School of Healthcare Sciences
Undergraduate Degree Programmes
Entry 2019
www.cardiff.ac.uk/healthcaresciences
97% of our graduates were in employment and/or further study six months after graduating.
Discover the **Cardiff Experience**

**A leading university . . .**

- You’ll be part of a Russell Group university - one of the UK’s world-class universities.
- You can choose from more than 350 degree programmes. The Cardiff University degree is known and respected worldwide with a substantial number accredited by the professions and other external bodies.
- You’ll benefit from outstanding teaching in a research-led environment - Cardiff is ranked in the UK’s top 5 universities for research quality.
- Staff include a Nobel Laureate and numerous Fellows of the Royal Society and other prestigious institutions.

**in an outstanding city . . .**

- You’ll live in a friendly, compact and safe city with all your study, living and leisure needs within walking distance.
- Your money will go further at Cardiff with capital city attractions at provincial prices - Cardiff is amongst the most affordable/cost effective student destinations in the UK.

**with able and motivated students . . .**

- You’ll be at a first choice university where demand for places is strong.
- You’ll be studying in an environment with able and motivated students who have high grades at A-level or equivalent.
- You’ll be at an international university with students from more than 100 countries who have excellent career prospects.

**who have excellent career prospects.**

- You can be confident of your future prospects - 94.8% of our students were employed or had entered further study within six months of completing their studies.
- You’ll be in demand - Cardiff is among the top 25 universities targeted by employers seeking high calibre graduates.

Notes
1. Research by Natwest 2017
2. HESA Destination of Leavers Survey 2016
3. High Fliers Research The Graduate Market 2017

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**Contact us**

For students from the UK and EU:
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Email: enquiry@cardiff.ac.uk

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Tel: +44 (0)29 2087 4432
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www.cardiff.ac.uk/healthcaresciences
Welcome

The School of Healthcare Sciences offers undergraduate degree programmes that will prepare you with the skills and knowledge for a challenging, interesting and ultimately fulfilling career in your chosen health care profession.

The School of Healthcare Sciences has received recognition for its high quality teaching and research, both in official international assessments and in independent league tables. We are the only World Health Organization for Midwifery Development in United Kingdom and one of only two such collaborating centres in the world.

All our nine undergraduate degree programmes are accredited by the relevant professional bodies and our graduates are highly sought after nationally and internationally.

Studying at the School ensures access to some of the leading facilities for healthcare students to develop their skills and offer opportunities for placements at the forefront of modern healthcare provision, including a number of global partnerships with institutions of higher education in different parts of the world and overseas placement opportunities that many of our students opt for.

With outstanding clinical simulation, health library and IT facilities and the chance to learn alongside future colleagues from other healthcare professions, we offer our students an exceptional educational experience as they prepare for a range of rewarding careers.

We look forward to meeting with you at one of our Open Days soon.

Professor David Whitaker
Acting Head of School of Healthcare Sciences
Cardiff: the City

The Principality (Millennium) Stadium nestles in the heart of the city, and is home to numerous sporting events and concerts throughout the year.
Cardiff, one of Europe’s youngest capital cities, is vibrant and friendly, making it an exciting place to live and study.

Cardiff’s attractive, compact nature allows students, who make up 10% of Cardiff’s population, to enjoy unique attractions, fantastic entertainment and quality shopping, all within easy walking distance.

As a Cardiff student, you have easy access to amazing sports facilities and entertainment to suit all tastes – from international cricket at Sophia Gardens and rugby at the Principality Stadium, to Welsh National Opera performances, listening to local bands on St Mary Street or a night out in the Students’ Union.

Cardiff has the buzz and energy of a capital city in a fantastic location.

Cardiff is the UK’s most affordable student city.
Of the 35 cities surveyed, the average cost of living was lowest in Cardiff.
Sources: NatWest Student Living index 2017

Emily Trew
Children’s Nursing
“Although a busy schedule I always have time to go out and socialise with my friends, Cardiff offers such array of places to go night and day and events are always being held by different societies! My biggest piece of advice would be to pace yourself with your studies but most importantly to enjoy your training!”

“Cardiff is a young, vibrant city. A blend of beautiful old architecture and new, cutting-edge developments. Cosmopolitan with a large student population.”
Daily Telegraph Guide to UK Universities

Come and see for yourself . . .
Cardiff benefits from excellent road and rail links with Britain’s other major towns and cities. London, for example, is two hours by train, and the M4 links both the West and South of England, as well as West Wales. Travel to the Midlands and to the North is equally convenient. The journey by road from Birmingham, for example, takes only two hours. The main coach and railway stations are both centrally placed, and Cardiff also benefits from an international airport.
Cardiff University has an international reputation for excellence in teaching and research, built on a history of service and achievement since 1883, and recognised by our membership of the Russell Group of leading research-led universities.

With attractive and compact campuses, excellent student accommodation, and a hugely popular Students’ Union, all within easy walking distance of each other in a thriving city, it is not surprisingly that Cardiff is a first choice university for many.

We admit approximately 5,000 undergraduate entrants each year, the majority of whom are school and college leavers, and have high grades at A-level or equivalent. While competition for entry is strong, Cardiff is an inclusive university with a good record on widening participation and fair access, and we welcome applications, irrespective of background, from everyone with the potential to succeed at Cardiff University.

The University’s Cathays Park Campus is located in and around the impressive Portland stone buildings, parks and wide tree-lined avenues that form Cardiff’s attractive civic centre. The majority of academic schools are located here - just a few minutes’ walk from the city centre. The three academic schools offering healthcare courses (excluding Optometry and Pharmacy) are based at the Heath Park Campus, approximately one mile away, which is also home to the University Hospital of Wales.

Although dating from 1883, Cardiff is focused on the 21st century, and has modern state-of-the-art buildings and facilities. The University has invested substantially in its estate in recent years and continues to do so today. Most academic schools have benefited from major refurbishment, including new and well-equipped laboratories, lecture theatres, libraries and computing facilities.

International opportunities are available via our Global Opportunity Centre. These include study, work and volunteering placements in 27 EU countries as well as international exchange opportunities. All students also have the opportunity to study a language, in addition to their degree, through the University’s Languages For All programme.

The University takes its environmental, safety and security responsibilities very seriously. It has comprehensive policies in place which are making great savings in energy consumption and, to support the safety and security of all members of the University community and their property, there is 24-hour security cover throughout the campus.

What the Guides say...

“The University is as confident and forward-looking as the city it’s located in, and has an excellent reputation for the quality of its teaching and research.”

Guardian University Guide 2016

“Cardiff University is among the best in the UK for preparing graduates for the workplace.”

Times Higher Education – Global University Employability Ranking 2016

www.cardiff.ac.uk/healthcaresciences

Cardiff: A leading university
Living in Cardiff

As a fast developing capital city, Cardiff is a great place to be a student. It’s large enough to offer you an exciting variety of activities and entertainment, but small enough for you to feel comfortable in.
Accommodation
Cardiff offers guaranteed University accommodation of good quality and value, and a range of residences to suit individual preferences and budgets.

All undergraduates who accept their offer of a place from Cardiff, on a firm basis, are guaranteed a single occupancy place in University residences during their first year of study.

Please see our website for full details of our accommodation guarantee and associated deadlines: [www.cardiff.ac.uk/residences](http://www.cardiff.ac.uk/residences)

The University is continually investing in its student residences, and the views of students are taken into account at the design stage. Unusually for a civic university, most of our residences are within easy walking distance of lecture theatres, libraries, laboratories, the Students’ Union and city centre.

There are 15 different residences, providing more than 5,500 study bedrooms and students can apply for the residences which best suit their preferences, interests and budgets. Some 70% have en-suite shower and toilet facilities and all halls of residence have computer network connection points and access to Wi-Fi.

Fees depend on the facilities included and whether catered, part-catered or self-catered, but prices compare very favourably with those of other UK universities. Besides managing University property, the Residences Office maintains close links with the private sector and provides assistance to students seeking to rent or share houses or flats.

Student Life
The Students’ Union
Cardiff Students’ Union is one of the biggest, best and most active in Britain. A multi-million pound investment has been made in Union facilities in recent years, which has included a new venue called Y Plas, which at night becomes a nightclub.

Hosting live music, club nights, stand-up comedy, fashion shows and awards ceremonies, there’s lots to keep you entertained from your first day to your last.

Other facilities include a food court, a bank, a print shop, a hair salon and a bookshop. The Lounge offers IT and Skyping facilities, meeting rooms and a “chillout” area, as well as snooker tables and multi-faith prayer room. The Union also has its own letting agency and an Advice and Representation Centre. In addition, it is home to CU TV and Xpress Radio (the students’ own TV and radio stations) and more than 200 cultural, political, religious, social, sporting societies and clubs.

Jobshop
Jobshop is the Union’s own student employment service and provides casual, clerical and catering jobs around the University to hundreds of students.

What the Guides say . . .
“Cardiff is one of the best UK cities for young adults because of its low cost of living, good job opportunities and decent wages.”
The Complete University Guide 2017

“Cardiff is amongst the most affordable/cost effective student destinations in the UK.”
Research by HSBC 2015, NatWest 2016

“Cardiff has one of the biggest, best and most active students’ unions in the UK and is currently benefitting from a multi-million pound investment.”
The Complete University Guide 2017
The School of Healthcare Sciences is among the leading schools for healthcare subjects in the UK.

Cardiff University has achieved 2nd place in the Guardian University league tables 2018: health professions for the second year running. This positions the University’s health subjects as some of the top in the UK. Among the programmes ranked highly are Diagnostic Radiography and Imaging, Radiotherapy and Oncology, Occupational Therapy, Operating Department Practice and Physiotherapy. OT number 1 in Complete University Guide for 2016 & 2018.

The School employs a range of innovative learning and teaching methods, designed to ensure you become an independent learner with the necessary analytical, problem-solving and self-management skills to act as an effective healthcare practitioner.

All our programmes are accredited by the relevant professional bodies, and lead to eligibility for registration with the appropriate professional register on graduation.

There is an emphasis on opportunities for shared learning and inter-professional education, reflecting the fact that you will work in multi-professional teams in the clinical environment.

There is a high demand for our graduates, and in 2017, 97% of the School’s graduates were in employment.

Kirsty Hepburn
Vice President
Heath Park 2017-18

"The Students’ Union at the Heath Park Campus is here to enhance your life whilst at Cardiff University. It is the student voice; we represent you on all matters from academic issues to social spaces, to sports teams and societies. There are specific healthcare societies and sports teams for you to join on top of all the activities and services every student is entitled to. We also run special events aimed at Heath students throughout the year including; Heath Freshers’ events and Student Family Days. Your time at Cardiff and at the Heath will stay with you long after you leave University so let’s make it incredible!"
Links with Clinical Placements

We aim to ensure that students are supported while they’re on placement.

It is a requirement of both the Nursing and Midwifery Council (NMC) and Health & Care Professions Council (HCPC) that students on healthcare programmes spend a considerable amount of time on practical learning opportunities.

Spending time in placement provides you with experience of a range of health and care provision and environments. Getting involved with patient/client care helps develop your confidence and abilities as a healthcare professional.

The amount of time you will spend on placement and the geographical area varies from programme to programme, but you will be expected to treat your placement time professionally on all programmes. Healthcare in the UK is provided around the clock, so placements will reflect real working patterns which may include shift and overnight working.

Help with placement cost

Home UK students funded via the NHS or Student Finance can apply for help with placement costs via the NHS. EU students who are funded for tuition fees only are NOT eligible for help with placement costs.

Help is based on the cost of a return journey from your home (term-time address) to the placement LESS the cost of the return journey from your home (term-time address) to Cardiff University e.g. your normal commute to attend university.

If you have to pay for accommodation at your placement location you can apply for help with this cost if you also incur accommodation costs for your normal term-time address.

You apply for help for placement costs via the University.

We work collaboratively with service users, carers and service user led organisations across all healthcare disciplines to enhance the quality of our educational and research activities.
As a student on one of our undergraduate programmes, you will have access to some of the UK’s leading clinical simulation facilities. These facilities replicate the healthcare settings you will encounter, ensuring you are able to learn in a controlled and safe environment that is completely realistic.

The theoretical component of your degree programme will include the utilisation of these facilities to aid your learning. You will be able to master basic techniques, as well as practise complex procedures and become familiar with the increasingly sophisticated technology used in the delivery of modern healthcare.

Learning practical skills in this way not only increases student confidence, but contributes significantly to patient safety.

To support teaching and learning in the School’s clinical simulation facilities, we have a dedicated team of learning technologists.

A sophisticated system of cameras and microphones is also utilised, allowing our technologists to record students working with our interactive manikins or with specialist equipment. This can be viewed in a classroom, online, or even sent to your mobile phone, allowing you to review and critically evaluate your own performance.

Our facilities include:
- Nursing and Midwifery Clinical Simulation Suite
- Research Centre for Clinical Kinesiology (RCCK)
- Mould Room
- Active Daily Living Suite
- Operating Theatres
- Practical Rooms and Laboratories
- X-ray Suite
- Virtual Environment Radiotherapy Training suite
Funding a Healthcare Course

There are two routes of funding for healthcare students on the following courses at Cardiff University. NHS funding for those committed to working in Wales after qualifying (2 Years for a degree or 18 months for a Diploma) or full Student Finance funding.

- Diagnostic Radiography and Imaging (BSc)
- Occupational Therapy (BSc/Postgraduate Diploma)
- Nursing (BN)
- Midwifery (BMid)
- Radiotherapy and Oncology (BSc)
- Physiotherapy (BSc)
- Dental Therapy and Hygiene (BSc)
- Dental Hygiene (DipHE)
- Operating Department Practice (BSc)

Funding for living costs
NHS funding consists of 3 basic elements. A non-income assessed NHS Grant of £1,000 per year. An income assessed NHS Bursary which can vary based on the course you study and Year of the course. A non-income assessed reduced rate of Maintenance Loan which can vary depending on where you are from in the UK.

Student Finance funding consists of a Maintenance Loan only if you are from England and a combination of Maintenance Loan and non-repayable Grant for other home UK students.

The income that is assessed is either the income of parents or the income of a partner or spouse depending on your circumstances. Your income prior to the course and your earnings while you study are usually disregarded.

Extra income assessed support is available via both the NHS and Student Finance for students with children to help with living costs and with registered childcare costs. Please contact the Advice & Money Team for our separate guide for students with children.

With the exception of Occupational Therapy all our healthcare degree courses have extra study weeks which extends each academic year beyond 9 months. Subject to income assessment the NHS Bursary or Student Finance is increased to reflect extra study weeks.

Learning Support
If you require learning support related to a disability, long-term physical or mental health condition, or a specific learning difficulty, there is a non-income assessed allowance that may help with associated costs of this support.

The allowance is called the Disabled Students Allowance (DSA).

To find out more, please contact our Disability and Dyslexia team at disability@cardiff.ac.uk or dyslexia@cardiff.ac.uk.

You apply for the DSA via the NHS Wales Student Awards Service or Student Finance according to how you are funded for your course.

EU Students
EU students starting a healthcare course in 2018/19 who commit to working in Wales post qualification can apply for help with tuition fees via the NHS Wales Student Awards Service (NHS SAS).

Subject to eligibility conditions EU students who do not make this commitment can apply for help with tuition fees via Student Finance.

Further advice
If you require further information about funding for a healthcare course please contact:

Advice and Money Team, Cardiff University
Telephone: 029 2087 4844 or email Adviceandmoney@cardiff.ac.uk

If you have queries about eligibility for NHS funding and the working in Wales commitment please contact:

NHS Wales Student Awards Service
Telephone: 029 2090 5380 or email abm.sas@wales.nhs.uk

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 Vaughan Gething
 Cabinet Minister for Health, Well-being and Sport

"Wales is a fantastic place to train, work and live; a place where we will continue to offer NHS Bursaries for eligible student nurses, midwives and allied health professionals in 2018/19".
Diagnostic radiographers are key members of the healthcare team. They operate the wide range of imaging equipment available in modern medical practice including computed tomography, magnetic resonance imaging, diagnostic ultrasound, radionuclide imaging and X-ray equipment.

They work in most areas of the hospital - on wards and in the operating theatre, as well as the radiology department - and work closely with most other members of the healthcare team. They are responsible for providing comprehensive care for patients from newborn children to the elderly, producing and interpreting images to be used in the diagnosis of injury and disease.

Our Diagnostic Radiography and Imaging BSc is a full-time programme, validated by the Health & Care Professions Council and the Society and College of Radiographers, and leads to eligibility to apply for registration as a diagnostic radiographer with the Health & Care Professions Council.

The course integrates academic study with clinical experience. Academic modules will include human anatomy and pathology, imaging and radiation sciences, and develop your understanding of the basic principles of research and data analysis. By the end of the course you will have a thorough knowledge of the professional and clinical aspects of diagnostic radiography, including the wide range of imaging technologies in use today.

Additional Information

As well as academic achievements, it is expected that applicants to this programme should have carried out either relevant work experience or some voluntary work and to have looked into the various aspects of the profession. Applicants can also gain a broad knowledge of the breadth and diversity of radiography through reading radiography journals and by speaking with radiographers. Information can be obtained from the Society and College of Radiographers.

Placements

During the programme you will spend 1,400 hours on clinical placements, which will be undertaken in diagnostic radiography departments throughout Wales.

Note: Successful students will have to undertake clinical placements outside of Cardiff, requiring them to travel or even stay at that particular hospital during their stay. Clinical placements may also involve shift, evening and weekend working.
The role midwives play in preparing women for the birth of a new life makes them a vital presence during all stages of pregnancy, labour and the early postnatal period.

A demanding profession with much responsibility, midwifery is an extremely popular career choice among those wishing to make a significant contribution to the health of women, their babies and their families.

The Bachelor of Midwifery (Hons) at Cardiff is an innovative, contemporary and popular degree programme. It is a full-time programme that is validated by the Nursing and Midwifery Council (NMC), and as such leads to eligibility for registration with the NMC. The course provides a carefully integrated combination of theoretical study and practical experience, ensuring that learning by observation and supervised practice within the clinical setting is underpinned by theoretical study. You will develop the knowledge, skills and critical thinking essential for midwifery professionals working in a constantly evolving area of healthcare, ensuring that you are able to practice as a confident, competent and compassionate midwife within a variety of settings.

The first year has a focus on normality and childbirth. During this time you will explore the theory and practice of midwifery in relation to the woman, the baby and her family.

In your second year the focus will be on developing your knowledge, skills and attitudes to provide safe, effective care for women who have a more complex childbirth situation.

Your final year will enable you to develop and draw together your knowledge and skills as you prepare for autonomous practice.

Placements
You will spend 50% of the programme in a range of clinical placements throughout South East Wales, where you will be supported at all times by clinical mentors.

During your first year, you will participate in the care of women in low risk environments, such as community teams and midwifery led birth units.

In your second year, as the emphasis is on high risk and complex care needs of mother and baby, placements are in the main in obstetric led units. However, you will also have additional short placements in an Accident and Emergency department, a Gynaecological ward and a Neonatal unit.

You will also undertake a practice learning opportunity outside of the usual practice learning environment.

This experience, which is normally 4 weeks duration, can be carried out in an appropriate health care setting either within Wales, the UK or overseas.

In your final year, as you prepare to graduate and work independently, you have the opportunity to consolidate your practice and focus on management issues.

Cardiff University is the only Collaborating Centre in the whole World Health Organization European region focused exclusively on midwifery development. Our Bachelor of Midwifery (Hons) Programme is an innovative, contemporary and popular degree programme.

Working in partnership with women and their families
Nursing is an exciting, challenging and rewarding career choice which requires intellect and commitment, good people skills, compassion, a sense of humour, and lots of patience and understanding.

It offers the opportunity to make a real difference in people's lives which has an intrinsic value that few other professions can offer.

The Cardiff BN is an innovative and contemporary programme, offering three fields of nursing (Adult, Children's or Mental Health). Specialising in one field, the integrated nature of this programme ensures that, together with students from other fields, you will learn key nursing skills enabling you to provide holistic care for your patients as well as developing your specialist knowledge. The programme is split equally between theory and practice, ensuring that supervised practise within the clinical setting is underpinned by academic study. You will undertake a range of suitable clinical placements, during which you will be supported by a clinical mentor.

Validated by the Nursing and Midwifery Council (NMC), completion of the BN programme leads to eligibility for registration with the NMC.

Our three year programme is comprised of six semesters. There are 40 weeks of scheduled activity, 50% theory and 50% in clinical practice each year, which makes up 360 credits in total. The nursing programme prepares nurses to practice in the areas of Adult Nursing, Children’s Nursing, or Mental Health Nursing. It meets the academic and professional regulations required for eligibility to register as a first level nurse on part 1 of the NMC professional register.
As well as providing skilled, professional care to meet the physical needs of their patients, adult nurses are also required to manage numerous priorities and to use caring, counselling, managing, teaching and all aspects of interpersonal skills to improve the quality of people’s lives, often in challenging situations.

The Cardiff nursing programme is designed to develop practitioners with the skills and knowledge to work in a dynamic healthcare environment. During your time as a student at Cardiff you will learn about promoting health, preventing illness and delivering high quality care that is based on sound evidence. As well as being taught the fundamental nursing skills required for holistic and dignified patient care, you will develop essential communication skills, and deepen your understanding of issues surrounding empowerment and advocacy. You will come to a sound understanding of the role of the nurse and the ways in which legislation and policy influence service provision. Learning to reflect critically on practice, analysing evidence and evaluating care delivery will be a key element of your development.

**Placements**

Skills will be practiced in a wide range of hospital and community-based settings and in both NHS and independent sector organisations. These experiences will cover the whole spectrum of adult health needs, from health promotion and education to caring for adults with acute or long term conditions. You will provide care for adults with a range of health problems, at all stages of their lives, and from all cultural backgrounds and walks of life.
Children’s Nursing

UCAS Code: B730

Children’s nurses work closely with children, adolescents and their families, in a range of hospital and community-based settings. Children’s nursing is practised within a philosophy of family-centred care, where children, young people and their carers are actively supported to become involved in care decisions and interventions.

The Children’s Nursing field is designed to develop your ability to deliver care in a changing and dynamic environment. As well as developing the fundamental nursing skills needed for compassionate and family-centred patient care, you will learn about the effects and management of acute and long-term childhood conditions, assessing pain and psychological responses to ill health, and play and distraction techniques.

A particular focus on developing your communication and interpersonal skills is a key feature of the Children’s Nursing field. We have a dedicated children’s skills laboratory, where you will have opportunity to work with advanced, interactive manikins to develop clinical skills in a safe environment.

Many factors influence children and young people’s health and through the programme you will develop an awareness of how political, social and economic policies impact on healthcare delivery and gain an insight into the legal and ethical frameworks that currently guide nursing care. You will be guided in the development of key research skills, ensuring that you are able to deliver and also critically reflect on the evidence based care of children, young people and their families.

Placements
You will spend 50% of the programme in a range of clinical placements through South East Wales. Within placement you will be supported by a clinical mentor. Community-based placement learning opportunities allow students to work alongside Health Visitors, School Health Nurses, primary healthcare teams and specialist Children’s Nurses. Hospital Placements include general children’s wards, surgical and medical wards. In second and third year of the Programme, you will have opportunity to work in specialist areas which include:

- Neonatal Units
- Paediatric Intensive care Unit
- High dependency Units
- Children’s Accident and Emergency Units
- Children’s oncology unit
- Teenage cancer Unit
- Children’s Hospice

www.cardiff.ac.uk/healthcaresciences
Mental Health Nursing

- **September Intake** UCAS Code: B760
- **March Intake** UCAS Code: B761

Mental health nurses offer help and support to people of all ages, their families and carers to support Recovery from a wide variety of mental health conditions. They work in multi-disciplinary teams, liaising with psychiatrists, psychologists, occupational therapists, GPs, social workers and other health professionals.

Care is provided in a variety of settings including hospitals, peoples’ own homes, community healthcare centres, specialist in-patient units or secure environments. While the key role and challenge of the mental health nurse is to form therapeutic relationships with those experiencing mental ill-health and their families, it is imperative that they are also able to provide holistic and Recovery-focused care to meet the multi-dimensional health needs of their patients/clients.

Our aim is to produce mental health nurses who act autonomously and independently. Our team includes lecturers from a wide variety of clinical contexts who use their knowledge and skills to bring the subject matter to life.

We will nurture your ability to deliver essential and complex care to a high standard, utilising evidence based practice and learning technology.

As a Cardiff University student you will develop the fundamental nursing skills required for holistic, dignified patient care, as well as a toolkit of therapeutic skills and strategies to use in practice. You will be given the opportunity to broaden your awareness of diversity issues as you investigate strategies for tackling stigma and promoting social inclusion.

**Placements**

While on placement you may work with children and young people, working-age adults and older adults in both community and hospital settings. You may have the opportunity to work in specialist areas, such as crisis intervention teams, psychiatric intensive care units, drug and alcohol services and forensic mental health teams.

Our practice partners provide placement learning opportunities across South East Wales, which include modern purpose-built mental health hospitals and a wide variety of community clinics where you will be supported by experienced mentors to learn the art and science of mental health nursing.
BSc (Hons) Occupational Therapy

UCAS Code: B920

Occupational Therapy is a client-centred and holistic profession that enables people to achieve health, well being and life satisfaction through participation in their meaningful and purposeful occupations.

Occupational therapists provided practical support to enable people to overcome any barriers that prevent them from doing the occupations that matter to them, and helps to increase people's independence and satisfaction in all aspects of life.

Occupational therapists work with people of all ages wherever they experience difficulty at home, at school or college, at work or leisure, enabling people to take back control of their lives.

Validated by the Royal College of Occupational Therapists, and Health and Care Professions Council, the BSc in Occupational Therapy is a three year, full-time programme, including an integrated mixture of university based study and at least 1,000 hours of practice placements in a variety of settings.

The programme is structured into modules that introduce concepts of learning and occupational therapy, and three practice education modules, which reflect the integration of knowledge and the sequential development of your skills in the practice education environment.

Key modules relate to: professional studies; occupational engagement; occupational interruption; practice education - assessment, planning, intervention and critical evaluation; research; and a negotiated study opportunity. The integration of occupationally-based study, together with contributory sciences across the boundaries of these modules, mirrors the approach to problem solving used by occupational therapists and will enhance your ability to become reflective practitioners.

Placements

You will spend a minimum of 1,000 hours on placements usually in Wales however, we also have links with Erasmus placements in Europe.

These are an important part of the course and are based around the problem-solving process of assessment, planning, intervention and evaluation. Placements are the most effective arena for you to learn about working with service users and their carers, and the appropriate environment for your professional competence to be assessed and can provide you with the opportunity to link theory and practice.
Operating Department Practitioners (ODPs) are registered health professionals who work both autonomously and as skilled members of the inter-professional operating department teams.

As part of your role, you will ensure safety standards are met, monitor patients’ vital signs, manage patients’ pain, and be responsible for monitoring equipment and disposables used during surgery.

On qualifying, most ODPs are primarily based in the operating department, but can also work in accident and emergency departments, intensive care units, maternity departments and as members of the cardiac arrest team.

Validated by the Health & Care Professions Council, the programme is designed to prepare you for demanding clinical practice immediately upon qualification.

You will be introduced to the body of knowledge that underpins Operating Department Practice, and given an insight into its practical applications. Modules are designed to give you a firm understanding of the different elements of surgical, anaesthetic and post anaesthetic practice as well as develop your clinical knowledge and understanding of the profession.

The programme also aids in the development key research and evaluation skills that will enable you to continue your learning beyond registration and to promote continuous improvement in patient care.

**Placements**

Clinical placements are provided on an All-Wales basis, and are a fundamental component of the programme. You will undertake placements in order to further deepen your knowledge of the profession and develop your skills through additional theoretical input and practical instruction in the clinical environment.

The programme is split 60% in a clinical placement setting and 40% theoretical.

You will work alongside medical, dental and nursing students, doctors, dentists (oral surgeons) nurses and midwives, whilst also encountering a variety of other healthcare professionals and students including, for example, radiographers, physiotherapists and pharmacists, during clinical placements.

Find out what its like to study at Cardiff
https://www.youtube.com/watch?v=W155iuwc6VA

Students in simulated practice theatres
Physiotherapists work in a variety of settings, treating patients with conditions ranging from breathing difficulties and neurological problems to muscle and skeletal injury. Working as independent clinicians, physiotherapists need to motivate, teach, reassure and empathise.

Validated by the Health & Care Professions Council and the Chartered Society of Physiotherapy, our Physiotherapy BSc aims to help you become a physiotherapist who can practise using an evaluative and problem-solving approach. The diverse nature of physiotherapy practice is reflected in the theoretical and practical aspects of this programme of study and involves both university-based learning and clinical work placements. Throughout the course, you will be given opportunities to develop knowledge and understanding of clinical sciences, in particular musculoskeletal, neuromuscular, cardiovascular and respiratory physiotherapy.

Your study of Biomedical and Human Sciences will commence in your first year, alongside Physiotherapy Studies in which knowledge of the theory and practice of the profession allows you to begin to acquire basic therapeutic skills.

Diagnostic assessment and treatment skills are extended in your second year of study as you begin to apply these skills, using a problem solving approach, in the clinical situation and start to develop an understanding of evidence-based practice.

In your final year you will develop your understanding of managing patients with complex conditions and multi-pathologies. You will also extend your understanding of research and evidence-based practice.

Placements
You will spend at least 1,000 hours on clinical placement throughout Wales and possibly further afield. These placements provide the range of working environments you may experience during your career, from hospital-based physiotherapy departments to community-based practice-based within urban centres and more rural localities.
Therapeutic radiographers play a vital role in the treatment and care of people with cancer. This challenging and rewarding profession uses high energy ionising radiations in the treatment of malignant and non-malignant disease.

Therapeutic radiographers work closely with doctors, medical physicists and other members of the healthcare team, to provide a supportive patient-centred service to people of all ages, who often have a life-threatening disease. They are closely involved in all stages of a patient’s treatment including pre-treatment support, planning the radiotherapy, delivery and evaluation of the treatment, management of radiotherapy side effects and post-treatment follow-up and support.

Validated by the Health & Care Professions Council and the Society and College of Radiographers, our Radiotherapy and Oncology BSc is a full-time programme leading to eligibility to apply for registration as a therapeutic radiographer with the Health & Care Professions Council.

You will be introduced to behavioural, imaging and radiation sciences and supported to develop a firm understanding of human anatomy and physiology and a significant knowledge of modern radiotherapy and oncology practice.

As well as becoming familiar with the wide range of therapeutic and cancer imaging technologies in use today, you will learn the basic principles of research and data analysis. As you complete your professional and clinical radiotherapy education in your final year, you will complete an original research project that contributes to your degree award.

Placements

Roughly half of student’s education happens on clinical placement, including an extended placement in the first year. We use three radiotherapy departments throughout Wales, with further opportunity for elective placement in the UK or abroad. A dedicated clinical tutor will support your learning at each centre, where your clinical competencies will be assessed by a practice educator.

Additional Information

As well as academic achievements, it is expected that applicants to this programme should visited a clinical department for half a day or carried out relevant work experience and to have looked into the various aspects of the profession. Applicants can also gain a broad knowledge of the breadth and diversity of radiography through reading radiography journals and by speaking with radiographers. Information can be obtained from the Society and College of Radiographers.

You will practice real-life clinical skills in our modern simulation facilities at the university.

You will learn how to operate a treatment machine before attending your clinical placement and see how important accurate patient set up is using our dedicated virtual reality treatment machine.
What our Students Say . . .

Alys Gower
Midwifery

“I applied to Cardiff because of its excellent reputation as an institution that ensures high standards of care. This course has been challenging, academically and clinically, but there is a strong support system of lecturers and dedicated mentors to guide students. As a third year, I am able to take on more responsibility, which allows me to experience the demands of being the lead caregiver and an autonomous practitioner within a supported environment. I have also benefitted from the link as a Collaborating Centre for the World Health Organization, with whom I completed an internship focusing on breastfeeding education.

Cardiff has a great Midwifery Society that I am the current president of. We hold educational talks, fundraise within the local community and organise trips like the All Wales Student Midwife Conference. Being a student midwife has been the most rewarding time of my life. I’ve met some awesome people who are now my best friends, and I can’t wait to start my career as a qualified midwife.”

Tim Nagle
Mental Health Nursing

“The course is very intense. It is like doing two qualifications; one academic and one vocational. That said, it is so rewarding when you can apply the theory to your patients and help them overcome problems they may be living with. Facilities at Cardiff are really good. A well-stocked library with all the key texts available on the shelves or as e-books and thousands of journal articles available. The library also offer really good training on everything from referencing to how to search effectively.

I have edited the Heath Park section of the student newspaper, been elected to the Students’ Union senate which makes union policy, been a course rep and a member of the Wales Health Student Forum. These forums allow all students to get involved and have real influence. I am a parent as well as a student. I have one more child now than when starting the course. The support from the university was great and I had time off when my son was born.

Nursing offers so many opportunities it is difficult to know where I will end up. I am currently hoping to work within substance misuse or eating disorders as I enjoy getting the chance to talk with patients and develop a strong therapeutic relationship. I enjoy helping people change behaviours and develop healthier lifestyles.

The advice I would offer you is write a personal statement that shows your skills and values, show how these relate to nursing. It’s not all about your academic results to date.”

Lewis Doult
Children’s Nursing

“I have loved my time at Cardiff University. The course is a challenge, but extremely rewarding. I didn’t come to university straight from A-Levels, I did an access to nursing qualification. I have learnt lots of skills, both in the simulation labs at the Heath Park campus and in practice in a variety of placements. I have been lucky enough to go to a wide range of children’s wards and services and had a great experience on an overseas’ placement in Malta, and definitely one I would recommend to others. I already have a job at Great Ormond Street Hospital for Children in London on their medical investigations unit, and will travel to south east Asia this summer. I have volunteered in running workshops for young people in North Wales who are thinking about applying to nursing and this was a great experience.”

Hannah Barker
Therapi Galwedigaethol

“Mae bod yn fyfyrwyr ym mhrifysgol Caerdydd yn anrhydedd. Mae’r cwrs yn heriol ac yn waith caled ond mae’n rhoi cymaint o foddhad. Cyn ymgeisio roeddwn i'n poeni am y newid o astudio trwy gyfrwng y Gymraeg i'r Saesneg ond mae'r Brifysgol wedy bod yn wych - ar fy nghwrs i maen nhw wedi Ilywddo rhi twtror personol sy’n siarad Cymraeg i bawb sydd yn siarad yr rhugl.

Mae digonedd o gymorth ar gael trwy hadar a chredigol, ac yn cael ei gyflawni wrth i sbwriel pob math o arddull dysgu trwy ddarllithoedd, seminarau a llawer o weithiau.

Mae Prifysgol Caerdydd yn Ilywddo i baratoi chi cymaint cyn bob aseiniad, ac yn y pendraw graddio gyda hyder.”

This course has been challenging, academically and clinically, but there is a strong support system of lecturers and dedicated mentors to guide students.
## Entry Requirements
The following are minimum entry requirements for our degree programmes.

To see specific, entry requirements for each course, please visit our website at: [www.cardiff.ac.uk/healthcare-sciences](http://www.cardiff.ac.uk/healthcare-sciences)

## Non-Academic Entry Requirements
Applicants to all our programmes are expected to have an understanding of the relevant profession, possess good communication skills, and demonstrate an ability to work both independently and as part of a team. They will need to demonstrate strong motivation and commitment to the provision of excellent compassionate healthcare in their respective fields.

All applicants who accept an offer will then be required to prove good character by an enhanced Disclosure and Barring Service (DBS) check. Declaration of anything that will be revealed by the check is required as part of the admissions process.

Successful candidates will also be required to complete a health questionnaire prior to enrolment, which will be assessed independently by the University’s Occupational Health Department.

### Programme
<table>
<thead>
<tr>
<th>Programme</th>
<th>GCSE requirements</th>
<th>A-levels</th>
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<tbody>
<tr>
<td>Diagnostic Radiography &amp; Imaging</td>
<td>5 GCSE’s grades A-C/grades 8-4 including English, Maths and Physics. Plus one other science or double award science.</td>
<td>BBB (Grade B in a Science A-level is required)</td>
</tr>
<tr>
<td>Nursing: Adult, Children’s, Mental Health</td>
<td>5 GCSE’s grades A-C/grades 8-4 including English, Maths and Science.</td>
<td>BBB (No specified subjects)</td>
</tr>
<tr>
<td>Midwifery</td>
<td>5 GCSE’s grades A-C/grades 8-4 including English, Maths and Science.</td>
<td>ABB (No specified subjects)</td>
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<tr>
<td>Occupational Therapy</td>
<td>5 GCSE’s grades A-C/grades 8-4 including English, Maths and Science.</td>
<td>ABB (No specified subjects)</td>
</tr>
<tr>
<td>Operating Department Practice</td>
<td>5 GCSE’s grades A-C/grades 8-4 including English, Maths and Science.</td>
<td>BCC (No specified subjects)</td>
</tr>
<tr>
<td>Physiotherapy</td>
<td>7 GCSE’s grades A*-C/grades 9-4 including English, Maths and Science.</td>
<td>AAB (At least grade B in Biology or Human Biology is essential)</td>
</tr>
<tr>
<td>Radiotherapy &amp; Oncology</td>
<td>5 GCSE’s grades A-C/grades 8-4 including English, Maths and Physics. Plus one other science or double award science.</td>
<td>BBB (Grade B in a Science A-level is required).</td>
</tr>
<tr>
<td>Programme</td>
<td>Welsh Baccalaureate</td>
<td>International Baccalaureate</td>
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<tr>
<td>Diagnostic Radiography &amp; Imaging</td>
<td>The Welsh Baccalaureate Advanced Skills Challenge Certificate will be accepted in lieu of one A-level (at the grades listed), excluding any specified subjects.</td>
<td>Should achieve 30 points and at least one science subject must be offered at Higher Level grade 6.</td>
</tr>
<tr>
<td>Nursing: Adult Children's Mental Health</td>
<td>The Welsh Baccalaureate Advanced Skills Challenge Certificate will be accepted in lieu of one A-level (at the grades listed), excluding any specified subjects.</td>
<td>24-35 points. See website for details.</td>
</tr>
<tr>
<td>Midwifery</td>
<td>The Welsh Baccalaureate Advanced Skills Challenge Certificate will be accepted in lieu of one A-level (at the grades listed), excluding any specified subjects.</td>
<td>24-35 points. See website for details.</td>
</tr>
</tbody>
</table>
### Occupational Therapy

<table>
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<tr>
<th>Requirement</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td>A-levels</td>
<td>35 points and at least one subject must be offered at Higher Level grade 5.</td>
</tr>
<tr>
<td>Acceptance</td>
<td>Students must offer a credit based Nursing or Health based diploma level course validated by The Open College Network. Pass with 60 credits, including 30 distinctions &amp; 15 merits at Level 3.</td>
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</table>

### Occupational Therapy Postgrad Diploma

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Details</th>
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<tbody>
<tr>
<td>A-levels</td>
<td>The course is a 2-year accelerated route for those who already hold a degree. Validated by the Health and Care Professions Council (HCPC) and the College of Occupational Therapists, the course is equivalent to a 3-year BSc programme and is undertaken at a higher academic level.</td>
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</table>

### Operating Department Practice

<table>
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<tr>
<th>Requirement</th>
<th>Details</th>
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<tbody>
<tr>
<td>A-levels</td>
<td>24 points and at least one subject must be offered at Higher Level grade 5.</td>
</tr>
<tr>
<td>Acceptance</td>
<td>Students must offer a credit based Nursing or Health based diploma level course validated by The Open College Network. Nursing/Health/Sciences /HE Pass with a minimum of 21 merits and 24 distinctions at Level 3.</td>
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### Physiotherapy

<table>
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<tr>
<th>Requirement</th>
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<tbody>
<tr>
<td>A-levels</td>
<td>34 points and Biology must be offered at Higher Level grade 6.</td>
</tr>
<tr>
<td>Acceptance</td>
<td>We accept Access to Science and Access to Physiotherapy. Students should be advised to contact the school for clarification. You must be able to obtain 18 credits in Biology as part of the qualification.</td>
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</table>

### Radiotherapy & Oncology

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<tr>
<th>Requirement</th>
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<tbody>
<tr>
<td>A-levels</td>
<td>Should achieve 30 points and at least one science subject must be offered at Higher Level grade 6.</td>
</tr>
<tr>
<td>Acceptance</td>
<td>Access to HE Diplomas must have a strong academic base rather than a practical/skills base. Students pursuing a QAA (Quality Assurance Agency for Higher Education) approved science based Access to HE Diploma eg Access to Science, will be considered as long as there is sufficient Physics content in their Access course, OR they have a grade C or higher in GCSE Physics. The AHE certificate must be issued by the AVA (Authorised Validating Agency) containing the relevant information and recognised logo. You will be required to attain a pass of 60 credits overall, to comprise a minimum of 45 credits at level 3. 27 level credits must be at distinction grade in the science elements of the Diploma and 18 level 3 credits at merit grade. This requirement is under continual review and would be at the discretion of the Admissions Tutor.</td>
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Please Note: Deferred entry is not available for the Midwifery and Children’s Nursing programmes. General Studies, Critical Thinking and Citizenship are excluded.
Health Care Support Workers
Certificate in Higher Education in Health Care Nursing Support Worker Education – This course has been mapped to year one of the All Wales Nursing curriculum and therefore offers an opportunity to apply to progress into the second year of the Nursing course on successful completion. For further information please email: HCAREAdmissions@cardiff.ac.uk

Equal Opportunities
Cardiff University is committed to promoting equality and diversity in all of its practices and activities, including those relating to student recruitment, selection and admission. The University aims to establish an inclusive culture which welcomes and ensures equality of opportunity for applicants of all ages, ethnicities, disabilities, family structures, genders, nationalities, sexual orientations, races, religious or other beliefs, and socio economic backgrounds.

This commitment forms part of the Equality and Diversity Policy which is available at: www.cardiff.ac.uk/public-information/equality-and-diversity

Applicants with Disabilities/ Specific Needs
All offers to study at Cardiff University are made solely on the basis of academic merit. Where applicants have specific requirements that relate to a disability or medical condition, they are encouraged to discuss these with relevant staff in order that appropriate arrangements can be made to ensure the University provides an accessible environment. Specifically, applicants are invited to contact the Disability Adviser who can provide information about the applications procedure, course delivery and access to the physical environment. Where appropriate, informal visits can be arranged in which applicants can view accommodation and meet academic staff.

The Disability Adviser can be contacted at:
Student Support and Wellbeing
50 Park Place, Cardiff CF10 3AT
Tel/Minicom: +44 (0)29 2068 7538
Email: disability@cardiff.ac.uk

Useful Contacts

Admissions Tutors
Senior Admissions Tutor: Gina Newbury
Diagnostic Radiography and Imaging: Mark Linehan
Adult Nursing: Cath Dunn
Children's Nursing: Martina Nathan
Mental Health Nursing: Alex Nute
Midwifery: Janet Israel
Occupational Therapy: Nina Cogger / Maria Clarke

Operating Department Practice: Paul Hennessy / Peter Aires
Physiotherapy: Amy Bendall / Jill Morgan
Radiotherapy and Oncology: Dr Nick Courtier
Lecturer – Adult Nursing and Welsh language co-ordinator: Gaynor Williams
Darlithydd – Nyrsio Oedolion a Chydlynyd yr iaith Gymraeg: Gaynor Williams
Tel: (029) 2068 7538
Email: HCAREAdmissions@cardiff.ac.uk

Bilingual Welsh/English Skills
Whether you are already a Welsh speaker or just keen to learn, the School of Healthcare Sciences can support the development of your Welsh language skills in a number of ways: we will aim to provide a Welsh speaking personal or academic tutor for you – Welsh language tutors are happy to work bilingually too. If you find it easier to discuss things in Welsh, you can also have, where possible, the opportunity to work with Welsh speaking mentors during some of your placements.

We will facilitate your group work to ensure that, where possible, you work with other students who are Welsh speaking.

You will be able to write your assignments or take written examinations in Welsh if you wish.

Where possible, verbal assessments can be requested to be conducted through the medium of Welsh as well.

We can also help support students who want to learn Welsh from scratch or improve the Welsh language skills they already possess.
How to find the School
The School is based at the University’s Heath Park Campus. The Heath Park Campus shares a 53-acre site with the University Hospital of Wales, a 900-bed hospital which is one of the largest in the UK.

Terms and Conditions
Every effort has been made to ensure that the information contained within this brochure is correct at the time of going to press. However, the University does not accept any liability for any errors that it may contain, or for any subsequent changes to the University or Government policy that may affect the information given. Cardiff University expressly excludes any representations or warranties (whether expressed or implied) and all liability including direct, indirect, special, incidental or consequential damages arising out of the use of the information on these pages, to the fullest extent possible under law.

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Thank you.
To find out more about the School of Healthcare please visit our website: www.cardiff.ac.uk/healthcare

Student Bloggers
From study tips to where to eat, to societies, weekend trips and where to get your books, our student bloggers are real students talking about the reality of being a student at Cardiff. Don’t miss their latest blogs for the chance to find out more about what it’s like to study and live in Cardiff.

www.cardiff.ac.uk/studentbloggers

Enquiries
Tel: 029 2068 7538
Email: HCAREAdmissions@cardiff.ac.uk

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Cardiff CF14 4XN

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