

Manager's form

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For the CBT training to be effective those undertaking it will need the support of their managers. We require the signature of a manager on this form before a student can be accepted onto the programme of study.

- I am aware that in undertaking this course the student will need appropriate clinical cases where the primary disorder requiring intervention is depression or an anxiety disorder.
  
- I am aware that in general the student will need to meet each client for a minimum of five sessions and in at least some cases they will need to meet a client for the number of sessions suggested by the evidence base e.g. 16 sessions for depression
  
- I am aware that specialist CBT supervision in no way replaces the supervision and line management in their workplace.

Name of CBT student	
Name of manager	
Signature of manager	
Date	

For queries about this form please contact [cbtadmin@cardiff.ac.uk](mailto:cbtadmin@cardiff.ac.uk)