Instructions: The aim of this profile is to measure how your health condition has influenced major life decisions in your life.

For each statement please tick one box.

A  EDUCATION

The following statements refer to the influence of your chronic condition on your decisions about your education.

1. I decided to leave education early
2. I decided to change my study subject
3. I decided to study near home

B  JOB / CAREER

The following statements refer to the influence of your chronic condition on your decisions about your job / career.

1. I decided to change my job/career
2. I decided to give up my job/career after starting
3. I decided to take early retirement
4. I decided to work flexible working hours
5. I decided to select a job/career suitable for my health
6. I decided not to take promotion
7. I decided to work shorter hours
8. I decided to become self-employed
9. I decided to remain unemployed
For each statement please tick one box

### FAMILY / RELATIONSHIPS

*The following statements refer to the influence of your chronic condition on your decisions about your family / relationships.*

1. I decided to change my plans for when to have children
2. I decided not to have children
3. I decided not to have a sexual relationship
4. I decided not to marry or have a long term partner
5. I decided to get divorced or separate from my partner

### SOCIAL

*The following statements refer to the influence of your chronic condition on your decisions about your social life.*

1. I decided to change my eating habits
2. I decided to change my smoking/drinking alcohol habits
3. I decided not to travel or go for holidays abroad
4. I decided to move
5. I decided not to move
6. I decided not to move abroad
7. I decided to wear different types/colour of clothes/shoes
8. I decided not to be involved in community activities
9. I decided not to socialise
10. I decided not to wear make up
For each statement please tick one box

**PHYSICAL**

*The following statements refer to the influence of your chronic condition on your decisions about your physical aspects of life.*

1. I decided not to go swimming
   - [ ] No influence or non-applicable
   - [ ] Light influence
   - [ ] Moderate influence
   - [ ] Strong influence
   - [ ] Very strong influence

2. I decided not to take part in any sports activities
   - [ ] No influence or non-applicable
   - [ ] Light influence
   - [ ] Moderate influence
   - [ ] Strong influence
   - [ ] Very strong influence

3. I decided to change to different sporting activities
   - [ ] No influence or non-applicable
   - [ ] Light influence
   - [ ] Moderate influence
   - [ ] Strong influence
   - [ ] Very strong influence

4. I decided to be more physically active
   - [ ] No influence or non-applicable
   - [ ] Light influence
   - [ ] Moderate influence
   - [ ] Strong influence
   - [ ] Very strong influence

5. I decided to give up driving
   - [ ] No influence or non-applicable
   - [ ] Light influence
   - [ ] Moderate influence
   - [ ] Strong influence
   - [ ] Very strong influence

Please check you have answered all the statements

*Thank you for your help*

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