mawr o anifeiliaid, e.e. ar fferm, da byw (anifeiliaid sy'n cael eu magu ar gyfer bwyd), a rhywogaethau mwy ecsotig.

CASE STUDY

ASTUDIAETH ACHOS

Lucy Galloway

Clinical Pharmacist In Hospital

Specialising In Renal Transplant & Urology

Every day I apply my expert knowledge to advise on dose adjustments for medicines in renal (kidney) impairment, pharmacokinetic interactions, drug administration and management of adverse drug reactions (side effects). In renal and transplantation the drug regimens are highly complex and a failure to manage them correctly could have catastrophic consequences, so the pharmacist is an important and respected member of the multidisciplinary team.

I am also an independent prescriber and run a medication review clinic for transplant patients. Being able to suggest changes to make it easier for patients to manage their condition is very rewarding.

Other roles that I have include writing guidelines, financial management of drug budgets and teaching and training undergraduates and junior pharmacists.

Fferyllydd Clinigol mewn Ysbyty

Yn arbenigo mewn Trawsblaniadau Arennol ac Wroleg

Pob diwrnod dw i'n defnyddio fy ngwybodaeth arbenigol i gynghori ar addasiadau dos ar gyfer meddyginiaethau mewn nam ar yr arennau (arennau), rhyngweithiadau fferyllol-ginetig, gweinyddu cyffuriau a rheoli adweithiadau niweidiol i gyffuriau (sgil-effeithiau). Mewn trawsblaniadau arennol mae'r systemau cyffuriau'n gymhleth iawn a gallai methu â'u rheoli'n gywir arwain at ganlyniadau trychinebus, felly mae'r fferyllydd yn aelod pwysig a pharchus o'r tîm amlddisgyblaethol.

Hefyd dw i'n rhagnodwr annibynnol a dw i'n rhedeg clinig adolygu meddyginiaeth ar gyfer cleifion sydd wedi cael trawsblaniad. Mae'r gallu i awgrymu newidiadau i'w wneud yn haws i gleifion reoli eu cyflwr yn werthchweil iawn.

Mae rolau eraill sydd gyda fi'n cynnwys ysgrifennu canllawiau, rheolaeth ariannol ar gyllidebau cyffuriau ac addysgu a hyfforddi israddedigion a fferyllwyr is.

Pharmacists working in hospital pharmacy

Hospital pharmacists are a vital part of the healthcare team. Working in either the NHS or private hospitals, being a hospital pharmacist means you're part of a team where the focus is firmly on patients.

There is a lot of variety in hospital pharmacy in terms of what you can do and you will always be working within a team of pharmacy staff which include pharmacists, pharmacy technicians and pharmacy assistants. You might get involved in manufacturing, developing, testing, supplying and monitoring the effectiveness of all of the medicines used in the hospital.

You will also provide advice to other healthcare professionals and not just patients, you may evaluate medicines and develop protocols. You may then specialise later in your career in conditions such as mental health, cancer (oncology) and the heart (cardiology); and specialist areas of practice, such as paediatrics (child health), and the care of older people.

Pharmacists also work in urgent and emergency medicine departments, quality assurance, clinical trials, and in medicines information departments. You will have opportunities to progress into management or teaching roles within the hospital and work closer with the wider healthcare team.

Fferyllwyr sy'n gweithio mewn fferyllfiaeth ysbytai

Mae fferyllwyr ysbyty'n rhan hanfodol o'r tîm gofal iechyd. Yn gweithio naill ai yn y GIG neu mewn ysbytai preifat, mae gwaith fferyllydd ysbyty'n golygu eich bod yn rhan o dîm lle mae'r ffocws yn gyfangwbl ar gleifion.

Mae llawer o amrywiaeth ym maes fferylliaeth ysbyty o ran beth allwch chi ei wneud a thrwy'r amser byddwch chi'n gweithio o fewn tîm o staff fferylliaeth sy'n cynnwys fferyllwyr a thechnegwyr fferyllfa. Efallai byddwch chi'n ymwneud â gweithgynhyrchu, datblygu, profi, cyflenwi a monitro effeithiolrwydd yr holl feddyginiaethau a ddefnyddir yn yr ysbyty.

Hefyd byddwch chi'n darparu cyngor i weithwyr proffesiynol gofal iechyd eraill ac nid cleifion yn unig, efallai byddwch chi'n gwerthuso meddyginiaethau a datblygu protocolau. Yna gallech chi arbenigo nes ymlaen yn eich gyrfa mewn cyflyrau megis iechyd meddwl, canser (oncoleg) a'r galon (cardioleg); a meysydd arbenigol o ymarfer, megis pediatreg (iechyd plant), a gofal pobl hŷn.

Hefyd mae fferyllwyr yn gweithio mewn adrannau meddygaeth frys ac argyfwng, sicrwydd ansawdd, treialon clinigol, a mewn adrannau gwybodaeth ar gyfer meddyginiaethau. Byddwch chi'n cael cyfleoedd i symud ymlaen at rolau rheoli neu addysgu o fewn yr ysbyty a gweithio'n agosach gyda'r tîm gofal iechyd ehangach.

Pharmacists working in industrial pharmacy

Industrial Pharmacists are mainly involved in the research, design, development and testing of new medicines and treatments, ensuring their safety and quality.

Want to be part of a team responsible for creating and marketing a medicine that helps millions of people all over the world? Industrial pharmacists work in companies that essentially make medicines. However they are involved in different stages of this process, from initial design to public launch and sales.

You will be using the latest technologies, processes and methods to develop new medicines for patients. Although many pharmacists start off their careers in industry in a laboratory based role, the areas that pharmacists work in include many non-lab roles. For example in Medicines Information, Regulatory Affairs, Marketing and Business Development. Industrial pharmacy can be an extremely rewarding career path and can lead to managerial positions or other positions that are not traditionally associated with pharmacy within the same company. A role which involves many different skills is that of a Qualified Person (QP). Here you are responsible for releasing product for supply to the market and confirming that it has been made and tested to the required quality standards in line with the regulated methods and processes. Roles in Quality Assurance can involve overseas travel to locations in your own company and to the sites of suppliers.

Fferyllwyr sy'n gweithio mewn fferylliaeth ddiwydiannol

Yn bennaf mae fferyllwyr diwydiannol yn ymwneud ag ymchwilio, dylunio, datblygu a phrofi meddyginiaethau a thriniaethau newydd, yn sicrhau eu diogelwch ac ansawdd.

Ydych chi eisiau bod yn rhan o dîm sy'n gyfrifol am greu a marchnata meddyginiaeth sy'n helpu miliynau o bobl ledled y byd? Mae fferyllwyr diwydiannol yn gweithio mewn cwmnïau sydd yn ei hanfod yn gweithgynhyrchu meddyginiaethau. Fodd bynnag maen nhw'n ymwneud â gwahanol gamau o'r broses hon, o'r dylunio cychwynnol i'r lansiad cyhoeddus a gwerthiannau.

Byddwch chi'n defnyddio'r technolegau, prosesau a dulliau diweddaraf i ddatblygu meddyginiaethau newydd ar gyfer cleifion. Er bod llawer o fferyllwyr yn cychwyn eu gyrfaoedd ym myd diwydiant mewn rolau a seilir mewn labordy, mae'r meysydd mae fferyllwyr yn gweithio ynddyn nhw'n cynnwys llawer o rolau y tu allan i'r labordy. Er enghraifftmewn Gwybodaeth Feddyginiaethau, Materion Rheoleiddio, Marchnata a Datblygu Busnes. Gall fferylliaeth ddiwydiannol fod yn llwybr gyrfaol gwerthfawr iawn a gall arwain at swyddi rheoli neu swyddi eraill nas cysylltir yn draddodiadol â fferylliaeth o fewn yr un cwmni. Rôl sy'n cynnwys llawer o sgiliau gwahanol yw'r rôl Person Cymwys (QP). Yma rydych chi'n gyfrifol am ryddhau cynnyrch i'w gyflenwi i'r farchnad a chadarnhau ei fod wedi'i wneud a'i brofi hyd at y safonau gofynnol ynghylch ansawdd yn unol â'r dulliau a phrosesau rheoledig. Gall rolau mewn Sicrwydd Ansawdd gynnwys teithio tramor naill ai i leoliadau yn eich cwmni eich hunan ac i safleoedd cyflenwyr.

CASE STUDY

ASTUDIAETH ACHOS

Monica Sudra

Scientific Advisor, Glaxosmithkline

Graduating from pharmacy, I undertook a split pre-registration training programme with the NHS and the pharmaceutical industry in product research and development. I was involved in drug formulation and it was exciting and rewarding to work as part of a multidisciplinary team of chemists, statisticians and other pharmacists. I also began to see the variety of career paths pharmacists were well placed to peruse within the industry – such as manufacturing, drug development, commercial sales and marketing roles and regulatory affairs to name a few.

I wanted a career that would allow me to benefit patients, provide me with diversity in my role and enable me to apply my skills and knowledge to further challenge and develop myself. Since qualifying as a pharmacist, I became a Senior Clinical Safety Scientist in pharmacovigilance within the industry, which gave me a great insight into this important field of industry. Progressing from this role, I am now a Scientific Advisor in the vaccines medical affairs division. It is immensely rewarding to work towards continually improving public health, whilst also bringing value to the business.

Cynghorydd Gwyddonol, Glaxosmithkline

Wedi graddio o fferylliaeth, ymunes i â rhaglen hyfforddi cyn cofrestru gyda'r GIG a'r diwydiant fferyllol mewn ymchwilio a datblygu cynhyrchion. Roeddwn i'n ymwneud â fformiwleiddio cyffuriau ac roedd yn gyffrous a gwerthfawr i weithio fel rhan o dîm amlddisgyblaethol o gemegwyr, ystadegwyr a fferyllwyr eraill. Hefyd dechreues i weld yr amrywiaeth o lwybrau gyrfaol yr oedd fferyllwyr mewn sefyllfa dda i'w gwled o fewn y diwydiant – megis rolau gweithgynhyrchu, datblygu cyffuriau, gwerthiannau masnachol a marchnata a materion rheoleiddiol i enwi ychydig ohonyn nhw.

Roeddwn i eisiau gyrfa a fyddai'n caniatáu imi fod o fudd i gleifion, darparu amrywiaeth i mi yn fy rôl a fy ngalluogi i ddefnyddio fy sgiliau a gwybodaeth i'm herio a datblygu fy hunan ymhellach. Ers cymhwyso fel fferyllydd, fe ddes i'n Uwch-wyddonydd Diogelwch Clinigol mewn fferyllol-wyliadwriaeth o fewn y diwydiant, a roddodd gipolwg gwych imi ar y maes pwysig hwn yn y diwydiant. Gan symud ymlaen o'r rôl hon, erbyn hyn dw i'n Gynghorydd Gwyddonolyn yr adran materion meddygol brechlynnau. Mae'n aruthrol werthfawr i weithio tuag at wella iechyd y cyhoedd yn barhaus, tra'n cyflwyno gwerth i'r busnes hefyd.

Mahendra Patel

Academic

Being an academic pharmacist has given me the fantastic opportunity of engaging at the very forefront of science, technology and practice sparing little chance for boredom to set in – without doubt it is a career that is rich in variety and individuality, offering stimulation and excitement throughout with uncompromising personal satisfaction and pride.

Academic pharmacists not only have highly regarded customary roles as lecturers and professors, some may decide to pursue senior management positions within the university and become heads of departments and schools. Others may choose to act as consultants and senior advisors for local, regional, national, and international organisations and institutions, as well as governmental bodies. Often they are at the cutting edge of the profession and are instrumental in influencing pharmacy development, policy, and practice. Their depth and breadth of knowledge in terms of teaching, research and health care service and utilisation can lead to various opportunities within science as well as professional practice.

Academydd

Mae bod yn fferyllydd academaidd wedi rhoi cyfle gwych i mi gymryd rhan yn y gwaith ar reng flaen gwyddoniaeth, technoleg ac ymarfer sy'n rhoi ond ychydig o gyfle i ddiflastod ymsefydlu - heb os nac oni bai mae'n yrfa sy'n gyfoethog o ran amrywiaeth ac unigoliaeth, gan gynnig ysgogiad a chyffro drwyddi draw gyda boddhad a balchder personol digyfaddawd.

Mae gan fferyllwyr academaidd nid yn unig rolau arferol a berchir yn uchel fel darlithwyr ac athrawon, efallai y bydd rhai'n dilyn swyddi uwch-reoli o fewn y brifysgol a mynd yn benaethiaid adrannau ac ysgolion. Efallai y bydd eraill yn dewis gweithredu fel ymgynghorwyr ac uwch-gynghorwyr ar gyfer sefydliadau lleol, rhanbarthol, cenedlaethol, a rhyngwladol yn ogystal â chyrff llwodraethol. Yn aml maen nhw ar ar flaen y gad yn y proffesiwn ac yn allweddol o ran dylanwadu ar ddatblygiad polisi ac ymarfer fferylliaeth. Gall dyfnder a lled eu gwybodaeth o ran addysgu, ymchwilio a gwasanaeth a defnydd gofal iechyd arwain at gyfleoedd amrywiol o fewn gwyddoniaeth yn ogystal ag arfer proffesiynol.

Pharmacists working in academia

Whether it's teaching, researching, practicing or a mix of all three, academic pharmacists enjoy exciting careers in universities, research institutes and other organisations throughout the world.

Academic pharmacists educate, train, assess and develop pharmacy students, pre-registration trainees, pharmacists and other healthcare professionals. You will use and apply your pharmacy knowledge and expertise to teach the next generation of pharmacists and others through a variety of teaching methods.

Working alongside the wider educational team, you will update the degree programme and develop learning material to reflect changes in education and practice. Academics also offer general support to students and are often viewed as role models and mentors.

Teacher practitioners have a split role, spending on average around 60% of their time working in hospital, community or industrial pharmacy and 40% of the time as a lecturer.

Academic pharmacists are also thought of as researchers, as the role usually involves conducting some form of research, e.g. in a science based area of practice, drug design or pharmacy services. You will collect evidence, analyse it and use this data to make improvements to medicines and patient's health.

Fferyllwyr sy'n gweithio yn y byd academaidd

Os yw'n golygu addysgu, ymchwilio, ymarfer neu gymysgedd o'r holl dri, mae fferyllwyr academaidd yn mwynhau gyrfaoedd cyffrous mewn prifysgolion, sefydliadau ymchwil a sefydliadau eraill ledled y byd.

Mae fferyllwyr Academaidd yn addysgu, hyfforddi, asesu a datblygu myfyrwyr fferylliaeth, hyfforddeion cyn cofrestru, fferyllwyr a gweithwyr proffesiynol gofal iechyd eraill. Byddwch chi'n defnyddio a chymhwyso eich gwybodaeth ac arbenigedd fferylliaeth i addysgu'r genhedlaeth nesaf o fferyllwyr trwy amrywiaeth o ddulliau addysgu.

Gan weithio gyda'r tîm addysgol ehangach, byddwch yn diweddaru'r rhaglen radd a datblygu deunydd dysgu i adlewyrchu newidiadau mewn addysg ac arfer. Hefyd mae academwyr yn cynnig cymorth cyffredinol i fyfyrwyr ac yn aml maent yn cael eu hystyried fel modelau rôl a mentoriaid.

Mae gan ymarferwyr addysgu rôl ranedig, yn treulio oddeutu 60% o'u hamser ar gyfartaledd yn gweithio mewn fferyllfa ysbyty, gymunedol neu ddiwydiannol a 40% o'r amser fel darlithydd.

Hefyd ystyrir bod fferyllwyr academaidd yn ymchwilwyr, gan fod y rôl fel arfer yn cynnwys cynnal rhyw fath o ymchwil, e.e. mewn maes o arfer seiliedig ar wyddoniaeth, dylunio cyffuriau neu wasanaethau fferyllfa. Byddwch chi'n casglu tystiolaeth, ei dadansoddi a defnyddio'r data hwn i wneud gwelliannau i feddyginiaethau ac iechyd cleifion.

Pharmacists working in the military

Fferyllwyr sy'n gweithio yn y lluoedd arfog

Military pharmacists work in the Army, Navy and Airforce. Some of them are also service personnel and undertake additional required military training.

You may be located on the base operating from a pharmacy or be on service with your colleagues around the UK and abroad. You are responsible for ensuring that medicines reach service personnel.

It can be particularly challenging as you will work in highly pressured environments where access to medicines and transportation may be limited.

You will also provide services to ex-service personnel, who may have long term conditions resulting from active service.

Mae fferyllwyr milwrol yn gweithio yn y Fyddin, y Llynges a'r Llu Awyr. Maer rhai ohonyn nhw hefyd yn bersonél gwasanaeth ac yn ymgymryd ag hyfforddiant milwrol ychwanegol sy'n ofynnol.

Efallai cewch eich lleoli yn y ganolfan neu'n gweithredu o fferyllfa neu gallech chi fod ar wasanaeth gyda'ch cydweithwyr ledled y DU a thramor. Byddwch chi'n gyfrifol am sicrhau bod meddyginiaethau'n cyrraedd personél.

Gall fod yn arbennig o heriol gan y byddwch chi'n gweithio mewn amgylcheddau o dan bwysau mawr lle gallai mynediad i feddyginiaethau a chludiant fod yn gyfyng.

Hefyd byddwch chi'n darparu gwasanaethau i bersonél gynt o'r gwasanaethau milwrol, a allai ddioddef gan gyflyrau hirdymor o ganlyniad i wasanaeth gweithredol.

CASE STUDY

ASTUDIAETH ACHOS

Ellie Williams

Military Pharmacist

I was lucky enough to be able to combine two ambitions: becoming a pharmacist and joining the Armed Forces. Having qualified in 1989 I joined the Regular Army in 1997.

As I already had NHS hospital experience under my belt I was sent to a Medical Logistics role for my first posting; within six months I was deployed to Bosnia. Personally, it is the deployments that I enjoy most; they provide interesting professional challenges, leadership opportunities and the chance to travel to countries you normally only read about! Over my career I have deployed to many countries including Bosnia, Kosovo, Sierra Leone, Iraq and Afghanistan.

To deliver a pharmacy service, sometimes many miles from UK, often as the only pharmacist in the region, there are a number of helpful traits to have. A sense of professionalism is essential. Other useful skills are: adaptability to unusual circumstances; confident decision-making; and innovative/unconventional problem-solving. Army pharmacists need to be robust enough to deploy in field conditions; this requires both mental and physical resilience. And, importantly, you need to be a team player both in the UK and on deployments.

Fferyllydd Milwrol

Roeddwn i'n ddigon ffodus i allu cyfuno dwy uchelgais: dod yn fferyllydd ac ymuno â'r Lluoedd Arfog. Ar ôl cymhwyso ym 1989 fe ymunais â'r Fyddin Reolaidd ym 1997.

Gan fy mod i eisoes wedi cael profiad o ysbyty GIG, fe ges i fy anfon i rôl Logisteg Feddygol ar gyfer fy swydd gyntaf; o fewn chwe mis, fe ges i fy lleoli i Bosnia. Yn bersonol, y lleoliadau dw i'n eu mwynhau fwyaf; maen nhw'n darparu heriau proffesiynol diddorol, cyfleoedd i arwain a'r cyfle i deithio i wledydd nad ydych ond yn darllen amdanyn nhw fel arfer! Dros fy ngyrfa dw i wedi cael fy lleoli i lawer o wledydd gan gynnwys Bosnia, Kosovo, Sierra Leone, Irac ac Affganistan.

Er mwyn darparu gwasanaeth fferylliaeth, weithiau lawer o filltiroedd i ffwrdd o'r DU, yn aml fel yr unig fferyllydd yn yr ardal, mae nifer o nodweddion defnyddiol i'w cael. Mae ymdeimlad o broffesiynoldeb yn hanfodol. Sgiliau defnyddiol eraill yw: gallu i addasu i amgylchiadau anarferol; gwneud penderfyniadau yn hyderus; a datrys problemau arloesol/anghonfensiynol. Mae angen i fferyllwyr y fyddin fod yn ddigon cadarn i'w lleoli mewn amgylchiadau maes; mae hyn yn galw am wytnwch meddyliol a chorfforol. Ac, yn bwysig, mae angen i chi fod yn chwaraewr tîm yn y DU ac ar leoliadau.

Pharmacists working in care homes

Fferyllwyr sy’n gweithio mewn cartrefi gofal

Care home pharmacists provide services to nursing or residential homes for patients who are not able to care for themselves, for example older people with complex medical conditions.

There is a lot of person-centred care in care homes. You build relationships with patients who have complex conditions that have to be managed strictly, many older patients have ‘polypharmacy’ needs, where they’re on many different medications for many reasons, so you have to balance all of those drugs and how they react with each other while still maintaining quality of life for these people.

You will also be involved in managing medicines stock and medicines waste, drawing up protocols so that systems run smoothly. Like many other pharmacists you will work in a team and will train others, e.g. care home staff.

Mae fferyllwyr cartref gofal yn darparu gwasanaethau i gartrefi nyrsio neu breswyl ar gyfer cleifion nad ydyn nhw’n gallu gofalu amdanyn nhw eu hunain, er enghraifft pobl hŷn gyda chyflyrau meddygol cymhleth.

Mae llawer o ofal sy’n canolbwyntio ar yr unigolyn mewn cartrefi gofal. Rydych chi’n meithrin perthnasoedd â chleifion sydd â chyflyrau cymhleth y mae’n rhaid eu rheoli’n llym, mae gan lawer o gleifion hŷn anghenion ‘polyfferylliaeth’, lle maent ar lawer o wahanol feddyginiaethau am lawer o resymau, felly mae’n rhaid i chi gydbwyso’r holl gyffuriau hynny a sut maent yn ymateb â’i gilydd tra’n cynnal ansawdd bywyd ar gyfer y bobl hyn.

Hefyd byddwch chi’n ymwneud â rheoli’r stoc o feddyginiaethau a gwastraff meddyginiaethau, gan dynnu ar brotocolau fel bod systemau’n rhedeg yn llyfn. Fel llawer o fferyllwyr eraill byddwch chi’n gweithio mewn tîm a byddwch chi’n hyfforddi pobl eraill, e.e. staff cartref gofal.

CASE STUDY

ASTUDIAETH ACHOS

Wasim Baqir

Care Home Pharmacist

Care home pharmacists can work in a number of settings (e.g. hospitals, GP practices, primary care teams) and work closely with other pharmacy services as well as other health and social care professionals (e.g. GPs, consultants, nurses, social workers) to make sure care home residents get the best from their medicines.

We often work autonomously (sometimes as independent prescribers), dealing with older people with complex medical conditions and medication regimens. I am responsible for identifying patients at risk of medicines related harm and working with them and their families, ensure that they are prescribed only the medicines that bring them value in terms of health and wellbeing. We also work with pharmacy technicians colleagues to ensure that medicines systems (e.g. ordering, training care home staff, administration) are safe so that patients are administered the correct medicine at the right time and medicines waste is minimised.

This is a role for pharmacists who like working with patients in multidisciplinary teams.

Fferyllydd Cartref Gofal

Gall fferyllwyr cartrefi gofal weithio mewn nifer o sefyllfaoedd (e.e. ysbytai, practisau meddygon teulu, timau gofal sylfaenol) a gweithio'n agos gyda gwasanaethau fferyllol eraill yn ogystal â gweithwyr iechyd a gofal cymdeithasol eraill (e.e. meddygon teulu, meddygon ymgynghorol, nyrsys, gweithwyr cymdeithasol) i sicrhau bod preswylwyr y cartref gofal yn cael y gorau o'u meddyginiaethau.

Yn aml rydyn ni'n gweithio'n annibynnol (weithiau fel rhagnodwyr annibynnol), yn delio â phobl hŷn sydd â chyflyrau meddygol a threfniadau meddyginiaeth cymhleth. Dw i'n gyfrifol am nodi cleifion sydd mewn perygl o niwed sy'n gysylltiedig â meddyginiaethau a gweithio gyda nhw a'u teuluoedd, gan sicrhau mai dim ond y meddyginiaethau sy'n dod â gwerth iddynt o ran iechyd a lles sy'n cael eu rhagnodi iddynt. Rydyn ni hefyd yn gweithio gyda chydweithwyr technegwyr fferyllol i sicrhau bod systemau meddyginiaethau (e.e. archebu, hyfforddi staff cartrefi gofal, gweinyddu) yn ddiogel fel bod cleifion yn cael y feddyginiaeth gywir ar yr adeg briodol a bod gwastraff meddyginiaethau yn cael ei leihau.

Mae hon yn rôl i fferyllwyr sy'n hoffi gweithio gyda chleifion mewn timau amlddisgyblaethol.

Pharmacists working in urgent and emergency care

Fferyllwyr sy'n gweithio mewn gofal brys ac argyfwng

The Urgent and Emergency Care (U&E) setting encompasses hospital Accident and Emergency (A&E) departments, walk-in centres, nonemergency services, such as NHS 111, NHS 24, and Out of Hours (OOH) providers.

Pharmacists working in U&E support patients with medicines related issues and common ailments when GP surgeries and other healthcare services are unavailable.

You will provide patients with access to medicines in emergency situations, treat minor injuries, obtain information from patients about medicines they take (a medicine history), and provide advice to other healthcare professionals.

Mae'r sefyllfa Gofal Brys ac Argyfwng (U&E) yn cwmpasu adrannau Damwain a Brys (A&E) mewn ysbytai, canolfannau cerdded-i-mewn, gwasanaethau nad ydynt yn rhai brys, megis NHS 111, NHS 24, a darparwyr Allan o Oriau (OOH).

Mae fferyllwyr sy'n gweithio mewn U&E yn cefnogi cleifion gyda phroblemau cysylltiedig â meddyginiaethau ac anhwylderau cyffredin pan na fydd meddygfeydd Meddyg Teulu a gwasanaethau gofal iechyd eraill ar gael.

Byddwch chi'n darparu mynediad i gleifion i feddyginiaethau mewn sefyllfaoedd brys, trin anafiadau mân, cael gwybodaeth gan gleifion ynghylch meddyginiaethau maen nhw'n eu cymryd (hanes meddyginiaeth), a darparu cyngor i, weithwyr proffesiynol eraill ym maes gofal iechyd.

CASE STUDY

ASTUDIETH ACHOS

Victoria Bray

Clinical Lead for Emergency Medicine

I am Clinical Lead for Acute and Emergency Medicine and spend part of my working week as an independent clinician, assessing, diagnosing, treating and admitting or discharging emergency medicine patients.

After passing my registration assessment, I undertook a 3 year postgraduate diploma followed by a 6 month independent prescribing course and postgraduate advanced assessment skills course. I worked as a resident pharmacist for 12 months before moving into a senior pharmacist post for 6 months. I then moved to a specialist post in Acute Medicine for 18 months. I took a role to set up the delivery of specialist hospital care in a primary care setting, alongside a focus on medication safety for 6 months, went on to lead for emergency medicine for 2 years and finally clinical lead for Acute and Emergency Medicine. I want to highlight that a broad experience in clinical, operational and governance roles, without specialising at day 1, has allowed a successful route into emergency medicine. It's possible, it's achievable – if you want to do it!

Arweinydd Clinigol Meddygaeth Frys

Rwy'n Arweinydd Clinigol ar gyfer Meddygaeth Acíwt ac Argyfwng ac yn treulio rhan o'm wythnos waith fel clinigwr annibynnol, gan asesu, diagnosio, trin a derbyn neu ryddhau cleifion meddygaeth frys.

Ar ôl pasio fy asesiad cofrestru, fe wnes i ymgymryd â diploma ôl-raddedig 3 blynedd ac yna cwrs rhagnodi annibynnol 6 mis a chwrs sgiliau asesu uwch ôl-raddedig. Roeddwn i'n gweithio fel fferyllydd preswyl am 12 mis cyn symud i swydd uwch-fferyllydd am 6 mis. Yna fe wnes i symud i swydd arbenigol mewn Meddygaeth Acíwt am 18 mis. Fe gymeres i rôl i sefydlu darpariaeth gofal ysbyty arbenigol mewn sefyllfa ofal sylfaenol, ochr yn ochr â ffocws ar ddiogelwch meddyginiaeth am 6 mis, fe es i ymlaen i arwain ar feddygaeth frys am 2 flynedd ac yn olaf roeddwn i'n arweinydd clinigol ar gyfer Meddygaeth Acíwt ac Argyfwng. Dw i am dynnu sylw at y ffaith bod profiad eang mewn rolau clinigol, gweithredol a llywodraethu, heb arbenigo ar ddiwrnod 1, wedi caniatáu llwybr llwyddiannus i feddygaeth frys. Mae'n bosibl, mae modd ei gyflawni - os ydych chi am ei wneud!

Pharmacists working in regulatory affairs

Fferyllwyr sy'n gweithio mewn materion rheoleiddiol

Regulatory affairs departments are found in pharmaceutical companies and government bodies, and you will be based in an office-type environment. Pharmacists who work in this sector have a comprehensive understanding of the law and regulation that relates to the manufacture and supply of medicines.

You may not have much contact with patients, however the projects and activities you deliver will impact patients, as well as pharmacists and other healthcare professionals.

Gyrfa bortffolio yw'r term a ddefnyddir ar gyfer gyrfaoedd sy'n pontio nifer o sectorau'r proffesiwn. Fel fferyllydd, mae 80% o'n sgilau'n drosglwyddadwy a gellir dysgu'r 20% arall a'u haddasu ar gyfer rolau newydd. Heddiw, erbyn hyn mae'n gyffredin iawn i gael swyddi mewn mwy nag un maes o fferylliaeth, naill ai'n gweithio'n rhan-amser mewn gwahanol leoedd neu'n symud trwy wahanol sectorau wrth i'ch gyrfa ddatblygu. Wrth i rolau newydd a mwy clinigol ddatblygu rydyn ni'n symud i ffwrdd o weithio mewn seilos ac mewn sectorau fferylliaeth wedi'u diffinio, a thuag at ymagwedd fwy generig.

Rydyn ni i gyd yn fferyllwyr yn gyntaf oll, yn cyflenwi gofal i gleifion ble bynnag rydyn ni'n gweithio

Pharmacists working in GP practices

Fferyllwyr sy'n gweithio mewn practisau Meddygon Teulu

An emerging model of care delivery involves utilising the skills of pharmacist in GP practices.

Pharmacists working as part of the team in general practice can make a huge difference to both patients and clinical colleagues. You will consult with and treat patients directly, working closely with GPs to resolve medicines issues, and enabling them to focus their skills where they are most needed, for example on diagnosing and treating patients. You will therefore usually be an independent prescriber.

You will review patients' medicines and provide advice on how best to take them. As part of the multidisciplinary team, pharmacists are able to advise other professionals about medicines, resolve problems with prescriptions and reduce prescribing errors.

Mae model datblygol o gyflenwi gofal yn cynnwys defnyddio sgiliau'r fferyllydd mewn practisau Meddyg Teulu.

Gall fferyllwyr sy'n gweithio fel rhan o'r tîm mewn practis cyffredinol wneud gwahaniaeth enfawr i gleifion a chydweithwyr clinigol fel ei gilydd. Byddwch chi'n ymgynghori ag a thrin cleifion yn uniongyrchol, gan weithio'n agos gyda Meddygon Teulu i ddatrys materion ynghylch meddyginiaethau, ac yn eu galluogi i ganolbwyntio eu sgiliau lle mae eu hangen fwyaf, er enghraifft ar ddiagnosio a thrin cleifion. Felly fel arfer byddwch chi'n rhagnodydd annibynnol.

Byddwch chi'n adolygu meddyginiaethau cleifion a darparu cyngor ar y ffordd orau i'w cymryd. Fel rhan o'r tîm amlddisgyblaethol, gall fferyllwyr gynghori gweithwyr proffesiynol eraill ynghylch meddyginiaethau, datrys problemau ynghylch presgripsiynau a lleihau gwallau rhagnodi.

CASE STUDY

Helen Kilminster

GP Pharmacist

I am a pharmacist working in General Practice. Also I am an independent prescriber and in my final stages of my MSc. Advance Clinical Practice. My days are busy and hectic but I love my job. I am able to apply evidence based medicine and deliver personalised holistic patient care. I see patients at the surgery, in their homes and at care homes. With my knowledge of medicines and clinical skill I am able to evaluate the situation, assess the patient and consequently provide the necessary next steps. My job is hugely rewarding and I have been fortunate to experience working with other allied healthcare professionals to ensure excellent patient care and patient safety.

I see a variety of clinical presentations and manage various long-term medical conditions in a diverse patient population. Sometimes my job role involves not being patient facing. This means I am able to get involved in analysing data and project planning. It is important to understand what matters to the population you look after, which is something I feel fortunate to be involved in. I started working in General Practice after coming from a hospital training year and then community pharmacy background. It was an unscripted opportunity and I believe pharmacy can bring a different dimension to the surgery team.

There are huge opportunities for all pharmacists regardless of experience to work in General Practice. Always worth remembering how unique we all are and understand through our passion and sense of purpose we can be future leaders of healthcare in our communities.

Portfolio careers

A portfolio career is the term used for careers which straddle several sectors of the profession. As a pharmacist, 80% of our skills are transferable and the other 20% can be learned and adapted for new roles. It's now very common to have jobs in more than one area of pharmacy, either working part time in different places or moving through different sectors as your career develops.

As new and more clinical roles evolve we are moving away from working in silos and in defined pharmacy sectors, and towards a more generic approach. We are all pharmacists first and foremost delivering patient care wherever we work.

ASTUDIAETH ACHOS

Fferyllydd Meddyg Teulu

Dw i'n fferyllydd sy'n gweithio mewn Practis Cyffredinol. Hefyd dw i'n ragnodwr annibynnol ac yn fy nghamau olaf fy MSc. Arfer Clinigol Uwch. Mae fy nyddiau'n brysur ac yn hectig ond dw i wrth fy modd yn fy swydd. Galla i ddefnyddio meddygaeth seiliedig ar dystiolaeth a darparu gofal personol holistaidd i gleifion. Dw i'n gweld cleifion yn y feddygfa, yn eu cartrefi ac mewn cartrefi gofal. Gyda fy ngwybodaeth o feddyginiaethau a sgiliau clinigol, galla i werthuso'r sefyllfa, asesu'r claf ac o ganlyniad ddarparu'r camau nesaf angenrheidiol. Mae fy swydd yn werth chweil iawn a dw i wedi bod yn ffodus i gael profiad o weithio gyda gweithwyr proffesiynol gofal iechyd cysylltiedig eraill i sicrhau gofal cleifion a diogelwch cleifion ardderchog.

Dw i'n gweld amrywiaeth o gyflwyniadau clinigol ac yn rheoli cyflyrau meddygol hirdymor amrywiol mewn poblogaeth amrywiol o gleifion. Weithiau mae rôl fy swydd yn golygu peidio â wynebu cleifion. Mae hyn yn golygu fy mod i'n gallu cymryd rhan mewn dadansoddi data a chynllunio prosiectau. Mae'n bwysig deall beth sy'n bwysig i'r boblogaeth rydych chi'n gofalu amdani, sy'n rhywbeth dw i'n ffodus i fod yn rhan ohono. Fe wnes i ddechrau gweithio mewn Practis Cyffredinol ar ôl dod o flwyddyn hyfforddiant mewn ysbyty ac yna cefndir fferylliaeth gymunedol. Roedd yn gyfle heb ei sgriptio a dw i'n credu y gall fferylliaeth gyflwyno dimensiwn gwahanol i dîm y feddygfa.

Mae cyfleoedd enfawr i bob fferyllydd waeth beth yw eu profiad i weithio mewn Practis Cyffredinol. Mae bob amser yn werth cofio pa mor unigryw yr ydym ni i gyd a deall trwy ein hangerdd a'n synnwyr o bwrpas y gallwn ni fod yn arweinwyr gofal iechyd yn y dyfodol yn ein cymunedau.

Gyrfaoedd portffolio

Gyrfa bortffolio yw'r term a ddefnyddir ar gyfer gyrfaoedd sy'n pontio nifer o sectorau'r proffesiwn. Fel fferyllydd, mae 80% o'n sgilau'n drosglwyddadwy a gellir dysgu'r 20% arall a'u haddasu ar gyfer rolau newydd. Heddiw, erbyn hyn mae'n gyffredin iawn i gael swyddi mewn mwy nag un maes o fferylliaeth, naill ai'n gweithio'n rhan-amser mewn gwahanol leoedd neu'n symud trwy wahanol sectorau wrth i'ch gyrfa ddatblygu. Wrth i rolau newydd a mwy clinigol ddatblygu rydyn ni'n symud i ffwrdd o weithio mewn seilos ac mewn sectorau fferylliaeth wedi'u diffinio, a thuag at ymagwedd fwy generig. Rydyn ni i gyd yn fferyllwyr yn gyntaf oll, yn cyflenwi gofal i gleifion ble bynnag rydyn ni'n gweithio.

What next?

Choose the right subjects.
Although you should check precise entry requirements with individual universities you will normally need to have studied sciences (especially chemistry and biology) and mathematics or physics.

Speak to the careers advisor or careers teacher at your school or college.
They will be able to discuss your interest in pharmacy and will be able to tell you more about the application process.

Look at the websites of the schools of pharmacy.
(See rpharms.com/careers for a list) as they will give you a flavour of what entry requirements you will need to join a Master of Pharmacy (MPharm) course and what it's like to study at each of the different universities.

Work experience.
Contact your local pharmacy, primary care organisation or hospital pharmacy to see if they will let you experience pharmacy in action. This could take the form of work shadowing, for example.

Get more advice.
You could also try writing to the pharmaceutical companies for help and advice – get a list from the Association of the British Pharmaceutical Industry (www.abpi.org.uk).

Visit the NHS Careers website.
www.healthcareers.nhs.uk contains many useful fact sheets about what it's like to be a pharmacist. In Wales, the NHS Wales careers website (www.weds.wales.nhs.uk/pharmacy).

See what student life is like.
Take a look at the website of the British Pharmaceutical Students' Association (www. bpsa.co.uk) as well as some of the university websites.
Will student life suit you?

Beth nesaf?

Dewiswch y pynciau cywir.
Er y dylech chi wirio gofynion mynediad manwl gyda phrifysgolion unigol fel arfer bydd angen eich bod wedi astudio gwyddorau (yn arbennig cemeg a bywydeg) a mathemateg neu ffiseg.

Siaradwch â'r cynghorydd gyrfaoedd neu athro gyrfaoedd yn eich ysgol neu goleg.
Byddan nhw'n gallu trafod eich diddordeb mewn fferylliaeth a byddant yn gallu rhoi rhagor o wybodaeth ichi ynghylch y broses ymgeisio.

Edrychwch ar wefannau'r ysgolion fferylliaeth.
(Gweler rpharms.com/careers am restr) gan y byddan nhw'n rhoi blas i chi ar ofynion mynediad bydd angen i chi ymuno â chwrs Meistr mewn Fferylliaeth (MPharm) a sut beth yw astudio ym mhob un o'r gwahanol brifysgolion.

Profiad gwaith.
Cysylltwch â'ch fferyllfa, sefydliad gofal sylfaenol neu fferylliaeth ysbyty leol er mwyn gwirio a fyddan nhw'n caniatáu ichi brofi fferylliaeth ar waith. Gallai hyn fod ar ffurf cysgodi gwaith, er enghraifft.

Cymerwch ragor o gyngor.
Hefyd gallech geisio ysgrifennu at y cwmnïau fferyllol am gymorth a chyngor - gallwch gael rhestr oddi wrth Gymdeithas Brydeinig y Diwydiant Fferyllol (www.abpi.org.uk).

Ewch at y wefan Gyrfaoedd GIG.
Mae www.healthcareers.nhs.uk yn cynnwys llawer o daflenni ffeithiau defnyddiol ynghylch sut brofiad yw bod yn fferyllydd. Yng Nghymru, gwefan yrfaoedd GIG Cymru (www.weds.wales.nhs.uk/pharmacy).

Gwiriwch sut brofiad yw bywyd myfyriwr. Edrychwch ar wefan y British Pharmaceutical Students' Association (www. bpsa.co.uk) yn ogystal â rhai o wefannau'r prifysgolion.
A fydd bywyd myfyriwr yn addas i chi?

We are pharmacy

Ni yw fferylliaeth

We are the Royal Pharmaceutical Society, the professional leadership body for pharmacists and pharmacy. Our mission is to put pharmacy at the forefront of healthcare.

Since the RPS was founded in 1841 we have championed the profession, and are internationally renowned as publishers of medicines information.

We promote pharmacy in the media and government, lead the way in medicines information, and support pharmacists in their education and development.

Because together, we are pharmacy.

Ni yw'r Gymdeithas Fferyllol Frenhinol, y corff arweinyddiaeth proffesiynol ar gyfer fferyllwyr a fferylliaeth. Ein cenhadaeth yw gosod fferylliaeth ar flaen y gad ym maes gofal iechyd.

Ers sefydlu'r RPS ym 1841 rydym wedi hyrwyddo'r proffesiwn, ac rydym yn enwog yn rhyngwladol fel cyhoeddwyr gwybodaeth am feddyginiaethau.

Rydym yn hyrwyddo fferylliaeth yn y cyfryngau a'r llywodraeth, yn arwain y ffordd o ran gwybodaeth am feddyginiaethau, ac yn cefnogi fferyllwyr yn eu haddysg a'u datblygiad.

Oherwydd gyda'i gilydd, ni yw fferylliaeth.

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