The Next Step
A Parent’s Guide to Higher Education at Cardiff University

www.cardiff.ac.uk/parents
Going to university will mark a brand new chapter in your son or daughter’s life and will naturally feel like both an exciting and daunting prospect. Many parents and guardians want to support their children in continuing their education but the process of finding a place at university, and indeed university life itself, can sometimes appear something of a mystery.

If you have limited knowledge of how the application process works, are worried about the financial aspect of university or concerned about how to help your son or daughter to settle into student life, this booklet will provide a general overview of what to expect at Cardiff University and aims to answer the key questions that you may have regarding higher education in general.

As Wales’ only Russell Group university, Cardiff University continues to thrive. We are particularly proud that the quality of our research has been recognised as being in the top 5 of all UK universities in the latest Research Excellence Framework. Our modern teaching facilities, expert lecturers and outstanding employment record means Cardiff remains a popular choice amongst students.

There are a number of ways you can help your son or daughter during (and after) the application process. Whether you help to research universities and courses, attend open days or simply be there to talk through their options with them, your help will go a long way. What course and university they choose will depend on their character and interests. Please get involved, take an interest and be supportive … but remember it is ultimately your son or daughter’s decision to make!

“Helping your son or daughter choose a university is an exciting time but it can also be quite daunting as a parent. For most students, going away to university will be their first real taste of independence where they’ll learn an abundance of new skills, both through their academic studies and from their newly gained sense of freedom. As a parent, you’ll want as much information as possible in order to avoid unnecessary worry, and reading this guide is the ideal way of putting your mind at ease.”

Parent of Scott, Sociology and Politics graduate from Cardiff University

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After completing school, your son or daughter may opt to continue in education, complete an apprenticeship, begin full-time employment or take a gap year. With so many options available, it may be helpful to know that studying for a degree will offer them the opportunity:

**To improve their career prospects**

In such a competitive jobs market, gaining a degree can significantly increase your son or daughter’s career prospects. Studying at university will equip them with the knowledge and skills needed to thrive in the workplace. There are even some professions, such as Medicine and Law, where a degree is essential. Although it would be misleading to claim that a degree guarantees employment, the quality of teaching and support offered throughout your son or daughter’s time at university will certainly put them in good stead. They will have the opportunity to work to industry standards, learn from experts at the forefront of their field and be supported by our very active Careers team.

**To pursue a subject they’re passionate about**

Passion and enthusiasm for the subject are two of the biggest contributing factors when deciding on what to study at university. For some students, this will be based upon the subject they have enjoyed most in school or college. Since not all subjects need previous experience in the field, however, other students will look to challenge themselves with exciting subjects they may not have previously had the opportunity to pursue. Students may find themselves on archaeological digs, completing fieldwork and lab work, exploring primary resources and journals, debating texts and theories or maybe even composing music. Whichever subject they choose, they will gain an in-depth understanding of their chosen discipline and thrive in an environment of like-minded people.

**To earn a larger salary**

Statistics indicate that graduates earn considerably more than those without a Higher Education qualification. University will allow your son or daughter to challenge themselves both academically and personally and, as a consequence, they will gain much more independence and develop as a person. They will be faced with new challenges such as living away from home for the first time, budgeting, cooking and (on occasion) doing their own laundry! This new-found independence will lead to more self-confidence and the ability to stand on their own two feet.

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**To gain independence**

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**To develop key skills**

Besides independence and self-confidence, your son or daughter will also gain a number of other key skills ranging from communication and teamwork to leadership and problem-solving. Whether putting together a group seminar presentation, getting involved in one of the many clubs and societies or just enjoying day-to-day student life, your son or daughter will constantly be developing these personal skills; allowing them to adapt to new situations in their future careers and day-to-day life.

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**Why go to university?**

Russell Group graduates, on average, earn around 10% more over their lifetime than graduates of newer universities.

*Source: www.russellgroup.ac.uk*

94.8% of our students were employed or in further study within six months of graduating.

*Destination of Leavers from Higher Education 2015/16*
Cardiff: a capital city

Cardiff caters for many interests. With its affordable prices and friendly atmosphere, the city acts as the perfect base to pursue both old and new hobbies.

For the shopping enthusiasts, we have an array of modern shopping centres, indoor markets and Victorian arcades to discover. Whilst those interested in arts and heritage may find themselves in one of our many theatres, galleries, or museums – we even have our very own castle which students can enter at discounted rates. Those seeking adventure, on the other hand, may opt to explore the beautiful Welsh countryside, learn how to sail, go rock-climbing or even grab a surf board and hit one of South Wales’ many charming beaches.

Sport
With developments such as the Cardiff International White Water Centre and Ice Arena Wales, joining an array of pitches, athletic tracks and other facilities, students studying in Cardiff have a range of sporting opportunities available to them. The city is also home to a number of iconic venues. The internationally renowned Principality Stadium, SWALEC Stadium and Cardiff City Stadium attract fans from all over the world and the vibrant buzz of the city during international match days is one not to be missed.

Transport Links
Cardiff has great transport links which makes it easily accessible from most UK major cities.

Nightlife
Whether your son or daughter prefers to party the night away in one of our many bars and clubs or would be much more comfortable simply grabbing a bite to eat and watching a show, they are sure to find something to do in Cardiff. Our safe taxi scheme will also ensure they get home safely at the end of the night. For more information, see page 8.

To find out more about what makes Cardiff a popular city, visit: www.visitcardiff.com

When paying your son or daughter a visit, why not combine it with a trip to see one of the many nationally-acclaimed theatre shows hosted at the Wales Millennium Centre? www.wmc.org.uk

“Compact, multicultural Cardiff dances to its own beat, with abundant cultural and historical sights, independent businesses and a friendly atmosphere”

Lonely Planet 2017

“The UK’s most affordable university city”
NorthWest Student Living Index 2017

To find out more about what makes Cardiff a popular city, visit: www.visitcardiff.com

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Moving away from home for the first time can be both an exciting and daunting prospect ... and not only for the students! Cardiff University residences offers your son or daughter a comfortable and independent lifestyle at a reasonable cost. It also provides the perfect opportunity to meet people from a range of courses and backgrounds and, in many instances, make lifelong friends.

University Residences

A place in University residences is guaranteed to all students who make Cardiff their firm choice university. We have 16 residences to choose from - many of which are located within walking distance to the city centre and both our campuses. With a selection of self-catered and part-catered/catered residences, there are options available for a range of budgets. When discussing accommodation choices with your son or daughter, it will be beneficial to consider which facilities are most important to them. Is an ensuite, for example, more desirable than marginally cheaper rent? Or is on-site car parking essential?

Facilities

Students can expect the following facilities to be provided when staying in Cardiff University residences:

- Bed
- Study desk
- Wardrobe
- Shared kitchen/dining area including access to a toaster and kettle
- Laundry facilities
- Bike storage
- Free wi-fi
- Network connection points
- Endsleigh personal possessions insurance

There are also a number of optional facilities to consider when choosing where to live. Students, for example, may decide to opt for a residence with:

- Car parking
- Varied catering options
- Ensuite or shared bathroom
- On-site sports facilities
- Quiet living option

Support

To ensure the safety of our students, we have 24/7 security as well as student wardens who live on-site to support your son or daughter should any problems arise. As well as this, Cardiff Students’ Union operates a safe taxi scheme to enable your son or daughter to safely return home at night. Students who find themselves without enough money for a taxi simply show their student card to the taxi driver, receive a receipt and pay back the fare at the Students’ Union in the following few days.

Private Accommodation

In their second and third years, the majority of students choose to live with friends in rented accommodation near to the university. Students will take responsibility for finding a suitable house, organising finances, paying rent and bills, cooking and cleaning. However, they will be able to access plenty of support. Advertising properties from reputable landlords and providing practical advice, the Letting Agency (run by our Students’ Union) will be on hand to help your son or daughter to navigate the transition from Halls of Residences to private accommodation.

Moving into halls of residences is the best possible thing a new student in a new city can do. I can’t really put into words what a good time I had in halls – all I can say is that I strongly recommend it!”

Freya, Talybont South

Please note:

- Aberdare Hall is a female-only residence. Should your daughter wish to live in a single sex hall she may opt to put this as her preference.
- Similarly, we have designated flats available for Welsh speakers.

More details on how to apply will be sent to your son or daughter once their offer to study at the university is confirmed. Why not watch our residences film and find out more at www.cardiff.ac.uk/residences

Rent for Cardiff University residences ranges from £108 to £147 per week*

* 2018/19 rates for University residences

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Choosing a course

With over 350 degree programmes to choose from at Cardiff University, your son or daughter may be unsure about which one they will be best suited to. The right course will depend on what type of learner they are, which topics they enjoy and what experiences they hope to gain. You can help by encouraging them to consider the following factors:

- **Tailored Programmes**
  - From allowing our students to delay their final degree choice until the end of the first year, to tailoring the degree to suit their interests, to taking a year abroad or in industry; our ultimate aim is to offer flexibility wherever possible. The structure of our degree programmes is a particularly attractive feature. If your son or daughter is passionate about two particular subjects, they might also consider one of our Joint Honours degrees. This would allow them to study two complementary subjects alongside each other. Why not check out our website or prospectus to see which subjects can be combined?

- **Study and Work Opportunities: Home and Abroad**
  - A number of our courses, like Engineering and Psychology, allow students to extend their studies to a four year programme in order to undertake a year in a professional or industry placement. With the chance to apply their new found knowledge to the workplace, network with employers and to possibly earn a salary, this opportunity may be one your son or daughter is keen to pursue. Similarly, a year or semester abroad is another popular option for those looking to challenge themselves in a brand new environment. Having links to over 200 institutes across the world allows us to offer many varied and exciting opportunities.

- **Time Table**
  - Timetable demands vary between each subject. Consisting of lectures, seminars, tutorials and where applicable practical field trips and lab work, your son or daughter will be taught in a number of ways. Typically, students studying science-based courses can expect to attend university for between 20 to 30 hours per week. Students studying humanities-based subjects, on the other hand, can expect around 10 to 15 contact hours per week. The remaining time is expected to be spent working independently, carrying out research and background reading, completing project work and writing essays. Assessment methods will vary between courses but will often involve coursework, exams and assessed practical work.

- **Healthcare Courses**
  - Health related courses, based at the Heath Park Campus, may involve clinical placements in hospitals and community settings throughout Wales. This allows students to draw comparisons between the varying demands of practising in both the city and rural setting. Depending on their choice of course, some students will also have the opportunity to gain clinical experience abroad.

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**FAQs**

**Is taking a Joint Honours degree more work than a Single Honours?**

Those studying Joint Honours degrees will be working towards the same amount of credits as those who choose a Single Honours. This means that the workload will be the same and will be split between all subjects studied. It is important for students to manage their workload efficiently to ensure all deadlines are met. The two subjects taken will usually be complementary meaning they go hand in hand and can benefit one another.

**What are the main entry routes into Higher Education?**

There are a number of ways to access Higher Education. The most common of which are shown below.

- **My son or daughter is thinking about taking a gap year, how is this viewed?**
  - Many courses can be applied to for deferred entry which allows students to secure their place at university for when they return from their break.

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**Main entry routes to Higher Education**

The majority of students go to university at the age of 18. A variety of qualifications are offered by students:

- **Year 11 or equivalent**
  - GCSE grade C or grade 4 in at least 5 subjects
  - Diploma
  - AS/A-level study (GCE or VCE)
  - Diploma, BTEC Nat., Diploma or NVQ level
  - Other equivalent qualification
  - IB or WBO or other equivalent

- **Year 12/13 or equivalent**
  - Entry to HE with required grades in appropriate subjects. Interviews or other tests may be necessary.

**Key:**

- GCE General Certificate of Secondary Education
- GCE General Certificate of Education
- VCE Vocational Certificate of Education
- A-Level Advanced Level
- HE Higher Education
- AS Advanced Supplementary (1st Year of A Levels)
- GNVQ General National Vocational Qualifications
- IB International Baccalaureate
- WBO Welsh Baccalaureate Qualification
Pre-September: Before Applying

The months in the lead up to the application stage should be spent researching and attending Open Days to ensure your son or daughter makes an informed and confident decision about which universities to apply to. Some courses, particularly health-related ones, will require work experience to show an insight into the relevant career. Voluntary work within the community is also valuable to these courses.

15th October: UCAS Deadline

Application deadline for Medicine, Dentistry, Veterinary Science and Oxbridge.

15th January: UCAS Deadline

Application deadline for all other university courses. Applications arriving after this date will be classed as 'late'.

February to June: UCAS Extra

Should your son or daughter find themselves in the position of not holding any university offers, they may apply to university through UCAS Extra. For more details, see www.ucas.com

UCAS timeline

October to May: Receiving responses from universities

It is important to note that some universities may respond quicker to applications than others and students should not panic if they have not heard back from their chosen institutions in the same time as some of their friends. All universities must respond to applications made by the 15th January by the 5th May - although many will aim to respond much earlier. These decisions will be communicated to your son or daughter through UCAS Track and will automatically receive further information from the university.

Following the publication of results, students who have met the conditions of their offer will have their place confirmed through UCAS Track and will automatically receive further information from the university. Those who hold no offers or fail to meet the academic requirements set by their Firm and Insurance Choice universities will automatically enter Clearing. Here, they can contact and apply to universities who still have spaces available. Vacancies will be advertised on the UCAS website, in newspapers and on individual university websites.

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Student life begins!

Your son or daughter can expect to start at the end of September. Those leaving home will be given a few days to settle into their new accommodation and explore their new surroundings before lectures start. Universities will also organise lots of events to encourage students to make friends and join clubs/societies over a one or two week period known as Freshers. After receiving timetables and introductory lectures, students will begin their studies and university life will truly begin.
Entry 2018: Scholarships & Bursaries

Please note that the information below relates to entry 2018 only. Scholarships and bursaries for entry 2019 are currently under review and further details will be posted on our website in due course.

Cardiff University Scholarship

Cardiff University is one of the most successful and popular universities in the UK. The standard of applications is high and competition for places remains strong. We wish to recruit the very best students and so, in recognition of academic excellence, we will be awarding our prestigious scholarships to those who obtain AAA at A-Level (or equivalent). Each scholarship is worth £3,000 and is a non-means tested cash payment.

For full eligibility details and terms and conditions, please visit: www.cardiff.ac.uk/scholarships

For those beginning their studies in 2018, around 100 scholarships are available for selected courses in the following subject areas:

- Archaeology
- Chemistry
- Computer Science
- Earth and Ocean Sciences
- Engineering
- Geography
- Journalism, Media and Culture
- Modern Languages
- Music
- Neuroscience
- Philosophy
- Physics
- Religious Studies
- Social Sciences
- Welsh

Further information, including the terms and conditions, can be found on our website: www.cardiff.ac.uk/scholarships

Cardiff University Bursary

We are committed to ensuring that financial circumstances are not a barrier to undergraduate study among those students identified as having the potential to succeed at Cardiff University. With this in mind, Cardiff University Bursaries will be available in 2018 to provide financial support to those households where the total assessed income is less than £42,000. A £1000 bursary is available in the first year of study (£500 in continuing years) for full time, undergraduate, students who meet the terms and conditions available at www.cardiff.ac.uk/bursaries

You don’t need to apply for the bursary separately. A student’s eligibility will be determined through the statutory means test conducted by the relevant UK student funding body. The University will need to receive the student’s data from their funding body regarding household income. The information is needed to assess eligibility so, if you wish to be considered for the bursary, you will need to ensure that you do not tick the box on the assessment form to withhold consent to sharing this information.

Further information, including the terms and conditions, can be found on our website: www.cardiff.ac.uk/bursaries

Finance

Funding university costs can initially seem like an overwhelming prospect. Yet with financial support available through the government and, in many cases, the universities themselves, financial worries should never deter students from going to university.

Government Financial Support

Funding available is affected by a number of factors, such as what course a student is studying, where they live before starting a course and if they have previously studied.

The information below is not aimed at those who intended to study an NHS course. If your son or daughter is planning to study an NHS funded course please find more information here: www.cardiff.ac.uk/study/undergraduate/funding/funding-your-healthcare-course

If your son or daughter will be studying a non-NHS funded course then they should be eligible to apply for tuition fee funding and maintenance funding. This may come in the form of a loan and/or a grant. Access to this funding could be affected if they have previously studied at University.

Tuition Fees

Tuition fee funding is paid directly to the university. Like many Welsh universities, the annual tuition fee for UK and EU students at Cardiff University will be £9,000 for 2018.

Maintenance Funding

Maintenance funding is paid directly into the student’s bank account in instalments (3-5 working days after they have completed enrolment) and is intended to cover the day-to-day costs of student life such as accommodation, food, stationary, travel and other general living costs. It is important students arrive with some money to keep them going until their funding is paid to them.

The funding available to students is dependent on where they are resident before they start their course and may also be affected by household income details.

For details about the funding available and how to apply please check with the relevant funding body.

- England: www.direct.gov.uk/studentfinance
- Wales: www.studentfinancewales.co.uk
- Scotland: www.saas.gov.uk
- Northern Ireland: www.studentfinancecoi.co.uk
- EU students coming to study in Wales: www.studentfinancewales.co.uk

Repayments

Repayments on student loans are income contingent. This means that students only start to repay when they are earning over a certain threshold. The Government have indicated this threshold will increase to £25,000 p/yr in April 2018; it is currently £21,000 p/yr. Students repay 9% of anything they earn over this threshold.

If a student receives a tuition fee loan and maintenance loan, these will be combined to form one amount the student repays if they have finished their course and are earning over the threshold. For more details about interest and the repayment system please see: www.studentloanrepayment.co.uk

For more detailed information on specific degree courses which are eligible, please visit: www.cardiff.ac.uk/scholarships

www.cardiff.ac.uk/scholarships
As a parent/guardian you will naturally be keen to support your son or daughter in continuing their education. There are a number of ways you can help. Whether accompanying them on open days or simply remembering to pack their favourite items when they move into student accommodation, your help will be really beneficial.

Open Days
Having gathered information from university websites and prospectuses, the next recommended step is to attend some open days and begin to draw comparisons. Your son or daughter will be studying and living in the city for the next 3, 4, or even 5 years – meaning it must be somewhere they’re happy and comfortable with. Accompanying your son or daughter will not only provide them with a valued second opinion but it will also provide you with the opportunity to ask your own questions and learn more about the city your son or daughter may soon be calling home. To find out more, visit www.cardiff.ac.uk/openday.

The Application Process
Your son or daughter may apply for up to five university courses via the UCAS website. In order to successfully gain a place, they will have to write a persuasive personal statement detailing academic interest, work experience, career aspirations, hobbies and interests. With a strict limit of only 4,000 characters, they may like to discuss ideas with you and think of ways to make concise, positive points. Offering to proofread the finished draft will also help to prevent any simple spelling or typing mistakes from tarnishing an otherwise strong application. More advice can be found at: www.cardiff.ac.uk/applyingtocardiff.

Settling in
When moving away from home for the first time, small home comforts can really help your son or daughter to settle into their new environment. Besides ensuring they have all the kitchen and room essentials, why not bake a homemade cake to help them bond with their new flatmates or put together a photo album? It is important to allow students a few weeks to properly settle in before encouraging them to visit home. This will allow them to settle into a routine and feel more comfortable with their new surroundings. If your son or daughter opts to stay at home and commute to university, encourage them to join clubs and societies and to immerse themselves in student life.

What you can do

Part-time Employment
Should their favourite band come into town or that all important pair of shoes be on sale, gaining extra funds (and experience) through a part-time job can be very beneficial. With many chain bars and retail stores in Cardiff, your son or daughter may consider requesting a transfer from the store they may currently be working at. Our Students’ Union also runs a very active Jobshop. Here, your son or daughter may find casual paid work opportunities including retail, bar and ambassador work which can be fitted around their studies. The university does not recommend working more than fifteen hours per week so as not to affect academic studies.

Budgeting
One way to help your son or daughter will be to encourage them to budget their money wisely. Consider which student bank account will be most suitable, make the most of student retail and travel discounts and explore ways to save money day-to-day such as buying cheaper food alternatives.

Sample of how annual student living costs are divided:

<table>
<thead>
<tr>
<th>Rent (13 week contract)</th>
<th>Social &amp; Clothing</th>
<th>Books &amp; Copying</th>
<th>Travel</th>
<th>Mobile/TV licence &amp; Toiletries</th>
</tr>
</thead>
<tbody>
<tr>
<td>£4,407</td>
<td>£1,482</td>
<td>£1,482</td>
<td>£351</td>
<td>£351</td>
</tr>
</tbody>
</table>

The sample breakdown is based on the basic lifestyle of a student in self-catered residences. Since the student lifestyle varies from student to student, the chart should only be used as a guidance.

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Support and facilities

There are approximately 30,000 students at Cardiff University with shared interests and the common goal of gaining a degree. This provides a strong and supportive network where close friendships develop. In addition to this, we also have trained staff and support services to aid your son or daughter in a number of ways.

Support

If students need assistance, personal support or practical advice at any point during their time at Cardiff University, there are plenty of people available to help. We have a three tier support network as follows:

- **A Personal Tutor**
  All students are allocated their own personal tutor. Your son or daughter will meet with them at regular intervals to discuss progress and any concerns that they may have. As an academic staff member, their tutor will be able to give advice and guidance on both academic and pastoral issues.

- **Student Support Centre**
  We have two Student Support Centres, one on the Cathays Park Campus and one on the Heath Park Campus. These centres have trained staff available to provide information and practical advice on various issues ranging from student finance and housing to academic progress issues and disability support. Services include:

  - Confidential information, advice and support for students with dyslexia or disabilities as well as a dedicated mental health advisor
  - Support for students with financial difficulties including the Financial Contingency and Hardship Funds
  - Confidential counselling service for students feeling distressed or anxious
  - An active Careers team who provide advice and information, workshops, events, work experience placements and more.

- **Student Advice Centre, Students’ Union**
  The Students’ Union also provides an Advice Centre, offering advice on a wide range of housing, social and financial issues.

- **Residence Life**
  New for 2018: The Residence Life Team. This new staff and residential team will be working across all University residences to enhance the University experience for all new and continuing students. They are committed to providing a positive and smooth transition into University life and creating a community-focussed culture, where all students feel a sense of belonging and inclusion. By connecting the living and learning experience they aim to help students thrive and achieve their potential.

- **Student Mentor Scheme**
  Our Student Mentors help first year students meet some of the challenges of starting university. New students are matched with students from the same academic School who are trained to assist them with adapting to new ways of learning and teaching as well as living away from home.

**Welsh-medium provision**

Welsh-medium provision is being actively developed in a number of areas. Where possible, we will allocate a Welsh speaking personal tutor to those who would prefer to converse in the language. Students may also submit assessed work and take examinations through the medium of Welsh regardless of the language of tuition. Please note, this may not be possible in certain science and clinical areas. Information regarding further support opportunities and available scholarships can be found at: www.cardiff.ac.uk/coleg-cymraeg-cenedlaethol

Facilities

- **3000+ study spaces**
- **33 acres of sports fields, a training village, swimming pool and Fitness & Squash centre**
- **32 acres of  training space**
- **Multi-faith Chaplaincy**
- **GP Surgery on Park Place**
- **One of the biggest and best Student Unions in the UK**

Key terms

**UCAS: Universities and Colleges Admissions Service**
Your son or daughter will apply, track and accept university offers through UCAS. Their website, www.ucas.com, provides many resources for both parents and students alike.

**Personal Statement**
Students will be expected to write a statement, of up to 4,000 characters, detailing why they should be considered for a place on their chosen course. This statement should be focussed, positive and individual to each student. Work experience and extra-curricular activities will certainly be beneficial but remember to link the skills/abilities derived from these to the course itself.

**Conditional Offer**
If your son or daughter receives a Conditional Offer from their chosen university, this means they have a provisional offer to study at this institute but must meet set academic requirements before the 31st August.

**Unconditional Offer**
An Unconditional Offer means a university is happy to accept the student regardless of any pending examinations.

**Firm Choice**
After receiving decisions from all universities, your son or daughter will select one university as their Firm Choice. This will be their first choice university and the one they would really like to attend.

**Insurance Choice**
Students will also select an Insurance Choice university. This will be their back-up choice should they not meet the requirements set by their Firm Choice university.

**Semester**
The academic year is divided into two semesters: Autumn Semester will run from late September to January; whilst the Spring Semester runs from late January to June.
Explore what Cardiff University has to offer at one of our upcoming Open Days on:

Wednesday 18 April 2018
Friday 6 July 2018
Saturday 15 September 2018
Saturday 27 October 2018

Book online at: www.cardiff.ac.uk/opendays

Something we’ve missed?
If you have any questions, why not give our team a call or email to find out more:
Tel: 029 2087 4455
Email: enquiry@cardiff.ac.uk
Web: www.cardiff.ac.uk

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