Part-time courses for adults
2022-23

www.cardiff.ac.uk/learn  tel: 029 2087 0000

Mae'r prospektws hwn ar gael yn Gymraeg, cysylltwch â ni am gopi
Welcome

It gives me pleasure to welcome you to Cardiff University’s programme of part-time courses for adult learners. We offer a wide range of subjects to study at a variety of different levels. We also provide Pathways to a degree which is a part time route to undergraduate study at Cardiff University. So whether you’re studying with us for personal development, to enhance your career prospects, or to increase your knowledge you can expect to be stimulated and challenged and, on most courses, earn credits toward a qualification from Cardiff University.

Best wishes,

Dr Zbig Sobiesierski
Director, Continuing and Professional Education

Qualifications

Prove your potential by gaining qualifications, enhance your studies, improve your CV and realise your personal ambitions.

What qualifications can you gain with us?

- **Certificate of Continuing Education**
  With 60 credits at Level 4 or Level 5 within one subject area

- **Certificate of Higher Education**
  With 120 credits at Level 4 or Level 5

- **Diploma of Higher Education**
  With 120 credits at Level 5 completed in pre-defined 60 credit study blocks. Subjects currently available: Computing, French, German, Italian and Spanish.

- **International language qualifications** such as DELF-DALF, the DELE, Goethe Zertifikat, CILS, JLPT and HSK

Study for free

Have you always wanted to study at university but never had the opportunity?

If you are a carer, a care leaver, have a disability, receive DWP benefits, currently seeking a job or live in an area where traditionally few people access university, you could be eligible for a fee waiver. More information can be found on our website.
Pathways are designed for those with life experience who wish to study an undergraduate degree at Cardiff University. We welcome applications from students who may have been away from formal education for several years. Reasons to study on a Pathway include:

- Pathways prepare you to study at degree level and you will be fully supported when you are ready to apply.
- Courses are taught part-time in the evening or at weekends.
- Classes are small, friendly and supportive.
- You will receive one-to-one advice from your tutor and Coordinating Lecturer.
- Financial support may be available to help with course fees.
- You can study for a pathway at a pace that suits you – many students study either 30 or 60 credits per academic year.

**We offer the following subjects:**

- Business Management, Marketing, and Accounting (page 4)
- Dental Hygiene (page 52)
- English Language, English Literature, Creative Writing and Philosophy (page 14)
- Healthcare (page 56)
- History, Archaeology, and Religion (page 24)
- International Relations and Politics (page 46)
- Journalism, Media, and Culture (page 17)
- Medical Pharmacology (page 51)
- Modern Languages (page 42)
- Optometry (page 54)
- Social Science (page 63)
- Translation (page 43)

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We encourage and welcome everyone to study with us. Many of our courses have no entry requirements – all you need is an interest in the subject and a willingness to explore it in the company of others. Expect stimulating discussions and a strong sense of community.

We schedule courses in the daytime, evening, weekends and online to make it as easy as possible for you to attend.

We are based in the centre of Cardiff with good transport links.

We are happy to discuss specific access requirements you may have. Please contact our Disability Advisor if you have concerns about accessing the building or need aids to learning.

Contact: learn@cardiff.ac.uk

Our Pathways to a degree provide a part-time route to degree study at Cardiff University (see inside cover).

When you successfully complete your assessments you will earn credits towards qualifications. These credits are a national scheme, which means they are recognised by most universities, particularly useful for those wishing to study a degree.

Your tutor will support and encourage you as you study. We also have online resources to help you plan and write your assessments:

- The Learning Guide
- The Student Handbook

These resources are found on our website.

When you enrol on a course, you become a Cardiff University student for the duration of your study. This gives you access to a wealth of resources:

- Libraries – you can use most of the University’s libraries. You will have access to books, newspapers, magazines, journals, CDs, DVDs and an online library search. You can borrow up to ten items at a time. You can also book a study space.
- Computer Accounts – A computer account will automatically be created when you enrol. Your log-in details will be sent to the email you provide when you enrol. This will give you access to a range of applications and software.
- Language Laboratory – we have an interactive digital language laboratory, which we use extensively to enhance your speaking, listening and interpreting skills.
- Computer suite – this is a dedicated teaching room for computer programming and web development courses.

Any enquiries about Library cards or membership please contact librarymembership@cardiff.ac.uk

Full use of the University’s sports facilities and a reduced rate

Student Union membership:
30 credits or above = full membership
Below 30 credits = associated membership

Discounts with a large range of companies upon purchase of an NUS card.

Staff and full-time students at Cardiff University are eligible for a discount on our part-time courses and pay the concessionary fee.

Our fascinating subjects will challenge and inspire you. Here is a flavour of what you will enjoy when you study with Continuing and Professional Education.

Open, relaxed and inclusive learning

Flexible and accessible study

Gain university credits and qualifications

Libraries and facilities

Student rates and discounts

Extra study support

Cardiff University staff and student discount

www.cardiff.ac.uk/learn

tel: 029 2087 0000
Business and Management

Co-ordinating Lecturer: Dr Sara Jones
Tel: 029 2087 5268
Email: JonesSJ15@cardiff.ac.uk

Essential Management Skills
Fee £175.00 (Concessionary Fee £140.00)

Jemma Cox
This comprehensive course is highly interactive, and provides excellent coverage of the essential knowledge, skills and techniques for success as a manager. The course is designed for students looking to become managers or supervisors but with no formal management training. This course combines theoretical knowledge and practical management skills.

5 fortnightly meetings
Tuesdays from 19:00 to 21:00
Starting 4 October 2022
Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
plus 10 online hours
10 Credits, Level 4
BAM22A4924A

Managing Finance I
Fee £175.00 (Concessionary Fee £140.00)

Dr Petros Makris
Managers and employers at all levels need to be competent at a level of financial management. This course is designed to help students understand the financial aspects required to run the business/department. No prior knowledge is required. Please pre-enrol.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 6th October 2022
This course will be taught online.
10 Credits, Level 4
BAM22A1361A

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2nd February 2023
This course will be taught online.
10 Credits, Level 4
BAM22A1361B

Managing Finance II
Fee £175.00 (Concessionary Fee £140.00)

Dr Petros Makris
This course provides a further study of financial statements, planning and control and other financial management techniques. Students should have completed Managing Finance I, or have a prior knowledge of accounting.

10 weekly meetings
Mondays from 19:00 to 21:00
Starting 30 January 2023
This course will be taught online.
10 Credits, Level 4
BAM22A2861A

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2nd February 2023
Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
10 Credits, Level 4
BAM22A2861B

Essential Leadership Skills
Fee £175.00 (Concessionary Fee £140.00)

Jemma Cox
This comprehensive course is highly interactive, and provides excellent coverage of the essential knowledge, skills and techniques needed for success as a leader in any field. This course is taught through a mix of online learning and classroom-based learning. This course combines theoretical knowledge and practical management skills.

5 fortnightly meetings
Tuesdays from 19:00 to 21:00
Starting 31 January 2023
Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
plus 10 online hours
Starting 31 January 2023
10 Credits, Level 4
BAM22A1361A

Project Management
Fee £175.00 (Concessionary Fee £140.00)

Mark Flagg
This course provides a good introduction to those skills needed for successful project management. This is an area of study and application which is increasingly popular and is useful in all aspects of employment and life management. This course is extremely popular, please pre-enrol.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 6th October 2022
Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
10 Credits, Level 4
BAM22A5264A

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 2nd February 2023
Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
10 Credits, Level 4
BAM22A5264B

www.cardiff.ac.uk/learn

tel: 029 2087 0000
Pathways to a degree in Business and Management

Business Management, Marketing, and Accounting

Co-ordinating Lecturer:
Dr Sara Jones
Tel: 029 2087 5268
Email: JonesSJ15@cardiff.ac.uk

Pathways Coordinator:
To be confirmed
Tel: 029 2087 0000
Email: pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer a pathway which will allow you to study towards these degrees at Cardiff University:

- Business Management (N201)
- Marketing (NN25)
- Accounting (N400)

You need to have a mathematics GCSE, grade B or 5/6, for your degree application to be considered by Cardiff Business School.

We offer a pathway which will allow you to study towards these degrees at Cardiff University:

- Business Management (N201)
- Marketing (NN25)
- Accounting (N400)

You need to have a mathematics GCSE, grade B or 5/6, for your degree application to be considered by Cardiff Business School.

Society and Economy

Fee £470.00 (Concessionary Fee £376.00)

Dr Josephine Smedley
This module explores the relationships between society and the economy and provides theoretical insights into the ways in which society can shape the economic practices of business organisations. Students will develop strategic, communication and entrepreneurial skills which are transferable to small-group community goals to improve local socio-economic contexts.

- 12 weekly meetings
- Wednesdays from 18:30 to 21:00
- plus 2 Saturday day schools
- Starting 21 September 2022

Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
BAM22A5393A

Management: Theory and Evidence

Fee £470.00 (Concessionary Fee £376.00)

Dr Josephine Smedley
Jemma Cox
This module equips students with the ability to understand and critically evaluate the claims of management theorists using quantitative and qualitative evidence bases. Students will be introduced to data interpretation, presentation and analysis methods so that they are able to read, understand and critique basic management theory.

- 12 weekly meetings
- Wednesdays from 18:30 to 21:00
- plus 2 Saturday day schools
- Starting 11 January 2023

Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
BAM22A5394A
People in Organisations

Fee £470.00 (Concessionary Fee £376.00)

Jemma Cox
The course provides students with an introduction to the key themes, concepts and theories relating to the study of the management of people in organisations. Particular attention is paid to organisations as the nodal points of human interaction within the business world, focusing on both the social and the psychological aspects of these relations. The People in Organisations module is a 20 credit module on the Pathway to Business Management.

12 weekly meetings
Wednesdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 12 April 2023
Continuing and Professional Education,
21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
BAM22A4920A

Your chance to study

Continuing and Professional Education (CPE) provides a range of part-time pathways to enable you to study an undergraduate degree at Cardiff University.

You will work in a small group to develop your knowledge in a positive and supportive environment. Our students bring their own life experiences and motivations to generate a rich mix of active discussion and a positive and stimulating student experience.

Our tutor Dr Josephine Smedley commented: “From a tutor perspective, teaching Pathway students is enormously rewarding. While course content is equivalent in University quality and standards, the learning benefits from the active contributions from students. Questions flow in abundance and the community spirit within the group enables real-world experiences to be actively shared – actively linking theory with practice. As the learner dynamic and confidence grows, my tutor role has progressed from teacher to facilitator. Learning is much more learner centred with greater ownership gained by listening, questioning and shared contributions from real-world experiences. After each meeting, I always come away having personally learned such a lot and marvel at the enthusiasm and commitment of the students as they progress on their individual quests of knowledge enhancement.”

Jemma Cox also enjoys teaching modules on this pathway and commented: “I have been teaching on the Pathway to Business and Management since Cardiff University first introduced the programme and it is a hugely rewarding programme to be a part of. Over the last few years, it has given me the opportunity to help students to build their confidence to study at University level and to develop new skills, whilst applying existing knowledge and skills to the study of business and management. The Pathways course is a great way to gain an insight into the commitment and work involved in studying at degree level, whilst also enabling students to study around their other commitments. It is also a wonderful opportunity to meet other students with similar ambitions along the way. Helping students to take those first steps to achieving their ambitions and seeing their success when they graduate or achieve their goals, is one of the highlights of my role. I am therefore looking forward to welcoming a new group of students to our Pathways course this year, to help even more people take that first step towards achieving their ambitions.”
Computer Studies

Co-ordinating Lecturer: Dr Mike Evans
Tel: 029 2087 0000
Email: evans@cardiff.ac.uk

Java I
Fee £470.00 (Concessionary Fee £423.00)

Dr Mike Evans
An introduction to JAVA programming. Topics covered include an introduction to classes and objects, arithmetic operators, use of methods of the Math class, comparison operators and use of if statement, use of while, do and for loops, creation of simple drawing frames, keyboard input and exception handling, use of methods of the String and Character classes, text file input, pattern matching, accessor and mutator methods, static variables and static methods and, finally, arrays. A mix of lectures and practical sessions.

12 weekly meetings
Wednesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 5 October 2022
Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff
20 Credits, Level 5
COM22A3337A

Java II
Fee £470.00 (Concessionary Fee £423.00)

Dr Mike Evans
Builds on the concepts learnt in Java I. Topics covered include exception handlers using try, catch and finally blocks, introduction to inheritance, interfaces, abstract and final classes, introduction to event handling, the MouseListener interface and the MouseAdapter class, use of the FlowLayout, BorderLayout, GridLayout and GridBagLayout layout managers with the Abstract Windowing Toolkit (AWT) and adding components to the graphical frame. Practical work includes the creation of applications with a graphical user interface (GUI).

12 weekly meetings
Wednesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 26 January 2023
Venue to be confirmed
20 Credits, Level 5
COM22A3338A

Java III
Fee £470.00 (Concessionary Fee £423.00)

Dr Mike Evans
Topics covered include the use of sequential and random access files, introduction to threads, creation of a multithreaded application, introduction to networking, creation of client/server network applications using both the User Datagram Protocol (UDP) and the Transmission Control Protocol (TCP), Remote Method Invocation (RMI), the RMI registry and, finally, the creation of an application using RMI. Assessed exercises will reinforce the work covered in the lectures.

12 weekly meetings
Wednesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 26 April 2023
Venue to be confirmed
20 Credits, Level 5
COM22A3339A

PHP1 - PHP Scripting for the Web
Fee £470.00 (Concessionary Fee £423.00)

Christopher Maggs
The fundamentals of PHP scripting in a web environment to produce dynamic web pages. Topics include conditional logic, form validation, file handling, and manipulation of external data sources (XML). This course assumes knowledge of the topics covered in Web Development with HTML and CSS, or prior understanding of HTML, and feeds directly into PHP2 - Using MySQL with PHP for the Web.

12 weekly meetings
Thursdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 22 September 2022
Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff
20 Credits, Level 5
COM22A33599A
PHP2 - Using mySQL with PHP for the Web

Christopher Maggs
The fundamentals of designing a relational database using MySQL, and the interface between the mySQL server and the PHP scripting engine. Learn how to design and build database tables and use them to produce dynamic website applications. This course assumes knowledge of the topics covered in the PHP1 - PHP scripting for the Web, or an understanding of the basic constructs of PHP and leads onto PHP3 – PHP Web Application Development.

- 12 weekly meetings
- Thursdays from 18:00 to 21:00
- plus 1 Saturday day school
- Starting 19 January 2023

Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 5
COM22A3598A

Fee £470.00 (Concessionary Fee £423.00)

C Programming

Dr Mike Evans
An introduction to C programming. Topics covered include data types, arithmetic operators, comparison operators, use of conditional and iterative control statements, formatting of output, use of functions from the C library, creation of user defined functions, introduction to pointers, introduction to arrays, accessing arrays using both subscripts and pointers, use of standard input/output library functions, use of text files, use of C pre-processor directives and manipulation of data structures. No previous experience of programming required.

- 12 weekly meetings
- Tuesdays from 18:00 to 21:00
- plus 1 Saturday day school
- Starting 4 October 2022

Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 5
COM22A3340A

Fee £470.00 (Concessionary Fee £423.00)

C++ Programming

Dr Mike Evans
An introduction to C++ programming. Topics covered include arithmetic operators, simple input and output, conditional and iterative control statements, formatting of output, creation of user defined functions, introduction to pointers, arrays, classes and objects, class variables, constructors and functions, using classes containing static functions and static variables introduction to inheritance by creating a derived class from a base class, inherited and overridden functions and, finally, accessing text files.

- 12 weekly meetings
- Tuesdays from 18:00 to 21:00
- plus 1 Saturday day school
- Starting 31 January 2023

Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 5
COM22A2652A

Fee £470.00 (Concessionary Fee £423.00)
Computer Studies

Python Programming
Fee £470.00 (Concessionary Fee £423.00)

Dr Mike Evans
An introduction to programming in the Python scripting language, which is ideal if you already have some knowledge of computer programming. Topics covered include an introduction to Python, creating and executing Python scripts, built-in object types such as numbers, strings, lists and dictionaries, user defined functions, files, exception handling, built-in tools and keyed database management. A mix of lectures and practical sessions.

12 weekly meetings
Mondays from 18:00 to 21:00
plus 1 Saturday day school
Starting 3 October 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 5
COM22A5337A

12 weekly meetings
Mondays from 18:00 to 21:00
plus 1 Saturday day school
Starting 30 January 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 5
COM22A5337B

Advanced Python Programming
Fee £470.00 (Concessionary Fee £423.00)

Dr Mike Evans
Builds on the concepts introduced in Python Programming. Topics covered include reading data from a file into an array, using Python to analyse a MicroSoft spreadsheet, sorting data using multiple keys, introduction to Python classes and inheritance, introduction to Graphical User Interfaces (GUIs), systems programming applications using Python scripts and, finally, network programming using both UDP and TCP protocols. A mix of lectures and practical sessions.

12 weekly meetings
Thursdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 2 February 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 5
COM22A5395A

12 weekly meetings
Thursdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 18 May 2023
Venue to be confirmed
20 Credits, Level 5
COM22A5395B

Web Development using HTML and CSS
Fee £470.00 (Concessionary Fee £423.00)

Huw Davies
Learn how to build a website using HTML (Hyper Text Markup Language), CSS (Cascading Style Sheets) and jQuery (Javascript). This is a HTML and CSS coding course and all coursework will be coded by hand without the use of any drag/drop functionality, or tools such as DreamWeaver and WordPress. Minimal jQuery coding will be covered as pre-built jQuery components such as sliders, accordions, drop-down menus and slideshows will be used. Course content includes adding headers, text, links, images, tables, lists, menus, Google maps, YouTube videos and forms, plus an introduction to Responsive Web Design and the principles of SEO (Search Engine Optimisation). No prior knowledge of HTML, CSS or jQuery is required.

11 weekly meetings
Tuesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 20 September 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
COM22A4867A

11 weekly meetings
Tuesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 17 January 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
COM22A4867B

11 weekly meetings
Tuesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 18 April 2023
Venue to be confirmed
20 Credits, Level 4
COM22A4867C

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Exploring Creative Writing

Fee £175.00 (Concessionary Fee £140.00)

Mab Jones
Are you intrigued by creative writing but not sure how to go about it? Does the blank page intimidate you? This course offers an introduction to the main techniques of writing creatively and will enable you to develop your ideas in a friendly and supportive environment. Various forms of writing will be examined, including fiction and poetry, and work will be shared and discussed. Beginners and more experienced writers are very welcome!

10 weekly meetings
Wednesdays from 17:00 to 19:00
Starting 28 September 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
CRW22A5445A

Writing without limits

Fee £175.00 (Concessionary Fee £140.00)

Rachel Smith
Designed for anyone who has completed one of our introductory writing courses, such as Starting to Write and Continuing to Write, or for those who simply want to improve their writing skills further, this course provides the opportunity to learn more about the craft and gain more confidence in writing skills.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 25 January 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
CRW22A5461A

General and Introductory Writing Courses

Creative Writing Workshop

Fee £175.00 (Concessionary Fee £140.00)

Briony Goffin
This is a warm and lively class, suitable for both new and experienced writers. Emphasis is placed on exploration and experimentation, with the idea that each student learns about their own voice and exposes their own creative potential. Through sampling various written forms, from lists to letters, poetry to prose, fiction to memoir, students discover what feels natural and authentic, as well as extending what feels possible, to them as writers. The class will involve presentation, lively discussion and feedback.

10 weekly meetings
Wednesdays from 11:00 to 13:00
Starting 25 January 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
CRW22A5445A

Humanities

Co-ordinating Lecturer: Dr Michelle Deininger
Tel: 029 2087 0000
Email: DeiningerMJ@cardiff.ac.uk

Learn with us and... use our highly specialised libraries

www.cardiff.ac.uk/learn
Creative Writing: Starting to Write

Fee £175.00 (Concessionary Fee £140.00)

Is writing something that feels a little terrifying, like a leap into the unknown? Do you wish you could start writing that novel, memoir, or something shorter? This course will introduce you to some of the most important skills in a creative writer’s toolbox: imagination, confidence and perseverance. By the end of the course, you will have made the leap and started to write!

Jamie Woods
10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 28 September 2022
This course will be taught online
10 Credits, Level 4
CRW22A5363A

Rachel Smith
10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 23 January 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
CRW22A5363B

Rachel Smith
10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 9 May 2023
Venue to be confirmed
10 Credits, Level 4
CRW22A5363C

Popular Genres

Writing Science Fiction and Fantasy

Fee £175.00 (Concessionary Fee £140.00)

Dr Gemma Scammell
What makes for successful science fiction? How do you build a fantasy world? This practical writing course explores a range of frameworks and concepts that underpin these popular genres, from alchemy to the posthuman, and explores ways in which writers can avoid the pitfalls of exposition and infodumps.

10 weekly meetings
Thursdays from 17:30 to 19:30
Starting 29 September 2022
This course will be taught online
10 Credits, Level 4
CRW22A5452A

Further Adventures in Writing Crime Fiction

Fee £175.00 (Concessionary Fee £140.00)

Dr Katherine Stansfield
Developed as a continuation of Writing Crime Fiction and as a place for more experienced writers to hone their craft, this course explores strategies for the role of twists, the power of setting, shaping secondary characters, and using narrative time with confidence.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 28 September 2022
This course will be taught online
10 Credits, Level 4
CRW22A5416A

Writing Crime Fiction

Fee £175.00 (Concessionary Fee £140.00)

Dr Katherine Stansfield
Are you passionate about crime novels? Would you like to try your hand at writing crime fiction? This course will introduce you to the building blocks of crime fiction, including plotting, character construction, writing convincing dialogue and how to build tension and create mystery and suspense. It will be particularly suitable for writers coming to this popular genre for the first time, but it will also suit more experienced writers who are wishing to learn more about what publishers of crime fiction are looking for.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 25 January 2023
This course will be taught online
10 Credits, Level 4
CRW22A5166A

Novel Writing Workshop

Fee £175.00 (Concessionary Fee £140.00)

Guided by a professional author, this is a course for anyone who has a book currently in them that they’d prefer to see sitting in a bookshop. What are the components that make a novel unputdownable? How can you ensure that your readers are enthralled? Looking at all genres of contemporary full-length fiction, this course will take you right through the novel-writing process, as well as offering guidance in the all-important art of attracting an agent and/or publisher.

Dr Katherine Stansfield
10 weekly meetings
Mondays from 19:00 to 21:00
Starting 26 September 2022
This course will be taught online
10 Credits, Level 4
CRW22A4674A

Lynne Barrett-Lee
10 weekly meetings
Wednesdays from 10:00 to 12:00
Starting 25 January 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
CRW22A4674B

Writing Historical Fiction

Fee £175.00 (Concessionary Fee £140.00)

Dr Katherine Stansfield
How can we render the language of the past? What’s the difference between historical facts and historical fiction? What does writing about the past say about the present? This course explores the key elements of writing historical fiction, balancing historical accuracy with the demands of crafting fiction.

10 weekly meetings
Mondays from 19:00 to 21:00
Starting 23 January 2023
This course will be taught online
10 Credits, Level 4
CRW22A5451A
People, Places, and Environment

Adventure Writing

Fee £175.00 (Concessionary Fee £140.00)

Mab Jones
People have always been enthralled by adventure, from the earliest epics up to modern day thrillers, sagas, memoirs, and even science fiction. Discover what makes a gripping tale, explore the many genres of the form, develop convincing, compelling characters, learn the essentials of world building, and adventure into adventure writing!

10 weekly meetings
Tuesdays from 17:00 to 19:00
Starting 2 May 2023
Venue to be confirmed
10 Credits, Level 4
CRW22A5454A

People Watching: Exploring Characterisation

Fee £175.00 (Concessionary Fee £140.00)

Briony Goffin
This course uses people as its inspiration, from the people we’ve known, the people we’ve seen, the people we’ve overheard and the people we’ve imagined. Each class will explore a different aspect of characterisation and will look at how to grow memor and fiction from the people of our lives. Via a variety of writing exercises and suggestions, students will amass a portfolio of original works built around luminous, three-dimensional and unforgettable characters. The teaching style will ensure a warm, supportive and stimulating environment for writers of all experiences.

10 weekly meetings
Wednesdays from 11:00 to 13:00
Starting 3 May 2023
Venue to be confirmed
10 Credits, Level 4
CRW22A5168A

Writing Cardiff: Inspiration and the City

Fee £175.00 (Concessionary Fee £140.00)

Dr Catherine Phelps
This module is taught partly in the classroom and partly via visiting various sites in Cardiff, including Bute Park, Cardiff Bay and the museum. Students will consider the role of cityscape, art, national identity, and nature as creative writing prompts, while exploring the role of literature in shaping the city’s history.

10 weekly meetings
Wednesdays from 13:00 to 15:00
Starting 3 May 2023
Venue to be confirmed
10 Credits, Level 4
CRW22A4081A

People, Places, and Environment

Life Writing

Fee £175.00 (Concessionary Fee £140.00)

Mab Jones
Draw on your own history and experience to tell the story of your life. Whether you want to engage readers, share your history with family and friends, or simply write for yourself, this course will give you the methods and means of composing compelling life writing, autobiography and memoir.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 28 September 2022
Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
10 Credits, Level 4
CRW22A5231A

Sensory Writing

Fee £175.00 (Concessionary Fee £140.00)

Mab Jones
Taste, touch, smell, sound, sight. These senses are the very building blocks of our relationship with the world around us. This course takes a holistic approach, using listening exercises, objects, and drawing on memories of taste, for example, to encourage participants to engage in the delights of sensory writing.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 24 January 2023
Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
10 Credits, Level 4
CRW22A5463A
Wonders of Nature: Further Explorations

Fee £175.00 (Concessionary Fee £140.00)

Briony Goffin
This course uses the medium of creative writing to explore and depict our relationship with the natural world in a warm, supportive and stimulating environment for writers of all experiences. It acts as a sequel to Wonders of Nature but can easily be studied as a standalone option.

10 weekly meetings
Wednesdays from 11:00 to 13:00
Starting 28 September 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
CRW22A6420A

This course will be taught online
10 Credits, Level 4
CRW22A6420B

Writing for Wellbeing

Scriptwriting

Writing for Wellbeing: Self Awareness and Personal Development

Fee £175.00 (Concessionary Fee £140.00)

Joanne Meek
Taught by a qualified counsellor and creative writing practitioner, this asynchronous online course explores how writing can be used as a tool for developing personal wellbeing strategies. Suitable for all with an interest in the topic, regardless of previous experience.

10 weekly meetings
Starting 26 September 2022
This course will be taught online asynchronously
10 Credits, Level 4
CRW22A6421A

10 weekly meetings
Starting 23 January 2023
This course will be taught online asynchronously
10 Credits, Level 4
CRW22A6421B

Environmental Writing

Fee £175.00 (Concessionary Fee £140.00)

Dr Gemma Scammell
Climate change, global warming, plastic pollution, sinking cities, drought. The world around us is in crisis and we, implicated as we are in its destruction, can often feel helpless in the face of impending catastrophe. This creative writing course will enable students to learn the tools of persuasive and intelligent environmental writing that has the potential to change hearts and minds.

10 weekly meetings
Thursdays from 17:30 to 19:30
Starting 4 May 2023
This course will be taught online
10 Credits, Level 4
CRW22A6367A

Writing for Stage and Screen

Fee £175.00 (Concessionary Fee £140.00)

Rachel Smith
Are you curious about writing for the stage or screen? Would you like to learn the tools to write your own script? Taught by an experienced and award-winning writer and director, you’ll have the opportunity to explore how to write short film and short play scripts with confidence.

10 weekly meetings
Starting 4 May 2023
This course will be taught online
10 Credits, Level 4
CRW22A6462A

Rewriting the Story: Bodies, Illness and Disability

Fee £175.00 (Concessionary Fee £140.00)

Jamie Woods
The disability narratives we read in the media are often centred on ‘suffering’, or bravery in the face of adversity, ‘surviving’ rather than simply living. What if we rewrote that story? This module invites students to consider the way bodies, illness and disability can be explored and constructed in creative writing. No previous writing experience is required.

10 weekly meetings
Starting 4 May 2023
This course will be taught online
10 Credits, Level 4
CRW22A5371A

Writing Audio Drama

Fee £175.00 (Concessionary Fee £140.00)

Rachel Smith
How can you create suspense with just the sound of a voice? How can you build character through the nuances of dialogue? This course introduces students to the fundamental skills needed to write for audio, whether in the form of radio plays, audio theatre, or fiction podcasts.

10 weekly meetings
Starting 3 October 2022
This course will be taught online
10 Credits, Level 4
CRW22A5460A

Environmental Writing

Fee £175.00 (Concessionary Fee £140.00)

Dr Gemma Scammell
Climate change, global warming, plastic pollution, sinking cities, drought. The world around us is in crisis and we, implicated as we are in its destruction, can often feel helpless in the face of impending catastrophe. This creative writing course will enable students to learn the tools of persuasive and intelligent environmental writing that has the potential to change hearts and minds.

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Thursdays from 17:30 to 19:30
Starting 4 May 2023
This course will be taught online
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CRW22A6367A

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10 weekly meetings
Starting 4 May 2023
This course will be taught online
10 Credits, Level 4
CRW22A5371A
First place prize for former creative writing student

Emma Carr-Ferguson has scooped the prestigious first prize of $20,000 in an online writing competition run by Vocal.

Emma’s mournful and insightful entry Until the Rain Stops is a chilling yet poignant timeline of a disaster in a Welsh coalpit. Head Judge, author and former Booker Prize judge Erica Wagner, commented:

Ferguson, time-stamps her story, Until the Rain Stops, to give it a sense of immediacy, arresting us with the image of blood turning to glass in a young woman’s veins. Who are those ‘wild and bony’ children? The reader feels the same alarm as the people in the story do when the steam whistle blasts.

Emma decided to enter this prestigious writing competition after completing the Young Adult Fiction course provided by Continuing and Professional Education (CPE). Emma commented:

The course was very engaging, I loved every session. I received valuable advice from industry professionals in how to pursue opportunities as a writer. It’s made a world of difference to my outlook on pursuing my hobby as a potential career. I gained a deeper understanding of what defines the genre, how to plot a novel, how to approach the publishing industry and find opportunities as a writer. It was the stepping stone I didn’t know I needed into taking myself a bit more seriously as an aspiring author, and made the publishing industry as a whole seem more accessible. I gained a lot of confidence from the course.

Coordinator of the Humanities programme at CPE Dr Michelle Deininger commented:

Emma should be congratulated for such a well-wrought story, closely bound to the legacy of Wales’ industrial past, which is underpinned by an appreciation for the raw power of nature. Creative writing courses such as Young Adult Fiction provide a supportive space for adults to try out new ideas and to find their own voice – Emma has clearly found hers.

Read Emma’s award-winning story by visiting the Vocal website:
https://vocal.media/fiction/until-the-rain-stops
Pathways to a degree in

English Language, English Literature, Creative Writing, and Philosophy

Co-ordinating Lecturer: 
Dr Michelle Deininger  
Tel: 029 2087 0000  
Email: DeiningerMJ@cardiff.ac.uk

Pathways Coordinator: 
To be confirmed  
Tel: 029 2087 0000  
Email: pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer an Inside Narratives pathway which will allow you to study towards these degrees at Cardiff University:

- English Literature
- English Literature and Creative Writing
- English Language
- English Language and Literature
- Philosophy

There are no formal entry requirements. Once you have successfully completed an Inside Narratives pathway, you are guaranteed an interview at Cardiff University. Should you progress on to a degree programme, you will be eligible for ‘advanced standing’ of 60 credits – this means that these 60 credits will count towards the first year of your degree.

How the Pathway works

Modules listed page 15-16.

Inside Narratives is made up of 60 credits.  
Each module is worth 10 Credits.

To study a particular degree subject after the Pathway, you must study the appropriate core module. All the Inside Narratives core modules have the word ‘Inside’ in the title.

If you want to apply for the degree in English Literature and Creative Writing, pick Inside Literature, Inside Creative Writing, and Inside Poetry.

If you’re not sure which degree you’d like to do after the Pathway, make sure you pick a range of core and optional Pathway modules that you find interesting, totalling 60 credits.

If you want, you can pick ONE suitable 10 credit module from the main prospectus instead of a Pathway module*.

* For example, students interested in Creative Writing could pick Environmental Writing, The World of Cinema, Novel Writing Workshop or Writing Science Fiction and Fantasy.
Core modules

Inside Literature

Fee £235.00 (Concessionary Fee £188.00)

- Dr Catherine Phelps
- Dr Siriol McAvoy

What can literature tell us about the human condition? Why do authors explore the human tendency to overreach? How do texts explore the end of the world? Learn to read novels, poetry and plays reflectively and analytically through a range of dark, disturbing and dystopian perspectives.

9 weekly meetings
Starting 5 October 2022

10 Credits, Level 4
LIT22A5001A

Inside Creative Writing

Fee £235.00 (Concessionary Fee £188.00)

- Dr Emily Blewitt

What is the relationship between writers and writing? How can reading shape a writer’s craft? Why is critical reflection important? This practical module introduces students to some of the main genres within the discipline, including the short story, poetry and creative non-fiction through both theory and practice.

9 weekly meetings
Starting 5 October 2022

10 Credits, Level 4
CRW22A5275A

Inside Philosophy

Fee £235.00 (Concessionary Fee £188.00)

- Dr Clea Rees

What is the meaning of life? What’s so bad about death? Are you free to take this class, or was your choice determined even before your birth? Socrates claimed that only the examined life was worth leading. On this module, we will embark on a philosophical journey that will enable us to start examining our lives and questioning our assumptions. No previous knowledge assumed.

9 weekly meetings
Starting 24 January 2023

10 Credits, Level 4
PHI22A5311A

Inside Poetry

Fee £235.00 (Concessionary Fee £188.00)

- Dr Emily Blewitt

What makes a poem? What makes a poet? How can reading poetry shape writing? This practical creative and critical writing course introduces students to some of the main issues within the discipline of writing contemporary poetry. By giving students the space both to read and write widely in the genre, the course aims to develop writing skills and build confidence.

9 weekly meetings
Starting 3 May 2023

10 Credits, Level 4
ENG22A5439A
Informal Logic

Fee £235.00 (Concessionary Fee £188.00)

Dr Clea Rees
Is your MP attacking ad hominem, ‘begging the question’ or sliding down a ‘slippery slope’? How worrying is a positive test for philosophic criticologicius? Develop your ability to critique others’ reasoning and improve your own while solving puzzles, pondering paradoxes and analysing arguments. No previous knowledge of philosophy or logic required.

9 weekly meetings
Mondays from 19:00 to 21:00
Starting 3 October 2022
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
PHI22A5435A

New Ways of Reading: Ideology and the Text

Fee £235.00 (Concessionary Fee £188.00)

Dr Catherine Phelps
Dr Michelle Deininger
Rachel Smith
How do our beliefs, prejudices and assumptions change the way we see the world? How can new ways of reading literary and media texts shift our perceptions? What does it mean to read the world through the lens of environmentalism or feminism? What are we doing when we deconstruct a text? This course opens up as many questions as you can think of, and more besides.

3 linked Day Schools
Fridays from 10:00 to 17:00
21 April, 5 May and 19 May 2023
Venue to be confirmed
10 Credits, Level 4
ENG22A4996A

Magical Realism

Fee £235.00 (Concessionary Fee £188.00)

Dr Gemma Scammell
This course introduces students to Magical Realism as a literary genre, tracing the origins of the form through to contemporary fiction. Students will analyse a selection of texts from across the globe, including writers such as Latin America’s best-known author and Nobel Laureate, Gabriel García Márquez, and Japan’s multi-award-winning Haruki Murakami.

9 weekly meetings
Tuesdays from 17:30 to 19:30
Starting 24 January 2023
This course will be taught online
10 Credits, Level 4
LIT22A5448A

How to Navigate the Apocalypse

Fee £235.00 (Concessionary Fee £188.00)

Dr Michelle Deininger
The end of the world has a long and healthy history. In this online asynchronous module, we will trace the development of (post) apocalyptic texts in the Western tradition, from its earliest beginnings to its rise in popularity during the modern era. Students will be prepped with an understanding of cultural and historical contexts, and attain access to a stockpile of essential critical resources.

10 weekly meetings
Starting 2 May 2023
This course will be taught online asynchronously
10 Credits, Level 4
MED22A5375A

Optional modules

Humanities

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tel: 029 2087 0000
www.cardiff.ac.uk/learn
Pathways to a degree in

Journalism, Media and Culture

Co-ordinating Lecturer:
Dr Michelle Deininger
Tel: 029 2087 0000
Email: DeiningerMJ@cardiff.ac.uk

Pathways Coordinator:
To be confirmed
Tel: 029 2087 0000
Email: pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer an Inside Narratives pathway which will allow you to study towards these degrees at Cardiff University:

- Journalism and Communications
- Media and Communications
- Media, Journalism and Culture

There are no formal entry requirements. Once you have successfully completed a pathway, you are guaranteed an interview at Cardiff University.

How the Pathway works

The Pathway to Media is made up of 60 credits. To complete the Pathway you must study the Core Module, Introduction to Media, Journalism and Culture (20 credits).

Option 1:
Pick FOUR other modules on the Media Pathway to get your 60 credits.

Option 2:
Pick THREE Media Pathway courses, plus ONE other suitable module from the main prospectus.

Media Pathway Modules
- Propaganda and Persuasion
- The World of Cinema
- How to Navigate the Apocalypse
- Popular Music
- Culture and Society

Other suitable modules* include:
- Inside Creative Writing
- Writing Science Fiction and Fantasy
- Writing Audio Drama

*Other options may also be available at the discretion of the Co-ordinating Lecturer.

tel: 029 2087 0000

www.cardiff.ac.uk/learn
Introduction to Media, Journalism and Culture

Fee £470.00 (Concessionary Fee £376.00)

Dr Susan Bisson

What does it mean to study the media? How do we study journalism? Why is the study of culture important? This course explores key areas of modern media and the history of media and news production. This course is the core 20 credit module on the Pathway to Media and while it is taught mainly in person, it will include some online sessions.

12 weekly meetings
Tuesdays from 18:30 to 21:00
Plus 2 Saturday day schools
Starting 20 September 2022
Continuing and Professional Education,
21 - 23 Senghenydd Road, Cardiff
20 Credits, Level 4
MED22AS316A

The World of Cinema

Fee £235.00 (Concessionary Fee £188.00)

Jannat Ahmed

This module explores the rich world of cinema, considering key technological, conceptual, theoretical and aesthetic issues in order to gain a better insight into the films themselves, the companies that produce them, the money that goes into them, and the audiences who love, and sometimes hate, them.

9 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 3 January 2023
This course will be taught online
10 Credits, Level 4
MED22AS310A

Propaganda and Persuasion

Fee £235.00 (Concessionary Fee £188.00)

Dr Dafina Paca

‘War is Peace. Freedom is Slavery. Ignorance is Strength.’ This iconic slogan from Orwell’s 1984 captures the way propaganda often contradicts our understanding of ‘truth’. This module explores the language and iconography of propaganda, the rise of mass communication, and how understanding is shaped by the language of persuasion.

9 weekly meetings
Thursdays from 18:00 to 21:00
Starting 2 February 2023
This course will be taught online
10 Credits, Level 4
MED22AS304A

New Ways of Reading: Ideology and the text

Fee £235.00 (Concessionary Fee £188.00)

Dr Catherine Phelps
Dr Michelle Deininger
Rachel Smith

How do our beliefs, prejudices and assumptions change the way we see the world? How can new ways of reading literary and media texts shift our perceptions? What does it mean to read the world through the lens of environmentalism or feminism? What are we doing when we deconstruct a text? This course opens up as many questions as you can think of, and more besides.

3 linked Day Schools
10:00 to 17:00
Friday 21 April, 5 May and 19 May 2023
Venue to be confirmed
10 Credits, Level 4
ENG22A4996A

How to Navigate the Apocalypse

Fee £235.00 (Concessionary Fee £188.00)

Dr Michelle Deininger

The end of the world has a long and healthy history. In this online module, we will trace the development of (post) apocalyptic texts in the Western tradition, from its earliest beginnings to its rise in popularity during the modern era. Students will be prepped with an understanding of cultural and historical contexts, and attain access to a stockpile of essential critical resources.

10 weekly meetings
Starting 2 May 2023
This course will be taught online asynchronously
10 Credits, Level 4
MED22A5375A

Popular Music, Culture and Society

Fee £235.00 (Concessionary Fee £188.00)

Dr Danijela Špirić-Beard

Why does popular music matter so much to us? How and why does popular music become meaningful for us in our everyday lives? How do we use music to understand our own identities and those of others? This course will address these questions and seek to explore them from a variety of perspectives.

9 weekly meetings
Thursdays from 19:00 to 21:00
Starting 4 May 2023
This course will be taught online
10 Credits, Level 4
MED22A5070A
Learn with us and... use our highly specialised libraries

Philosophy

The Enquiring Mind: Introduction to Philosophy

Fee £175.00 (Concessionary Fee £140.00)

Dr Julian Ryall
Philosophy teaches us how to question the familiar, challenge the conventional, and better understand the world around us. Taking a thematic approach, this course will examine some of the principal issues in philosophy: art and society; knowledge and scepticism; perception; realism and scientific objectivity; language and thought; values and responsibilities; existence and God. No previous knowledge of philosophy will be assumed.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 28 January 2023
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
PHI22A5161A

Ethics of War

Fee £175.00 (Concessionary Fee £140.00)

Dr Clea Rees
When is war justified? Could anything justify nuclear or biochemical warfare? Should lethal robots be banned? Are conscripts' deaths any better than non-combatants? Should only states wage war? Are postwar tribunals merely 'victors' justice'? We will explore ethical questions concerning initiating, pursuing and responding to war. No previous philosophy required.

10 weekly meetings
Mondays from 14:00 to 16:00
Starting 3 October 2022
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
PHI22A5492A

Environmental Philosophy

Fee £175.00 (Concessionary Fee £140.00)

Dr Julian Ryall
What do we mean when we talk of the "natural world"? How can philosophy help us think about our relationship with the environment? This course explores some key texts within environmental philosophy and examines the complex interplay between the natural world and humanity's place within it. No previous experience of philosophy is required.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 26 January 2023
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
PHI22A5427A

Introducing Moral Philosophy

Fee £175.00 (Concessionary Fee £140.00)

Dr Clea Rees
What makes an action right? How should one live? What kind of person should one be? How are individual morality and social justice connected? This course introduces students to a variety of topics in both theoretical and applied ethics, focusing primarily on ideas from the Western analytic tradition. No previous knowledge of philosophy is assumed.

10 weekly meetings
Mondays from 14:00 to 16:00
Starting 30 January 2023
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
PHI22A3250A

Historical Studies

Turning Points in Welsh History

Fee £175.00 (Concessionary Fee £140.00)

Dr Elizabeth Jones
What are the main turning points in Welsh history? Is it the English conquest of Wales? The industrial awakening of the Welsh valleys? This course examines key moments from the Roman invasion to the present day, examining the political, economic and social changes that have constructed modern Wales.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 4 October 2022
Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff
10 Credits, Level 4
HIS22A5308A

Introduction to British Archaeology

Fee £175.00 (Concessionary Fee £140.00)

Dr Tudur Davies
The British Isles are rich in their archaeological traces: from villas and roundhouses to grand medieval castles. This course introduces the archaeology of Britain from the dawn of Roman Britain to the later Middle Ages, providing you with a sequence of the archaeological record and an understanding of the rich material culture and history of our islands.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 5 October 2022
This course will be taught online
10 Credits, Level 4
ARC22A4927A

Philosophy

The Enquiring Mind: Introduction to Philosophy

Fee £175.00 (Concessionary Fee £140.00)

Dr Julian Ryall
Philosophy teaches us how to question the familiar, challenge the conventional, and better understand the world around us. Taking a thematic approach, this course will examine some of the principal issues in philosophy: art and society; knowledge and scepticism; perception; realism and scientific objectivity; language and thought; values and responsibilities; existence and God. No previous knowledge of philosophy will be assumed.

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Starting 28 January 2023
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PHI22A5161A

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Starting 4 October 2022
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HIS22A5308A

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10 weekly meetings
Mondays from 14:00 to 16:00
Starting 30 January 2023
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
PHI22A3250A

Environmental Philosophy

Fee £175.00 (Concessionary Fee £140.00)

Dr Julian Ryall
What do we mean when we talk of the “natural world”? How can philosophy help us think about our relationship with the environment? This course explores some key texts within environmental philosophy and examines the complex interplay between the natural world and humanity’s place within it. No previous experience of philosophy is required.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 26 January 2023
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
PHI22A5427A

Environmental Philosophy

Fee £175.00 (Concessionary Fee £140.00)

Dr Julian Ryall
What do we mean when we talk of the “natural world”? How can philosophy help us think about our relationship with the environment? This course explores some key texts within environmental philosophy and examines the complex interplay between the natural world and humanity’s place within it. No previous experience of philosophy is required.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 26 January 2023
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
PHI22A5427A

Introducing Moral Philosophy

Fee £175.00 (Concessionary Fee £140.00)

Dr Clea Rees
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10 weekly meetings
Mondays from 14:00 to 16:00
Starting 3 October 2022
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
PHI22A5492A

Introducing Moral Philosophy

Fee £175.00 (Concessionary Fee £140.00)

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10 weekly meetings
Mondays from 14:00 to 16:00
Starting 3 October 2022
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
PHI22A5492A
**Red Star Rising: The Soviet Union, 1917–45**

**Fee £175.00 (Concessionary Fee £140.00)**

**Dr Ben Curtis**

The Russian Revolution (1917) and establishment of the Soviet Union (USSR) were momentous events. This course explores the background to the Revolution, and the dramatic history of the Soviet Union from its formation, through the Second World War and on to the Cold War. We will examine key themes and debates with continuing relevance in the uncertain political circumstances of today.

- 10 weekly meetings
- Thursdays from 19:00 to 21:00
- Starting 6 October 2022

This course will be taught online

10 Credits, Level 4

**HIS22A5239A**

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**The Dark Fairy Tale: Stepmothers, Vampires and Heroines**

**Fee £175.00 (Concessionary Fee £140.00)**

**Dr Juliette Wood**

Fairy tales accompany us throughout our lives. We hear them as children, read them in school, and encounter them in films and fantasy literature. But not all fairy tales end ‘happily ever after’. Some are filled with darkness, threats and monsters. This course asks why these tales continue to fascinate us, exploring contexts including epics, romances, fantasy, film, and internet games.

- 10 weekly meetings
- Thursdays from 19:00 to 21:00
- Starting 6 October 2022

John Percival Building, Colum Drive, Cardiff

10 Credits, Level 4

**FOL22A5485A**

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**The Modern House**

**Fee £175.00 (Concessionary Fee £140.00)**

**Stephen Parker**

Domestic architecture throughout the 20th century has responded to the twin demands of industrialisation and unprecedented urbanisation. In this new course, we will discuss the development of the modern home, its design and contents. From the Victorian villa to the modernist desire for less is more, we will explore the changing dialogue with modernity, materials, technology and architectural style.

- 10 weekly meetings
- Mondays from 10:00 to 12:00
- Starting 10 October 2022

This course will be taught online

10 Credits, Level 4

**SCI22A5496A**

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**Classical Greece: Art, Life, Death and Politics**

**Fee £175.00 (Concessionary Fee £140.00)**

**Dr Christina Hatzmichael Whitley**

From the Parthenon in Athens to the oracle at Delphi, via cities and religious centres, this course examines the art of Classical Greece, including sculpture, architecture, pottery and wall painting, set in their social, political and historical context. We will consider gender, households, everyday life, countryside, religion and burials, exploring the values, customs and enduring fascination of Classical Greece.

- 10 weekly meetings
- Mondays from 17:00 to 19:00
- Starting 9 January 2023

This course will be taught online

10 Credits, Level 4

**SCI22A5490A**

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**The Future of Gardens**

**Fee £175.00 (Concessionary Fee £140.00)**

**Stephen Parker**

The 21st century is proving to be a sea-change in how we create and maintain our gardens. Climate change, new plants and developing design challenges combine to create a whole new dialogue around the contemporary garden. We discuss the many ground-breaking new gardens, designers, and approaches, rural and urban, small and large.

- 10 weekly meetings
- Wednesdays from 10:00 to 12:00
- Starting 11 January 2023

This course will be taught online

10 Credits, Level 4

**SCI22A5498A**

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**Ancestors and Spirit Masters: The World of Shamans**

**Fee £175.00 (Concessionary Fee £140.00)**

**Dr Juliette Wood**

Shamanism is often associated with indigenous and tribal societies, but also evokes ideas about mystical journeys and exotic cultures. It involves belief in religious practitioners who communicate with a spirit world and exercise powers ranging from healing illness to easing passage into the afterlife. This course considers shamans historically, archaeologically and in popular culture.

- 10 weekly meetings
- Thursdays from 19:00 to 21:00
- Starting 19 January 2023

John Percival Building, Colum Drive, Cardiff

10 Credits, Level 4

**FOL22A5491A**
**Introduction to History of Art**

Fee £175.00 (Concessionary Fee £140.00)

Dr Angela Morelli

This course will introduce students to the discipline of History of Art. Students will study a range of different periods and styles while also exploring the collections at Cardiff's National Museum of Wales in Cathays. No previous knowledge is required.

10 weekly meetings
Fridays from 11:00 to 13:00
Starting 20 January 2023

Continuing and Professional Education,
21 - 23 Senghennyd Road, Cardiff
10 Credits, Level 4
AAA22A5512A

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**From Roman Forums to EU Leisure Centres and beyond: Welsh Towns in History**

Fee £175.00 (Concessionary Fee £140.00)

Dr Elizabeth Jones

Towns are integral to our lives: they are where we work, where we shop and where we play. However, they are constantly changing in response to local, national and global events. This course explores the evolution of Welsh towns from Roman times to the present day. It examines the events and processes that shaped them and asks what the future holds for them in a post-pandemic, post-Brexit world.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 24 January 2023

Continuing and Professional Education,
21 - 23 Senghennyd Road, Cardiff
10 Credits, Level 4
HIS22A5232A

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**Women Gardeners**

Fee £175.00 (Concessionary Fee £140.00)

Stephen Parker

A re-examination of the women gardeners who created grand estates, public parks, municipal landscapes and private sanctuaries from the 17th century to the modern era. Going beyond the better known gardens designed by Jekyll and Lindsay, this course will consider the many fine gardens created by women who, for whatever reason, are less well known today.

10 weekly meetings
Wednesdays from 10:00 to 12:00
Starting 19 April 2023

This course will be taught online
10 Credits, Level 4
SCI22A5499A

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**A History of Cardiff: From Roman Fort to Capital City**

Fee £175.00 (Concessionary Fee £140.00)

Dr Elizabeth Jones

This course examines the main historical, social and cultural factors that have shaped Cardiff’s story including the city’s early development in the hands of the Romans and the Normans, its growth as a county town and port, and the legacy of the Bute family. The course also explores the diverse activities that have preoccupied the lives of the people of Cardiff over the centuries, from politics, education and religion to culture, recreation and sport.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 2 May 2023

Venue to be confirmed
10 Credits, Level 4
HIS22A5156A
Humanities

Music

Composing Music Workshop Online
Fee £382.00 (Concessionary Fee £344.00)

Dr Gareth Churchill
This course offers personal, long distance tutorial support (usually via e-mail) to new and more experienced composers who want to pursue a project of their own. The nature of the study will be tailored to the student's individual requirements. The course is primarily aimed at students writing in a contemporary Western art music classical style in an acoustic instrumental and/or vocal idiom. Enrolment in advance, accompanied by a statement of your interests, is essential.
Starting 26 September 2022
This course will be taught online
10 Credits, Level 4
MPR22A4549A
Starting 23 January 2023
This course will be taught online
10 Credits, Level 4
MPR22A4549B

Arranging Music Workshop Online

Dr Liz Lane
This course offers personal, long distance tutorial support (usually via e-mail) to new and more experienced arrangers of music who want to pursue a project of their own. The nature of the study will be tailored to the student's individual requirements. The course is primarily aimed at students who would like to arrange music from a range of genres for a combination of instruments and/or voices. Enrolment in advance, with a statement of your interests, is essential.
Starting 23 January 2023
This course will be taught online
10 Credits, Level 4
MPR22A46609A

Popular Music, Culture and Society

Dr Danijela Špirić-Beard
Why does popular music matter so much to us? How and why does popular music become meaningful for us in our everyday lives? How do we use music to understand our own identities and those of others? This course will address these questions and seek to explore them from a variety of perspectives.
9 weekly meetings
Thursdays from 19:00 to 21:00
Starting 4 May 2023
This course will be taught online
10 Credits, Level 4
MED22A5070A

Music in the Community Award 2022

Nominations are invited for the Leonard and Marian Jones Music in the Community Award. This award is given to an individual or individuals who have made an outstanding contribution to the links between any aspect of music and the community, in and around the South Wales region.

Please send in your nominations to
Dr Michelle Deininger – DeiningerMJ@cardiff.ac.uk – by 16 December 2022 at the very latest. The nomination must be made by an individual or an individual representing a group.

To nominate an individual or a group for the award, you must
• State the name and contact details of the nominee
• Write a supporting statement of no more than 500 words. This statement must address the following criteria:
  • How has the nominee made an outstanding contribution to the links between music and the community?
  • What impact has the nominee and their project made on the community?
  • How is the nominee’s project sustainable in the longer term?

The winner(s) will be announced in February 2023 and the award will be presented at our Annual Awards Evening in March 2023.

Learn with us and... gain a qualification and recognition at our Awards Ceremony

www.cardiff.ac.uk/learn
Christopher Jones is an experienced musician who decided to enrol on Gareth Churchill’s Composing Music Workshop.

“I have learned to trust my intuition”

I had decided that I wanted some formal tuition regarding writing music. I am already a performer and have written in the past but needed an expert eye. Gareth was always constructive and supportive in his comments and introduced me to pieces of music and composers as well as compositional ideas with which I was not familiar.

I have learned to trust my intuition. Also, the importance of writing the score in ways that clearly express my ideas along with the importance of producing a score that is suitable for performance. Eminently practical.

Your music is always respected by Gareth, and however experienced you are, the detail and perceptiveness of feedback will always give you techniques and ideas upon which to build.

Christopher Jones
Pathways to a degree in

History, Archaeology and Religion

Exploring the Past Coordinator
Dr Paul Webster
Tel: 029 2087 5610
Email: WebsterP@cardiff.ac.uk

Pathways Coordinator:
To be confirmed
Tel: 029 2087 0000
Email: pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

The Exploring the Past pathway provides a route to study undergraduate degrees at Cardiff University in:
- Ancient History
- Archaeology
- History
- Religion

There are no formal entry requirements. Once you have successfully completed an Exploring the Past pathway, you are guaranteed an interview at Cardiff University. Should you progress on to a degree programme, you will be eligible for ‘advanced standing’ of 60 credits – this means that these 60 credits will count towards the first year of your degree.

The Exploring the Past Pathway is made up of six 10-credit modules, including:

- At least... ONE 10-credit core module from Group 1
- AND FIVE 10-credit option modules from Group 2
- OR FOUR 10-credit option modules from Group 2 PLUS an appropriate 10-credit module from the wider programme.
Group 1:
Core Modules

Exploring the Past: History
Fee £235.00 (Concessionary Fee £188.00)

Dr Melissa Julian-Jones
What is History? This course will equip you with skills for studying the past. We will explore ideas about nation and identity in the British Isles, from the Middle Ages to the present, considering national myths, ethnicity and ideas about heritage, whilst also examining themes such as how history is used by different societies.

9 weekly meetings
Thursdays from 17:00 to 19:00
Starting 29 September 2022
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
HIS22A4596A

Exploring World Religions
Fee £235.00 (Concessionary Fee £188.00)

Dr Gina Bevan
What is religion? How do we study it? We will explore religions from around the world, introducing different faiths and diverse global religious traditions, and asking wider questions surrounding texts, practices, authority and identity. We will consider issues religions face today, such as migration, technology, secularisation and the emergence of 'new religions'.

9 weekly meetings
Mondays from 19:00 to 21:00
Starting 3 October 2022
This course will be taught online
10 Credits, Level 4
REL22A5484A

Exploring the Past: Archaeology
Fee £235.00 (Concessionary Fee £188.00)

Dr Christina Hatzimichael Whitley
Archaeologists do much more than dig, but what is archaeology and what do archaeologists do? This course introduces approaches and techniques, exploring the reconstruction of past landscape and agriculture, technology, trade, diet, burial practices, beliefs, cultural identities and the lives of individuals and communities.

9 weekly meetings
Tuesdays from 17:00 to 19:00
Starting 4 October 2022
This course will be taught online
10 Credits, Level 4
ARC22A4913A

Group 2:
Option Modules

Ancient Literature and Society
Fee £235.00 (Concessionary Fee £188.00)

Dr Gina Bevan
What did it mean to be Greek or Roman? What do ancient texts reveal about attitudes to war, love, family and gender, and about voices of the marginalised? Using texts ranging from epic poetry to comedy, and including works by Homer, Sophocles, Ovid and Virgil, we will explore societies that birthed stories which continue to captivate audiences today.

9 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 18 January 2023
This course will be taught online
10 Credits, Level 4
LIT22A5501A

Bewildering Bodies and Bizarre Beliefs, 1500-1700
Fee £235.00 (Concessionary Fee £188.00)

Dr Rachel Bowen
Whilst beliefs of earlier eras can appear products of ‘ignorance’ or ‘superstition’, early-modern understandings of the human body were often based on careful study and complex systems of thought, telling us about how people saw the world and their place within it. We will examine beliefs about the body, 1500-1700, including attitudes to healing, medicine, heaven, hell, monsters, ghosts, witches and prophecy.

7 weekly meetings
Mondays from 18:00 to 20:00
Starting 30 January 2023
Plus 4 online hours
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
HIS22A5489A

www.cardiff.ac.uk/learn
**The Mythic History of Wales**

Fee £235.00 (Concessionary Fee £188.00)

Dr Juliette Wood

Tales of adventure, magic and the otherworld run parallel to accounts of Welsh princes, industry and ordinary lives. We will explore this mythic history, examining heroes, heroines, saints, bards and druids, investigating ghosts associated with castles, churches, megaliths, caves and mines. How does this mythic history relate to Wales’ changing social and political world, and to the history of Welsh identity?

9 weekly meetings

Thursdays from 18:00 to 20:00
Starting 20 April 2023

John Percival Building, Colum Drive, Cardiff

10 Credits, Level 4

HIS22A5488A

**Migration and the Making of Multicultural Britain**

Fee £235.00 (Concessionary Fee £188.00)

Dr Melissa Julian-Jones

Migration and the free movement of people have a long history. This course explores migration and modern British history, discussing economic, social, military, religious and political themes. We will consider how the history of communities has been written, and how identity, race and gender shape views of the past, present and future of multicultural Britain.

8 weekly meetings

Thursdays from 18:00 to 21:00
Starting 2 February 2023

This course will be taught online

10 Credits, Level 4

HIS22A5336A

I had a general interest in history which motivated me to enrol on the pathway.

The pathway really prepared me for my degree by allowing me to refresh on the academic skills I hadn’t used in several years. The level of support and encouragement I received while studying helped me realise my own capabilities academically. There was always a tutor on hand to answer questions, this continued throughout the process of transition onto the degree scheme. Every step of the way there was always someone to provide a helping hand when needed.

The pathway allowed me to gain valuable skills in research and writing and I gained valuable skills in my professional life which prepared me to progress into job roles with more responsibility.

The pathway is an investment in yourself. It is a great way to get a taster into what a possible degree would look like. You are able to explore what interests you in a way that doesn’t impede on your work life balance. If you are hesitant in deciding if the course is right for you, rest assured that all the support you need will be there regardless of how much you need.

The pathway opened doors for me that I didn’t even know existed, and for that I am truly grateful.

Jordan Graham

graduated from Cardiff University with a BA in History in 2022
**Ideas of Empire: From Persia to Putin**

**Fee**: £235.00 (Concessionary Fee £188.00)

**Dr Alun Williams**

What is an empire? How did ancient empires influence later imperial projects, up to the present day? We will examine empires including Assyria, Persia, Rome, the Renaissance empires forged in the ‘New World’, and more recent imperial visions of the World Wars, Cold War and post-Soviet era. Did ancient ideas, ideologies and practices of empire influence their successors and, if so, how?

- **3 Meetings**
- **Saturdays from 10:00 to 16:00**
- **10 June, 17 June and 1 July 2023**
- **Venue to be confirmed**

**10 Credits, Level 4**

HIS22A5486A

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**Medieval Queenship**

**Fee**: £235.00 (Concessionary Fee £188.00)

**Dr Charlotte Pickard**

What was the role of the queen in the medieval world? Using examples from England, France and the Spanish kingdoms between the twelfth and the fifteenth centuries, this course investigates the relationship between royal women and power, considering the perpetuation of dynasties, queens as politicians and outright rulers, and as patrons of religion and culture.

- **6 weekly meetings**
- **Mondays from 18:00 to 21:00**
- **Starting 8 May 2023**
- **This course will be taught online**
- **10 Credits, Level 4**

HIS22A5217A

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**Aging Through the Ages: Bioarchaeology and the People of the Past**

**Fee**: £235.00 (Concessionary Fee £188.00)

**Katie Faillace**

From infancy to getting old, how can we investigate age in past societies? Using examples from Britain, Europe and North America, we will consider how bioarchaeologists estimate age using bones and teeth, and how human skeletons provide evidence of diet, geography, disease and trauma. How can archaeology shed light on types of age, rites of passage, social responsibilities and personal identities?

- **9 weekly meetings**
- **Tuesdays from 17:00 to 19:00**
- **Starting 25 April 2023**
- **John Percival Building, Colum Drive, Cardiff**
- **10 Credits, Level 4**

ARC22A5487A

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The Exploring the Past FREE Lecture series

Our monthly free lecture series presents an exciting window into history, archaeology, literature and religion, providing a glimpse into research carried out by Cardiff University academics and beyond to give you a taste of academic study.

Our popular series will be continuing online in 2022-23, and we will publish the lecture titles and dates on our website in advance of each talk, as well as emailing our students and subscribers with information on how to sign up.

If you would like to join our mailing list for information about the lectures, contact Dr Paul Webster: websterp@cardiff.ac.uk

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Arabic for Beginners

Fee £205.00 (Concessionary Fee £164.00)

Dr Buthenah Davies
This course is aimed at students who have attended Arabic: Beginners I, or have some very basic knowledge of Arabic. It is not appropriate for absolute beginners of the language.
12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 4 October 2022
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
ARA22A4634A

ENROL NOW!
This table helps you find your level however we know that in some cases this can be difficult. This is why you have the option of switching from one course to another during the first few weeks.

<table>
<thead>
<tr>
<th>Recommended Level of Competence at Entry</th>
<th>Stages</th>
<th>Level of Competence reached at end of stage course (All Languages)</th>
<th>Common European Framework of Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>You have no previous knowledge of the language.</td>
<td>STAGE A</td>
<td>Basic survival skills: understanding basic written and spoken texts; taking part in simple conversation; conveying simple information in writing.</td>
<td>Preparation for A1</td>
</tr>
<tr>
<td></td>
<td>STAGE A+</td>
<td>Stage A+ has been created as a bridge between Stage A and Stage B.</td>
<td></td>
</tr>
<tr>
<td>You may have studied the language a long time ago and you may be a bit rusty now (one year's part-time study or ‘rusty’ GCSE in the language studied).</td>
<td>STAGE B</td>
<td>You should have a sufficient vocabulary for coping with everyday situations with predictable content and simple survival needs. You should be able to handle very short social exchanges. You should be able to understand a simple description.</td>
<td>Preparation for A2</td>
</tr>
<tr>
<td>You may have acquired survival skills in the language and had some opportunity to use the language recently (two years’ part-time study or a good recent GCSE pass in the language studied).</td>
<td>STAGE C</td>
<td>You should be able to confidently cope with everyday situations. You should be able to make and respond to invitations, apologies, etc. You should be able to understand a simple and direct exchange of limited information on familiar and routine matters.</td>
<td></td>
</tr>
<tr>
<td>You may have had a good command of the language some time ago and you want to reactivate and build upon your comprehension and expression (three years’ part-time study or ‘rusty’ A-Level in the language studied).</td>
<td>STAGE D</td>
<td>You should have enough language to get by, with sufficient vocabulary to understand topics such as family, hobbies and interests, work, travel, and current events. You should be able to understand the main points in an idea or problem with reasonable precision.</td>
<td>Preparation for B1</td>
</tr>
<tr>
<td>You have recently completed an A-Level in the language studied and you are ready to take it a step further (four years’ part-time study or A-Level in the language studied).</td>
<td>STAGE E</td>
<td>You should have a sufficient range of language to be able to understand descriptions and arguments on most topics related to family, hobbies and interests, work, travel, and current events. You should be able to identify unfamiliar words from the context on topics related to your field/interests.</td>
<td>Preparation for B2</td>
</tr>
<tr>
<td>You have a very good working knowledge of the language and you want a stimulating course to match and stretch your competencies (five years’ part-time study or Advanced Stage E).</td>
<td>STAGE F</td>
<td>You should be able with some effort to keep up with fast and colloquial discussions. You should be able to understand detailed information reliably.</td>
<td>Preparation for C1</td>
</tr>
<tr>
<td>You have an excellent command of the language and use it on a regular basis. This level will enhance your near-native language skills (six years’ part-time study or Advanced Stage F).</td>
<td>STAGE G/H</td>
<td>You should have a good command of broad lexical repertoire and a good command of idiomatic expressions and colloquialisms. You should be able to understand language effectively for social purposes, including emotional, allusive and joking usage.</td>
<td></td>
</tr>
</tbody>
</table>

International Language Examinations in Chinese, French, German, Italian, Japanese and Spanish

- DELF/DALF (French)
- CILS (Italian)
- DELE (Spanish)
- Goethe Zertifikat (German)
- HSK (Chinese)
- JLPT (Japanese)

For more information, please contact us at
email: languages@cardiff.ac.uk
Tel: 029 2087 4183
www.cardiff.ac.uk/modern-languages/about-us/international-language-qualifications

tel: 029 2087 0000 www.cardiff.ac.uk/learn
Chinese

Chinese: Beginners I
Fee £205.00 (Concessionary Fee £164.00)
The module is designed for those who have no previous knowledge of the Chinese language. It focuses on developing skills of speaking and understanding everyday Chinese, reading and writing simplified Chinese characters in alphabetic pinyin. Students will also learn the basic Chinese sentence structures and get to know Chinese culture.

Kun Hao
12 weekly meetings
Mondays from 19:00 to 21:00
Starting 26 September 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
CHI22A4637A

Zhang Qi
12 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 28 September 2022
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
CHI22A4637B

Tutor to be confirmed
12 weekly meetings
Mondays from 19:00 to 21:00
Starting 8 May 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
CHI22A4637C

Chinese: Beginners II
Fee £205.00 (Concessionary Fee £164.00)
The module is designed for those who have learned some basic Chinese. It will continue to develop the skills of listening, speaking, reading and writing for daily life situations. Students will learn to identify and write Chinese characters and to use basic grammatical structures for practical purposes with knowledge of relevant Chinese culture. It is not appropriate for absolute beginners.

Kun Hao
12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 27 September 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
CHI22A4638A

Jie Chen
12 weekly meetings
Mondays from 19:00 to 21:00
Starting 30 January 2023
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
CHI22A4638B

Tutor to be confirmed
12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 2 May 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
CHI22A4638C

Chinese: Improvers
Fee £396.00 (Concessionary Fee £317.00)
This module aims to improve learners’ proficiency in Chinese. Learners will continue to develop their speaking and listening skills with more advanced topics. They will learn to identify and write more Chinese characters and to use more grammatical structures for practical purposes. Learners will be introduced to more knowledge of Chinese culture.

Wei Tang
24 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 27 September 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
CHI22A1002A

Chinese: Intermediate
Fee £396.00 (Concessionary Fee £317.00)

Wei Tang
This module aims to increase learners’ proficiency in Mandarin Chinese. Learners will develop their speaking and listening skills with more advanced topics. They will acquire skills of reading and comprehending intermediate-level Chinese texts and of writing paragraphs in Chinese characters with more advanced grammatical structures and knowledge of Chinese culture.

24 weekly meetings
Thursdays from 19:00 to 21:00
Starting 29 September 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
CHI22A4643A

Chinese: Advanced
Fee £396.00 (Concessionary Fee £317.00)

Jingjing Ruan
This module aims to improve learners’ Chinese language skills to a more advanced level. Learners will learn to communicate with native speakers, to form new words and expressions with knowledge of characters, and to write paragraphs in Chinese characters with more advanced grammatical structures and knowledge of Chinese culture.

24 weekly meetings
Mondays from 19:00 to 21:00
Starting 26 September 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
CHI22A5137A
French

French for Beginners - Stage A
Fee £396.00 (Concessionary Fee £317.00)

- Tutor to be confirmed
- 28 weekly meetings
  Mondays from 12:00 to 14:00
  Starting 3 October 2022
  Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  FRE22A2607A

Julien Carelli

- 28 weekly meetings
  Tuesdays from 17:00 to 19:00
  Starting 4 October 2022
  Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  FRE22A2607B

French: Improvers – Stage B
Fee £396.00 (Concessionary Fee £317.00)

- Hamid Sahki
- 28 weekly meetings
  Tuesdays from 10:00 to 12:00
  Starting 4 October 2022
  Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  FRE22A2608A

Julien Carelli

- 28 weekly meetings
  Tuesdays from 19:00 to 21:00
  Starting 4 October 2022
  Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  FRE22A2608B

French: Intermediate - Stage C
Fee £396.00 (Concessionary Fee £317.00)

- Hamid Sahki
- 28 weekly meetings
  Tuesdays from 12:00 to 14:00
  Starting 4 October 2022
  Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  FRE22A2609A

Marie-Laure Jones

- 28 weekly meetings
  Wednesdays from 19:00 to 21:00
  Starting 5 October 2022
  This course will be taught remotely via an interactive online classroom
  30 Credits, Level 4
  FRE22A2609B

French: Higher Intermediate - Stage D
Fee £396.00 (Concessionary Fee £317.00)

- Hamid Sahki
- 28 weekly meetings
  Mondays from 19:00 to 21:00
  Starting 3 October 2022
  This course will be taught remotely via an interactive online classroom
  30 Credits, Level 4
  FRE22A2610A

Julien Carelli

- 28 weekly meetings
  Mondays from 19:00 to 21:00
  Starting 6 October 2022
  This course will be taught remotely via an interactive online classroom
  30 Credits, Level 4
  FRE22A2610B

French: Advanced - Stage F
Fee £396.00 (Concessionary Fee £317.00)

- Stéphane Jenaer
- 28 weekly meetings
  Thursdays from 19:00 to 21:00
  Starting 6 October 2022
  This course will be taught remotely via an interactive online classroom
  30 Credits, Level 4
  FRE22A2611A

French: Advanced - Stage G
Fee £396.00 (Concessionary Fee £317.00)

- Stéphane Jenaer
- 28 weekly meetings
  Thursdays from 19:00 to 21:00
  Starting 5 October 2022
  This course will be taught remotely via an interactive online classroom
  30 Credits, Level 5
  FRE22A2611B

French: Lower Advanced - Stage E
Fee £396.00 (Concessionary Fee £317.00)

- Ariane Laumonier
- 28 weekly meetings
  Thursdays from 10:00 to 12:00
  Starting 6 October 2022
  Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  FRE22A2611A

Stéphane Jenaer

- 28 weekly meetings
  Mondays from 19:00 to 21:00
  Starting 3 October 2022
  Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  FRE22A2611B
**Filière littérature**

**Fee £341.00 (Concessionary Fee £273.00)**

### Hamid Sahki

Cette année, nous étudierons entre autres, *L’homme aux cercles bleus* de Fred Vargas (éditions J’ai lu), *Él Dorado de Laurent Gaudé* (éditions J’ai lu) 2084 de Boualem Samsal (éditions Folio). Pour étudiants d’un bon niveau, ce cours est entièrement enseigné en français.

- 20 weekly meetings
- **Starting 6 October 2022**

This course will be taught remotely via an interactive online classroom

20 Credits, Level 5

FRE22AS620A

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**German**

**German: Beginners – Stage A**

**Fee £396.00 (Concessionary Fee £317.00)**

### Dr Gaby Cablitz

- 28 weekly meetings
- **Thursdays from 19:00 to 21:00**
- **Starting 6 October 2022**

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

GER22A2615A

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### Dr Sabina Barczyk-Wozniak

- 28 weekly meetings
- **Wednesdays from 19:00 to 21:00**
- **Starting 5 October 2022**

Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff

30 Credits, Level 4

GER22A2616A

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### Denise Micic

- 28 weekly meetings
- **Fridays from 10:00 to 12:00**
- **Starting 7 October 2022**

Main Building, Park Place, Cardiff

30 Credits, Level 4

GER22A2617A

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**German: Improvers – Stage B**

**Fee £396.00 (Concessionary Fee £317.00)**

### Dr Gaby Cablitz

- 28 weekly meetings
- **Wednesdays from 19:00 to 21:00**
- **Starting 5 October 2022**

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

GER22A2614A

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### Dr Sabina Barczyk-Wozniak

- 28 weekly meetings
- **Wednesdays from 19:00 to 21:00**
- **Starting 5 October 2022**

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

GER22A2615A

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### Denise Micic

- 28 weekly meetings
- **Fridays from 10:00 to 12:00**
- **Starting 7 October 2022**

Main Building, Park Place, Cardiff

30 Credits, Level 4

GER22A2616B

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**German: Intermediate - Stage C**

**Fee £396.00 (Concessionary Fee £317.00)**

### Dr Sabina Barczyk-Wozniak

- 28 weekly meetings
- **Thursdays from 19:00 to 21:00**
- **Starting 6 October 2022**

Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff

30 Credits, Level 4

GER22A2616A

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**German: Higher Intermediate - Stage D**

**Fee £396.00 (Concessionary Fee £317.00)**

### Dr Sabina Barczyk-Wozniak

- 28 weekly meetings
- **Wednesdays from 19:00 to 21:00**
- **Starting 5 October 2022**

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

GER22A2616A

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### Denise Micic

- 28 weekly meetings
- **Fridays from 10:00 to 12:00**
- **Starting 7 October 2022**

Main Building, Park Place, Cardiff

30 Credits, Level 4

GER22A2617A

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**German: Advanced - Stage E**

**Fee £396.00 (Concessionary Fee £317.00)**

### Tutor to be confirmed

- 28 weekly meetings
- **Wednesdays from 19:00 to 21:00**
- **Starting 5 October 2022**

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

GER22A2720A
Greek

Greek for Beginners I
Fee £205.00 (Concessionary Fee £164.00)
Dr Christina Hatzimichael Whitley
This course aims at absolute beginners. Students will learn to read the Greek alphabet and will be introduced to Greek grammar and sentence construction. Basic conversation and language structures will be covered and by the end of the course students will be able to read Greek, order food/drinks in a restaurant, introduce themselves and carry some basic conversation in Greek.
12 weekly meetings
Mondays from 19:00 to 21:00
Starting 3 October 2022
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
GRE22A1678A

Greek for Beginners II
Fee £205.00 (Concessionary Fee £164.00)
Dr Christina Hatzimichael Whitley
This follow-on course from Greek for Beginners I will further improve oral, written and listening skills. We will build on vocabulary, phrases and writing in Greek. The students who join this course should be able to read Greek and have some basic vocabulary, it is not suitable for absolute beginners.
12 weekly meetings
Mondays from 19:00 to 21:00
Starting 30 January 2023
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
GRE22A1679A

Greek: Improvers - Stage B
Fee £396.00 (Concessionary Fee £317.00)
Dr Christina Hatzimichael Whitley
This course is aimed at students who have attended Greek for Beginners II or had some formal or informal Greek lessons in the past. The students will be introduced to more complex sentence constructions and more advanced grammar. There will be particular emphasis put on listening and oral skills.
24 weekly meetings
Wednesdays from 18:00 to 20:00
Starting 5 October 2022
This course will be taught remotely via an interactive online classroom
20 Credits, Level 4
GRE22A4644A

Greek: Intermediate - Stage C
Fee £396.00 (Concessionary Fee £317.00)
Dr Christina Hatzimichael Whitley
This course is aimed at students who have studied Greek for two years part-time. It builds on the grammar base acquired in previous studies but the emphasis is on communication and comprehension skills. General topics covered in previous courses will be revised and extended and your knowledge of Greek culture and society will be further developed through the introduction of new themes.
24 weekly meetings
Thursdays from 19:00 to 21:00
Starting 6 October 2022
This course will be taught remotely via an interactive online classroom
20 Credits, Level 4
GRE22A4618A

Greek: Advanced - Stage D
Fee £396.00 (Concessionary Fee £317.00)
Dr Christina Hatzimichael Whitley
This course is aimed at students who have studied Greek for three years part-time. It builds on the grammar base acquired in previous studies but the emphasis is on communication and comprehension skills. General topics covered in previous courses will be revised and extended and your knowledge of Greek culture and society will be further developed through the introduction of new themes.
24 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 4 October 2022
This course will be taught remotely via an interactive online classroom
20 Credits, Level 4
GRE22A3524A
Italian

Italian: Beginners – Stage A
Fee £396.00 (Concessionary Fee £317.00)

Dr Bruna Chezzi
28 weekly meetings
Wednesdays from 10:00 to 12:00
Starting 5 October 2022
Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff
30 Credits, Level 4
ITA2A2618A

28 weekly meetings
Wednesdays from 10:00 to 12:00
Starting 6 October 2021
This course will be taught remotely via an interactive online classroom
30 Credits, Level 4
ITA2A2618B

Italian: Beginners – Stage A
Fee £341.00 (Concessionary Fee £273.00)

Martina Gallina
The course aims to provide you with a grounding in the basic grammatical structures of Italian in order to communicate at basic level in essential social and survival situations in Italy. The course will give you a more intensive learning experience by being taught twice a week.
20 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 24 January 2023
John Percival Building, Colum Drive, Cardiff
20 Credits, Level 4
ITA2A4846A

Italian: Improvers – Stage B
Fee £396.00 (Concessionary Fee £317.00)

Rossella Grillo
28 weekly meetings
Mondays from 19:00 to 21:00
Starting 3 October 2022
Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff
30 Credits, Level 4
ITA2A2619A

Dr Bruna Chezzi
28 weekly meetings
Wednesdays from 12:00 to 14:00
Starting 5 October 2022
Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff
30 Credits, Level 4
ITA2A2619B

Italian: Lower Intermediate - Stage C
Fee £396.00 (Concessionary Fee £317.00)

Dr Bruna Chezzi
28 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 4 October 2022
This course will be taught remotely via an interactive online classroom
30 Credits, Level 4
ITA2A2620A

Italian: Higher Intermediate - Stage D
Fee £396.00 (Concessionary Fee £317.00)

Rossella Grillo
28 weekly meetings
Thursdays from 19:00 to 21:00
Starting 6 October 2022
This course will be taught remotely via an interactive online classroom
30 Credits, Level 4
ITA2A2621A

Italian: Lower Advanced - Stage E
Fee £396.00 (Concessionary Fee £317.00)

Dr Bruna Chezzi
28 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 5 October 2022
This course will be taught remotely via an interactive online classroom
30 Credits, Level 4
ITA2A2721A

Italian: Lower Advanced - Stage F
Fee £396.00 (Concessionary Fee £317.00)

Dr Bruna Chezzi
28 weekly meetings
Thursdays from 12:00 to 14:00
Starting 6 October 2022
Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff
30 Credits, Level 4
ITA2A2724A

Modern Languages

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tel: 029 2087 0000
**Italian Society in 20 Films Part 2**

 Fee £396.00 (Concessionary Fee £317.00)

- **Dr Luca Paci**
  This interactive course will continue to explore in detail some key events that shaped modern and contemporary Italian society through the lens of cinema. We will carry on discussing areas such as: identity, gender and equality, feminism, migration, politics, economy, divide between North and South, Mafia and organised crime, fashion and design.

- **28 weekly meetings**
  Tuesdays from 13:00 to 15:00
  Starting 4 October 2022

- This course will be taught remotely via an interactive online classroom

- 30 Credits, Level 5

  ITA22A5505A

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**Italian Society in Twenty Films**

 Fee £396.00 (Concessionary Fee £317.00)

- **Dr Luca Paci**
  This interactive course presents some key events that shaped modern and contemporary Italian society through the lens of cinema. We will discuss themes such as: identity, gender and equality, feminism, immigration, politics, economy, divide between North and South, Mafia and organised crime, fashion and design.

- **28 weekly meetings**
  Tuesdays from 15:00 to 17:00
  Starting 4 October 2022

- This course will be taught remotely via an interactive online classroom

- 30 Credits, Level 5

  ITA22A5505A

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**Cosa dicono i giornali italiani**

 Fee £341.00 (Concessionary Fee £273.00)

- **Dr Bruna Chezzi**
  Questo corso è indirizzato a studenti con un buon livello di italiano che vogliono partecipare alla recensione dei giornali e delle riviste italiane. Ogni settimana prendremo in esame alcune delle notizie più significative che riguardano la società, la politica e la cultura dell’Italia contemporanea. Gli studenti potranno dunque contribuire con la loro opinione a stimolanti discussioni su una vasta scelta di argomenti ampliando il vocabolario, sviluppando capacità analitiche, critiche ed espressive nella lingua di apprendimento.

- **20 weekly meetings**
  Thursdays from 10:00 to 12:00
  Starting 6 October 2022

- Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff

- 30 Credits, Level 5

  ITA22A5472A

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**Italian 21st Century Poetry in 40 poems**

 Fee £341.00 (Concessionary Fee £273.00)

- **Dr Luca Paci**
  Contemporary Italian poetry offers an extraordinary range of styles, voices, approaches, ways of looking at the world and ways of representing it. This course explores the multiplicity of these voices with a selection of the most representative poets from different backgrounds. We will read, comment and contextualise the poems looking at topics such as society, identity, sex, politics, migration and race in Italy. We will also reflect on how to approach literary translation through hands on practice. By giving you the space both to read and translate, the module aims to improve your translating skills, build confidence, and help you understand the main challenges of poetry translation.

- **20 weekly meetings**
  Thursdays from 17:00 to 19:00
  Starting 6 October 2022

- Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff

- 20 Credits, Level 5

  ITA22A5504A
Japanese

Japanese for Beginners I

Fee £205.00 (Concessionary Fee £164.00)

Terumi Blackmore

This course is aimed at absolute beginners and will introduce students to the Japanese language and culture. Students will learn Hiragana and get ample opportunity to practise basic conversation.

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 26 September 2022
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
JPN22A1074A

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 27 September 2022
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
JPN22A1074B

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 17 January 2023
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
JPN22A1074C

Japanese for Beginners II

Fee £205.00 (Concessionary Fee £164.00)

Terumi Blackmore

This course is aimed at students who have attended Japanese for Beginners I, or have some very basic knowledge of Japanese. It is not appropriate for absolute beginners of the language. The course covers Katakana. A wider range of grammatical structures will also be taught.

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 23 January 2023
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
JPN22A1377A

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 25 April 2023
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
JPN22A1377B

Japanese for Improvers I

Fee £205.00 (Concessionary Fee £164.00)

Noriko Whitelock

This course is aimed at students who have studied Japanese for one year part-time. In this course students will practise real life situations/dialogues to achieve a higher level in communication with Japanese people. Students will expand their written skills, vocabulary and understanding of the structure of the Japanese language. This course introduces a few essential Kanji.

12 weekly meetings
Thursdays from 18:30 to 20:30
Starting 29 September 2022
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
JPN22A2946A

Japanese for Improvers II

Fee £205.00 (Concessionary Fee £164.00)

Noriko Whitelock

This follow-on course from Japanese for Improvers I will introduce students to a broader but still limited range of oral, aural and written skills, sufficient for practical needs in everyday situations. This course covers some Kanji.

12 weekly meetings
Thursdays from 18:30 to 20:30
Starting 2 February 2023
John Percival Building, Colum Drive, Cardiff
10 Credits, Level 4
JPN22A2947A
Japanese: Higher Intermediate

Fee £396.00 (Concessionary Fee £317.00)

Terumi Blackmore
This course is aimed at students who have studied Japanese for two years part-time. Students will further improve their speaking, listening, and writing skills in a relaxed and enjoyable atmosphere. Grammar includes plain form of verbs, volitional, conditional structures.

24 weekly meetings
Thursdays from 19:00 to 21:00
Starting 28 September 2022
This course will be taught remotely via an interactive online classroom
20 Credits, Level 4
JPN22A491A

Polish

Polish for Beginners

Fee £341.00 (Concessionary Fee £273.00)

Grażyna Blochowiak
An introductory course to Polish assuming no previous knowledge of the language. The emphasis will be on developing speaking and listening skills. Students will also get a good impression of day-to-day life in modern Poland.

20 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 6 October 2022
John Percival Building, Colum Drive, Cardiff
20 Credits, Level 4
POL22A394A

Polish: Improvers - Stage B

Fee £341.00 (Concessionary Fee £273.00)

Grażyna Blochowiak
This course is aimed at students who have attended Polish for Beginners, or have some knowledge of Polish. Students will further improve their language skills to deal with everyday situations in Poland.

20 weekly meetings
Wednesdays from 18:00 to 20:00
Starting 5 October 2022
John Percival Building, Colum Drive, Cardiff
20 Credits, Level 4
POL22A427A

Polish for Beginners Stage A

Fee £341.00 (Concessionary Fee £273.00)

Larissa Berquo
An introductory course to Portuguese assuming no previous knowledge of the language. The emphasis will be on developing speaking and listening skills. The tutor is a native speaker from Brazil.

20 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 5 October 2022
John Percival Building, Colum Drive, Cardiff
20 Credits, Level 4
POR22A121A

Polish for Beginners Stage B

Fee £341.00 (Concessionary Fee £273.00)

Larissa Berquo
This course is aimed at students who have studied Portuguese for one year part-time, or have some knowledge of the language. Students should be familiar with very basic grammatical structures of Portuguese and be able to hold a simple conversation in the language. The aim is to build on this knowledge and further improve students' language skills. The emphasis is on speaking but you will also learn more advanced grammatical structures and sentence patterns, which will form the basis for further progression in Portuguese.

20 weekly meetings
Mondays from 19:00 to 21:00
Starting 3 October 2022
John Percival Building, Colum Drive, Cardiff
20 Credits, Level 4
POR22A2213A

Portuguese

Portuguese for Beginners Stage A

Fee £341.00 (Concessionary Fee £273.00)

Grażyna Blochowiak
An introductory course to Portuguese assuming no previous knowledge of the language. The emphasis will be on developing speaking and listening skills.

20 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 5 October 2022
John Percival Building, Colum Drive, Cardiff
20 Credits, Level 4
POL22A3941A

Portuguese for Beginners Stage B

Fee £341.00 (Concessionary Fee £273.00)

Larissa Berquo
This course is aimed at students who have studied Portuguese for one year part-time, or have some knowledge of the language. Students should be familiar with very basic grammatical structures of Portuguese and be able to hold a simple conversation in the language. The aim is to build on this knowledge and further improve students' language skills. The emphasis is on speaking but you will also learn more advanced grammatical structures and sentence patterns, which will form the basis for further progression in Portuguese.

20 weekly meetings
Mondays from 19:00 to 21:00
Starting 3 October 2022
John Percival Building, Colum Drive, Cardiff
20 Credits, Level 4
POR22A2213A

Portuguese

Portuguese for Beginners Stage A

Fee £341.00 (Concessionary Fee £273.00)

Larissa Berquo
An introductory course to Portuguese assuming no previous knowledge of the language. The emphasis will be on developing speaking and listening skills. The tutor is a native speaker from Brazil.

20 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 5 October 2022
John Percival Building, Colum Drive, Cardiff
20 Credits, Level 4
POR22A1212A

Portuguese for Beginners Stage B

Fee £341.00 (Concessionary Fee £273.00)

Larissa Berquo
This course is aimed at students who have studied Portuguese for one year part-time, or have some knowledge of the language. Students should be familiar with very basic grammatical structures of Portuguese and be able to hold a simple conversation in the language. The aim is to build on this knowledge and further improve students' language skills. The emphasis is on speaking but you will also learn more advanced grammatical structures and sentence patterns, which will form the basis for further progression in Portuguese.

20 weekly meetings
Mondays from 19:00 to 21:00
Starting 3 October 2022
John Percival Building, Colum Drive, Cardiff
20 Credits, Level 4
POR22A2213A

Portuguese

Portuguese for Beginners Stage A

Fee £341.00 (Concessionary Fee £273.00)

Larissa Berquo
An introductory course to Portuguese assuming no previous knowledge of the language. The emphasis will be on developing speaking and listening skills.

20 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 5 October 2022
John Percival Building, Colum Drive, Cardiff
20 Credits, Level 4
POL22A3941A

Portuguese for Beginners Stage B

Fee £341.00 (Concessionary Fee £273.00)

Larissa Berquo
This course is aimed at students who have studied Portuguese for one year part-time, or have some knowledge of the language. Students should be familiar with very basic grammatical structures of Portuguese and be able to hold a simple conversation in the language. The aim is to build on this knowledge and further improve students' language skills. The emphasis is on speaking but you will also learn more advanced grammatical structures and sentence patterns, which will form the basis for further progression in Portuguese.

20 weekly meetings
Mondays from 19:00 to 21:00
Starting 3 October 2022
John Percival Building, Colum Drive, Cardiff
20 Credits, Level 4
POR22A2213A

Portuguese
Modern Languages

Russian

Russian for Beginners I

Fee £205.00 (Concessionary Fee £164.00)

Dr Maryna Calder
This course is aimed at absolute beginners and will introduce students to the Russian language and culture. Students will learn to read the Russian alphabet and practice basic conversation and language structures.

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 27 September 2022
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
RUS22A3050A

12 weekly meetings
Wednesdays from 18:00 to 20:00
Starting 27 September 2022
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
RUS22A3050B

Russian for Beginners II

Fee £205.00 (Concessionary Fee £164.00)

Dr Maryna Calder
This course is aimed at students who have attended Russian for Beginners I, or have some basic knowledge of the language. The emphasis is on communication skills taught in a relaxed and enjoyable atmosphere. This course is not for absolute beginners of the language.

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 17 January 2023
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
RUS22A3051A

12 weekly meetings
Wednesdays from 18:00 to 20:00
Starting 18 January 2023
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
RUS22A3051B

Russian for Improvers I

Fee £205.00 (Concessionary Fee £164.00)

Olga Lewis
This course is aimed at students who have studied Russian for one year part-time, who wish to further improve their language skills.

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 27 September 2022
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
RUS22A3277A

Russian for Improvers II

Fee £205.00 (Concessionary Fee £164.00)

Olga Lewis
This course is aimed at students who have attended Russian for Improvers I or have some knowledge of Russian. Students will further improve their language skills.

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 17 January 2023
This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
RUS22A3277A

Russian: Intermediate

Fee £341.00 (Concessionary Fee £273.00)

Dr Maryna Calder
This course is aimed at students who have studied Russian for two years part-time, who wish to further progress their active and passive language skills. The emphasis is on communication and comprehension skills but also builds on the grammar base acquired in lower level courses.

20 weekly meetings
Mondays from 19:00 to 21:00
Starting 3 October 2022
This course will be taught remotely via an interactive online classroom
20 Credits, Level 4
RUS22A3525A

Russian: Advanced

Fee £341.00 (Concessionary Fee £273.00)

Dr Maryna Calder
This course is aimed at students who have studied Russian for three years part-time, who wish to further progress their active and passive language skills.

20 weekly meetings
Mondays from 19:00 to 21:00
Starting 3 October 2022
This course will be taught remotely via an interactive online classroom
20 Credits, Level 4
RUS22A3805A

Learn with us and... receive expert tuition from tutors experienced in adult learning
Spanish

Spanish: Beginners - Stage A

Fee £396.00 (Concessionary Fee £317.00)

- Cristina Moroy
- 28 weekly meetings
  Mondays from 18:00 to 20:00
  Starting 3 October 2022
  Continuing and Professional Education,
  21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  SPA22A2622A

- Belen Munguia-Peacock
- 28 weekly meetings
  Wednesdays from 13:00 to 15:00
  Starting 6 October 2022
  Continuing and Professional Education,
  21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  SPA22A2622B

- Ana Costa
- 28 weekly meetings
  Thursdays from 19:00 to 21:00
  Starting 6 October 2022
  Continuing and Professional Education,
  21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  SPA22A2622C

The course aims to provide you with a grounding in the basic grammatical structures of Spanish in order to communicate at basic level in essential social and survival situations in Spanish speaking countries.

Spanish: Improvers – Stage B

Fee £396.00 (Concessionary Fee £317.00)

- Paloma Galvez Corredor
- 28 weekly meetings
  Thursdays from 18:00 to 20:00
  Starting 6 October 2022
  Continuing and Professional Education,
  21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  SPA22A2623A

- Ana Costa
- 28 weekly meetings
  Tuesdays from 19:00 to 21:00
  Starting 4 October 2022
  Continuing and Professional Education,
  21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  SPA22A2623B

- Belen Munguia-Peacock
- 28 weekly meetings
  Thursdays from 13:00 to 15:00
  Starting 6 October 2022
  Continuing and Professional Education,
  21 - 23 Senghennydd Road, Cardiff
  30 Credits, Level 4
  SPA22A2623C

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tel: 029 2087 0000
Modern Languages

Intensive Language Courses

Every summer we run intensive language courses in June/July. Information will be available from our website and Reception in April.

These courses are ideal if:

- Your language course ended in the spring and you would like to get extra practice during the summer
- You would like to try a new language to see if you’d enjoy it;
- You’re planning to go abroad this summer and want to learn basic phrases or brush up on existing language skills.

These courses are good value for money and are usually very popular. We look forward to seeing you!

Spanish: Lower Advanced - Stage E
Fee £396.00 (Concessionary Fee £317.00)
- Cristina Moroy
- 28 weekly meetings
- Mondays from 13:00 to 15:00
- Starting 3 October 2022
- Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
- 30 Credits, Level 4
- SPA22A2722A
- Paloma Galvez Corredor
- 28 weekly meetings
- Wednesdays from 19:00 to 21:00
- Starting 5 October 2022
- This course will be taught remotely via an interactive online classroom
- 30 Credits, Level 4
- SPA22A2722B

Spanish: Intermediate - Stage C
Fee £396.00 (Concessionary Fee £317.00)
- Cristina Moroy
- 28 weekly meetings
- Mondays from 19:00 to 21:00
- Starting 3 October 2022
- Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
- 30 Credits, Level 4
- SPA22A2624A
- Ana Costa
- 28 weekly meetings
- Mondays from 19:00 to 21:00
- Starting 3 October 2022
- Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
- 30 Credits, Level 4
- SPA22A2624B
- Cristina Moroy
- 28 weekly meetings
- Thursdays from 19:00 to 21:00
- Starting 6 October 2022
- This course will be taught remotely via an interactive online classroom
- 30 Credits, Level 4
- SPA22A2624C

Spanish: Intermediate - Stage D
Fee £396.00 (Concessionary Fee £317.00)
- Belen Munguia-Peacock
- 28 weekly meetings
- Wednesdays from 10:00 to 12:00
- Starting 5 October 2022
- Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
- 30 Credits, Level 4
- SPA22A2625A
- Ana Costa
- 28 weekly meetings
- Wednesdays from 19:00 to 21:00
- Starting 5 October 2022
- This course will be taught remotely via an interactive online classroom
- 30 Credits, Level 4
- SPA22A2625B

Spanish: Higher Intermediate - Stage D
Fee £396.00 (Concessionary Fee £317.00)
- Belen Munguia-Peacock
- 28 weekly meetings
- Wednesdays from 10:00 to 12:00
- Starting 5 October 2022
- Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
- 30 Credits, Level 4
- SPA22A2625A
- Ana Costa
- 28 weekly meetings
- Wednesdays from 19:00 to 21:00
- Starting 5 October 2022
- This course will be taught remotely via an interactive online classroom
- 30 Credits, Level 4
- SPA22A2625B

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Modern Languages

**Spanish: Advanced - Stage G**

- **Fee £396.00 (Concessionary Fee £317.00)**
- **Cristina Moroy**
- **28 weekly meetings**
- Tuesdays from 19:00 to 21:00
- Starting 4 October 2022
- This course will be taught remotely via an interactive online classroom
- 30 Credits, Level 4
- SPA22A2626A

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**Radiografía de la actualidad española**

- **Fee £341.00 (Concessionary Fee £273.00)**
- **Cristina Moroy**
- Este curso está orientado para estudiantes de nivel avanzado que quieren seguir practicando sus destrezas auditivas y orales. En este curso se tratarán temas actuales de España y América Latina. Analizaremos el efecto de la pandemia en todos los ámbitos de la cultura, política y sociedad española a través de documentales, prensa española y latinoamericana y programas culturales de televisión. También comentaremos algunas obras literarias contemporáneas, películas y series de cine recientes. Los estudiantes tendrán oportunidad de practicar sus destrezas orales mediante discusiones y debates sobre los temas tratados.
- **20 weekly meetings**
- Wednesdays from 13:00 to 15:00
- Starting 5 October 2022
- Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
- 20 Credits, Level 5
- SPA22A5475A

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**Historia, política y tradiciones españolas**

- **Fee £341.00 (Concessionary Fee £273.00)**
- **Susanna Echaves**
- Este curso está orientado para estudiantes de nivel avanzado que quieren seguir practicando sus destrezas auditivas y orales además de adquirir nuevos conocimientos históricos y culturales. En este curso se verán de historia contemporánea de España y América Latina, política actual, y tradiciones españolas del pasado y presente. Para cubrir estos temas se utilizarán una gran variedad de recursos como presentaciones, recortes de prensa, documentos, documentos de televisión y lecturas.
- **20 weekly meetings**
- Thursdays from 12:00 to 14:00
- Starting 6 October 2022
- Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
- 20 Credits, Level 5
- SPA22A5508A

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**Continuamos debatiendo**

- **Fee £175.00 (Concessionary Fee £140.00)**
- **Cristina Moroy**
- Este curso está dirigido a estudiantes de nivel avanzado que quieren seguir practicando sus destrezas orales y auditivas. En este curso se tratarán temas de la actualidad de España y de los diferentes países de habla hispana. Para cubrir estos temas se utilizarán una gran variedad de recursos como artículos de periódicos y revistas, documentos de televisión. Los estudiantes podrán practicar sus destrezas orales mediante discusiones, debates y pequeñas presentaciones.
- **10 weekly meetings**
- Wednesdays from 13:00 to 15:00
- Starting 22 March 2023
- Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
- 10 Credits, Level 5
- SPA22A5511A

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**España: Arte y Música**

- **Fee £175.00 (Concessionary Fee £140.00)**
- **Susanna Echaves**
- El objetivo de este curso de español avanzado es mejorar la competencia del idioma al mismo tiempo que los alumnos obtienen nuevos conocimientos sobre literatura. En este curso estudiaremos varios temas de la historia del arte (pintores, escultores, arquitectos, el arte en la actualidad, etc.), y la música española tanto clásica como moderna.
- **20 weekly meetings**
- Thursdays from 12:00 to 14:00
- Starting 23 March 2023
- Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
- 10 Credits, Level 5
- SPA22A5509A

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www.cardiff.ac.uk/learn
Modern Languages

The Pathway to a degree in Modern Languages gives you the choice to go on to study at Cardiff University either one language (Single Honours) or two languages (Joint Honours).

It usually takes a little under a year to complete 30 credits, so under normal circumstances you would finish the pathway in two years. Should you progress on to a degree programme, you will be eligible for ‘advanced standing’ of 60 credits – this means that these 60 credits will count towards the first year of your degree.

Co-ordinating Lecturer: 
Helga Eckart  
Tel: 02920 876248  
Email: Eckart@cardiff.ac.uk

Pathways Coordinator: 
To be confirmed  
Tel: 029 2087 0000  
Email: pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree
The Pathway to a degree in Modern Languages gives you the choice to go on to study at Cardiff University either one language (Single Honours) or two languages (Joint Honours).

It usually takes a little under a year to complete 30 credits, so under normal circumstances you would finish the pathway in two years. Should you progress on to a degree programme, you will be eligible for ‘advanced standing’ of 60 credits – this means that these 60 credits will count towards the first year of your degree.
Interpreting

Professional Conduct in Public Service Interpreting

Fee £175.00 (Concessionary Fee £140.00)

- Zora Jackman
  This course is suitable for students who are new to interpreting as well as for practising interpreters and covers the practical and ethical issues associated with working as a public service interpreter in the UK and the understanding, knowledge and skills required. It will include professional conduct and development, terminology research and interpreting skills.
  - 10 weekly meetings
    Thursdays from 10:00 to 12:00
    Starting 6 October 2022
    This course will be taught remotely via an interactive online classroom
    10 Credits, Level 4
    IAT22A5078A
  - 10 weekly meetings
    Thursdays from 19:00 to 21:00
    Starting 6 October 2022
    This course will be taught remotely via an interactive online classroom
    10 Credits, Level 4
    IAT22A5078B
  - 10 weekly meetings
    Tuesdays from 10:00 to 12:00
    Starting 18 April 2023
    This course will be taught remotely via an interactive online classroom
    10 Credits, Level 4
    IAT22A5078C
  - 10 weekly meetings
    Tuesdays from 19:00 to 21:00
    Starting 18 April 2023
    This course will be taught remotely via an interactive online classroom
    10 Credits, Level 4
    IAT22A5078D

Public Service Interpreting - Health

Fee £488.00 (Concessionary Fee £390.00)

- Zora Jackman
  This course is designed to support bilingual students in the development of the skills, knowledge and understanding required to work as public service interpreters in health settings and in their preparation for the Health pathway of the Diploma in Public Service Interpreting (DPSI) examination run by the Chartered Institute of Linguists. Students who are not planning to sit the examination are also welcome.
  - 19 weekly meetings
    Thursdays from 17:00 to 20:00
    Starting 19 January 2023
    This course will be taught remotely via an interactive online classroom
    30 Credits, Level 4
    IAT22A4740A

Public Service Interpreting - Criminal Justice

Fee £488.00 (Concessionary Fee £390.00)

- Zora Jackman
  This course is designed to support bilingual students in the development of the skills, knowledge and understanding required to work as public service interpreters in Criminal Justice settings. It offers guidance on preparation for the Diploma in Police Interpreting (DPI) and the Law Pathway of the Diploma in Public Service Interpreting (DPSI) examinations run by the Chartered Institute of Linguists (www.ciol.org.uk) but students who are not planning to sit the examinations are also welcome.
  - 19 weekly meetings
    Wednesdays from 17:00 to 20:00
    Starting 18 January 2023
    This course will be taught remotely via an interactive online classroom
    30 Credits, Level 4
    IAT22A5293A

SUSTUDENT TESTIMONIALS

“If you are bilingual and would like to be an interpreter, this course is for you.”

Saeideh Pourieisa enrolled on the Public Service Interpreting – Criminal Justice course.

“I have always been very interested in an interpreting course, given my background speaking three languages (Farsi, French and English). I wanted to put my language skills to good use and become a qualified interpreter with a view to becoming a voice for the Farsi-speaking community, especially to help those with limited language proficiency to break their communication barriers by helping them to understand each other and communicate efficiently. I have developed my memory retention skills, note-taking and paraphrasing skills, as well as my listening skills. My research skills have also improved and the course enabled me to research terminology more effectively, helping me to create a glossary of specialised vocabulary. The skills and knowledge I acquired during this course enabled me to learn new skills including consecutive interpreting, simultaneous interpretation and sight translation skills.

If you are bilingual and would like to be an interpreter, this course is for you. It helps you to develop all the skills you need to become an interpreter and will fully prepare you for DPSI examination.”

www.cardiff.ac.uk/learn
Politics and International Relations/Law

Co-ordinating Lecturer: Dr Sara Jones
Tel: 029 2087 5268
Email: JonesSJ15@cardiff.ac.uk

Is politics your passion?

Knowledge is power. Equip yourself with the knowledge to understand Welsh, UK and international politics and relations in our rapidly changing world. Cardiff University provides a pathway to an undergraduate degree in international relations and politics for people who have a passion this subject but never had the opportunity to forge a career in this field.

This pathway is equivalent to 50% of the first year of a degree and is intended to provide students with the skills needed to study the degree in international relations and politics at Cardiff University.

Students engage with contemporary politics and are given the opportunity to reflect on life-changing political decisions as they happen.

Simba Chabarika graduated from the School of Law and Politics in 2019. He started his degree after completing the Pathway.

I am profoundly grateful to the pathway especially Jan Stephens for her advice, support and encouragement and of course the wonderful team of tutors who prepared us for what was to come in the degree course!

The pathway course is a huge inspiration to those who want to further their education. I never thought I was capable of achieving such success until the course showed me my real potential!
We offer a Pathway which will allow you to study towards these degrees at Cardiff University:

- **International Relations and Politics (L290)**
- **International Relations (305Q)**
- **Politics (L200)**

There are no formal entry requirements. Should you progress on to a degree programme, you will be eligible for ‘advanced standing’ of 60 credits – this means that these 60 credits will count towards the first year of your degree.
Politics and International Relations/Law

tel: 029 2087 0000  www.cardiff.ac.uk/learn

The Political System in Wales

Fee £470.00 (Concessionary Fee £376.00)

Sikiya Adekanye
The Political System in Wales module will introduce students to the context and content of devolved policy making and political representation in Wales. It will explore the causes and consequences of the 2016 EU Referendum (Brexit) vote in Wales, the case for electoral reform and consider how legislation is made in the Senedd.

This is a core module on the Pathway to International Relations and Politics. It is also open to all as a stand-alone course.

12 weekly meetings
Mondays from 17:00 to 19:30
Starting 17 April 2023
Venue to be confirmed
20 Credits, Level 4
PLT22A5135A

Have you made a note of your course venue? Details are in the course description!

Contemporary Issues in Europe

Fee £235.00 (Concessionary Fee £188.00)

Dr Roel Van Der Velde
This course casts a critical eye at contemporary Europe. In ten weeks, this module takes a view at Europe’s current state of affairs, actors and environment. By discussing 9 major themes it offers a broad stock-taking of post-Cold War Europe, its people and its institutions, and its environment. This is a 10 credit module on the Pathway to a degree in International Relations and Politics. It is also open to all as a stand-alone course.

10 weekly meetings
Mondays from 19:00 to 21:00
Starting 16 January 2023
Venue to be confirmed
10 Credits, Level 4
PLT22A5483A

European Law

Fee £175.00 (Concessionary Fee £140.00)

Mark Gorman
If you are interested in European Law, or need to know its basic principles, then this is the module for you. You will examine relevant directives, regulations and case law from the European Court of Justice in order to make an informed and critical assessment of how European Law works in practice.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 1 February 2023
Venue to be confirmed
10 Credits, Level 4
LAW22A1101A
Herbal Medicine

Fee £420.00 (Concessionary Fee £336.00)

Peter Rosser

Most of the world’s population use plants as their main source of medicine. We will focus on the traditional use of plants in Western herbal medicine, particularly those growing wild or easily cultivated in the UK, but also consider plants in use in other cultures around the world. There will be an introduction to the main body systems and the safe and effective use of plants for common ailments. Practical sessions will offer the opportunity to learn how to make herbal infusions, decoctions, tinctures, creams, ointments, oils and poultices.

8 meetings
Thursdays from 10:00 to 16:00

Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
SCI22A1269A

The Fruit Garden

Fee £175.00 (Concessionary Fee £140.00)

Michele Fitzsimmons

Learn how to design, create and maintain a low maintenance edible garden focusing on fruit trees, soft fruit and shade tolerant leafy plants. Based on permaculture principles, this fruit gardening course will take you through designing and drawing up plans for your garden and maintenance needs – including pruning, pest management and pollination.

7 weekly meetings
Thursdays from 19:00 to 21:00
Starting 22 September 2022
Plus 2 garden visits from 13:00 to 16:00 on Saturdays 13 October and 26 November 2022

Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 3
SCI22A3624A

Introduction to Human Biology

Fee £470.00 (Concessionary Fee £376.00)

Cheryl Lannon

What is the human body composed of, and what do the various parts do? From skin and bones to the human immune system, this module aims to provide an introduction to how the body works. We will consider human physiology, the nervous system, the role of the heart, blood vessels and blood, lungs and the respiratory system, and much more.

This is a core module for the Pathway to Healthcare.

12 weekly meetings
Thursdays from 18:30 to 21:00
Starting 15 September 2022
plus 2 Saturday day schools
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SCI22A5150B

12 weekly meetings
Tuesdays from 14:00 to 16:30
Starting 10 January 2023
plus 2 Saturday day schools
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SCI22A5150C

12 weekly meetings
Thursdays from 18:30 to 21:00
Starting 12 January 2023
plus 2 Saturday day schools
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SCI22A5150D

www.cardiff.ac.uk/learn

tel: 029 2087 0000
Gardens have always provided artists with a rich source of inspiration. In the modern era the ‘artist-gardener’ came of age, painters became gardeners. The artists love of gardens generated new opportunities to experiment with colour, themes and emotions, as the garden emerged as a major subject in modern art.

10 weekly meetings
Starting 5 October 2022

This course will be taught online
10 Credits, Level 4
SCI22A5497A

Field Geology in Pembrokeshire (Part 1)

Dr Nick Chidlaw
The Pembrokeshire landscape differs from much of Wales in that it is largely unmountainous, with extensive areas forming plateaux lying below 183m (600 ft). This course will visit a number of key locations, mostly coastal and mostly in the north of the county, examining rocks formed during Precambrian, Cambrian and Ordovician times. The course is timed to maximise safe access to beaches, and no prior knowledge of geology will be assumed.

6 meetings
10:00 to 13:00
Starting 21st June 2022, 11th and 18th August, 18th and 25th November, 2nd December 2022

This course will be taught online
6 meetings
10:00 to 13:00
Starting 21st June 2022, 11th and 18th August, 18th and 25th November, 2nd December 2022

10 Credits, Level 3
SCI22A5498A

The Modern House

Stephen Parker
Domestic architecture throughout the 20th century has responded to the twin demands of industrialisation and unprecedented urbanisation. In this new course, we will discuss the development of the modern home, its design and contents. From the Victorian villa to the modernist desire for less is more, we will explore the changing dialogue with modernity, materials, technology and architectural style.

10 weekly meetings
Starting 5 October 2022

This course will be taught online
10 Credits, Level 4
SCI22A5496A

Medical Imaging and the Human Body

Dr Zigob Sobiesierski
Up until the 20th century, our understanding of human anatomy came largely from dissection. Beginning with a brief history of anatomy, we will examine how the application of x-ray, ultrasound, magnetic resonance and a range of other techniques allow us to construct different images, and so develop a more detailed and non-invasive understanding of the human body.

10 weekly meetings
Starting 3 February 2023

This course will be taught online
10 Credits, Level 4
SCI22A5968A

The Future of Gardens

Stephen Parker
The 21st century is proving to be a sea-change in how we create and maintain our gardens. Climate change, new plants and developing design challenges combine to create a whole new dialogue around the contemporary garden. We discuss the many ground-breaking new gardens, designers and approaches, rural and urban, small and large.

10 weekly meetings
Starting 11 January 2023

This course will be taught online
10 Credits, Level 4
SCI22A5498A

Diseases and Disorders of the Brain

Tutor to be confirmed
This course discusses the history, development and treatment of diseases and disorders of the brain including; Huntington’s disease, Parkinson’s disease and Alzheimer’s disease. The approach adopted focuses on current research and developments relating to disorders of the brain and pays particular attention to the underlying molecular and genetic factors which are associated with these diseases.

10 weekly meetings
Starting 30 January 2023

This course will be taught online
10 Credits, Level 4
SCI22A5194A

Astronomy in Action

Prof Paul Roche
This course covers topical areas of astronomy and space science, including recent advances in the study of planets, stars, galaxies and cosmology. Workshops will consist of a taught lecture component supplemented with hands-on and online activities. A mix of classroom based and online teaching.

6 meetings
10:00 to 13:00
Starting 15 October, 12 November and 10 December 2022, 14 January, 11 February and 11 March 2023

Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff

10 Credits, Level 3
SCI22A5500A

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Science in Health Public Lecture series

Sir Stanley Thomas OBE Lecture Theatre, Centre for Student Life

The 2022-23 series of public lectures return in-person at a brand new venue! Lecture titles to be announced, to run monthly from October to March.

For more information and to register attendance please visit our website - www.cardiff.ac.uk/scienceinhealth or email Karen Edwards at: medic engagement@cardiff.ac.uk

Women Gardeners

Fee £175.00 (Concessionary Fee £140.00)

Stephen Parker

A re-examination of women gardeners who created grand estates, public parks and municipal landscapes from the 17th century to the modern era. Going beyond the more well-known gardens designed by Jekyll and Lyndsay, this course will also consider the many fine houses and estates created by women who are less well known today.

8 weekly meetings

Thursdays from 19:00 to 21:00
Starting 2 March 2023
Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff

Plus 2 garden visits from 13:00 to 15:00 on Saturdays 25 March and 5 May 2023

10 Credits, Level 4

SCI22A5499A

Field Geology in Mid Wales

Fee £175.00 (Concessionary Fee £140.00)

Dr Nick Chidlaw

The hill country near Builth Wells and Kington contains some of Britain's oldest rocks, from Late Precambrian to Silurian age. This course studies igneous intrusions and continental sediments, volcanic rocks and coral-rich limestones containing copper minerals. We visit nationally-renowned locations, including active quarries where the geology is clearly visible, and where collecting of rock types, minerals and fossils is unrestricted. No prior knowledge of geology will be assumed.

Two weekends
Saturday 17 and Sunday 18 June;
Saturday 24 and Sunday 25 June 2023

10 Credits, Level 3

SCI22A5495A

Designing your Edible Garden

Fee £175.00 (Concessionary Fee £140.00)

Michele Fitzsimmons

This Edible Garden Design course will explore how to design a low maintenance food garden which is also a wildlife haven and a place of relaxation and beauty. Growing veg doesn't mean your garden needs to be an allotment! Learn how to design a garden that fits in with your lifestyle, your needs and desires.

8 weekly meetings

Thursdays from 19:00 to 21:00
Starting 2 March 2023
Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff

Plus 2 garden visits from 13:00 to 15:00 on Saturdays 25 March and 5 May 2023

10 Credits, Level 3

SCI22A3639A
Applicants wishing to enrol on the pathway will need 5 GCSEs, grade C or 4 and above. These must include Maths, English/Welsh (if you went to a Welsh-medium school) and Double Science (or Chemistry and another science subject). You must also have A Level Chemistry, grade B or above.

The modules that you will need to study are:

- Introduction to Human Biology
- Medical Imaging and the Human Body
- Diseases and Disorders of the Brain
- Research Methods
- Social Psychology

Details of these modules can be found in the Pathway to a degree in Healthcare section on page 56.
Public Policy for Health

Fee £470.00 (Concessionary Fee £376.00)

Pauline Beesley
This module will introduce students to policy-making in contemporary society, with a particular focus on public policy for health. The course will lay the foundations for an understanding of the policy-making process and how this can be theorised and conceptualised. Simple models of policy-making will be explored. Key health and health-related social and public policy areas, for example, health, education and environmental policy, will be used to illustrate how policy is made in practice. This is a core module for the Pathway to Healthcare.

12 weekly meetings
Wednesdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 11 January 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SOC22A5023B

Introduction to Human Biology

Fee £470.00 (Concessionary Fee £376.00)

Cheryl Lannon
What is the human body composed of, and what do the various parts do? From skin and bones to the human immune system, this module aims to provide an introduction to how the body works. We will consider human physiology, the nervous system, the role of the heart, blood vessels and blood, lungs and the respiratory system, and much more.

12 weekly meetings
Tuesdays from 14:00 to 16:30
Starting 13 September 2022
plus 2 Saturday day schools
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SCI22A5150A

Pathways to a degree

Dental Hygiene
Pathways to a diploma in Dental Hygiene or a degree in Dental Therapy and Dental Hygiene

Co-ordinating Lecturer: Dr Sara Jones
Tel: 029 2087 5268
Email: JonesSJ15@cardiff.ac.uk

Pathways Coordinator: To be confirmed
Tel: 029 2087 0000
Email: pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

Applicants need to have 5 GCSEs, grade A-C/9-4. This must include English Language/Welsh (if you went to a Welsh-medium school).
Michelle Glover encourages others to enrol on the Pathway to a degree in Dental Hygiene

I encourage anyone thinking of applying for a degree in this subject area to enrol on this pathway, as I am now happily studying a degree in Dental Therapy and Hygiene at Cardiff University and would not have got here without this pathway course.

I have learnt about human biology which was the main reason for the application to this course. I did however surprise myself at how much I enjoyed the other three modules and learnt a lot about the subjects. The tutors were very helpful and supportive. This pathway is particularly helpful for those working full time as the courses were held in the evenings which meant I could continue working whilst studying. Having been out of education for many years, this pathway gave me confidence that I could learn new skills which has helped in my current studies. I would encourage others to go for it!

Option Modules

Education and Society

Fee £470.00 (Concessionary Fee £376.00)

Cate Hopkins
This module will introduce you to the role of education in modern society. You will consider the structure and organisation of education and be presented with a selection and summary of key policy changes and their impacts. The emphasis will be on developing your own understanding and critical analysis of the relationship between education and society and in this way, the module will provide a foundation for further studies on your Pathway.

12 weekly meetings
Tuesdays from 17:00 to 19:30
Starting 11 April 2023
Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
20 Credits, Level 4
SOC22A4969A

Research Methods

Fee £235.00 (Concessionary Fee £188.00)

Cate Hopkins
This module introduces students to ideas and debates from key areas of social science research methods. The main uses, benefits and drawbacks of qualitative, quantitative, and mixed methods are outlined and explained. To bring theory and research together, topics are explained through a key piece of research. Among the topics explored are Crime and Criminology and crime statistics; Health and randomised control trials (RCT); Social Psychology and behavioural studies; Gender and Identity and visual studies; globalisation and the use of social media in social science research.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 3 October 2022
Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
10 Credits, Level 4
SOC22A5260A

Social Psychology

Fee £175.00 (Concessionary Fee £140.00)

Tutor to be confirmed
Social Psychology attempts to describe and explain the impetus behind our social interactions. This course provides an opportunity to explore the principles of social psychology and to give a reference point to understand behaviours we are familiar with.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 31 January 2023
Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
10 Credits, Level 4
PSY22A5267A
Research Methods

Fee £235.00 (Concessionary Fee £188.00)

Cate Hopkins
What is the human body composed of, and what do the various parts do? From skin and bones to the human immune system, this module aims to provide an introduction to how the body works. We will consider human physiology, the nervous system, the role of the heart, blood vessels and blood, lungs and the respiratory system, and much more. This is a core module for the Pathway to Healthcare.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 30 January 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
SOC22A5260B

Optometry
with a preliminary year

Co-ordinating Lecturer:
Dr Sara Jones
Tel: 029 2087 5268
Email: JonesS15@cardiff.ac.uk

Pathways Coordinator:
To be confirmed
Tel: 029 2087 0000
Email: pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

Applicants will need 7 GCSEs, grades A-C/9-4. These should include double science, or physics and another science, mathematics and English or Welsh (if you went to a Welsh-medium school).

Introduction to Human Biology

Fee £470.00 (Concessionary Fee £376.00)

Cheryl Lannon
What is the human body composed of, and what do the various parts do? From skin and bones to the human immune system, this module aims to provide an introduction to how the body works. We will consider human physiology, the nervous system, the role of the heart, blood vessels and blood, lungs and the respiratory system, and much more. This is a core module for the Pathway to Healthcare.

12 weekly meetings
Tuesdays from 14:00 to 16:30
Starting 13 September 2022
plus 2 Saturday day schools
Continuing and Professional Education, 21 - 23 Senghennydyd Road, Cardiff
20 Credits, Level 4
SCI22A5150A

Core Modules
Public Policy for Health

Fee £470.00 (Concessionary Fee £376.00)

Pauline Beesley
This module will introduce students to policy-making in contemporary society, with a particular focus on public policy for health. The course will lay the foundations for an understanding of the policy-making process and how this can be theorised and conceptualised. Simple models of policy-making will be explored. Key health and health-related social and public policy areas, for example, health, education and environmental policy, will be used to illustrate how policy is made in practice.

This is a core module for the Pathway to Healthcare.

12 weekly meetings
Starting 12 April 2023
plus 2 Saturday day schools
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SOC22A5203C

Have you made a note of your course venue? Details are in the course description!
Pathways to a degree in

Healthcare

Co-ordinating Lecturer: Dr Sara Jones
Tel: 029 2087 5268
Email: JonesSJ15@cardiff.ac.uk

Pathways Coordinator: To be confirmed
Tel: 029 2087 0000
Email: pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

Core Modules

Public Policy for Health

Fee £470.00 (Concessionary Fee £376.00)

Pauline Beesley
This module will introduce students to policy-making in contemporary society, with a particular focus on public policy for health. The course will lay the foundations for an understanding of the policy-making process and how this can be theorised and conceptualised. Simple models of policy-making will be explored. Key health and health-related social and public policy areas, for example, health, education and environmental policy, will be used to illustrate how policy is made in practice. This is a core module for the Pathway to Healthcare.

12 weekly meetings
Wednesdays from 18:30 to 21:00
Starting 29 September 2021
plus 2 Saturday day schools on Starting 21 September 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SOC22A5203A

12 weekly meetings
Wednesdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 11 January 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SOC22A5203B

12 weekly meetings
Wednesdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 12 April 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SOC22A5203C

12 weekly meetings
Thursdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 13 April 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SOC22A5203D

For each pathway there are specific prerequisites. All pathways require you to have 5 GCSEs, grade C or 4 and above. These must include Maths and English/Welsh (if you went to a Welsh-medium school). Some pathways may require further qualifications.

After studying the pathway you will be able to make an application to study an undergraduate degree in these subject areas:

- adult nursing
- mental health nursing
- child nursing
- midwifery
- occupational therapy
- radiotherapy and oncology
- diagnostic radiography
- physiotherapy

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

www.cardiff.ac.uk/learn

tel: 029 2087 0000
Introduction to Human Biology

Fee £470.00 (Concessionary Fee £376.00)

Cheryl Lannon
What is the human body composed of, and what do the various parts do? From skin and bones to the human immune system, this module aims to provide an introduction to how the body works. We will consider human physiology, the nervous system, the role of the heart, blood vessels and blood, lungs and the respiratory system, and much more. **This is a core module for the Pathway to Healthcare.**

- 12 weekly meetings
  - Tuesdays from 14:00 to 16:30
  - Starting 13 September 2022
  - Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
  - 20 Credits, Level 4
  - SCI22AS150A
- 12 weekly meetings
  - Thursdays from 18:30 to 21:00
  - Starting 15 September 2022
  - plus 2 Saturday day schools
  - Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
  - 20 Credits, Level 4
  - SCI22AS150B
- 12 weekly meetings
  - Tuesdays from 14:00 to 16:30
  - Starting 10 January 2023
  - plus 2 Saturday day schools
  - Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
  - 20 Credits, Level 4
  - SCI22AS150C
- 12 weekly meetings
  - Thursdays from 18:30 to 21:00
  - Starting 12 January 2023
  - plus 2 Saturday day schools
  - Continuing and Professional Education, 21 - 23 Senghennyd Road, Cardiff
  - 20 Credits, Level 4
  - SCI22AS150D

How it works

**Two Core Modules**

- 40 credits

**Modules (see grid)**

- 20 credits

**Pathway to Healthcare**

- 60 credits

CORE MODULES FOR ALL HEALTHCARE PATHWAYS

All students wishing to study on the Pathway to Healthcare will need to enrol on the CORE modules **Introduction to Human Biology** and **Public Policy for Health**. The optional modules will be listed under each discipline. Please contact Dr Sara Jones before you enrol on a Pathway to Healthcare on pathways@cardiff.ac.uk
Medical Imaging and the Human Body

Fee £175.00 (Concessionary Fee £140.00)

Dr Zbig Sobiesierski
Up until the 20th century, our understanding of human anatomy came largely from dissection. Beginning with a brief history of anatomy, we will examine how the application of x-ray, ultrasound, magnetic resonance and a range of other techniques allow us to construct different images, and so develop a more detailed and non-invasive understanding of the human body.

10 weekly meetings
Thursdays from 16:00 to 18:00
Starting 2 February 2023
Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff
10 Credits, Level 4
SCI22A3968A

Diseases and Disorders of the Brain

Fee £175.00 (Concessionary Fee £140.00)

Tutor to be confirmed
This course discusses the history, development and treatment of diseases and disorders of the brain including; Huntington’s disease, Parkinson’s disease and Alzheimer’s disease. The approach adopted focuses on current research and developments relating to disorders of the brain and pays particular attention to the underlying molecular and genetic factors which are associated with these diseases.

10 weekly meetings
Mondays from 18:30 to 20:30
Starting 30 January 2023
This course will be taught online
10 Credits, Level 4
SCI22A5194A

Introduction to Social Science

Fee £470.00 (Concessionary Fee £376.00)

Sikiya Adekanye
Introduction to Social Science will focus your studies on contemporary society. We will look at the Media and how they impact on different groups in society; the changing cultures within our society; the participation and relationship society has to politics. Study skills will be a particular focus this term so that you are confident and ready to move on to the next course on your Pathway.

12 weekly meetings
Tuesdays from 17:00 to 19:30
Starting 20 September 2022
Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff
20 Credits, Level 4
SOC22A4968A

Tutor to be confirmed
12 weekly meetings
Tuesdays from 17:00 to 19:30
Starting 10 January 2023
Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff
20 Credits, Level 4
SOC22A4968B

www.cardiff.ac.uk/learn
Social Psychology

Fee £175.00 (Concessionary Fee £140.00)

Azra Sadiq
Social Psychology attempts to describe and explain the impetus behind our social interactions. This course provides an opportunity to explore the principles of social psychology and to give a reference point to understand behaviours we are familiar with.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 31 January 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
SOC22A5260A

Developmental Psychology

Fee £175.00 (Concessionary Fee £140.00)

Rhiannon Maniatt
What makes us the people we are? Babyhood, adolescence, adulthood and old age all present their challenges. There will be opportunities for discussion, observation and developing and improving study skills.

This self-contained course is an ideal introduction to the subject area.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 4 October 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
SOC22A5267A

Research Methods

Fee £235.00 (Concessionary Fee £188.00)

Cate Hopkins
This module introduces students to ideas and debates from key areas of social science research methods. The main uses, benefits and drawbacks of qualitative, quantitative, and mixed methods are outlined and explained. To bring theory and research together, topics are explained through a key piece of research. Among the topics explored are Crime and Criminology and crime statistics; Health and randomised control trials (RCT); Social Psychology and behavioural studies; Gender and Identity and visual studies; globalisation and the use of social media in social science research.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 3 October 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
SOC22A5266A

Psychology

Fee £350.00 (Concessionary Fee £280.00)

Clare O’Connell
In this double module you will have the opportunity to explore models of abnormality and implications for their treatment. Drawing on a range of perspectives within psychology, you will be encouraged to contrast, compare and challenge theories to understand a 'best fit' eclectic mix of evidence-based explanations of behaviour.

20 weekly meetings
Mondays from 17:00 to 19:00
Starting 3 October 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
PSY22A5265A

Abnormal Psychology

Fee £350.00 (Concessionary Fee £280.00)

Pauline Beasley
10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 31 January 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
PSY22A5266B

Healthcare

Mum inspired to study child nursing to honour her son.

In March 2021, Elinor Ridout tragically lost her beautiful 13 year old son William to a sudden and acute illness. Elinor found herself completely lost, her life had previously happily revolved around Will who also had disabilities, and his older sister. Soon after, she quickly felt the need to find a purpose, something to do in Will’s honour and enrolled on the pathway to healthcare to pursue her dream of studying a degree in child nursing.

The pathway is provided by Continuing and Professional Education (CPE) and offers a clear route for adult learners hoping to study a degree at the School of Healthcare at Cardiff University.

Elinor was determined to succeed and also show her daughter that it was still possible to have dreams and ambitions and to create a good life. She has recently received her offer to study Children’s Nursing in September.

Elinor, who is 38 and lives in Bridgend commented:

“I had learnt so much from Will over the years that I wanted to do something which would allow me to use everything he had taught me, and I have always enjoyed working with children. Will was often in and out of hospital with his epilepsy over the years, and he absolutely loved his nurses at his school and our local hospital. The way they cared for him (and supported me) always made me extremely grateful and he was never scared of being in hospital because of them. I know that Will would have been incredibly proud if I was a nurse and the thought of using all that Will taught me and being able to help other families on their journey seemed the right and only way forward. I was so nervous about returning to study after so many years, especially with a subject that I hadn’t previously studied! The support and communication prior to the course starting was brilliant, and I felt more at ease before the first lecture had even taken place. We also had brilliant support with the UCAS application process and I have just found out that I have secured my first offer to study Children’s Nursing at Cardiff University in September which I am absolutely thrilled about.”
Social Studies

Co-ordinating Lecturer: Dr Sara Jones
Tel: 029 2087 5268
Email: JonesSJ15@cardiff.ac.uk

Learning Counselling Skills

Fee £175.00 (Concessionary Fee £140.00)

The course provides basic training in the use of counselling skills for use in a variety of work and personal situations. The focus is on improving your communication skills and raising personal self-awareness. It is not training to become a 'Counsellor' but can serve as a taster of what undertaking that training might be like. The course is experiential and very practical, students will have the opportunity to practice using counselling skills every week in small groups, combined with an introduction to counselling theory.

Pauline Beesley
10 weekly meetings
Starting 5th October 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 3
COU22AS100A

Joanne Meek
10 weekly meetings
Starting 1st February 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 3
COU22AS100B

This course will be taught online
10 Credits, Level 3

Counselling Skills in Practice

Fee £175.00 (Concessionary Fee £140.00)

This follow-on course is only open to students who have successfully completed Learning Counselling Skills. The course will give you the opportunity to extend your understanding and ability to use counselling skills through exercises, role-plays and in writing your reflective journal.

Pauline Beesley
10 weekly meetings
Starting 30 January 2023
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 3
COU22AS100A

Joanne Meek
10 weekly meetings
Starting 17 April 2023
Venue to be confirmed
10 Credits, Level 3
COU22AS100C

Abnormal Psychology

Fee £350.00 (Concessionary Fee £280.00)

Clare O'Connell
In this double module you will have the opportunity to explore models of abnormality and implications for their treatment. Drawing on a range of perspectives within psychology, you will be encouraged to contrast, compare and challenge theories to understand a 'best fit' eclectic, mix of evidence-based explanations of behaviour.

20 weekly meetings
Starting 3 October 2022
Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
PSY22AS26SA

COU_PTC_ 2022-23_ENG_[P].e$S_CHOICES NEW 23/06/2022 18:24  Page 60
### Developmental Psychology

**Fee**: £175.00 (Concessionary Fee £140.00)

- **Rhiannon Maniatt**
  - What makes us the people we are?
  - Babyhood, adolescence, adulthood and old age all present their challenges. There will be opportunities for discussion, observation and developing and improving study skills. This self-contained course is an ideal introduction to the subject area.
  - 10 weekly meetings
  - Tuesdays from 19:00 to 21:00
  - Starting 4 October 2022
  - Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
  - 10 Credits, Level 4
  - PSY22A5266A

### Acceptance and Commitment Therapy I

**Fee**: £175.00 (Concessionary Fee £140.00)

- **Acceptance and Commitment Therapy (ACT)** is a values-based behavioral therapy with a mindfulness component. ACT is evidence-based and has an ever-growing range of applications, e.g., stress, anxiety, self-esteem, and confidence. ACT is a down-to-earth approach of being true to one’s values and to apply them as a basis for goal setting and achieving greater vitality.
  - **Joanne Meek**
  - 10 weekly meetings
  - Mondays from 10:00 to 12:00
  - Starting 3 October 2022
  - This course will be taught online
  - 10 Credits, Level 4
  - SOC22A4700A

### Acceptance and Commitment Therapy II

**Fee**: £175.00 (Concessionary Fee £140.00)

- ACT II develops and builds on many of the ideas from the first ACT course. We explore the use of metaphor, using ACT frameworks, to deepen our understanding. We consider the application of ACT concepts across a range of more specific contexts. ACT I is a pre-requisite for this course. This course will be taught online.
  - **Joanne Meek**
  - 10 weekly meetings
  - Mondays from 10:00 to 12:00
  - Starting 30 January 2023
  - This module is taught online
  - 10 Credits, Level 4
  - SOC22A4815A

### Social Psychology

**Fee**: £175.00 (Concessionary Fee £140.00)

- **Azra Sadiq**
  - Social Psychology attempts to describe and explain the impetus behind our social interactions. This course provides an opportunity to explore the principles of social psychology and to give a reference point to understand behaviors we are familiar with.
  - 10 weekly meetings
  - Tuesdays from 19:00 to 21:00
  - Starting 31 January 2023
  - Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
  - 10 Credits, Level 4
  - PSY22A5267A

### Social Studies

**Fee**: £175.00 (Concessionary Fee £140.00)

- **Rhiannon Maniatt**
  - What makes us the people we are?
  - Babyhood, adolescence, adulthood and old age all present their challenges. There will be opportunities for discussion, observation and developing and improving study skills. This self-contained course is an ideal introduction to the subject area.
  - 10 weekly meetings
  - Tuesdays from 19:00 to 21:00
  - Starting 4 October 2022
  - Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
  - 10 Credits, Level 4
  - PSY22A5266A

### Pauline Beesley

- **Pauline Beesley**
  - 10 weekly meetings
  - Thursdays from 17:00 to 19:00
  - Starting 17 April 2023
  - Continuing and Professional Education, 21 - 23 Senghennydd Road, Cardiff
  - 10 Credits, Level 4
  - SOC22A4815D
Public Policy for Health

Fee £470.00 (Concessionary Fee £376.00)

Pauline Beesley
This module will introduce students to policy-making in contemporary society, with a particular focus on public policy for health. The course will lay the foundations for an understanding of the policy-making process and how this can be theorised and conceptualised. Simple models of policy-making will be explored. Key health and health-related social and public policy areas, for example, health, education and environmental policy, will be used to illustrate how policy is made in practice.
This is a core module on the Pathway to Healthcare.

12 weekly meetings
Wednesdays from 18:30 to 21:00
plus 2 Saturday day school
Starting 21 September 2022

Continuing and Professional Education,
21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SOC22AS203A

12 weekly meetings
Wednesdays from 18:30 to 21:00
plus 2 Saturday day school
Starting 11 January 2023

Continuing and Professional Education,
21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SOC22AS203B

12 weekly meetings
Thursdays from 18:30 to 21:00
plus 2 Saturday day school
Starting 13 April 2023

Continuing and Professional Education,
21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SOC22AS203C

Research Methods

Fee £235.00 (Concessionary Fee £188.00)

Cate Hopkins
This module introduces students to ideas and debates from key areas of social science research methods. The main uses, benefits and drawbacks of qualitative, quantitative, and mixed methods are outlined and explained. To bring theory and research together, topics are explained through a key piece of research. Among the topics explored are Crime and Criminology and crime statistics; Health and randomised control trials (RCT); Social Psychology and behavioural studies; Gender and Identity; and visual studies; globalisation and the use of social media in social science research.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 3 October 2022

Continuing and Professional Education,
21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
SOC22AS260A

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 30 January 2023

Continuing and Professional Education,
21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
SOC22AS260B

Coaching and Mentoring

Fee £175.00 (Concessionary Fee £140.00)

Dr Josephine Smedley
Mentoring is used increasingly for supporting individuals achieve their goals in life. As a mentor you will develop your ability to establish rapport, develop listening skills and the ability to pick up and respond to issues raised by your mentee. Although highly practical, the course includes theory to support reflection and evaluation of mentoring practice.

10 weekly meetings
Wednesdays from 16:00 to 18:00
Starting 5 October 2022

Continuing and Professional Education,
21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
SOC22AS268A

10 weekly meetings
Wednesdays from 16:00 to 18:00
Starting 1 February 2023

Continuing and Professional Education,
21 - 23 Senghennydd Road, Cardiff
10 Credits, Level 4
SOC22AS268B

Enrol Now!

www.cardiff.ac.uk/learn
Social Science

Co-ordinating Lecturer:
Dr Sara Jones
Tel: 029 2087 5268
Email: JonesSJ15@cardiff.ac.uk

Pathways Coordinator:
To be confirmed
Tel: 029 2087 0000
Email: pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer a Pathway which will allow you to study towards these degrees at Cardiff University:

- Social Science (L301)
- Human and Social Sciences (58H2)
- Criminology (L370)

There are no formal entry requirements. Should you progress on to a degree programme, you will be eligible for ‘advanced standing’ of 60 credits – this means that these 60 credits will count towards the first year of your degree.

Introduction to Social Science

Fee £470.00 (Concessionary Fee £376.00)

Introduction to Social Science will focus your studies on contemporary society. We will look at the Media and how they impact on different groups in society; the changing cultures within our society; the participation and relationship society has to politics. Study skills will be a particular focus this term so that you are confident and ready to move on to the next course on your Pathway.

Sikiya Adekanye
12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 1 Saturday day school
Starting 20 September 2022

Continuing and Professional Education,
21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SOC22A4968A

Tutor to be confirmed
12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 1 Saturday day school
Starting 10 January 2023

Continuing and Professional Education,
21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SOC22A4968B

Social Policy

Fee £470.00 (Concessionary Fee £376.00)

This module on the Pathway to Social Science will introduce issues of Social Policy. You will gain an understanding of important social policies which set up the Welfare State; and look at current policies which affect a range of topics including Health, Education, and Housing.

Sara Jones
12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 10 January 2023

Continuing and Professional Education,
21 - 23 Senghennydd Road, Cardiff
20 Credits, Level 4
SOC22A4970A
A former Pathway to Social Science student has returned as a tutor

Sikiya Adekanye completed the Pathway to Social Science which led her to degree studies. She now returns to Continuing and Professional Education (CPE) as a tutor to help others achieve their learning ambitions.

Sikiya achieved her masters degree in Social Science Research Methods in 2021 from Cardiff University’s School of Social Sciences and has now begun a PhD in Criminology. She shares her story with us here:

I returned to academic study after dedicating many years to looking after my family. I was introduced to the pathway at the end of a stand-alone course within CPE called Women into Management. I was more oriented towards science subjects at school, so I was a blank slate as far as social science was concerned and frankly, I did not quite ‘get it’ initially.

“I found the tutors very encouraging and the gentle introduction to the subject built my confidence in developing social science skills. I was inspired by the guest PhD students that told us about their own learning journeys and their current research. By the end of the pathway course, I became intrigued by the subject.

“With the provision of mentorship and peer support groups, I was able to settle into the first year of degree studies at Cardiff University. I made friends and developed an interest in criminology. I completed my degree and was fortunate to secure an ESRC funded MSc/PhD Studentship within Criminology.

“I am now in the second year of my part-time PhD programme and delighted to be teaching on two pathway modules within CPE. I feel quite privileged to have come full circle, back to the department where my academic journey began.

Dr Sara Jones commented:

We are so pleased to welcome Sikiya back to CPE as a tutor. I am certain that she will inspire others as a tutor who has experienced the pathway first-hand.

---

Education and Society

Fee £470.00 (Concessionary Fee £376.00)

Cate Hopkins

This module will introduce you to the role of education in modern society. You will consider the structure and organisation of education and be presented with a selection and summary of key policy changes and their impacts. The emphasis will be on developing your own understanding and critical analysis of the relationship between education and society and in this way, the module will provide a foundation for further studies on your Pathway.

12 weekly meetings

Tuesdays from 17:00 to 19:30
Starting 11 April 2023

Continuing and Professional Education, 21 - 23 Senghenydd Road, Cardiff

20 Credits, Level 4

SOC22A4969A

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enhance your employability and skills

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tel: 029 2087 0000

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Did you know you can get swipe card access to the rear door of the Continuing and Professional Education Building and at other University locations?

To find out more contact the Disability Officer on 029 2087 0000 or email: learn@cardiff.ac.uk

Certificate of Continuing Education

Here are our Certificate of Continuing Education in alphabetical order. For more information, contact your Co-ordinating Lecturer or visit our website.

Arabic Language
Astronomy
Business and Management Studies
Chinese Language
Computer Studies
Creative Writing
English Literature
Exploring the Past
French / German /
Italian / Spanish
Language 1
French / German /
Italian / Spanish
Language 2
French / German /
Italian / Spanish
Language 3
Natural History and the Environment
Our Media, Our World
Philosophy
Polish Language
Portuguese Language
Russian Language
Social Studies

Why not keep in touch?

We have lots of ways that you can keep up-to-date with what’s going on, be the first to know about our new courses, get invited to our free events and read our regular news items:

» Subscribe to our email lists - www.cardiff.ac.uk/learn/choices/subscribe/
» Find us on Facebook - www.facebook.com/learncardiff
» Follow us on Twitter @LearnCardiff

tel: 029 2087 0000

www.cardiff.ac.uk/learn
Community Learning

Cardiff University delivers short community-based courses, accredited at level 3 and flexibly delivered in familiar locations around South East Wales.

Focused on those living in wards where university participation rates are low, the courses are designed and run in collaboration with a wide range of local organisations and other learning providers. Our partners play a vital role in ensuring the course content, structure and delivery meets local needs and interests.

Courses run throughout the year in Cardiff and the surrounding areas. The courses are delivered by dedicated tutors experienced in working with students from a variety of backgrounds and with different learning experiences.

We run up to 30 short courses each year providing attractive and flexible learning opportunities designed to support community based students’ progress to the next stage whether that is work, college or university. Many of our students have progressed onto our ‘CPE courses’ or ‘Pathways to a degree’ courses.

Courses are run at different times of the day to suit the needs of a variety of people. They vary from one 2-hour session over 9 weeks, to intensive 3-day courses – whatever works best in that location and community.

Some examples of the courses we ran last year include:
- Starting and Running a Successful Small Business
- Public Service Interpreting
- Child’s Play
- Understanding Childhood

More information can be found on the website www.cardiff.ac.uk/learn
Progression as a Mature Student

Many students use our courses as a springboard for further study. If you are considering studying for an undergraduate degree we can help you. We provide:

- Information and support for those wishing to progress to university
- A clearer understanding of the various routes into Higher Education
- An insight into university life as a mature student
- Information on the range of support that is available and how to access various support services
- Access to online resources to help you decide where and what to study.

We work closely with other academic schools in Cardiff University, other universities, local education colleges, community groups and advisors so can offer suggestions on who you need to talk to in order to move forward.

Returning to study is a big step so the more help you receive early on the easier the transition will be.

- **Mature Student Induction**: open to mature students who are starting undergraduate studies and feel they may benefit from taking advanced action to assist them to make the most of their time at university, including an on campus visit day.
- Gives students early and direct access to useful people, information and services e.g., financial, welfare etc.
- Provides students with an opportunity to meet like-minded people and address any concerns early on
- Introduces students to the library and information resources
- Explores some of the key skills needed for effective study
- Gives students access to a network of support

Undergraduate Recruitment and Widening Participation Team: 029 2087 4455
How to Enrol

Search or browse our courses to find the course you are interested in enrolling on. Please enrol online if you are paying full or concessionary fee by card. You can do this by clicking ‘Enrol now’ within your chosen course to launch the process. Please note that in rare instances a course may fill up during the enrolment process. If this occurs a member of staff will contact you to arrange a refund or transfer to another course.

You can also enrol on a course by downloading an enrolment form and returning it to us by email.

If you are applying to enrol for our courses on the HEFCW Fee Waiver scheme, have applied for funding for tuition fees through Student Finance Wales or would like to pay for your course in instalments then please download our enrolment guide and form (PDF).

Concessionary fees are not available if a sponsor (such as your employer or Student Finance Wales) is paying the fee.

Please contact us if you need further information.

Funding and paying for your learning

Find out if you are eligible for reduced course fees or to apply for a loan or grant towards your learning.

You can find course fees on the individual course pages.

Concessionary fees

You may be eligible for concessionary fees. Concessionary fee rates are shown below the standard fee rate for each course. You will be asked to provide appropriate evidence of your entitlement to concessionary fees when you apply for a course. Concessions are available to anyone receiving:

- Universal Credit
- Income Support
- Housing Benefit
- Jobseekers Allowance
- Income-related Employment and Support Allowance
- Council Tax Reduction (does not include discounts and exemptions)
- Working Tax Credit
- State pension
- Personal Independence Payment.

They are also available to:

- Cardiff University staff and full-time Cardiff University students
- People in receipt of the following benefits:
  - Universal Credit
  - Income Support
  - Housing Benefit
  - Jobseekers Allowance
  - Income-related Employment and Support Allowance
  - Council Tax Reduction (does not include discounts and exemptions)
  - Working Tax Credit
  - State pension
  - Personal Independence Payment.
  - Working Tax Credit
  - State pension
  - Personal Independence Payment.

Concessions are not available if a sponsor (such as your employer or Student Finance Wales) is paying the fee.

Please contact us if you need further information.

Additional financial assistance may also be available from the University to students on low incomes who have no prior experience of Higher Education. For further information contact the Advice and Money Team by emailing adviceandmoney@cardiff.ac.uk

For courses where the fee payable is over £360, payment can be made by two instalments (payment by instalment is not possible if you are enrolling online).

The first instalment will be £260 and is required when you complete an application for the course. You will then be advised of the due date and amount of the second instalment by email.

If your employer (other than the University) is paying for the course and would prefer to pay by invoice they will need to provide a purchase order. This should be included in your application to the course. If you are unable to attach a purchase order, please contact us.

When completing the application form:

- the course name for all courses in Continuing and Professional Development must be “Certificate of Higher Education (LEARN)”. No other course will be accepted.
- please change the default loan amount to the total of your course fees.
- you will be advised of the due date and amount of the second instalment by email.
- you will be advised of the due date and amount of the second instalment by email.

More information can be found on our website.

Fee Waiver Scheme

You may be eligible to have your course fees covered by the Higher Education Funding Council for Wales (HEFCW) if you are a carer, care leaver, have a disability, are from an ethnic minority group, live in an area with low participation in higher education, are in receipt of DWP benefits, or your parents do not hold a higher education qualification.

You must be studying no more than 20 credits per year and not already hold a higher education qualification. More information can be found on our website.

Student Finance Wales

Part-time students may be eligible to apply to Student Finance Wales for a tuition fee loan to fund their learning. In some cases students may also be eligible for grants.
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