

Additional Application Questions for the CBT Programmes

Please answer the questions below and upload this form with your application.

Core Profession/ KSA:	
Do you have a core profession in mental health?	
If not are you submitting a portfolio of evidence under KSA?	

Opportunities to practice CBT:

Please give details of your work (paid or unpaid) in terms of:

- i) Opportunities to practice CBT with clients experiencing anxiety or depression
- ii) Service support for CBT in your workplace (e.g. permission to carry out behavioural experiments or to see a training case for the recommended number of sessions)
- iii) Regular supervision from an experienced supervisor and/or someone with management responsibility for your work. This does not need to be a CBT supervisor.

Interest in CBT

Please tell us about your interest in CBT and give details of any CBT training, practice, supervision, research or membership of CBT organisations.

Attitudes and values

Are you accredited with HCPC?

Which code/s of practice do you follow?