

Cardiff Dental Students' Society

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President

Georgia Wake



Welcome everyone! I'm Georgia, your President and I'd like to congratulate you all for getting into Cardiff Dental School - I hope you're all excited to see what we have to offer! I, alongside the committee, are here to ensure that you have the best possible experience; encompassing sport, academia, wellbeing and of course socialising! Work and play come in equal measures at Cardiff, so have a read and see what our society is all about. If you have any questions, please don't hesitate to email me (wakege@cardiff.ac.uk). I look forward to meeting you all in September!

Hygiene & Therapy President

Nia Condon



Welcome Freshers! Congratulations on your place at Cardiff! I'm Nia, your Hygiene & Therapy President. My job is to work alongside the year reps and assist the committee with all things DHT. Being a part of the CDSS gives you the chance to mingle with students from all dental courses so make sure you don't miss out on the socials! There's always lots going on so don't hesitate to get stuck in! Feel free to drop me an email (condonn@cardiff.ac.uk) or a message on Facebook if you have any questions! Can't wait to meet you all soon!

Vice President

Heeran Singh



Hello and welcome to Cardiff. My name is Heeran and I will be your Vice-President for the next academic year. Congratulations on getting here! I hope you're all excited for a year full of events and activities to really get you settled into Cardiff and the Dental school. I will be organising the prestigious Dental ball, packing as many discounts as possible into your CDSS membership card and organising trade and careers fairs for the next year. I look forward to meeting you all in person and most importantly, enjoy yourselves!

CDSS Sporting Scene

Abbey Rodriguez & Peter Watts



Hi everyone, we're Peter and Abbey! We hope you're all ready for an action-packed year with regards to the sporting scene.

We are excited to liaise with the committee to incorporate sport into all parts of the society! We welcome all abilities for netball and football teams, and encourage involvement for fun, improving mental or physical health or to bring out your competitive nature. Sports teams provide a fantastic opportunity to make new friends and meet the other years. Please don't hesitate to message either of us if you have any questions.



Events we have planned for the coming year:

- Dental football team 'Borussia Teeth'
- Dental netball team (2 IMG teams)
- Social badminton
- Student vs Staff sports day
- Borussia vs Non-Borussia Testimonial game
- Football and netball socials



Being a CDSS member means you get a **20% discount** on Cardiff Uni gym membership

CDSS Social Scene

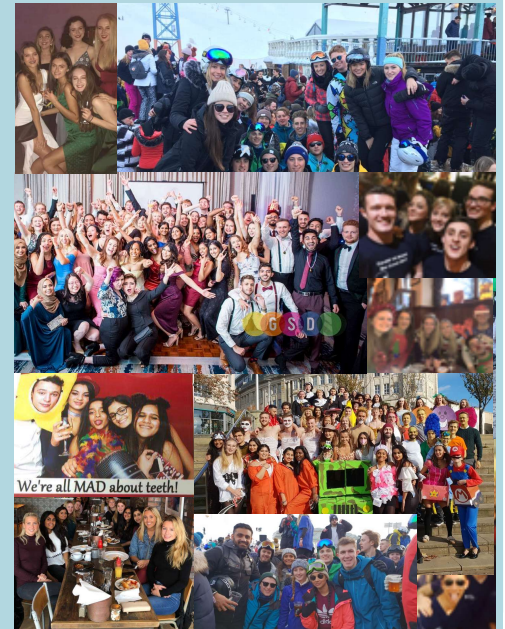
Keve McNeil & Ioan Price



Hi! We're Ioan and Keve, and we are your Social Secs. After the year we've all had thanks to Covid, we are determined to get the CDSS socials back better than ever to make up for lost time!

CDSS socials are the perfect place to meet people from your own year and others outside of the hospital. We have big plans for the year, from bar-crawls to paint-balling so make sure you get involved!

We look forward to meeting you all soon in the first social - primary impressions!



British Dental Students' Association (BDSA)

Alice Hill & James Carbis



Hi, we are Alice (4th Year) and James (3rd Year) and we're the Senior and Junior BDA Representatives respectively. The British Dental Students' Association (BDSA) is a platform that gives students the opportunity to raise their views, enabling them to have a voice within the British Dental Association.

- We organise the annual BDSA Sports Day and Conference which are held at different dental schools each year, as well as a Research Summit at the BDA Headquarters in London.
- Get ready for lively weekends featuring sports competitions, workshops, educational lectures, a themed ball, awesome nights out and some pretty memorable coach journeys.
- These events are great opportunities for integrating with other dental students from around the U.K.



Wellbeing and Sustainability

Tim Ryan



Hi, I'm Tim and I'm your Wellbeing and Sustainability Rep for the year! I am responsible for promoting Equality, Diversity and Inclusivity within the Dental School and spreading awareness for how we can all be more sustainable!

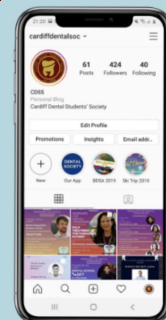
We are a welcoming community at Cardiff and we are here to ensure you feel well supported. This year, we are aiming to raise more awareness about the impact of mental health in dentistry. Please feel free to email me if you have any worries/concerns (ryant1@cardiff.ac.uk)



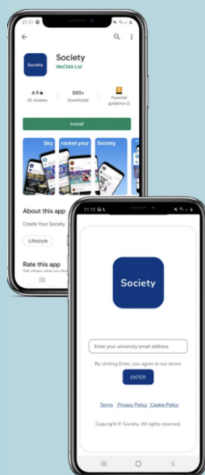
Hey everyone, welcome to Cardiff! I'm Meg and I'll be your Charity Rep this year. Every year CDSS aims to raise money for charities, and we've got loads planned! We'll be doing the classic pub quiz and raffles as well as many other events! Make sure to follow the CDSS Instagram and other social media to keep fully updated on anything that's taking place. I hope you all settle in well and we will see you soon!

Social Media

To keep up to date with all CDSS activities make sure you join the Facebook Page: '**Cardiff Dentistry Class of 2026**' and follow our Instagram account, **@cardiffdentsoc** to see which exciting events we have coming up...



Society App



The Society app brings together all that CDSS can offer in one place:

- Ticket Purchases - for social and academic events including Dental Ball
- View our social calendar and save the events you'd like to attend
- Access to exclusive webinars and lectures
- Contact committee members
- Receive CPD certificates
- Purchase exclusive CDSS Merchandise

The app is available to all dental students for free! It's now live on both Android and Apple stores so get downloading ...

Membership

Being a member of CDSS is a must as a Cardiff Dental or Dental Hygiene and Therapy student.

As a member, benefits include:

- Discounted social events.
- Discounted tickets for the Dental Ball.
- Discounts at restaurants & shops around Cardiff.
- Dental Ski Trip.
- Members have 20% off gym membership at the university gyms

As we're not a part of the Cardiff University SU you cannot pay on their website, membership is purchased via the Society App.

We will be around to give a talk in the next few weeks, where we can give you more information on membership.

Membership Price:

BDS: £50 for 5 years or £15 per year. DHT: £30 for 3 years or £15 a year. DH: £20 for 2 years or £15 a year.