

Microcredentials Part-time courses for adults

2026-27



www.cardiff.ac.uk/learn tel: 029 2087 0000

Mae'r prospectws hwn ar gael yn Gymraeg, cysylltwch â ni am gopi



Welcome

Welcome to the new Institute for Flexible Lifelong Learning

As you may have noticed our name is a little different this year, but we still provide a very warm welcome and we aim to provide flexible and affordable opportunities for learners from all ages and all backgrounds.

The new name signifies Cardiff University's commitment to Lifelong Learning through the development of a new Institute which over the next 12 months will bring together the work we are doing with our colleagues in Continuing Professional Development as well as other professional development activities across the University to offer you a wider range of part-time, flexible courses that will help you improve your CV, provide upskilling and reskilling opportunities and stimulate your mind or fulfil your love of learning.

You'll also notice we are using a new term, 'microcredentials' which is being increasingly used in higher education and are small, credit-bearing qualifications to fit around your ambitions and your busy lifestyle. In the future stacking your microcredentials will allow you to: gain certificates, build qualifications and plan for degree studies, including postgraduate modules.

When you flick through our prospectus, you'll recognise our part-time courses are familiar. We aim to keep running courses that will both inspire and encourage you. We are still a thriving community of lifelong learners with dedicated staff who value and champion the needs of our students.

We remain in our modern and comfortable teaching facilities in 50-51 Park Place. Lots of our courses are taught here or in nearby Cardiff University classrooms. However, we are still delivering many courses online.

We look forward to learning something new with you.

Qualifications

Prove your potential by gaining qualifications, enhance your studies, improve your CV and realise your personal ambitions.

What qualifications can you gain with us?

► Certificate of Continuing Education

With 60 credits at Level 4 or Level 5 within one subject area

► Certificate of Higher Education

With 120 credits at Level 4 or Level 5

► Diploma of Higher Education

With 120 credits at Level 5 completed in pre-defined 60 credit study blocks. Subjects currently available: Computing, French, German, Italian and Spanish.

► International language qualifications

such as DELF-DALF, the DELE, Goethe Zertifikat, CILS, JLPT and HSK

Study for free

Have you always wanted to study at university but never had the opportunity?

If you are a carer, care leaver, have a disability, receive DWP benefits, currently seeking a job, are black or minority ethnic, refugee, asylum seeker, your parents did not study at university, identify as LGBTQ+, or live in an area where traditionally few people access university, you could be eligible for a fee waiver. More information can be found on our website.

Pathways to a degree

Pathways are designed for those with life experience who wish to study a degree at Cardiff University. We welcome applications from students who may have been away from formal education for several years. Reasons to study on a Pathway include:

- ▶ Pathways prepare you to study at degree level and you will be fully supported when you are ready to apply.
- ▶ Courses are taught part-time in the evening or at weekends.
- ▶ Classes are small, friendly and supportive.
- ▶ You will receive one-to-one advice from your tutor and Coordinating Lecturer.
- ▶ Financial support may be available to help with course fees.

We offer the following subjects:

- ▶ **Business Management, Marketing, and Accounting** (page 8)
- ▶ **Computer Science and Applied Software Engineering** (page 12)
- ▶ **Dental Hygiene** (page 62)
- ▶ **Earth and Environmental Sciences** (page 60)
- ▶ **English Language, English Literature, Creative Writing, and Philosophy** (page 20)
- ▶ **Healthcare** (page 66)
- ▶ **History, Archaeology, and Religion** (page 28)
- ▶ **International Relations and Politics** (page 55)
- ▶ **Journalism, Media and Culture** (page 23)
- ▶ **Law** (page 53)
- ▶ **Medical Pharmacology** (page 61)
- ▶ **Optometry** (page 64)
- ▶ **Psychology** (page 78)
- ▶ **Social Science** (page 76)
- ▶ **Social Work (MA)** (page 79)

Contents

Reasons to study with us

4

Business and Management

5

Computer Studies

10

Humanities

Creative Writing, Literature, Media, Philosophy, Historical Studies and Music

13

Modern Languages

Arabic, Chinese, French, German, Greek, Italian, Japanese, Portuguese, Russian, Spanish and Interpreting

34

Law

51

Politics and International Relations

54

Science and Environment

56

Dental Hygiene

62

Optometry

64

Healthcare

66

Social Studies

70

How to Enrol

81

Contact details and map

82

Introducing the Institute for Flexible Lifelong Learning



From 2026/27, our part-time courses for adults will be delivered through the Institute for Flexible Lifelong Learning – a new Institute that brings together the University’s long established lifelong learning and CPD portfolios into a single service with an expanded, future-focused approach to flexible study.

The Institute builds on our strong foundations with a clear ambition – to make Cardiff University a **“learning partner for life”**, offering education that fits around work, life and changing career needs. We are expanding opportunities for learners at every stage – whether you are:

- exploring a new interest
- returning to study after time away
- developing skills for your career
- or progressing towards a university qualification

Our growing portfolio will offer **greater choice and flexibility**, alongside an enhanced **online learning experience**, designed to be accessible, engaging and supportive wherever you are.

If you are a returning or current learner, you can be reassured that what you value most about studying with **us remains at the heart of what we do.**

- The same **high-quality teaching**, experienced tutors and supportive environment
- The same **flexible study options**, including evening, weekend, online and blended learning

- ▶ The same **friendly, inclusive community of learners**
- ▶ The same **clear routes to qualifications and progression**, including Pathways to a Degree

Your existing courses, credits and achievements will continue to be fully recognised, and you will experience continuity in delivery, support and standards.

Flexible learning through microcredentials

As part of the development of the Institute, and in line with sector developments, most of our short credit-bearing courses are now categorised as microcredentials. Alongside other Institutions we have been working with the Quality Assurance Agency to define Microcredentials as “small, credit-bearing qualifications that are outcome-based”. They are designed to be sector recognised certifications which are smaller than traditional programmes, helping you fit study around your life.

What this means for you:

- ▶ **Flexible learning** – study online, in person or through a mix of both
- ▶ **Recognised academic credit** – each course contributes to your learning and can count towards larger qualifications
- ▶ **Clear outcomes** – you will gain demonstrable skills and knowledge
- ▶ **Stackable opportunities** – opportunities to combine courses over time to build towards certificates, diplomas or degree pathways

Microcredentials give you the freedom to **learn at your own pace, in a way that works for you**, while maintaining the academic standards and support you expect from Cardiff University.



Reasons to study with us

Our fascinating subjects will challenge and inspire you. Here is a flavour of what you can enjoy when you study with the Institute for Flexible Lifelong Learning.

Our home at the Institute for Flexible Lifelong Learning

Our building is low carbon with air source heat pumps and solar panels. It provides comfortable work, study and teaching facilities and we aim to establish the perfect environment to welcome and encourage students who may have been away from a classroom for a long time. This modern facility both inspires and supports our students in their part-time education and pathways to a degree studies.



We are happy to discuss specific access requirements you may have. Please contact our Disability Advisor if you have concerns about accessing the building or need aids to learning.

Contact: learn@cardiff.ac.uk

Open, relaxed and inclusive learning

We encourage and welcome everyone to study with us. Many of our courses have no entry requirements – all you need is an interest in the subject and a willingness to explore it in the company of others. Expect stimulating discussions and a strong sense of community.

Flexible and accessible study

We schedule courses in the daytime, evening, weekends and online to make it as easy as possible for you to attend.

We are based in the centre of Cardiff with good transport links.

Gain university credits and qualifications

Our Pathways to a degree provide a part-time route to degree study at Cardiff University (see inside cover).

When you successfully complete your assessments you will earn credits towards qualifications. These credits are a national scheme, which means they are recognised by most universities, particularly useful for those wishing to study a degree.

Extra study support

Your tutor will support and encourage you as you study. We also have online resources to help you plan and write your assessments:

- The Learning Guide
- The Student Handbook

These resources are found on our website.

Libraries

When you enrol on a course, you become a Cardiff University student for the duration of your study. This gives you access to a wealth of resources:

- you can use most of the University's libraries. You will have access to books, newspapers, magazines, journals, CDs, DVDs and an online library search. You can borrow up to ten items at a time. Please email your enrolment confirmation and a passport style photo to librarymembership@cardiff.ac.uk to obtain your ID/library card or to contact us with any queries about the library service.

To access 50-51 Park Place you will need to use your ID/library card as an access card. Take your ID/Library card to 50-51 Park Place with proof of your enrolment and the Reception Team will update your card for you to access the building.

Facilities

- Computer Accounts – A computer account will automatically be created you when you enrol. Your log-in details will be sent to the email you provide when you enrol. This will give you access to a range of applications and software.

Student rates and discounts

- Full use of the University's sports facilities and a reduced rate

Cardiff University staff and student discount

Staff and full-time students at Cardiff University are eligible for a discount on our part-time courses and pay the concessionary fee.

Business and Management

Co-ordinating Lecturer: **Dr Sara Jones**
Tel: **029 2087 5268**
Email: **JonesSJ15@cardiff.ac.uk**



Managing Finance I

Fee **£220.00** (Concessionary Fee £176.00)

Dr Mohamed Hessian

Managers and employers at all levels need to be competent at a level of financial management. This course is designed to help students understand the financial aspects required to run the business / department. No prior knowledge is required.

Please pre-enrol.

10 weekly meetings

Mondays from 19:00 to 21:00
Starting 28 September 2026

This course will be taught online

10 Credits, Level 4

BAM26A1361A

Managing Finance II

Fee **£220.00** (Concessionary Fee £176.00)

Dr Mohamed Hessian

This course provides a further study of financial statements, planning and control and other financial management techniques. Students should have completed **Managing Finance I**, or have a prior knowledge of accounting. **Please pre-enrol.**

10 weekly meetings

Mondays from 19:00 to 21:00
Starting 25 January 2027

This course will be taught online

10 Credits, Level 4

BAM26A2861A

Technology and the Digital Age

Fee **£220.00** (Concessionary Fee £176.00)

Dr Jo Smedley

This module introduces the aspiring business professional to three areas involving the use and management of information, which are likely to be critical to their individual and working lives: Information and its management from **strategic, tactical and operational perspectives** with associated IT skills; Information **systems** in **managing activities and relationships with** internal and external **stakeholders**; Information and Communication Technologies (ICT) in modern business.

Mondays from 19:00 to 21:00
Starting 28 September 2026

50-51 Park Place, Cardiff

5 fortnightly in-person meetings
plus 10 online hours

Starting 28 September 2026

10 Credits, Level 4

BAM26A5151A

Project Management

Fee **£220.00** (Concessionary Fee £176.00)

Dr Jo Smedley

This course provides a good introduction to those skills needed for successful project management. This is an area of study and application which is increasingly popular and is useful in all aspects of employment and life management. This course is extremely popular, please pre-enrol.

10 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 30 September 2026

This course will be taught online

10 Credits, Level 4

BAM26A5264A

10 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 27 January 2027

This course will be taught online

10 Credits, Level 4

BAM26A5264B

10 weekly meetings

Wednesdays from 16:00 to 18:00
Starting 14 April 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

BAM26A5264C

STUDENT TESTIMONIAL

The opportunity to learn has transformed Hamdi's life



From a small village in Darfur, to working in Khartoum as a medical professional to completing business and management courses at Lifelong Learning at Cardiff University. Hamdi's learning journey has transformed his life whilst he strives to improve the lives of others.

Since coming to Wales, Hamdi has dedicated his

life to improving his business skills to improve medical practices. He enrolled on Essential Management Skills and Essential Leadership Skills at Lifelong Learning and is continuing his educational journey by studying Project Management. His passion for learning, commitment and enthusiasm shone through, despite challenging personal

circumstances that Hamdi has faced during his studies. Not only did Hamdi develop key skills such as time management, honing his prioritisation skills, problem solving, leadership and personal growth. His hard work was recognised by Cardiff University this year when he received a student award for his dedication and achievement in his studies.

“The impact of these courses has been profound. Personally, I have developed advanced problem-solving skills and the ability to manage time effectively. Professionally, I have gained confidence in team leadership and resource management while embracing reflective practices.

“To those considering returning to education: age, background, or circumstances should never be barriers to learning. Education is a powerful tool for transformation—it has opened doors for me that I never thought possible.”



Project Management Methodologies

Fee £220.00 (Concessionary Fee £176.00)

Dr Jo Smedley

This module aims to broaden understanding in the academic and practical concepts of Project Management Methodologies. Over a 10-week period, each session will enable students to develop their understanding of different methodologies relevant to participant contexts. Learning will be provided through academic theory alongside practical exercises, tests, case studies and group discussion.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 14 April 2027

50-51 Park Place, Cardiff
10 Credits, Level 5

BAM26A5559A

Essential Management Skills

Fee £297.00 (Concessionary Fee £238.00)

Jemma Cox

This comprehensive course is highly interactive, and provides excellent coverage of the essential knowledge, skills and techniques for success as a manager. The course is designed for students looking to become managers or supervisors but with no formal management training. This course focuses on a mixture of management theory and practical skills. This course is taught through a mix of online learning and classroom-based learning.

5 fortnightly meetings
Tuesdays from 19:00 to 21:00
Starting 6 October 2026

50-51 Park Place, Cardiff

Plus 10 online hours

10 Credits, Level 4

BAM26A4924A

People in Organisations

Fee £594.00 (Concessionary Fee £475.00)

Jemma Cox

The course provides students with an introduction to the key themes, concepts and theories relating to the study of the management of people in organisations. Particular attention is paid to organisations as the nodal points of human interaction within the business world, focusing on both the social and the psychological aspects of these relations.

12 weekly meetings
Wednesdays from 18:30 to 21:00
Starting 13 January 2027
Plus 2 Saturday day schools

50-51 Park Place, Cardiff

This course will be taught online
20 Credits, Level 4
BAM26A4920A

Essential Leadership Skills

Fee £297.00 (Concessionary Fee £238.00)

Jemma Cox

This comprehensive course is highly interactive, and provides excellent coverage of the essential knowledge, skills and techniques needed for success as a manager. The course is designed for students looking to become managers or supervisors but with no formal management training. The course combines essential leadership theory with practical leadership skills. This course is taught through a mix of online learning and classroom-based learning.

5 fortnightly meetings
Tuesdays from 19:00 to 21:00
Starting 26 January 2027

50-51 Park Place, Cardiff

Plus 10 online hours

10 Credits, Level 4

BAM26A5176A



**Enrol
Now!**

Pathways to a degree *in*

Business Management, Marketing, and Accounting

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer a pathway which will allow you to study towards these degrees at Cardiff University:

► **N201 Business Management (BSc)**

► **NN25 Marketing (BSc)**

► **N400 Accounting (BSc)**

New modules:

► **Managing Finance Part 1**

► **Managing Finance Part 2**

You need to have a grade B/6 in Mathematics GCSE for your degree application to be considered by Cardiff Business School.



How it works

Core modules:

- People in Organisations **(20 credits)**
 - Fundamental Mathematics **(20 credits)**
(only mandatory if you do not have Maths GCSE grade B/6.)
- (40 credits in total)**

+

2 x Optional modules: all 10 credits each

- Consumer Law
 - Essential Management Skills
 - Essential Leadership Skills
 - Contract Law
 - Technology and the Digital Age
 - Project Management
- (20 credits in total)**

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**Pathway to a
degree in
Business
Management,
Marketing, and
Accounting
(60 credits)**

People in Organisations

Fee £594.00 (Concessionary Fee £475.00)

Jemma Cox

The course provides students with an introduction to the key themes, concepts and theories relating to the study of the management of people in organisations. Particular attention is paid to organisations as the nodal points of human interaction within the business world, focusing on both the social and the psychological aspects of these relations.

12 weekly meetings

Wednesdays from 18:30 to 21:00

plus 2 Saturday day school

Starting 13 January 2027

This course will be taught online

20 Credits, Level 4

BAM26A4920A

*Learn
with us and...*
**become competitive
in the international
job market**



Contract Law

Fee £297.00 (Concessionary Fee £238.00)

Jemma Cox

This course examines the creation of legally binding contracts and how a contract works in practice. Throughout the course, students will explore the elements that make up a legally valid contract; remedies available when a contractual obligation is breached, different types of misrepresentation and unfair contract terms. Students will reflect upon how these issues effect the parties to the contract. This course will be of interest to anyone who wants to improve their understanding about the contracts they enter into, whether that be in their personal life or in a work context.

10 weekly meetings

Thursdays from 19:00 to 21:00

Starting 8 October 2026

Lifelong Learning,
50-51 Park Place, Cardiff

10 Credits, Level 4

LAW26A4509A

Essential Leadership Skills

Fee £297.00 (Concessionary Fee £238.00)

Jemma Cox

This comprehensive course is highly interactive, and provides excellent coverage of the essential knowledge, skills and techniques needed for success as a manager. The course is designed for students looking to become managers or supervisors but with no formal management training. The course combines essential leadership theory with practical leadership skills. This course is taught through a mix of online learning and classroom-based learning

5 fortnightly meetings

Tuesdays from 19:00 to 21:00

Starting 26 January 2027

50-51 Park Place, Cardiff

Plus 10 online hours

10 Credits, Level 4

BAM26A5176A

Essential Management Skills

Fee £297.00 (Concessionary Fee £238.00)

Jemma Cox

This comprehensive course is highly interactive, and provides excellent coverage of the essential knowledge, skills and techniques for success as a manager. The course is designed for students looking to become managers or supervisors but with no formal management training. This course focuses on a mixture of management theory and practical skills. This course is taught through a mix of online learning and classroom-based learning.

5 fortnightly meetings

Tuesdays from 19:00 to 21:00

Starting 6 October 2026

50-51 Park Place, Cardiff

Plus 10 online hours

10 Credits, Level 4

BAM26A4924A

Consumer Law

Fee £297.00 (Concessionary Fee £238.00)

Jemma Cox

We all buy goods and services regularly and may deal with customers in work or enjoy buying and selling goods online or at car boot sales in our spare time. But how many of us fully know our legal rights and responsibilities? This flexible online course explores the basics of both the legal and practical aspects of consumer and business transactions and provides practical tips and guidance throughout to help you improve your decision making and to resolve disputes with customers and clients.

10 weekly meetings

Wednesdays from 18:00 to 20:00

Starting 14 April 2027

This course will be taught online

10 Credits, Level 4

LAW26A5556A

Optional modules also include:

Technology and
Digital Age (page 5)
Project Management
(page 5)

**Enrol
Early!**

Computer Studies

Co-ordinating Lecturer: **Dr Jim Vafidis**
 Tel: **029 2251 4509**
 Email: **VafidisJ@cardiff.ac.uk**



Python Programming

Fee £594.00 (Concessionary Fee £475.00)

Dr Mike Evans

This module provides a practical introduction to programming using the Python scripting language. It is ideal for students with some prior experience in computer programming who are looking to broaden their skills with one of the most widely used languages in the world. You will learn how to create and run Python scripts, work with built-in data types (such as numbers, strings, lists, and dictionaries), define your own functions, and handle files and exceptions. The course also introduces built-in tools and basic database interaction using keyed data structures. Teaching is delivered through a combination of lectures and hands-on lab sessions, giving you both the theoretical foundation and practical experience to write and debug Python code confidently.

12 weekly meetings
Tuesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 6 October 2026

50-51 Park Place, Cardiff
 20 Credits, Level 5
COM26A5337A

12 weekly meetings
Thursdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 8 October 2026

50-51 Park Place, Cardiff
 20 Credits, Level 5
COM26A5337B

12 weekly meetings
Mondays from 18:00 to 21:00
plus 1 Saturday day school
Starting 1 February 2027

50-51 Park Place, Cardiff
 20 Credits, Level 5
COM26A5337C

Java I

Fee £594.00 (Concessionary Fee £475.00)

Dr Mike Evans

An introduction to JAVA programming. Topics covered include an introduction to classes and objects, arithmetic operators, use of methods of the Math class, comparison operators and use of if statement, use of while, do and for loops, creation of simple drawing frames, keyboard input and exception handling, use of methods of the String and Character classes, text file input, pattern matching, accessor and mutator methods, static variables and static methods and, finally, arrays. A mix of lectures and practical sessions.

12 weekly meetings
Wednesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 7 October 2026

50-51 Park Place, Cardiff
 20 Credits, Level 5
COM26A3337A

A Gentle Introduction to Data Analysis using R

Fee £297.00 (Concessionary Fee £238.00)

Dr Jim Vafidis

This eight-week course provides a beginner-friendly introduction to data analysis using R, ideal for amateur scientists and those preparing for healthcare or science-related study. You'll learn the basics of R programming, data manipulation, descriptive statistics, and data visualisation, progressing toward an introduction to Generalised Linear Models (GLMs). Learning is supported through hands-on exercises and real-world projects in an accessible and encouraging environment.

8 weekly meetings
Wednesdays from 10:00 to 12:30
Starting 7 October 2026

50-51 Park Place, Cardiff
 10 Credits, Level 4
COM26A5579A



Discover Generative AI

Fee £297.00 (Concessionary Fee £238.00)

Ricardo Calil

Generative AI is transforming the way we work, study, create, and solve problems. This beginner-friendly course introduces core concepts behind tools such as ChatGPT and shows you how to use them effectively in everyday tasks. You will develop practical skills in prompting, content creation, and critical use of AI tools, while exploring key issues such as accuracy, bias, and responsible use. No technical background required.

10 weekly meetings
Fridays from 10:00 to 12:00
Starting 9 October 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

COM26A5581A

10 guided sessions
Starting Tuesday 6 October 2026

Online delivery. Study anytime, anywhere, at your own pace, with ongoing tutor guidance and support.

10 Credits, Level 4

COM26A5581B

10 weekly meetings
Mondays from 16:00 to 18:00
Starting 11 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

COM26A5581C

Digital Literacy Essentials

Fee £297.00 (Concessionary Fee £238.00)

Ricardo Calil

This beginner-friendly course builds essential digital skills for everyday life, study, and work. Learn how to use devices, navigate the internet, communicate and collaborate online, and work with tools such as Microsoft 365, Google Workspace, and introductory AI. You'll also explore online safety, privacy, and digital identity, helping you feel confident using technology in an increasingly digital world.

10 weekly meetings
Fridays from 10:00 to 12:00
Starting 15 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

COM26A5629A

Introduction to Spatial Analysis and GIS

Fee £297.00 (Concessionary Fee £238.00)

Dr Jim Vafidis

This course provides a practical introduction to Geographic Information Systems (GIS) and the fundamental techniques of spatial analysis. Designed

for beginners, the module emphasises the concepts, tools, and skills necessary to manage, analyse, and interpret spatial data effectively. Learners will develop a strong foundation in GIS through hands-on exercises and real-world problem-solving, culminating in the creation of professional-quality maps.

8 weekly meetings
Mondays from 10:00 to 12:30
Starting 1 February 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

COM26A5605A

C++ Programming

Fee £594.00 (Concessionary Fee £475.00)

Dr Mike Evans

An introduction to C++ programming. Topics covered include arithmetic operators, simple input and output, conditional and iterative control statements, formatting of output, creation of user defined functions, introduction to pointers, arrays, classes and objects, class variables, constructors and functions, using classes containing static functions and static variables introduction to inheritance by creating a derived class from a base class, inherited and overridden functions and, finally, accessing text files. Learners attending this course should have some prior experience of a computer programming language.

12 weekly meetings
Tuesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 2 February 2027

50-51 Park Place, Cardiff

20 Credits, Level 5

COM26A2652A

Advanced Python Programming

Fee £594.00 (Concessionary Fee £475.00)

Dr Mike Evans

This module builds on the foundations of **Python Programming** and is designed for students who want to take their skills to the next level. You will explore advanced techniques such as reading and processing data from files and using Python to analyse Microsoft Excel spreadsheets. The course also covers methods for sorting data using multiple keys and introduces object-oriented programming, including the use of classes and inheritance. Further topics include the creation of Graphical User Interfaces (GUIs), systems programming using Python scripts, and an introduction to network programming with both UDP and TCP protocols. The module is delivered through a combination of traditional lectures and hands-on laboratory

sessions, providing both conceptual understanding and practical experience in writing more complex and functional Python applications.

12 weekly meetings
Wednesdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 3 February 2027

50-51 Park Place, Cardiff

20 Credits, Level 5

COM26A5395A

Build your Own Website: HTML, CSS & JavaScript

Fee £594.00 (Concessionary Fee £475.00)

Huw Davies

Learn how to build your own website from scratch using HTML (Hyper Text Markup Language) and CSS (Cascading Style Sheets). This practical course focuses on coding by hand—no drag-and-drop tools or platforms like DreamWeaver or WordPress. You will also be introduced to jQuery, using pre-built components such as sliders, drop-down menus, and image galleries to enhance your site's interactivity. Course content includes structuring pages with headers, text, links, images, tables, and lists; creating navigation menus and forms; embedding Google Maps and YouTube videos; an introduction to Responsive Web Design; and basic principles of SEO (Search Engine Optimisation). No prior experience with HTML, CSS, or jQuery is required—this course is ideal for beginners.

11 weekly meetings
Thursdays from 18:00 to 21:00
plus 1 Saturday day school
Starting 4 February 2027

50-51 Park Place, Cardiff

20 Credits, Level 5

COM26A4867A

Introduction to Cybersecurity

Fee £297.00 (Concessionary Fee £238.00)

Tutor to be confirmed

The module provides a foundation in key cybersecurity concepts, including threats, vulnerabilities, risk management, and digital safety. It also introduces the ethical and legal considerations associated with cybersecurity and data protection. No prior knowledge of cybersecurity or computing is assumed.

10 weekly meetings
Mondays from 18:00 to 20:00
Starting 26 February 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

COM26A5656A

Pathways to a degree *in*

Computer Science and Applied Software Engineering

Co-ordinating Lecturer:
Dr Jim Vafidis
 Tel: **029 2251 4509**
 Email:
VafidisJ@cardiff.ac.uk

Pathways Coordinators:
Dr Rhiannon Maniatt
 Tel: **029 2087 5493**
 Email:
pathways@cardiff.ac.uk

Dr Gemma Scammell
 Tel: **029 2251 0776**
 Email:
pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer a Pathway which will prepare you to study towards these degrees at Cardiff University:

- ▶ **G400 Computer Science (BSc)**
- ▶ **G401 Computer Science with a Year in Industry (BSc)**
- ▶ **G4F4 Computer Science with Cyber Security (BSc)**

- ▶ **GKF4 Computer Science with Cyber Security and with a Year in Industry (BSc)**
- ▶ **125V Computer Science with Cyber Security with a Year of Study Abroad (BSc)**
- ▶ **4JVD Applied Software Engineering (BSc)**

How it works

Core modules:

- ▶ Python Programming 20 credits
 - ▶ Fundamental Mathematics 20 credits (if you are thinking of later applying for Computer Science, or if you are thinking of applying for Applied Software Engineering and you do not have a Maths GCSE)
 - ▶ Academic Communication Essentials (for STEM, only mandatory if you do not have GCSE English) 10 credits
- (40 credits in total)**

+

Optional modules:

- ▶ Digital Literacy Essentials 10 credits
- ▶ C++ Programming 20 credits
- ▶ Practical AI: Artificial Intelligence in the Digital Age 10 credits

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**Pathway to a degree
in Computer Science
and Applied
Software
Engineering**

60 credits

Humanities

Co-ordinating Lecturer: **Dr Michelle Deininger**
Tel: **029 2087 0000**
Email: **DeiningerMJ@cardiff.ac.uk**



Creative Writing

General and Introductory Writing Courses

Creative Writing: Bold Beginnings

Fee **£220.00** (Concessionary Fee £176.00)

Sophie Squire

Suitable for creative writers of any level - new and experienced - the goal of this course is to experiment with different forms and genre within creative writing. You will be introduced to a range of

techniques designed to develop your confidence and writing skills. Upon completion, you will have a better understanding of your own creative voice and style. Bold Beginnings is designed to stand alone, or as a springboard for further creative writing study.

• **10 weekly meetings**
Mondays from 17:00 to 19:00
Starting 12 October 2026
50-51 Park Place, Cardiff
10 Credits, Level 4
CRW26A5602A

• **10 weekly meetings**
Mondays from 17:00 to 19:00
Starting 18 January 2027
50-51 Park Place, Cardiff
10 Credits, Level 4
CRW26A5602B

Creative Writing: Starting to Write

Fee **£220.00** (Concessionary Fee £176.00)

Rachel Smith

Is writing something that feels a little terrifying, like a leap into the unknown? Do you wish you could start writing that novel, memoir, or a something shorter? This course will introduce you to some of the most important skills in a creative writer's toolbox: imagination, confidence and perseverance. By the end of the course, you will have made the leap and started to write!

• **10 weekly meetings**
Wednesdays from 13:00 to 15:00
Starting 30 September 2026
50-51 Park Place, Cardiff
10 Credits, Level 4
CRW26A5363A

• **10 weekly meetings**
Wednesdays from 19:00 to 21:00
Starting 30 September 2026
50-51 Park Place, Cardiff
10 Credits, Level 4
CRW26A5363B

• **10 weekly meetings**
Wednesdays from 13:00 to 15:00
Starting 5 May 2027
50-51 Park Place, Cardiff
10 Credits, Level 4
CRW26A5363C

Continuing to Write

Fee **£220.00** (Concessionary Fee £176.00)

Rachel Smith

This course is a continuation of **Starting to Write** and encourages students to further develop the skills they have established in the earlier course. Students who have not studied **Starting to Write** who are keen to explore their writing skills further are very welcome to join, too.

• **10 weekly meetings**
Wednesdays from 13:00 to 15:00
Starting 20 January 2027
50-51 Park Place, Cardiff
10 Credits, Level 4
CRW26A5464A

• **10 weekly meetings**
Wednesdays from 19:00 to 21:00
Starting 20 January 2027
50-51 Park Place, Cardiff
10 Credits, Level 4
CRW26A5464B

**Enrol
Early!**

Exploring Creative Writing

Fee £220.00 (Concessionary Fee £176.00)

Dr Gemma Scammell

Are you intrigued by creative writing but not sure how to go about it? Does the blank page intimidate you? This course offers an introduction to the main techniques of writing creatively and will enable you to develop your ideas in a friendly and supportive environment. Various forms of writing will be examined, including fiction and poetry, and work will be shared and discussed. Beginners and more experienced writers are very welcome!

10 weekly meetings

Thursdays from 10:00 to 12:00

Starting 21 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

CRW26A5429A



Popular Genres

Novel Writing Workshop

Fee £220.00 (Concessionary Fee £176.00)

Guided by a professional author, this is a course for anyone who has a book currently in them that they'd prefer to see sitting in a bookshop. What are the components that make a novel unputdownable? How can you ensure that your readers are enthralled? Looking at all genres of contemporary full-length fiction, this course will take you right through the novel-writing process, as well as offering guidance in the all-important art of attracting an agent and/or publisher.

Katie Munnik

10 weekly meetings

Mondays from 19:00 to 21:00

Starting 28 September 2026

This course will be taught online

10 Credits, Level 4

CRW26A4674A

Rachel Dawson

10 weekly meetings

Wednesday from 10:00 to 12:00

Starting 30 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

CRW26A4674B

Writing Historical Fiction

Fee £220.00 (Concessionary Fee £176.00)

Katie Munnik

How can we render the language of the past? What is the difference between historical facts and historical fiction? What does writing about the past say about the present? This course explores the key elements of writing historical fiction, balancing historical accuracy with the demands of crafting fiction.

10 weekly meetings

Thursdays from 13:00 to 15:00

Starting 1 October 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

CRW26A5451A

10 weekly meetings

Tuesdays from 19:00 to 21:00

Starting 19 January 2027

This course will be taught online

10 Credits, Level 4

CRW26A5451B

Writing without limits

Fee £220.00 (Concessionary Fee £176.00)

Rachel Smith

Designed for anyone who has completed one of our introductory writing courses, such as **Starting to Write** and **Continuing to Write**, this course provides the opportunity to learn more about the craft and gain more confidence in writing skills.

10 weekly meetings

Thursdays from 19:00 to 21:00

Starting 21 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

CRW26A5461A

Learn with us and...
use our highly
specialised
libraries



Creative Nonfiction

Fee £220.00 (Concessionary Fee £176.00)

Hari Berrow

Sometimes referred to as the "fourth genre", alongside poetry, drama and fiction, creative nonfiction occupies a space in which telling the truth and deploying literary language are equally important. The course will explore speculative nonfiction, the visual essay, memoir, diary, travel writing, food writing, literary journalism, narrative history, and the personal essay.

10 weekly meetings

Mondays from 19:00 to 21:00

Starting 28 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

CRW26A5537A

Introduction to Oral Storytelling

Fee £220.00 (Concessionary Fee £176.00)

Hari Berrow

With an active creative industry and a committed following, storytelling is definitely not just for kids. This module introduces students to the live and spoken art form, examining traditions of oral narrative from a variety of cultures and historical periods as well as work being produced in modern contexts.

10 weekly meetings

Wednesdays from 13:00 to 15:00
Starting 30 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

CRW26A5662A

Writing Horror

Fee £220.00 (Concessionary Fee £176.00)

Hari Berrow

We will learn about the horror writing tradition and learn techniques and genre conventions that offer you the basis to create your own works of horror fiction. You will be introduced to some of horror's many forms and supported in choosing what style works best for you.

10 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 30 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

CRW26A5632A



Dystopian Literature

Fee £220.00 (Concessionary Fee £176.00)

Dr Gemma Scammell

Dystopian fiction is a popular and growing field of literature in the publishing market. But why are we seeing increasing publications? What are the themes that draw readers to these stories and how do they reflect society today? This practical creative and critical writing course explores the genre of dystopian literature, examining its increasing popularity.

10 weekly meetings

Mondays from 17:30 to 19:30
Starting 18 January 2027

This course will be taught online

10 Credits, Level 4

CRW26A5366A

Writing Contemporary Queer Fiction

Fee £220.00 (Concessionary Fee £176.00)

Rachel Dawson

This course will explore the contemporary queer literary landscape, reading extracts from books published and translated into English. We will read across genres and forms where queer authors are excelling, including poetry, autofiction, experimental fiction, horror, historical fiction, and short stories. In an age of increasing censorship of queer voices, this course offers a safe space to write.

10 weekly meetings

Tuesdays from 19:00 to 21:00
Starting 19 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

CRW26A5683A

Writing Comedy and Satire

Fee £220.00 (Concessionary Fee £176.00)

Hari Berrow

What makes something funny? This module introduces students to the principles and practice of writing comedy across a range of forms, including sketch, stand-up, parody and satire. Students will explore how humour is constructed, understand different theoretical and practical approaches to comedy and consider the social and political role of comedy.

10 weekly meetings

Wednesdays from 13:00 to 15:00
Starting 20 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

CRW26A5663A

Science Fiction and Fantasy Part 2: The Great Beyond

Fee **£220.00** (Concessionary Fee £176.00)

Dr Gemma Scammell

Building on the key concepts explored in Writing Science Fiction and Fantasy, this course will further develop students' understanding of some of the most influential science fiction (SF) and fantasy writers to date. Authors discussed will include Terry Pratchett, J. R. R. Tolkien, Douglas Adams, Octavia Butler, Aldous Huxley, Ursula Le Guin and N. K. Jemisin.

10 weekly meetings

Thursdays from 17:30 to 19:30
Starting 1 October 2026

This course will be taught online

10 Credits, Level 4

CRW26A5646A

Writing Science Fiction and Fantasy Part 3: The Realm of Speculative Fiction

Fee **£220.00** (Concessionary Fee £176.00)

Dr Gemma Scammell

Building on Writing Science Fiction and Fantasy parts 1 & 2, this course will consider Speculative Fiction, exploring imaginative realms that propose possible futures, examining how writers approach speculative topics such as climate change, alien invasion, posthumanism, genetic engineering, and AI. Exploring importance of character, narrator, worldbuilding, and plot, you will write speculative stories about who we are, how we connect to our environment, and how we respond to otherness.

10 weekly meetings

Mondays from 10:00 to 12:00
Starting 10 May 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

CRW26A5601A



STUDENT TESTIMONIAL

Alexis enjoyed being part of our creative writing community and is now a published author

Shortly after moving to Cardiff, Alexis Veenendaal heard about the Writing Science Fiction and Fantasy course taught by Gemma Scammell and she enrolled.



“I met a community of writers, whom I now

meet with regularly – even after the course ended – to share our work and discuss our creative endeavours. Because of the encouragement I received in this course, I continued to take writing courses with Cardiff University and have even considered progressing to degree studies.”

“The course encouraged me to write and finish my debut novel, as well as several short stories, two of which have now been published in literary magazines. In the time since taking this and other writing courses with Gemma, I have acquired a literary agent and have a book deal with DAW Books, which is to be published in Spring 2027 (Book title: Hero Adjacent by Alexis Veenendaal). I learnt the skills of consistency and continuing to pursue the work despite rejections in the industry. It also helped me look at plot and structure in a new light.”

“I highly recommend the courses. You don't need to be interested in one specific genre; learning to write (and read) widely across genres is an incredibly useful skill that will help you both creatively and in any career.”

”



The Family Album: Using Domestic Portraiture to Inspire New Writing

Fee **£220.00** (Concessionary Fee £176.00)

Briony Goffin

In this course, we will take the idea of the family album to inspire fiction and autobiography. Using real life photo prompts, we will explore what these domestic images reveal and conceal about their subject matter and use our insights, questions, and discoveries to create new narratives.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 4 May 2027

50-51 Park Place, Cardiff
 10 Credits, Level 4
CRW26A5660A

Writing Cardiff: Inspiration and the City

Fee **£220.00** (Concessionary Fee £176.00)

Hari Berrow

This module is based partly in the classroom and based partly around visiting various sites in Cardiff, including Bute Park, Cardiff Bay and Amgueddfa Cymru - Museum Wales. Students will consider the role of cityscape, art, national identity, and nature as creative writing prompts, while exploring the role of literature in shaping the city's history.

10 weekly meetings
Wednesdays from 13:00 to 15:00
Starting 5 May 2027

50-51 Park Place, Cardiff
 10 Credits, Level 4
CRW26A4081A

People and Places

Setting the Story

Fee **£220.00** (Concessionary Fee £176.00)

Briony Goffin

How can our writing create interesting worlds and explore the relationship between character and setting? How can we locate our narratives in place and time? We will explore era, culture, geography and weather and their place in our writing, seeking to build dimension, atmosphere, vividness and credibility into our scenes, and drawing on memories, imagination and research. This course will appeal to writers of fiction and autobiography alike.

10 weekly meetings
Tuesdays from 10:00 to 12:00
Starting 29 September 2026

50-51 Park Place, Cardiff
 10 Credits, Level 4
CRW26A5616A

In Search of the Muse 2: Finding Inspiration in the Everyday

Fee **£220.00** (Concessionary Fee £176.00)

Briony Goffin

This module will provide another opportunity to look at the nature of inspiration - where to find it, how to cultivate it. This course is perfect for anyone who has lost confidence in their writing, is feeling rusty, or experiencing writers' block. Using the world around us, finding the extraordinary in the ordinary, we will get the words flowing again.

10 weekly meetings
Tuesdays from 10:00 to 12:00
Starting 19 January 2027

50-51 Park Place, Cardiff
 10 Credits, Level 4
CRW26A5659A

10 weekly meetings
Thursdays from 10:00 to 12:00
Starting 21 January 2027

This course will be taught online
 10 Credits, Level 4
CRW26A5659B

Building Characters: People Watching 2

Fee **£220.00** (Concessionary Fee £176.00)

Briony Goffin

The new course provides opportunity to return to the infinitely fascinating and complex subject of people as a starting place for writing stories. Via a combination of imagination and lived experience, we will seek to create a cast of original characters that are at once familiar and extraordinary.

10 weekly meetings
Thursdays from 10:00 to 12:00
Starting 1 October 2026

This course will be taught online
 10 Credits, Level 4
CRW26A5538A



Origin Stories: Exploring Childhood 2

Fee £220.00 (Concessionary Fee £176.00)

Briony Goffin

This module will provide another opportunity to look at the nature of inspiration - where to find it, how to cultivate it. This course is perfect for anyone who has lost confidence in their writing, is feeling rusty, or experiencing writers' block. Using the world around us, finding the extraordinary in the ordinary, we will get the words flowing again.

10 weekly meetings
Thursdays from 10:00 to 12:00
Starting 6 May 2027

This course will be taught online

10 Credits, Level 4
CRW26A5661A



Scriptwriting

Writing Audio Drama

Fee £220.00 (Concessionary Fee £176.00)

Rachel Smith

How can you create suspense with just the sound of a voice? How can you build character through the nuances of dialogue? This course introduces students to the fundamental skills needed to write for audio, whether in the form of radio plays, audio theatre, or fiction podcasts.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 29 September 2026

This course will be taught online

10 Credits, Level 4
CRW26A5460A

Writing for Stage and Screen

Fee £220.00 (Concessionary Fee £176.00)

Rachel Smith

Are you curious about writing for the stage or screen? Would you like to learn the tools to write your own script? Taught by an experienced and award-winning writer and director, you'll have the opportunity to explore how to write short film and short play scripts with confidence.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 3 June 2027

This course will be taught online

10 Credits, Level 4
CRW26A5462A

Writing for Wellbeing

Writing Neurodiversity: A Beginner's Poetry Course

Fee £220.00 (Concessionary Fee £176.00)

Dr Rachel Carney

In a safe and supportive space, this neurodivergent-led course explores, articulates, processes and reflects on the neurodivergent experience, using poetry as a therapeutic tool. We will respond to negative experiences and stereotypes, celebrate our neurodivergent strengths, and use language and poetic techniques to express what it means to be neurodivergent in a neurotypical world. The course is open to anyone who has (or who thinks they might have) lived experience of neurodivergence (diagnosed, self-diagnosed, or undiagnosed). No previous writing experience is required.

10 weekly meetings
Tuesdays from 10:30 to 12:30
Starting 29 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4
CRW26A5620A

Writing Neurodiversity: Processing Lived Experience Through Poetry

Fee £220.00 (Concessionary Fee £176.00)

Dr Rachel Carney

In a safe and supportive space, this neurodivergent-led course explores, articulates, processes and reflects on the neurodivergent experience, using poetry as a therapeutic tool. We will respond to negative experiences and stereotypes, celebrate our neurodivergent strengths, and use language and poetic techniques to express what it means to be neurodivergent in a neurotypical world. The course is open to anyone who has (or who thinks they might have) lived experience of neurodivergence (diagnosed, self-diagnosed, or undiagnosed). **This version of the course is aimed at more experienced writers.**

10 weekly meetings
Thursdays from 10:00 to 12:00
Starting 21 January 2027

This course will be taught online

10 Credits, Level 4
CRW26A5682A

Editing

Editing for Novelists

Fee £220.00 (Concessionary Fee £176.00)

Katie Munnik

How can I turn my draft novel into a polished final manuscript? You will learn how to edit your own fiction, examining the stages and challenges of developing a fiction editor's mindset, discussing structure, the expectations of different genres and why rewriting is key to good writing. **Students will have completed a novel draft before the beginning of the course**, which we will share, providing reader's feedback in a safe and encouraging atmosphere.

10 weekly meetings
Mondays from 19:00 to 21:00
Starting 18 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4
CRW26A5622A

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 4 May 2027

This course will be taught online

10 Credits, Level 4
CRW26A5622B

Advanced Courses

Advanced Creative Writing Workshop

Fee **£220.00** (Concessionary Fee £176.00)

Rachel Smith

This module will help students develop their writing skills at a more advanced level. Building on their funds of knowledge from prior creative writing courses, students will explore how to advance their writing skills in a way that enhances their professional development as well as opportunities for having work published.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 4 May 2027

50-51 Park Place, Cardiff
 10 Credits, Level 5
CRW26A5567A

Literature Courses

Japanese Literature 2: A Closer Look

Fee **£220.00** (Concessionary Fee £176.00)

Dr Gemma Scammell

This course continues to explore the unique aesthetics, philosophical depth and cultural specificity found in contemporary Japanese texts. Surveying a wide variety of genres, including anime, romance, crime, and science fiction, students will analyse the English translations of some of Japan's leading writers and artists, asking questions about who we are and how we respond and relate to otherness and our environment.

10 weekly meetings
Tuesdays from 17:30 to 19:30
Starting 29 September 2026

This course will be taught online
 10 Credits, Level 4
LIT26A5665A

**Enrol
Early!**



Magical Realism

Fee **£297.00** (Concessionary Fee £238.00)

Dr Gemma Scammell

This course introduces students to Magical Realism as a literary genre, tracing the origins of the form through to contemporary fiction. Students will analyse a selection of texts from across the globe, including writers such as Latin America's best-known author and Nobel Laureate, Gabriel García Márquez, and Japan's multi-award-winning Haruki Murakami.

9 weekly meetings
Tuesdays from 17:30 to 19:30
Starting 19 January 2027

This course will be taught online
 10 Credits, Level 4
LIT26A5448A

Magical Realism 2: The Debate

Fee **£297.00** (Concessionary Fee £238.00)

Dr Gemma Scammell

Following on from the first course, this module will support students to continue their exploration of magical realist works. Studying a range of texts from around the globe translated into English, students will uncover the key concepts and themes found in works of Magical Realism. This course will enable students to consider the way authors evoke magical realism to convey ideas of who we are, how we connect to each other and our environment, and how we respond to trauma, violence, otherness and death.

9 weekly meetings
Tuesdays from 17:30 to 19:30
Starting 4 May 2027

This course will be taught online
 10 Credits, Level 4
LIT26A5666A

Pathways to a degree *in*

English Language, English Literature, Creative Writing, and Philosophy

Co-ordinating Lecturer:

Dr Michelle Deininger

Tel: **029 2087 0000**

Email:

DeiningerMJ@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer an Inside Narratives pathway which will allow you to study towards these degrees at Cardiff University:

- **Q306 English Literature (BA)**
- **QW11 English Literature and Creative Writing (BA)**
- **Q300 English Language and Literature (BA)**
- **V500 Philosophy (BA)**

Other degrees options may be available upon discussion with the Co-ordinating Lecturer.



How the Pathway works

Inside Narratives is made up of **60 credits**.
Each module is worth **10 Credits**.

To study a particular degree subject after the Pathway, you must study the appropriate core module. Most of the Inside Narratives core modules have the word '**Inside**' in the title.

For example, if you want to apply for the degree in English Literature and Creative Writing, pick **Inside Literature** and **and Creative Writing: Bold Beginnings**

If you're not sure which degree you'd like to do after the Pathway, make sure you pick a range of **core** and **optional** Pathway modules that you find interesting, totalling **60 credits**.

If you want, you can pick **ONE** suitable **10 credit module** from the main prospectus instead of a Pathway module.



Optional modules

Introduction to Ethics

Fee £297.00 (Concessionary Fee £238.00)

Dr Clea Rees

Why not be wicked if you can get away with it? Is the moral life good for you? What makes honesty or kindness admirable? Should you promote happiness, respect autonomy or cultivate virtue? This module explores key questions in meta-, normative and practical ethics. No previous knowledge of philosophy required.

9 weekly meetings
Mondays from 19:00 to 21:00
Starting 5 October 2026

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4

PHI26A5022A

Humanities Independent Study

Fee £497.00 (Concessionary Fee £447.00)

Humanities Tutor Team

Are you a pathway student seeking experience of longer writing projects? Or a returning student with a specific idea you would like to write about? Or are you considering enrolling on a postgraduate qualification? This module will provide an opportunity to develop an extended piece of writing (academic or creative) on a topic of your choice in a supported journey of independent study. Prior study, preferably with the Division of Lifelong Learning, or enrolment on courses on the Pathways to a Degree programme in Humanities disciplines, is a pre-requisite for taking this course.

Enrolment in advance, accompanied by a statement of your interests, is essential.

Starting 18 January 2027

This course will be taught online

10 Credits, Level 4
HUM26A5649A

Starting 26 April 2027

This course will be taught online

10 Credits, Level 4
HUM26A5649B

*Learn with us and...
receive expert tuition
from tutors
experienced in adult
learning*

Core modules

Creative Writing: Bold Beginnings

Fee £220.00 (Concessionary Fee £176.00)

Sophie Squire

Suitable for creative writers of any level - new and experienced - the goal of this course is to experiment with different forms and genre within creative writing. You will be introduced to a range of techniques designed to develop your confidence and writing skills. Upon completion, you will have a better understanding of your own creative voice and style. Bold Beginnings is designed to stand alone, or as a springboard for further creative writing study.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 12 October 2026

50-51 Park Place, Cardiff
10 Credits, Level 4
CRW26A5602A

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 18 January 2027

50-51 Park Place, Cardiff
10 Credits, Level 4
CRW26A5602B



Inside Literature

Fee £297.00 (Concessionary Fee £238.00)

Suzie Good

What can literature tell us about the human condition? Why do authors explore the human tendency to overreach? How do texts explore the end of the world? Learn to read novels, poetry and plays reflectively and analytically through a range of dark, disturbing and dystopian perspectives.

9 weekly meetings
Thursdays from 18:00 to 20:00
Starting 1 October 2026

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4

LIT26A5001A

Inside Philosophy

Fee £297.00 (Concessionary Fee £238.00)

Dr Clea Rees

What is the meaning of life? What's so bad about death? Are you free to take this class, or was your choice determined even before your birth? Socrates claimed that only the examined life was worth leading. On this module, we will embark on a philosophical journey that will enable us to start examining our lives and questioning our assumptions. No previous knowledge assumed.

9 weekly meetings
Mondays from 19:00 to 21:00
Starting 1 February 2027

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4

PHI26A5311A



The World of Cinema

Fee £297.00 (Concessionary Fee £238.00)

Dr Dafina Paca

This module explores the rich world of cinema, considering key technological, conceptual, theoretical and aesthetic issues in order to gain a better insight the films themselves, the companies that produce them, the money that goes into them, and the audiences who love, and sometimes hate, them.

9 weekly meetings
Mondays from 19:00 to 21:00
Starting 1 February 2027

This course will be taught online
10 Credits, Level 4
MED26A5310A

How to Navigate the Apocalypse

Fee £297.00 (Concessionary Fee £238.00)

Dr Gemma Scammell Dr Michelle Deininger

The end of the world has a long and healthy history. In this online module, we will trace the development of (post)apocalyptic texts in the Western tradition, from its earliest beginnings to its rise in popularity during the modern era. Students will be prepped with an understanding of cultural and historical contexts, and attain access to a stockpile of essential critical resources.

9 weeks of asynchronous study
Starting 3 May 2027

This course will be taught online
10 Credits, Level 4
MED26A5375A

Magical Realism

Fee £297.00 (Concessionary Fee £238.00)

Dr Gemma Scammell

This course introduces students to Magical Realism as a literary genre, tracing the origins of the form through to contemporary fiction. Students will analyse a selection of texts from across the globe, including writers such as Latin America's best-known author and Nobel Laureate, Gabriel García Márquez, and Japan's multi-award-winning Haruki Murakami.

9 weekly meetings
Tuesdays from 17:30 to 19:30
Starting 19 January 2027

This course will be taught online
10 Credits, Level 4
LIT26A5448A

Magical Realism 2: The Debate Continues!

Fee £297.00 (Concessionary Fee £238.00)

Dr Gemma Scammell

Following on from the first course, this module will support students to continue their exploration of magical realist works. Studying a range of texts from around the globe translated into English, students will uncover the key concepts and themes found in works of Magical Realism. This course will enable students to consider the way authors evoke magical realism to convey ideas of who we are, how we connect to each other and our environment, and how we respond to trauma, violence, otherness and death.

9 weekly meetings
Tuesdays from 17:30 to 19:30
Starting 4 May 2027

This course will be taught online
10 Credits, Level 4
LIT26A5666A

Analysing Horror

Fee £297.00 (Concessionary Fee £238.00)

Hari Berrow

Horror has one of the most committed fanbases in the world. This module introduces students to the significant and evolving media genre across film, television, literature and digital culture. Students will examine how horror creates emotional responses such as fear, suspense and disgust through narrative, imagery, sound and performance.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 5 May 2027

This course will be taught online
10 Credits, Level 4
MED26A5664A

Ancient Literature and Society

Fee £297.00 (Concessionary Fee £238.00)

Dr Gina Bevan

What did it mean to be Greek or Roman? What do ancient texts reveal about attitudes to war, love, family and gender, and about voices of the marginalised? Using texts ranging from epic poetry to comedy, and including works by Homer, Sophocles, Ovid and Virgil, we will explore societies that birthed stories which continue to captivate audiences today.

9 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 20 January 2027

This course will be taught online
10 Credits, Level 4
LIT26A5501A



Pathways to a degree in

Journalism, Media and Culture

Co-ordinating Lecturer:

Dr Michelle Deininger

Tel: **029 2087 0000**

Email:

DeiningerMJ@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

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pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

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pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer a Pathway which will allow you to study towards these degrees at University:

- **PQ53 English Literature, Journalism and Media (BA)**
- **ON3D Journalism and Communications (BA)**
- **3M7D Media and Communication (BA)**
- **R5V2 Media, Journalism and Culture (BA)**

Other degrees options may be available upon discussion with the Co-ordinating Lecturer.



How the Pathway works

The **Pathway to Media** is made up of 60 credits.

To complete the Pathway you must study the Core Module, **Introduction to Social Science** (20 credits)

Option 1:

Pick **FOUR** other modules on the Media Pathway to get your 60 credits.

Media Pathway Modules

Propaganda and Persuasion, The World of Cinema, Inside Language, How to Navigate the Apocalypse, Digital Society

Option 2:

Pick **THREE** Media Pathway courses, plus **ONE** other suitable module from the main prospectus.

Other suitable modules* include:

Creative Writing: Bold Beginnings
Writing for Stage and Screen
Creative Nonfiction

**Other options may also be available at the discretion of the Co-ordinating Lecturer.*

Core modules

Introduction to Social Science

Fee £594.00 (Concessionary Fee £475.00)

Sikiya Adekanye

Introduction to Social Science will focus your studies on contemporary society. We will look at the Media and how they impact on different groups in society; the changing cultures within our society; the participation and relationship society has to politics. Study skills will be a particular focus this term so that you are confident and ready to move on to the next course on your Pathway.

12 weekly meetings

Tuesdays from 17:00 to 19:30
plus 1 Saturday day school
Starting 15 September 2026

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A4968A



The World of Cinema

Fee £297.00 (Concessionary Fee £238.00)

Dr Dafina Paca

This module explores the rich world of cinema, considering key technological, conceptual, theoretical and aesthetic issues in order to gain a better insight into films themselves, the companies that produce them, the money that goes into them, and the audiences who love, and sometimes hate, them.

9 weekly meetings

Mondays from 19:00 to 21:00
Starting 1 February 2027

This course will be taught online

10 Credits, Level 4

MED26A5310A

Digital Society

Fee £220.00 (Concessionary Fee £176.00)

Dr Cate Correia Hopkins

Digital Society provides a critical examination of how digital technologies are transforming social life, culture, politics, and the economy. The emergence of new technologies like social media, algorithms, AI, and platform economies raise profound sociological questions about identity, community, inequality, work, governance, and human relationships. The course aims to provide a sociological framework for addressing policy issues surrounding justice, rights, and the public good in an increasingly technologized era. Students come away with enhanced abilities to evaluate technological impacts from a sociological perspective.

10 weekly meetings

Mondays from 17:00 to 19:00
Starting 5 April 2027

This course will be taught online

10 Credits, Level 4

SOC26A5572A

Optional modules

Writing Horror

Fee £220.00 (Concessionary Fee £176.00)

Hari Berrow

We will learn about the horror writing tradition and learn techniques and genre conventions that offer you the basis to create your own works of horror fiction. You will be introduced to some of horror's many forms and supported in choosing what style works best for you.

10 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 30 September 2026

This course will be taught online

10 Credits, Level 4

CRW26A5632A

Propaganda and Persuasion

Fee £297.00 (Concessionary Fee £238.00)

Dr Dafina Paca

'War is Peace. Freedom is Slavery. Ignorance is Strength.' This iconic slogan from Orwell's 1984 captures the way propaganda often contradicts our understanding of 'truth'. This module explores the language and iconography of propaganda, the rise of mass communication, and how understanding is shaped by the language of persuasion.

9 weekly meetings

Tuesdays from 19:00 to 21:00
Starting 26 January 2027

This course will be taught online

10 Credits, Level 4

MED26A5304A

Enrol Now!





Analysing Horror

Fee £220.00 (Concessionary Fee £176.00)

Hari Berrow

Horror has one of the most committed fanbases in the world. This module introduces students to the significant and evolving media genre across film, television, literature and digital culture. Students will examine how horror creates emotional responses such as fear, suspense and disgust through narrative, imagery, sound and performance.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 5 May 2027

This course will be taught online

10 Credits, Level 4
CRW26A5664A

How to Navigate the Apocalypse

Fee £297.00 (Concessionary Fee £238.00)

Dr Gemma Scammell

Dr Michelle Deininger

The end of the world has a long and healthy history. In this online module, we will trace the development of (post)apocalyptic texts in the Western tradition, from its earliest beginnings to its rise in popularity during the modern era. Students will be prepped with an understanding of cultural and historical contexts, and attain access to a stockpile of essential critical resources.

9 weeks of asynchronous study
Starting 3 May 2027

This course will be taught online

10 Credits, Level 4
MED26A5375A

Humanities Independent Study

Fee £497.00 (Concessionary Fee £447.00)

Humanities Tutor Team

Are you a pathway student seeking experience of longer writing projects? Or a returning student with a specific idea you would like to write about? Or are you considering enrolling on a postgraduate qualification? This module will provide an opportunity to develop an extended piece of writing (academic or creative) on a topic of your choice in a supported journey of independent study. Prior study, preferably with the Division of Lifelong Learning, or enrolment on courses on the Pathways to a Degree programme in Humanities disciplines, is a pre-requisite for taking this course.

Starting 18 January 2027

This course will be taught online

10 Credits, Level 4
HUM26A5649A

Starting 26 April 2027

This course will be taught online

10 Credits, Level 4
HUM26A5649B



Archaeology and Art

An Introduction to the Social History of Art Part 3: From Radicals to Suffragettes

Fee £220.00 (Concessionary Fee £176.00)

Dr Angela Morelli

We will focus on visual culture of radical history from the later 18th to early 20th centuries, including satirical and political images, material relating to the Peterloo Massacre, Merthyr Rising and Rebecca Riots, cartoons about Chartism, trade union certificates and banners. We will then turn to case studies of artists such as Walter Crane, Mary Lowndes, Emily Ford, Bertha Newcombe, Duncan Grant and Silvia Pankhurst. This module builds on subjects studied in **An Introduction to the Social History of Art Parts 1 and 2**, but no prior knowledge is assumed.

Note that there will be no classes on 23 and 30 October and 27 November

10 weekly meetings
Fridays from 11:00 to 13:00
Starting 25 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4
AAA26A5651A

Introduction to British Archaeology

Fee £220.00 (Concessionary Fee £176.00)

Dr Tudur Davies

From villas and roundhouses to the grand castles of the Middle Ages, Britain is rich in its archaeology. Beginning at the dawn of Roman Britain, we will go on to explore the Anglo-Saxons, Celts, Vikings and Normans, before considering the archaeology of medieval power, identity, economy and death down to the end of the medieval period.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 28 January 2027

This course will be taught online

10 Credits, Level 4
ARC26A5553A



Meet the Ancient Greeks: Art, Power and Society in a Changing Mediterranean

Fee £220.00 (Concessionary Fee £176.00)

Dr Christina Hatzimichael Whitley

From the oracle at Delphi to the Macedonian royal burials at Vergina, the polis landscapes of Athens and Sparta, and the cult centre of Delos, the archaeology of Ancient Greece reveals connections to wider Mediterranean networks of trade, ideas, and power. This module introduces Ancient Greek art, literature and material culture seen in its social, political and economic contexts.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 27 April 2027

This course will be taught online
10 Credits, Level 4
AAA26A5650A

Folklore

The Fairy Tale

Fee £220.00 (Concessionary Fee £176.00)

Dr Juliette Wood

Fairy tales and legends evoke images of wonder, quests for dragons and magic talismans, heroic deeds and magic spells. They are fundamental to literature and popular culture. This course will examine them in the light of art, literature, myth and folklore, to expand our understanding of the importance of themes and characters from medieval tales to modern fantasy.

10 weekly meetings
Thursdays from 18:00 to 20:00
Starting 8 October 2026

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
FOL26A5653A

Here be Dragons: Fantasy Beasts from the Ancient World to Cyberspace

Fee £220.00 (Concessionary Fee £176.00)

Dr Juliette Wood

Mythical beasts, from ancient dragons to contemporary cryptids, are creatures of the imagination that play important and complex roles in how we envisage our world. This course will explore how fantasy beasts formed subjects for classical and medieval travellers tales, their place in literature and art, and in alternative worlds in modern cyberspace and fantasy.

10 weekly meetings
Thursdays from 18:00 to 20:00
Starting 28 January 2027

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
FOL26A5648A

Historical Studies

"For Wales, see England"? History and National Identity in 19th Century Wales

Fee £220.00 (Concessionary Fee £176.00)

Dr Elizabeth Jones

How did Wales become the nation we know today? We will explore industrial and agricultural developments that transformed economy, landscape, society, politics and culture in nineteenth-century Wales. On our journey, we will enter the lives of the people, exploring occupations, housing, education, religion and recreation, discovering how changes impacted all aspects of Welsh life and identity.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 6 October 2026

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
HIS26A5552A





Cardiff, Metropolis of Wales: People, Places, History

Fee £220.00 (Concessionary Fee £176.00)

Dr Elizabeth Jones

From the hillfort at Caerau-Ely to Roman and Norman invasions and the building of Cardiff Castle, and on to Reformation, Civil War, coal and culture, this course examines the growth and development of Cardiff. We will explore the buildings and people that have shaped the city and discuss how its identity has changed in response to local, national and international events.

10 weekly meetings
Thursdays from 18:00 to 20:00
Starting 6 May 2027

John Percival Building,
 Colum Drive, Cardiff

10 Credits, Level 4
HIS26A5569A

Music

Composing Music Workshop Online

Fee £497.00 (Concessionary Fee £447.00)

Dr Gareth Churchill

This course offers personal, long distance tutorial support (usually via e-mail) to new and experienced composers who want to pursue a project of their own. The nature of the study will be tailored to the student's individual requirements. The course is primarily aimed at students writing in a contemporary Western art music classical style in an acoustic instrumental and/or vocal idiom.

Enrolment in advance, accompanied by a statement of your interests, is essential.

Starting 28 September 2026

This course will be taught online

10 Credits, Level 4
MPR26A4549A

Starting 18 January 2027

This course will be taught online

10 Credits, Level 4
MPR26A4549B

Red Star Rising: The Soviet Union, 1917–45

Fee £220.00 (Concessionary Fee £176.00)

Dr Ben Curtis

The Russian Revolution (1917) and establishment of the Soviet Union (USSR) were momentous events. This course explores the background to the Revolution, and the dramatic history of the Soviet Union from its formation, through the Second World War and on to the Cold War. We will examine key themes and debates with continuing relevance in the uncertain political circumstances of today.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 8 October 2026

This course will be taught online

10 Credits, Level 4
HIS26A5239A

The Hitler Years: Germany and the Third Reich

Fee £220.00 (Concessionary Fee £176.00)

Dr Elizabeth Jones

From its rise in the 1920s, establishment and growth during the 1930s, to its collapse in 1945, we will examine the ideology of a man and regime synonymous with dictatorship, oppression and genocide. We will investigate the impact on everyday lives, economic policies, attitudes towards particular societal groups and crimes that shocked the world. We will consider the shadow of Nazism, and why it continues to fascinate us today.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 4 May 2027

John Percival Building,
 Colum Drive, Cardiff

10 Credits, Level 4
HIS26A5654A

Pathways to a degree in

History, Archaeology and Religion

Exploring the Past Coordinator

Dr Paul Webster

Tel: **029 2087 5610**

Email:

WebsterP@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



The Exploring the Past Pathway provides a route to studying undergraduate degrees at Cardiff University in:

- ▶ **V100 History (BA)**
- ▶ **LV22 Modern History, Politics and International Relations (BA)**
- ▶ **F480 Archaeological and Heritage Science (BSc)**

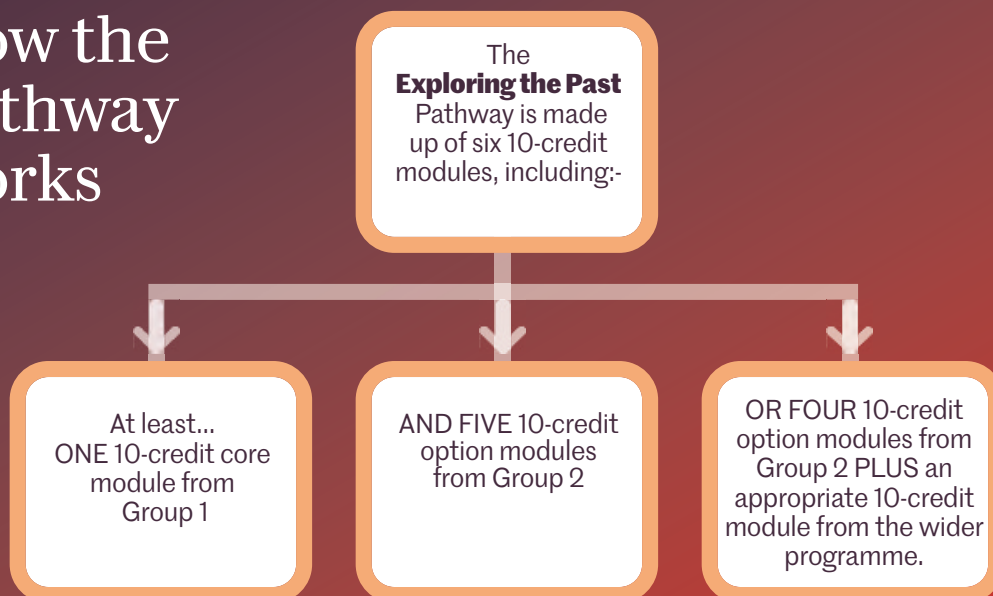
▶ **F400 Archaeology (BA)**

▶ **VV14 Archaeology and History (BA)**

Other degrees options may be available upon discussion with the Co-Ordinating Lecturer.

There are no formal entry requirements. Once you have successfully completed an Exploring the Past pathway, you are guaranteed an interview at Cardiff

How the pathway works



Group 1: Core Modules

Exploring World Religions

Fee **£297.00** (Concessionary Fee £238.00)

Dr Gina Bevan

What is religion? How do we study it? We will explore religions from around the world, introducing different faiths and diverse global religious traditions, and asking wider questions surrounding texts, practices, authority and identity. We will consider issues religions face today, such as migration, technology, secularisation and the emergence of 'new religions'.

9 weekly meetings
Mondays from 19:00 to 21:00
Starting 5 October 2026

This course will be taught online

10 Credits, Level 4

REL26A5484A



Exploring the Past: What is History?

Fee **£297.00** (Concessionary Fee £238.00)

Dr Elizabeth Jones

What is history? How is history presented? How do we find out about history? Why do we argue about the past and its influence on our lives? This module will explore the role of the historian, from the presentation of history in the world around us, to the history of politics, nations, society and cultures, and the global and diverse approaches of today.

9 weekly meetings
Thursdays from 18:00 to 20:00
Starting 8 October 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

HIS26A5520A

Exploring the Past: Archaeology

Fee **£297.00** (Concessionary Fee £238.00)

Dr Christina Hatzimichael Whitley

Archaeologists do much more than dig, but what is archaeology and what do archaeologists do? This course introduces approaches and techniques, exploring the reconstruction of past landscape and agriculture, technology, trade, diet, burial practices, beliefs, cultural identities and the lives of individuals and communities.

9 weekly meetings
Tuesdays from 17:00 to 19:00
Starting 19 January 2027

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

HIS26A4599A

STUDENT TESTIMONIAL

Matt has overcome his imposter syndrome and is now thriving

Matthew Jones returned to the classroom because he was curious and he wanted to build his self-confidence.

He enrolled on a wide variety of part-time courses at Lifelong Learning including modules on the Exploring the Past Pathway.

Growing up in the Rhondda Valley and being the first in his family to consider applying to university, Matt never felt like he belonged in education. With several undiagnosed additional learning needs he felt isolated and was left with what he describes as 'imposter syndrome'.



Matt commented:

“ Studying on a part-time basis with encouraging tutors and fellow students has enabled me to explore a variety of topics that I have found interesting and engaging. I love learning now and being in a classroom environment.”

Studying with Lifelong Learning as a mature student has allowed me to develop my self-confidence and find a way of learning that works for me. More recently, I was diagnosed with Dyspraxia (which has explained a lot!) and am currently awaiting a diagnosis for Autism.

Matt completed the Exploring the Past Pathway in 2023, whilst studying his MA in English Literature at Cardiff University. He graduated in 2024.

Recently, Matt won a full PhD scholarship, funded through UKRI, at Nottingham University. He commented:

“ I hope that my experience will encourage others to break down the barriers that many feel when applying to university.”

Dr Paul Webster, Exploring the Past Coordinator commented:

“ It's been a pleasure to work with Matt as he has explored and developed his interests, and what has become a real passion for learning, on the courses he has taken across the Lifelong Learning programme, and now as he continues to break down barriers in beginning his doctorate. He is a real inspiration to anyone thinking of returning to study and who would like to embark on a journey that will provide the confidence and skills to succeed.”



Group 2: Option Modules

Tell Me a Myth: Gods, Rituals and the Archaeology of Belief

Fee £297.00 (Concessionary Fee £238.00)

Dr Christina Hatzimichael Whitley

Greek myths are among the most powerful stories of the ancient world – narratives of gods, heroes, and human experience that shaped social values and collective identity. This module explores the relationship between myth and material evidence, examining how archaeological sources illuminate ancient beliefs and religious practice in ancient Greece from the 7th to the 4th century BCE.

9 weekly meetings
Tuesdays from 17:00 to 19:00
Starting 6 October 2026

This course will be taught online

10 Credits, Level 4
ARC26A5652A

Humanities Independent Study

Fee £497.00 (Concessionary Fee £447.00)

Humanities Tutor Team

Are you a pathway student seeking experience of longer writing projects? Or a returning student with a specific idea you would like to write about? Or are you considering enrolling on a postgraduate qualification? This module will provide an opportunity to develop an extended piece of writing (academic or creative) on a topic of your choice in a supported journey of independent study. Prior study, preferably with the Division of Lifelong Learning, or enrolment on courses on the Pathways to a Degree programme in Humanities disciplines, is a pre-requisite for taking this course.

Enrolment in advance, accompanied by a statement of your interests, is essential.

Starting 18 January 2027

This course will be taught online

10 Credits, Level 4
HUM26A5649A

Starting 26 April 2027

This course will be taught online

10 Credits, Level 4
HUM26A5649B

Ancient Literature and Society

Fee £297.00 (Concessionary Fee £238.00)

Dr Gina Bevan

What did it mean to be Greek or Roman? What do ancient texts reveal about attitudes to war, love, family and gender, and about voices of the marginalised? Using texts ranging from epic poetry to comedy, and including works by Homer, Sophocles, Ovid and Virgil, we will explore societies that birthed stories which continue to captivate audiences today.

9 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 20 January 2027

This course will be taught online

10 Credits, Level 4
LIT26A5501A



People, Identity and Society: The Making of Modern Britain

Fee £297.00 (Concessionary Fee £238.00)

Dr Elizabeth Jones

Where do our identities come from? What is their history? How did society in Britain develop into the diverse communities of today? We will explore ideas of Four Nations history, before investigating the influence of Empire, slavery, perceptions of class, and the impact of World Wars. We will consider perceptions of race, gender, and sexuality, revealing hitherto unheard historical voices.

9 weekly meetings
Thursdays from 18:00 to 20:00
Starting 4 February 2027

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
HIS26A5521A



Global Queenship

Fee £297.00 (Concessionary Fee £238.00)

Dr Charlotte Pickard

What was the role of the queen in the pre-modern world? We will explore queenship, considering queens as mothers, consorts, strong political figures and rulers in their own right, as patrons of religion and culture, and how they have been remembered. We will compare and contrast pre-modern queens, introducing vibrant scholarship which reinstates royal women as leaders in pre-modern societies across the world.

6 weekly meetings

Mondays from 18:00 to 20:00

Plus 6 asynchronous hours

Starting 8 February 2027

This course will be taught online

10 Credits, Level 4

HIS26A5523A

The Tudors: Fact, Fiction and Fantasy

Fee £297.00 (Concessionary Fee £238.00)

Dr Juliette Wood

Introducing the interplay between history, legend and fantasy in Tudor Britain, this module goes beyond the historical deeds of monarchs like Henry VIII, Mary and Elizabeth I to examine the relationship between historical sources and the construction of real, and imagined lives in art, film, novels and fantasies.

9 weekly meetings

Thursdays from 18:00 to 20:00

Starting 6 May 2027

John Percival Building,

Colum Drive, Cardiff

10 Credits, Level 4

HIS26A5453A

Ideas of Empire: From Persia to Putin

Fee £297.00 (Concessionary Fee £238.00)

Dr Alun Williams

What is an empire? How did ancient empires influence later imperial projects, up to the present day? We will examine empires including Assyria, Persia, Rome, the Renaissance empires forged in the 'New World', and more recent imperial visions of the World Wars, Cold War and post-Soviet era. Did ancient ideas, ideologies and practices of empire influence their successors and, if so, how?

3 meetings

Saturdays 5, 12 and 26 June 2027

This course will be taught online

10 Credits, Level 4

HIS26A5486A

Life, Love and Death in Early Modern England

Fee £297.00 (Concessionary Fee £238.00)

Dr Rachel Bowen

On first glance, life in early modern England followed a similar pattern to our own, but closer analysis shows that life stages and rituals were often quite different. This course explores the life cycle in early modern England from birth to death, examining topics including childhood, marriage, work and old age.

9 weekly meetings

Mondays from 18:00 to 20:00

Starting 19 April 2027

This course will be taught online

10 Credits, Level 4

HIS26A5271A



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The Exploring the Past **FREE** Lecture series

Our monthly free lecture series presents an exciting window into history, archaeology, literature and religion, providing a glimpse into research carried out by Cardiff University academics and beyond to give you a taste of academic study.

Our popular series will be continuing online in 2026-27, and we will publish the lecture titles and dates on our website in advance of each talk, as well as emailing our students and subscribers with information on how to sign up.

If you would like to join our mailing list for information about the lectures, contact Dr Paul Webster:

websterp@cardiff.ac.uk



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cardiff.ac.uk/professional-development

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- **Flexible learning including online and blended modules**
- **Small class sizes**
- **City centre location**



Modern Languages

For language queries please contact

Tel: **029 2087 0000** Email: **Learn@cardiff.ac.uk**

Chinese Courses: **Professor Langlang Wang**

Tel: **029 2087 5234** Email: **WangL147@cardiff.ac.uk**



Arabic

Arabic: Beginners I

Fee **£259.00** (Concessionary Fee £207.00)

Dr Buthenah Davies

This course is aimed at absolute beginners and will introduce students to the Arabic language and culture. The emphasis will be on developing speaking and listening skills. Students will also get a good impression of the outlook and day-to-day life of the Arabic speaking world.

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 22 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

ARA26A4633A

Sefat Salama

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 19 January 2027

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

ARA26A4633B



Arabic: Beginners II

Fee **£259.00** (Concessionary Fee £207.00)

Dr Buthenah Davies

This course is aimed at students who have attended **Arabic: Beginners I**, or have some very basic knowledge of Arabic. It is not appropriate for absolute beginners of the language.

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 19 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

ARA26A4634A

Enrol Now!

Arabic: Improvers I

Fee **£259.00** (Concessionary Fee £207.00)

Dr Buthenah Davies

This course is aimed at students who have studied Arabic for one year part-time and/or have some knowledge of Arabic. Students will further improve their language skills and at the same time get an insight into Arabic life and culture.

12 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 23 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

ARA26A4635A

Arabic: Improvers II

Fee **£259.00** (Concessionary Fee £207.00)

Dr Buthenah Davies

This course is aimed at students who have attended **Arabic for Improvers I**, or have some knowledge of Arabic. Students will further improve their language skills.

12 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 20 January 2027

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

ARA26A4636A

This table helps you find your level however we know that in some cases this can be difficult. This is why you have the option of switching from one course to another during the first few weeks.

Recommended Level of Competence at Entry	Stages	Level of Competence reached at end of stage course (All Languages)	Common European Framework of Reference
You have no previous knowledge of the language.	STAGE A	Basic survival skills: understanding basic written and spoken texts; taking part in simple conversation; conveying simple information in writing.	Preparation for A1
	STAGE A+	Stage A+ has been created as a bridge between Stage A and Stage B.	
You may have studied the language a long time ago and you may be a bit rusty now (one year's part-time study or 'rusty' GCSE in the language studied).	STAGE B	You should have a sufficient vocabulary for coping with everyday situations with predictable content and simple survival needs. You should be able to handle very short social exchanges. You should be able to understand a simple description.	Preparation for A2
You may have acquired survival skills in the language and had some opportunity to use the language recently (two years' part-time study or a good recent GCSE pass in the language studied).	STAGE C	You should be able to confidently cope with everyday situations. You should be able to make and respond to invitations, apologies, etc. You should be able to understand a simple and direct exchange of limited information on familiar and routine matters.	
You may have had a good command of the language some time ago and you want to re-activate and build upon your comprehension and expression (three years' part-time study or 'rusty' A-Level in the language studied).	STAGE D	You should have enough language to get by, with sufficient vocabulary to understand topics such as family, hobbies and interests, work, travel, and current events. You should be able to understand the main points in an idea or problem with reasonable precision.	Preparation for B1
You have recently completed an A-Level in the language studied and you are ready to take it a step further (four years' part-time study or A-Level in the language studied).	STAGE E	You should have a sufficient range of language to be able to understand descriptions and arguments on most topics related to family, hobbies and interests, work, travel, and current events. You should be able to identify unfamiliar words from the context on topics related to your field/interests.	
You have a very good working knowledge of the language and you want a stimulating course to match and stretch your competencies (five years' part-time study or Advanced Stage E).	STAGE F	You should be able with some effort to keep up with fast and colloquial discussions. You should be able to understand detailed information reliably.	Preparation for B2
You have an excellent command of the language and use it on a regular basis. This level will enhance your near-native language skills (six years' part-time study or Advanced Stage F).	STAGE G/H	You should have a good command of broad lexical repertoire and a good command of idiomatic expressions and colloquialisms. You should be able to understand language effectively for social purposes, including emotional, allusive and joking usage.	Preparation for C1

International Language Examinations in Chinese, French, German, Italian and Spanish

You can sit the following examinations (subject to availability).

- **DELFI/DALF (French)**
- **CILS (Italian)**
- **DELE (Spanish)**
- **Goethe Zertifikat (German)**
- **HSK (Chinese)**

For more information, please contact us at
email: languages@cardiff.ac.uk Tel: **029 2068 8832**
www.cardiff.ac.uk/modern-languages/about-us/international-language-qualifications

Chinese



Our Chinese courses are taught by tutors of the Cardiff Confucius Institute which is located in the university's School of Global Humanities.

Specialised in high quality language teaching, the Institute is a partnership with Xiamen University in China where most tutors have studied. They are qualified to teach Chinese as a Foreign Language and place a strong emphasis on culture content in their courses. Internationally recognised language qualifications (HSK) are also available throughout the year. Please visit our website for more details: www.cardiff.ac.uk/confucius-institute/



Chinese: Beginners I

Fee £259.00 (Concessionary Fee £207.00)

Tutor to be confirmed

This module is designed for absolute beginners with no prior knowledge of Mandarin Chinese. Using *New HSK Course 1 (HSK 3.0)*, students will learn the fundamentals of Mandarin, including pronunciation (pinyin), tones, basic vocabulary, and simple sentence patterns. The course focuses on developing practical communication skills through topics such as greetings, self-introduction, nationality, numbers, time expressions, and daily routines. Students will also begin learning to recognise and write simplified Chinese characters while gaining an introduction to Chinese culture.

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 28 September 2026

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
CHI26A4637A

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 18 January 2027

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
CHI26A4637B

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 26 April 2027

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
CHI26A4637C

Chinese: Beginners II

Fee £259.00 (Concessionary Fee £207.00)

Tutor to be confirmed

This module is suitable for students who have completed Beginners I or have some basic knowledge of Mandarin Chinese. Continuing with *New HSK Course 1 (HSK 3.0)*, students will further develop their listening, speaking, reading, and writing skills through topics such as shopping, study, daily plans, and past experiences. The course introduces more complex sentence patterns, modal verbs, and aspect particles, helping learners communicate more confidently in everyday situations. Successful completion corresponds to approximately 300 words, meeting the requirements of HSK 1 (2026 standard).

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 29 September 2026

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
CHI26A4638A

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 19 January 2027

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
CHI26A4638B

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 27 April 2027

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
CHI26A4638C

Chinese: Improvers I

Fee £259.00 (Concessionary Fee £207.00)

Tutor to be confirmed

This module is suitable for students who have completed Beginners II or possess approximately 300 words of Mandarin vocabulary. Using *New HSK Course 2 (HSK 3.0)*, students will expand their communicative ability through topics such as travel, plans, and personal experiences. The course introduces more advanced sentence structures, including result complements, comparisons, and emphasis structures, while continuing to develop listening, speaking, reading, and writing skills.

12 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 30 September 2026

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
CHI26A5667A

12 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 20 January 2027

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
CHI26A5667B

12 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 28 April 2027

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4
CHI26A5667C



Chinese: Improvers II

Fee £259.00 (Concessionary Fee £207.00)

Tutor to be confirmed

This module continues from Improvers I and completes the HSK 2 level. Using *New HSK Course 2 (HSK 3.0)*, students will further develop their communication skills through discussions of study, preferences, daily routines, and future plans. Learners will use a wider range of sentence structures, including comparative sentences, aspect particles, and complements, while improving their ability to participate in longer conversations. Successful completion corresponds to approximately 500 words, meeting the requirements of HSK 2 (2026 standard).

12 weekly meetings

Thursdays from 19:00 to 21:00
Starting 21 January 2027

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

CHI26A5668A

12 weekly meetings

Thursdays from 19:00 to 21:00
Starting 29 April 2027

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

CHI26A5668B

Chinese: Intermediate I

Fee £259.00 (Concessionary Fee £207.00)

Tutor to be confirmed

This module is suitable for learners who have completed HSK2 and who possess approximately 500 words of Mandarin vocabulary. Using *New HSK Course 3 (HSK 3.0)*, students will develop greater fluency and accuracy through more complex sentence structures and practical communication tasks. Topics include travel, experiences, and everyday situations, with particular emphasis on result complements, comparisons, and cause-and-effect relationships.

12 weekly meetings

Mondays from 19:00 to 21:00
Starting 28 September 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

CHI26A5669A

12 weekly meetings

Mondays from 19:00 to 21:00
Starting 26 April 2027

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

CHI26A5669B



Chinese: Intermediate II

Fee £259.00 (Concessionary Fee £207.00)

Tutor to be confirmed

This module continues from Intermediate I and further develops students' communication skills through more advanced sentence structures and discourse patterns. Using *New HSK Course 3 (HSK 3.0)*, students will learn to express opinions, provide explanations, and discuss events in greater detail. The course emphasises fluency, accuracy, and comprehension through listening, speaking, reading, and guided communication activities.

12 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 19 January 2027

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

CHI26A5670A

Chinese: Intermediate III

Fee £259.00 (Concessionary Fee £207.00)

Tutor to be confirmed

This course completes the Intermediate stage and aligns with HSK 3 (2026 standard). Using *New HSK Course 3 (HSK 3.0)*, students will develop the ability to communicate effectively in a wide range of everyday situations. The course introduces more advanced grammatical structures, including “把” sentences, passive sentences, and conditional expressions. Successful completion corresponds to approximately 1,000 words, meeting the requirements of HSK 3 (2026 standard).

12 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 28 April 2027

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4

CHI26A5671A





Chinese: Higher Intermediate I

Fee £259.00 (Concessionary Fee £207.00)

Tutor to be confirmed

This module is suitable for learners who have completed HSK 3 or equivalent. The course uses *HSK Standard Course 4A* (to be replaced by *New HSK Course 4 (HSK 3.0)* upon publication) and focuses on developing upper-intermediate language skills. Students will engage with longer texts, more complex topics, and a wider range of vocabulary and grammatical structures while improving both spoken and written communication.

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 28 September 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
CHI26A5672A

Chinese: Higher Intermediate II

Fee £259.00 (Concessionary Fee £207.00)

Tutor to be confirmed

This module continues from Higher Intermediate I and further develops students' fluency, accuracy, and comprehension. Using *HSK Standard Course 4A* (to be replaced by *New HSK Course 4 (HSK 3.0)* upon publication), students will learn to discuss more complex topics, express opinions with greater confidence, and understand longer spoken and written texts. The course continues to build towards HSK 4 level proficiency.

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 19 January 2027

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
CHI26A5673A

Chinese: Advanced I

Fee £259.00 (Concessionary Fee £207.00)

Tutor to be confirmed

This module is suitable for learners who have completed Higher Intermediate II. Using *HSK Standard Course 4B* (to be replaced by *New HSK Course 4 (HSK 3.0)* upon publication), students will further develop their reading, listening, speaking, and writing skills through longer texts, extended discussions, and more sophisticated language use. The course focuses on improving fluency, accuracy, and independent communication.

12 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 30 September 2026

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
CHI26A5674A

12 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 28 April 2027

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
CHI26A5674B

Chinese: Advanced II

Fee £259.00 (Concessionary Fee £207.00)

Tutor to be confirmed

This module completes the Advanced stage. Using *HSK Standard Course 4B* (to be replaced by *New HSK Course 4 (HSK 3.0)* upon publication), students will further develop their ability to communicate across a wider range of situations, understand extended spoken and written texts, and express opinions clearly and effectively. The course emphasises fluency, accuracy, independent language use, and confidence in discussing more complex topics.

12 weekly meetings
Thursdays from 19:00 to 21:00
Starting 21 January 2027

John Percival Building,
Colum Drive, Cardiff

10 Credits, Level 4
CHI26A5675A

French

French: Absolute Beginners

Fee £176.00 (Concessionary Fee £151.00)

Romina Ciraci

This course is for you if you have no knowledge (or very little) of French. It focuses on speaking and understanding the language in practical contexts. Ideal if you want a taste of French!

9 weekly meetings
Mondays from 17:00 to 19:00
Starting 28 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 3
FRE26A4182A

9 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 19 January 2027

This course will be taught remotely via an interactive online classroom

10 Credits, Level 3
FRE26A4182B

French: Beginners - Stage A

Fee £500.00 (Concessionary Fee £400.00)

Stéphane Jenaer

28 weekly meetings
Thursdays from 17:00 to 19:00
Starting 1 October 2026

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4
FRE26A2607A

French: Improvers - Stage B

Fee £500.00 (Concessionary Fee £400.00)

Romina Ciraci

28 weekly meetings
Tuesdays from 17:00 to 19:00
Starting 29 September 2026

50-51 Park Place, Cardiff

30 Credits, Level 4
FRE26A2608A

Romina Ciraci

28 weekly meetings
Thursdays from 12:00 to 14:00
Starting 1 October 2026

50-51 Park Place, Cardiff

30 Credits, Level 4
FRE26A2608B



French: Higher Intermediate - Stage C

Fee **£500.00** (Concessionary Fee £400.00)

- **Hamid Sahki**
- **28 weekly meetings**
Thursdays from 12:00 to 14:00
Starting 24 September 2026
- 50-51 Park Place, Cardiff
- 30 Credits, Level 4
- FRE26A2609A**

French: Lower Advanced - Stage E

Fee **£500.00** (Concessionary Fee £400.00)

- **Romina Ciraci**
- **28 weekly meetings**
Thursdays from 17:00 to 19:00
Starting 1 October 2026
- 50-51 Park Place, Cardiff
- 30 Credits, Level 4
- FRE26A2611A**

French: Advanced - Stage F

Fee **£500.00** (Concessionary Fee £400.00)

- **Stéphane Jenaer**
- **28 weekly meetings**
Tuesdays from 19:30 to 21:30
Starting 29 September 2026
- This course will be taught remotely via an interactive online classroom**
- 30 Credits, Level 4
- FRE26A2719A**

STUDENT TESTIMONIAL

“

I have always loved French since I studied it at 'A' level in the late 1960s. I took it for granted that I could maintain a level of fluency, but about six years ago, I had to acknowledge that standards were slipping. So I looked to the university to rescue me. Several courses later, and two visits to Nantes on the adult exchange programme, which I can't praise too highly, I am once again happy to speak out in class.

”



French: Advanced - Stage H

Fee **£500.00** (Concessionary Fee £400.00)

• **Stéphane Jenaer**

• **28 weekly meetings**

Wednesdays from 19:00 to 21:00

Starting 30 September 2026

This course will be taught remotely via an interactive online classroom

30 Credits, Level 5

FRE26A2717A

Parler franc 3

Fee **£500.00** (Concessionary Fee £400.00)

• **Hamid Sahki**

Ce cours est d'un niveau supérieur avancé qui s'adresse aux étudiants qui souhaitent perfectionner leur connaissance de la langue, de la société et de la culture française. Organisé afin de pratiquer tous les aspects de la langue (Oral, Ecrit, Audio), ce cours inclura de nombreuses conversations en classe, animé de débats sur des thèmes actuels de société, arts, patrimoine, histoire, musique, culture, sciences et techniques: tous les sujets sont abordés et analysés (niveau DALF C1)

• **28 weekly meetings**

Thursdays from 10:00 to 12:00

Starting 24 September 2026

50-51 Park Place, Cardiff

30 Credits, Level 5

FRE26A5685A



German

German: Beginners – Stage A

Fee **£500.00** (Concessionary Fee £400.00)

• **Claire Morris**

• **28 weekly meetings**

Wednesdays from 19:00 to 21:00

Starting 30 September 2026

50-51 Park Place, Cardiff

30 Credits, Level 4

GER26A2613A

German: Improvers – Stage B

Fee **£500.00** (Concessionary Fee £400.00)

• **Dr Sabina Barczyk-Wozniak**

• **28 weekly meetings**

Thursdays from 19:00 to 21:00

Starting 1 October 2026

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

GER26A2614A

German: Lower Advanced - Stage E

Fee **£500.00** (Concessionary Fee £400.00)

• **Doris Wagner**

• **28 weekly meetings**

Tuesdays from 19:00 to 21:00

Starting 29 September 2026

50-51 Park Place, Cardiff

30 Credits, Level 4

GER26A2720A

German: Advanced - Stage G

Fee **£7.00** (Concessionary Fee £400.00)

• **Doris Wagner**

• **28 weekly meetings**

Thursdays from 19:00 to 21:00

Starting 1 October 2026

50-51 Park Place, Cardiff

30 Credits, Level 5

GER26A2617A

Enrol early!



Greek

Greek: Beginners I

Fee £259.00 (Concessionary Fee £207.00)

Dr Christina Hatzimichael Whitley

This course is for absolute beginners. Students will learn to read the Greek alphabet and will be introduced to Greek grammar and sentence construction. Basic conversation and language structures will be covered and by the end of the course students will be able to read Greek, order food/drinks in a restaurant, introduce themselves and carry some basic conversation in Greek.

12 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 30 September 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4
GRE26A1678A

Greek: Improvers - Stage B

Fee £430.00 (Concessionary Fee £344.00)

Dr Christina Hatzimichael Whitley

This course is aimed at students who have attended **Greek: Beginners II** or had some formal or informal Greek lessons in the past. The students will be introduced to more complex sentence constructions and more advanced grammar. There will be particular emphasis put on listening and oral skills.

20 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 30 September 2026

This course will be taught remotely via an interactive online classroom

20 Credits, Level 4
GRE26A4544A

Greek: Lower Advanced - Stage D

Fee £500.00 (Concessionary Fee £400.00)

Dr Christina Hatzimichael Whitley

This course is aimed at students who have studied Greek for three years part-time. It builds on the grammar base acquired in previous studies but the emphasis is on communication and comprehension skills. General topics covered in previous courses will be revised and extended and your knowledge of Greek culture and society will be further developed through the introduction of new themes.

24 weekly meetings

Tuesdays from 19:00 to 21:00
Starting 29 September 2026

This course will be taught remotely via an interactive online classroom

20 Credits, Level 4
GRE26A3524A

Intensive Language Courses

Every summer we run intensive language courses in June/July. Information will be available from our website and Reception in April.

These courses are ideal if:

- ▶ Your language course ended in the spring and you would like to get extra practice during the summer
- ▶ You would like to try a new language to see if you'd enjoy it;
- ▶ You're planning to go abroad this summer and want to learn basic phrases or brush up on existing language skills.

These courses are good value for money and are usually very popular. We look forward to seeing you!





Italian

Italian: Beginners – Stage A

Fee **£500.00** (Concessionary Fee £400.00)

Dr Bruna Chezzi
28 weekly meetings
Thursdays from 10:00 to 12:00
Starting 1 October 2026
 50-51 Park Place, Cardiff
 30 Credits, Level 4
ITA26A2618A



Italian: Beginners – Stage A

Fee **£430.00** (Concessionary Fee £344.00)

Dr Luca Paci
 The course aims to provide you with a grounding in the basic grammatical structures of Italian in order to communicate at basic level in essential social and survival situations in Italy.
20 weekly meetings
Tuesdays from 17:00 to 19:00
Starting 19 January 2027
 50-51 Park Place, Cardiff
 20 Credits, Level 4
ITA26A4846A

Italian: Lower Intermediate - Stage C

Fee **£500.00** (Concessionary Fee £400.00)

Dr Bruna Chezzi
28 weekly meetings
Tuesdays from 12:00 to 14:00
Starting 29 September 2026
 50-51 Park Place, Cardiff
 30 Credits, Level 4
ITA26A2620A

Italian: Higher Intermediate - Stage D

Fee **£500.00** (Concessionary Fee £400.00)

Dr Bruna Chezzi
28 weekly meetings
Tuesdays from 10:00 to 12:00
Starting 29 September 2026
 50-51 Park Place, Cardiff
 30 Credits, Level 4
ITA26A2621A
Rossella Grillo
28 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 29 September 2026
This course will be taught remotely via an interactive online classroom
 30 Credits, Level 4
ITA26A2621B

Italian: Improvers – Stage B

Fee **£500.00** (Concessionary Fee £400.00)

Dr Bruna Chezzi
28 weekly meetings
Thursdays from 12:00 to 14:00
Starting 1 October 2026
 50-51 Park Place, Cardiff
 30 Credits, Level 4
ITA26A2619A
28 weekly meetings
Mondays from 17:00 to 19:00
Starting 28 September 2026
 50-51 Park Place, Cardiff
 30 Credits, Level 4
ITA26A2619B

Italian: Lower Advanced - Stage E

Fee £500.00 (Concessionary Fee £400.00)

Dr Bruna Chezzi

28 weekly meetings

Wednesdays from 10:00 to 12:00

Starting 30 September 2026

50-51 Park Place, Cardiff

30 Credits, Level 4

ITA26A2721A

Italian: Advanced - Stage F

Fee £500.00 (Concessionary Fee £400.00)

Dr Bruna Chezzi

28 weekly meetings

Wednesdays from 12:00 to 14:00

Starting 30 September 2026

50-51 Park Place, Cardiff

30 Credits, Level 4

ITA26A2724A

Italian: Advanced - Stage H

Fee £500.00 (Concessionary Fee £400.00)

Rossella Grillo

28 weekly meetings

Thursdays from 19:00 to 21:00

Starting 1 October 2026

This course will be taught remotely via an interactive online classroom

30 Credits, Level 5

ITA26A3803A

Enrol now!

Media, Culture and Society in Contemporary Italy

Fee £500.00 (Concessionary Fee £400.00)

Dr Luca Paci

This module examines the dynamic relationship between media, culture and society in contemporary Italy. It explores how the Italian media landscape has evolved, the cultural values and norms reflected in media content and the societal impacts of media consumption and production. Students will gain a nuanced understanding of the complex interplay between Italy's media industry, its cultural heritage, and the broader social transformations occurring within the country. Taught through the medium of Italian.

28 weekly meetings

Tuesdays from 13:00 to 15:00

Starting 29 September 2026

50-51 Park Place, Cardiff

30 Credits, Level 5

ITA26A5563A

Japanese

Japanese: Beginners I

Fee £259.00 (Concessionary Fee £207.00)

Terumi Blackmore

This course is aimed at absolute beginners and will introduce students to the Japanese language and culture. Students will learn Hiragana and get ample opportunity to practise basic conversation. The course textbook is Japanese for busy people I, Revised 4th edition.

12 weekly meetings

Mondays from 19:00 to 21:00

Starting 21 September 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

JPN26A1074A

12 weekly meetings

Tuesdays from 19:00 to 21:00

Starting 22 September 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

JPN26A1074B

12 weekly meetings

Tuesdays from 19:00 to 21:00

Starting 19 January 2027

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

JPN26A1074C

Japanese: Beginners II

Fee £259.00 (Concessionary Fee £207.00)

Terumi Blackmore

This course is aimed at students who have attended **Japanese: Beginners I** or have some very basic knowledge of Japanese. It is not appropriate for absolute beginners of the language. The course covers Katakana. A wider range of grammatical structures will also be taught.

12 weekly meetings

Mondays from 19:00 to 21:00

Starting 18 January 2027

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

JPN26A1377A

12 weekly meetings

Tuesdays from 19:00 to 21:00

Starting 27 April 2027

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

JPN26A1377B





Japanese: Improvers I

Fee £259.00 (Concessionary Fee £207.00)

Noriko Whitelock

This course is aimed at students who have studied Japanese for one year part-time. In this course students will practise real life situations/dialogues to achieve a higher level in communication with Japanese people. Students will expand their written skills, vocabulary and understanding of the structure of the Japanese language.

12 weekly meetings
Thursdays from 18:30 to 20:30
Starting 24 September 2026

John Percival Building,
 Colum Drive, Cardiff

10 Credits, Level 4
JPN26A2946A

Japanese: Lower Intermediate

Fee £500.00 (Concessionary Fee £400.00)

Terumi Blackmore

This course is aimed at students who have studied Japanese for 2 years part-time. Students will further improve their speaking, listening, reading and writing skills in a relaxed and enjoyable atmosphere. The course textbook is Japanese for busy people II, Revised 4th edition.

24 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 23 September 2026

This course will be taught remotely via an interactive online classroom

20 Credits, Level 4
JPN26A3537A

Portuguese

Portuguese: Beginners I

Fee £259.00 (Concessionary Fee £207.00)

Larissa Berquo

This course for absolute beginners aims to give you a basic knowledge of communicative skills in Portuguese. The tutor is Brazilian so there will be a strong emphasis on cultural issues of Brazil.

12 weekly meetings
Wednesdays from 18:00 to 20:00
Starting 30 September 2026

John Percival Building,
 Colum Drive, Cardiff

10 Credits, Level 4
POR26A4955A



Japanese: Improvers II

Fee £259.00 (Concessionary Fee £207.00)

Noriko Whitelock

This follow-on course from **Japanese: Improvers I** will introduce students to a broader but still limited range of oral, aural and written skills, sufficient for practical needs in everyday situations.

12 weekly meetings
Thursdays from 18:30 to 20:30
Starting 28 January 2027

John Percival Building,
 Colum Drive, Cardiff

10 Credits, Level 4
JPN26A2947A





Portuguese: Beginners II

Fee £259.00 (Concessionary Fee £207.00)

Larissa Berquo

This course is aimed at students who have attended **Portuguese: Beginners I**, or have some basic knowledge of Portuguese. The emphasis is on communication skills taught in a relaxed and enjoyable atmosphere.

12 weekly meetings
Wednesdays from 18:00 to 20:00
Starting 3 February 2027

John Percival Building,
Colum Drive, Cardiff
10 Credits, Level 4

POR26A4956A

Portuguese: Intermediate - Stage C

Fee £430.00 (Concessionary Fee £344.00)

Larissa Berquo

This course is aimed at students who have studied Portuguese for two years part-time, or have some knowledge of the language. Students should be familiar with very basic grammatical structures of Portuguese and be able to hold a simple conversation in the language. The aim is to build on this knowledge and further improve students' language skills. The emphasis is on speaking but you will also learn more advanced grammatical structures and sentence pattern, which will form the basis for further progression in Portuguese.

20 weekly meetings
Tuesdays from 18:00 to 20:00
Starting 2 February 2027

John Percival Building,
Colum Drive, Cardiff
20 Credits, Level 4

POR26A3042A

Russian

Russian: Beginners I

Fee £259.00 (Concessionary Fee £207.00)

Dr Maryna Calder

This course is aimed at absolute beginners and will introduce students to the Russian language and culture. Students will learn to read the Russian alphabet and practise basic conversation and language structures.

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 28 September 2026

This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
RUS26A3050A

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 18 January 2027

This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
RUS26A3050B

Russian: Beginners II

Fee £259.00 (Concessionary Fee £207.00)

Dr Maryna Calder

This course is aimed at students who have attended **Russian: Beginners I**, or have some basic knowledge of the language. The emphasis is on communication skills taught in a relaxed and enjoyable atmosphere. This course is not for absolute beginners of the language.

12 weekly meetings
Mondays from 19:00 to 21:00
Starting 26 April 2027

This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
RUS26A3051A

Russian: Improvers I

Fee £259.00 (Concessionary Fee £207.00)

Dr Maryna Calder

This course is aimed at students who have studied Russian for one year part-time, who wish to further improve their language skills.

12 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 29 September 2026

This course will be taught remotely via an interactive online classroom
10 Credits, Level 4
RUS26A3277A

Learn with us and...
gain free access to our state-of-the-art language labs



Spanish

Spanish: Beginners - Stage A

Fee £500.00 (Concessionary Fee £400.00)

- **Ana Costa**
- **28 weekly meetings**
Mondays from 18:00 to 20:00
Starting 28 September 2026
John Percival Building,
Colum Drive, Cardiff
30 Credits, Level 4
SPA26A2622A
- **Belen Munguia-Peacock**
- **28 weekly meetings**
Thursdays from 13:00 to 15:00
Starting 1 October 2026
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA26A2622B

Spanish: Improvers - Stage B

Fee £500.00 (Concessionary Fee £400.00)

- **Ana Costa**
- **28 weekly meetings**
Thursdays from 15:00 to 17:00
Starting 1 October 2026
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA26A2623A

Spanish: Intermediate - Stage C

Fee £500.00 (Concessionary Fee £400.00)

- **Nuria Albert Penades**
- **28 weekly meetings**
Mondays from 18:00 to 20:00
Starting 28 September 2026
John Percival Building,
Colum Drive, Cardiff
30 Credits, Level 4
SPA26A2624A
- **Nuria Albert Penades**
- **28 weekly meetings**
Wednesdays from 14:00 to 16:00
Starting 30 September 2026
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA26A2624B



Spanish: Higher Intermediate - Stage D

Fee £500.00 (Concessionary Fee £400.00)

- **Nuria Albert Penades**
- **28 weekly meetings**
Thursdays from 14:00 to 16:00
Starting 1 October 2026
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA26A2625A

*Learn with us and...
receive expert tuition
from native speakers*

Spanish: Lower Advanced - Stage E

Fee £500.00 (Concessionary Fee £400.00)

- **Belen Munguia-Peacock**
- **28 weekly meetings**
Wednesdays from 13:00 to 15:00
Starting 30 September 2026
50-51 Park Place, Cardiff
30 Credits, Level 4
SPA26A2722A
- **Ana Costa**
- **28 weekly meetings**
Thursdays from 18:00 to 20:00
Starting 1 October 2026
John Percival Building,
Colum Drive, Cardiff
30 Credits, Level 4
SPA26A2722B

Spanish: Advanced - Stage F

Fee £500.00 (Concessionary Fee £400.00)

- **Ana Costa**
- **28 weekly meetings**
Tuesdays from 18:00 to 20:00
Starting 29 September 2026
John Percival Building,
Colum Drive, Cardiff
30 Credits, Level 4
SPA26A2725A

Spanish: Advanced - Stage G

Fee £500.00 (Concessionary Fee £400.00)

- **Nuria Albert Penades**
- **28 weekly meetings**
Thursdays from 18:00 to 20:00
Starting 1 October 2026
John Percival Building,
Colum Drive, Cardiff
30 Credits, Level 5
SPA26A2626A

Spanish: Higher Advanced - Stage H

Fee £500.00 (Concessionary Fee £400.00)

- **Belen Munguia-Peacock**
- **28 weekly meetings**
Wednesdays from 10:00 to 12:00
Starting 30 September 2026
50-51 Park Place, Cardiff
30 Credits, Level 5
SPA26A2627A

La sociedad española a través del cine

Fee £220.00 (Concessionary Fee £176.00)

Susanna Echaves

Este curso está orientado para aquellos estudiantes de español de nivel avanzado (niveles B2, C1 y C2) que quieran seguir practicando sus destrezas orales y auditivas además de adquirir nuevos conocimientos de vocabulario, cultura y temas de actualidad del mundo hispano. En este curso debatiremos temas sociales relacionados con España y Latinoamérica y cómo éstos se representan a través del cine. Los alumnos podrán analizar el contexto de cada tema y practicar su gramática y vocabulario mediante actividades orales y escritas.

10 weekly meetings

Wednesdays from 12:00 to 14:00
Starting 31 March 2027

50-51 Park Place, Cardiff

10 Credits, Level 5

SPA26A5680A

Debatiendo la actualidad del mundo hispano

Fee £220.00 (Concessionary Fee £176.00)

Susanna Echaves

Este curso interactivo en línea está orientado a aquellos estudiantes de español de nivel avanzado (niveles B2, C1 y C2) que quieran seguir practicando sus destrezas orales y auditivas además de adquirir nuevos conocimientos de vocabulario, cultura y temas de actualidad del mundo hispano. El curso se enfoca principalmente en la conversación y adquisición de nuevo vocabulario a través de debates, lecturas y actividades interactivas. Además, los alumnos podrán practicar su gramática y adquirir nuevos conocimientos gramaticales a través de las actividades propuestas en clase y los materiales extra que tendrán disponibles en línea.

10 weekly meetings

Tuesdays from 18:00 to 20:00
Starting 29 September 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 5

SPA26A5679A

Descubriendo la cultura española e hispanoamericana

Fee £430.00 (Concessionary Fee £344.00)

Susanna Echaves

Este curso está orientado para estudiantes de español de nivel avanzado B2/C1 que quieran seguir practicando sus destrezas auditivas y orales además de adquirir nuevos conocimientos culturales de España y Latinoamérica. En este curso se verán varios temas de historia y cultura contemporánea además de comentar y analizar noticias actuales del mundo hispanohablante. Los alumnos podrán analizar el contexto histórico y practicar su gramática y vocabulario mediante actividades orales y escritas.

20 weekly meetings

Wednesdays from 12:00 to 14:00
Starting 30 September 2026

50-51 Park Place, Cardiff

20 Credits, Level 5

SPA26A5676A

Enrol early!

El mundo Hispano al descubierto: Cultura y lengua para mentes curiosas

Fee £430.00 (Concessionary Fee £344.00)

Susanna Echaves

Este curso está orientado para aquellos estudiantes de español de nivel avanzado (niveles B2, C1) que quieran seguir avanzando en sus conocimientos gramaticales y practicando sus destrezas orales y auditivas además de adquirir nuevos conocimientos de vocabulario, gramática avanzada, cultura y temas de actualidad del mundo hispano. En este curso se verá variedad de temas de del mundo hispánico. Para cubrir estos temas se utilizará una gran variedad de recursos tales como presentaciones, recortes de prensa, documentales, documentos de televisión y lecturas.

20 weekly meetings

Thursdays from 11:00 to 13:00
Starting 1 October 2026

50-51 Park Place, Cardiff

20 Credits, Level 5

SPA26A5678A

Descubre, debate y domina: lengua y cultura española avanzada

Fee £220.00 (Concessionary Fee £176.00)

Susanna Echaves

Este curso está orientado a alumnos de Español de niveles B1/C1 El objetivo de este curso es mejorar la competencia del idioma tanto a nivel gramatical como a nivel conversacional al mismo tiempo que los alumnos obtienen nuevos conocimientos sobre temas culturales y gramaticales. En concreto exploraremos curiosidades de la lengua y la cultura española y nos enfocaremos en mejorar las competencias gramaticales avanzadas. Pare este curso se utilizará variedad de recursos como recortes de prensa, lecturas, películas, noticias de televisión y documentales. Los temas se presentarán en clase y los estudiantes tendrán la posibilidad de practicar sus destrezas orales y ampliar su vocabulario a través de debates y ejercicios de conversación.

10 weekly meetings

Thursdays from 11:00 to 13:00
Starting 1 April 2027

50-51 Park Place, Cardiff

10 Credits, Level 5

SPA26A5681A

Cultura española para viajeros curiosos

Fee £220.00 (Concessionary Fee £176.00)

Susanna Echaves

Este curso en línea de nivel intermedio alto / Avanzado (niveles B2 y C1) está orientado a aquellos alumnos que quieran seguir practicando sus destrezas orales y auditivas en español de forma divertida e interactiva. En este curso trataremos variedad de temas orientados a los viajes a España y Latinoamérica, curiosidades, experiencias, choque cultural, nuevas tendencias y actualidad. Los estudiantes podrán adquirir nuevos conocimientos de vocabulario y practicar su gramática y adquirir nuevos conocimientos gramaticales a través de las actividades propuestas en clase y los materiales extra que tendrán disponibles en línea.

10 weekly meetings

Tuesdays from 18:00 to 20:00
Starting 19 January 2027

This course will be taught remotely via an interactive online classroom

10 Credits, Level 5

SPA26A5677A

Pathways to a degree *in*

Languages or Translation

Co-ordinating Lecturer:

Dr Michelle Deininger

Tel: **029 2087 0000**

Email:

DeiningerMJ@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



The Pathway to a degree in Modern Languages gives you the choice to go on to study at Cardiff University.

You must focus on one language to go on to study a single honour. There are three languages you can choose from:

- ▶ **Translation**
- ▶ **French and Spanish**
- ▶ **Chinese and Japanese**

You must take at least 20 credits in your chosen language, and take a selection of optional modules to make up 60 credits.

The Translation Pathway

Degrees students can apply for:

- ▶ **Q910 Translation (BA)**
- ▶ **Q912 Translation with a placement year abroad (BA)**

Core Modules

- ▶ Lower Advanced French - Stage E (30 credits)
- ▶ Advanced French - Stage F (30 credits).
- ▶ French Higher Advanced - Stage G (30 credits)
- ▶ Lower Advanced Spanish - Stage E (30 credits)
- ▶ Advanced Spanish - Stage F (30 credits)
- ▶ Spanish Higher Advanced Stage G (30 credits)
- ▶ Spanish Advanced Stage H (30 credits)

French and Spanish Pathway

Degree options:

- ▶ **R750 Modern Languages (BA)** this is both for single and joint honours
- ▶ **R754 English Literature and a Modern Language (BA)**
- ▶ **R752 History and a Modern Language (BA)**
- ▶ **R755 Linguistics and a Modern Language (BA)**
- ▶ **Q910 Translation (BA)**
- ▶ **Q912 Translation with a Placement Year Abroad (BA)**

French Modules

- ▶ Lower Advanced French - Stage E (30 credits)
- ▶ Advanced French - Stage F (30 credits)
- ▶ French Higher Advanced - Stage G (30 credits)



Spanish Modules

- ▶ Lower Advanced Spanish - Stage E (30 credits)
- ▶ Advanced Spanish - Stage F (30 credits)
- ▶ Higher Advanced Spanish - Stage G (30 credits)
- ▶ Spanish Advanced Stage H (30 credits)

Chinese and Japanese Pathway

Degree Options for Chinese:

- ▶ **R751 Modern Chinese (BA)**
- ▶ **R750 Modern Languages (BA)**
- ▶ **Q912 Translation with a placement year abroad (BA)**
- ▶ **R754 English Literature and a Modern Language (BA)**
- ▶ **R752 History and a Modern Language (BA)**
- ▶ **R755 Linguistics and a Modern Language (BA)**

Chinese Core Modules

- ▶ 4637 Chinese: Beginners I (10 credits)
- ▶ 4638 Chinese: Beginners II (10 credits)
- ▶ 1002 Chinese: Improvers (20 credits)

Japanese Core Modules

- ▶ 1074 Japanese for Beginners I (10 credits)
- ▶ 1377 Japanese for Beginners II (10 credits)

Optional Modules

- ▶ 2946 Japanese for Improvers I (10 credits)
- ▶ 2947 Japanese for Improvers II (10 credits)
- ▶ 3537 Lower Intermediate Japanese (20 credits)

Please discuss the optional modules you can take with one of the Pathways Coordinators.



Interpreting

Professional Conduct in Public Service Interpreting

Fee **£222.00** (Concessory Fee £178.00)

Zora Jackman

This course is suitable for students who are new to interpreting as well as for practicing interpreters and covers the practical and ethical issues associated with working as a public service interpreter in the UK and the understanding, knowledge and skills required. It will include professional conduct and development, terminology research and interpreting skills.

10 weekly meetings

Thursdays from 10:00 to 12:00
Starting 1 October 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

IAT26A5078A

10 weekly meetings

Thursdays from 19:00 to 21:00
Starting 1 October 2026

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

IAT26A5078B

10 weekly meetings

Tuesdays from 10:00 to 12:00
Starting 13 April 2027

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

IAT26A5078C

10 weekly meetings

Tuesdays from 19:00 to 21:00
Starting 13 April 2027

This course will be taught remotely via an interactive online classroom

10 Credits, Level 4

IAT26A5078D



Interpreting courses improve career prospects and help local communities



Interpreting students with Dr Sara Jones (2nd from left), Michele Aichison from Let's Interpret (second from right) and Zora Jackman (3rd from right).

Lifelong Learning at Cardiff University provides interpreting courses that introduce students to working within the sector and volunteering to help local people access essential services. Many of our courses are delivered with 'Let's Interpret', a local project supporting bilingual and

multilingual women living in Cardiff to develop and use their language skills, for the benefit of both them and their community.

Zora Jackman leads the interpreting programme and has seen first hand the life-changing impact learning has on students and commented:

“ I feel privileged to have witnessed over the years how our students gain confidence, learn from each other and support each other during the course and beyond. I have seen how they can use their new knowledge, helping their communities whilst making good use of their language skills on a professional level. In short - they form a community of practice. ”

Public Service Interpreting - Criminal Justice

Fee **£616.00** (Concessory Fee £493.00)

Zora Jackman

This course is designed to support bilingual students in the development of the skills, knowledge and understanding required to work as public service interpreters in Criminal Justice settings. It offers guidance on preparation for the Law Pathway of the Diploma in Public Service Interpreting (DPSI) examinations run by the Chartered Institute of Linguists (www.ciol.org.uk) but students who are not planning to sit the examinations are also welcome.

19 weekly meetings

Wednesdays from 17:00 to 20:00
Starting 20 January 2027

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

IAT26A5293A

Public Service Interpreting - Health

Fee **£616.00** (Concessory Fee £493.00)

Zora Jackman

This course is designed to support bilingual students in the development of the skills, knowledge and understanding required to work as public service interpreters in health settings. It offers guidance on preparation for the Health Pathway of the Diploma in Public Service Interpreting (DPSI) examinations run by the Chartered Institute of Linguists (www.ciol.org.uk) but students who are not planning to sit the examinations are also welcome.

19 weekly meetings

Thursdays from 17:00 to 20:00
Starting 21 January 2027

This course will be taught remotely via an interactive online classroom

30 Credits, Level 4

IAT26A4740A

Law

Co-ordinating Lecturer: **Dr Sara Jones**
Tel: **029 2087 5268**
Email: **JonesSJ15@cardiff.ac.uk**



Contract Law

Fee **£297.00** (Concessionary Fee £238.00)

Jemma Cox

This course examines the creation of legally binding contracts and how a contract works in practice. Throughout the course, students will explore the elements that make up a legally valid contract; remedies available when a contractual obligation is breached, different types of misrepresentation and unfair contract terms. Students will reflect upon how these issues effect the parties to the contract. This course will be of interest to anyone who wants to improve their understanding about the contracts they enter into, whether that be in their personal life or in a work context.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 8 October 2026

50-51 Park Place, Cardiff
10 Credits, Level 4
LAW26A4509A

Environmental Law and Policy

Fee **£297.00** (Concessionary Fee £238.00)

Mark Gorman

This course introduces students to the main aspects of environmental law and policy in England and Wales.

10 weekly meetings
Mondays from 19:00 to 21:00
Starting 18 January 2027

50-51 Park Place, Cardiff
10 Credits, Level 4
LAW26A5597A

Criminal Law

Fee **£220.00** (Concessionary Fee £176.00)

Jemma Cox

This course examines aspects of the Criminal Law, including murder, manslaughter, assault, theft, robbery, burglary, and criminal damages. Students will consider legal problems and apply relevant law to given situations.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 30 September 2026

50-51 Park Place, Cardiff
10 Credits, Level 4
LAW26A5123A

The Legal System of England and Wales

Fee **£297.00** (Concessionary Fee £238.00)

Mark Gorman

You will be introduced to major aspects of the English Legal System including its sources practices and procedures. You will gain a thorough understanding of judicial precedent, statutory interpretation, the jury system, Tribunals, Law Centres and Legal Aid.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 7 October 2026

50-51 Park Place, Cardiff
10 Credits, Level 4
LAW26A5458A

European Law

Fee **£297.00** (Concessionary Fee £238.00)

Mark Gorman

If you are interested in European Law, or need to know its basic principles, then this is the module for you. You will examine relevant directives, regulations and case law from the European Court of Justice in order to make an informed and critical assessment of how European Law works in practice.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 20 January 2027

50-51 Park Place, Cardiff
10 Credits, Level 4
LAW26A1101A



Consumer Law

Fee £297.00 (Concessionary Fee £238.00)

Jemma Cox

We all buy goods and services regularly and may deal with customers in work or enjoy buying and selling goods online or at car boot sales in our spare time. But how many of us fully know our legal rights and responsibilities? This flexible online course explores the basics of both the legal and practical aspects of consumer and business transactions and provides practical tips and guidance throughout to help you improve your decision making and to resolve disputes with customers and clients.

10 weekly meetings
Wednesdays from 18:00 to 20:00
Starting 14 April 2027

This course will be taught online

10 Credits, Level 4
LAW26A5556A

Human Rights Law

Fee £297.00 (Concessionary Fee £238.00)

Mark Gorman

This course addresses the fundamental human rights contained in the UN Declaration of Human Rights and the European Convention on Human Rights. Ideal for anyone who works in the legal sector, social services, advocacy and/or politics.

10 weekly meetings
Wednesdays from 19:00 to 21:00
Starting 14 April 2027

50-51 Park Place, Cardiff

10 Credits, Level 4
LAW26A5621A

Introduction to Intellectual Property Law

Fee £220.00 (Concessionary Fee £176.00)

Jemma Cox

This online course provides a legal and practical introduction to intellectual property law, which is essential knowledge for those interested in this area of law or business. Key areas such as copyright law, designs, patents, and trade marks will be covered, including a consideration of criminal and civil infringements, as well as practical guidance on protecting the intellectual property of your business and avoiding breaching the intellectual property rights of others.

10 weekly meetings
Thursdays from 18:00 to 20:00
Starting 15 April 2027

This course will be taught online

10 Credits, Level 4
LAW26A5639A

Learn
with us and...
realise your
learning
potential!



Pathways to a degree *in*

Law

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



Whilst studying on the Pathway you will be able to make an application to study M100 Law (LLB).

How it works

Apart from Introduction to Intellectual Property Law, you can choose from any of the modules listed in the law section.

The Pathway is made up of 60 credits.

You can also choose from the following three courses.

- **Contemporary Issues in Europe (page 54)**
- **Research Methods (page 69)**
- **The Political System in Wales (page 54)**

Politics and International Relations

Co-ordinating Lecturer: **Dr Sara Jones**
Tel: **029 2087 5268**
Email: **JonesSJ15@cardiff.ac.uk**



1989: a Pivotal Year for Europe

Fee **£297.00** (Concessionary Fee £238.00)

Tutor to be Confirmed

Taking the 1989 Fall of the Berlin Wall as the half-way point between the Cold War (1945-1991) and the post-Cold War era (after 1991), this historical module explores European experiences and assesses their relevance to our own times. Was Gorbachev tricked by NATO? Did Romania really keep its communists? Why is the Cold War so popular on Netflix? In ten accessible thematic explorations the module considers the end of the Cold War, the impact of its demise on Eastern Europe, and enduring legacies still with us today.

10 weekly meetings

Mondays from 19:00 to 21:00
Starting 5 October 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

PLT26A5482A

Introduction to International Relations

Fee **£297.00** (Concessionary Fee £238.00)

Tutor to be Confirmed

International Relations (IR) is an exciting discipline which wants to explain the causes of war between states. This module introduces students to the dominant international theories developed over the years to understand the international system. It examines the historical context and limitations of these theories, and applies them to current problems. This module is an optional 10 credit module on the Pathway to International Relations and Politics. It is also open to all as a stand-alone course.

10 weekly meetings

Wednesdays from 19:00 to 21:00
Starting 7 October 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

PLT26A5141A

Contemporary Issues in Europe

Fee **£297.00** (Concessionary Fee £238.00)

Tutor to be Confirmed

Over the last decade Britain and Europe have faced an array of extraordinary challenges, like the COVID-19 pandemic, immigration, drought, and war. Crises test society, but they also turn into tests of political competence. Governments generally struggle to make sense of them and negotiate their long shadows. This course analyses governments' crisis management and (de-)politicisation of current and ongoing crises in Britain and contemporary Europe. This is an introductory 10-credit module on the Politics Pathway. It is also open to all as a stand-alone course.

10 weekly meetings

Mondays from 19:00 to 21:00
Starting 25 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

PLT26A5483A

The Political System in Wales

Fee **£594.00** (Concessionary Fee £475.00)

Pauline Beesley

The **Political System in Wales** module will introduce students to the context and content of devolved policy making and political representation in Wales. It will explore the causes and consequences of the 2016 EU Referendum (Brexit) vote in Wales, the case for electoral reform and consider how legislation is made in the Senedd. This is a core module on the Pathway to International Relations and Politics. It is also open to all as a stand-alone course.

12 weekly meetings

Thursdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 8 April 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

PLT26A5135A

**Everyone
can enrol on our
politics courses.
Each course can
be studied on a
standalone
basis.**

Pathways to a degree *in*

Politics and International Relations

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



We offer a Pathway which will allow you to study towards these degrees at Cardiff University.

► **L280 International Relations and Politics (BA)**

► **310Q International Relations (BA)**

► **L210 Politics (BA)**

There are no formal entry requirements. Should you progress on to a degree programme, you will be eligible for 'advanced standing' of 60 credits

– this means that these 60 credits will count towards the first year of your degree.

Students will need to enrol on the four modules listed in this section:

- 1989: a Pivotal Year for Europe
- Introduction to International Relations
- Contemporary Issues in Europe
- The Political System in Wales

Plus the European Law module

European Law

Fee £297.00 (Concessionary Fee £238.00)

► **Mark Gorman**

If you are interested in European Law, or need to know its basic principles, then this is the module for you. You will examine relevant directives, regulations and case law from the European Court of Justice in order to make an informed and critical assessment of how European Law works in practice.

► **10 weekly meetings**
Wednesdays from 19:00 to 21:00
Starting 20 January 2027

50-51 Park Place, Cardiff
10 Credits, Level 4
LAW26A1101A

Science and Environment

Co-ordinating Lecturer: **Dr Jim Vafidis**

Tel: **029 2251 4509** Email: **VafidisJ@cardiff.ac.uk**



Image taken with Faulkes Telescope North,
operated by Las Cumbres Observatory

Designing a Fruitful Garden

Fee £220.00 (Concessionary Fee £176.00)

Michele Fitzsimmons

Learn how to design, create and maintain a low maintenance edible garden focussing on fruit trees, soft fruit and shade tolerant leafy plants. Based on permaculture principles, **Designing a Fruitful Garden** course will take you through designing and drawing up plans for your garden and do a deep dive into

maintenance needs including: pruning, pest management and pollination. Whether you're starting from scratch or looking to transform an existing space, this course will help you create a resilient, abundant garden that works with nature and fits your lifestyle.

7 weekly meetings

Thursdays from 19:00 to 21:00

Starting 1 October 2026

Plus 2 garden visits on Saturday afternoons

50-51 Park Place, Cardiff

10 Credits, Level 3

SCI26A3624A

Designing your Edible Garden

Fee £220.00 (Concessionary Fee £176.00)

Michele Fitzsimmons

Discover how to create a beautiful, low-maintenance food garden that is both productive and rich in wildlife. This course explores how to design an edible garden that provides fresh produce while also serving as a haven for nature and a space for relaxation and enjoyment. Growing your own vegetables doesn't mean turning your garden into an allotment! Learn how to design a garden that reflects your lifestyle, meets your practical needs, and brings together food, beauty, and biodiversity in a way that works for you.

8 weekly meetings

Thursdays from 19:00 to 21:00

Starting 4 March 2027

Plus 2 garden visits on Saturday afternoons

50-51 Park Place, Cardiff

10 Credits, Level 3

SCI26A3639A

Medical Imaging and the Human Body

Fee £297.00 (Concessionary Fee £238.00)

Dr Bilal Malik

Up until the 20th century, our understanding of human anatomy came largely from dissection. Beginning with a brief history of anatomy, we will examine how the application of x-ray, ultrasound, magnetic resonance and a range of other techniques allow us to construct different images, and so develop a more detailed and non-invasive understanding of the human body.

10 weekly meetings

Thursdays from 17:30 to 19:30

Starting 28 January 2027

This course will be taught online

10 Credits, Level 4

SCI26A3968A





Introduction to Human Biology

Fee £594.00 (Concessionary Fee £475.00)

Cheryl Lannon

What is the human body made of, and how do its systems function? This module offers a broad introduction to human anatomy and physiology, exploring the structure and role of key systems such as the nervous, circulatory, respiratory, and immune systems. From skin and bones to the heart, lungs, and beyond, you'll gain a foundational understanding of how the body works and how its parts interact to keep us alive and healthy.

12 weekly meetings
Tuesdays from 14:00 to 16:30
plus 2 Saturday day schools
Starting 8 September 2026

50-51 Park Place, Cardiff

20 Credits, Level 4

SCI26A5150A

12 weekly meetings
Thursdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 10 September 2026

This course will be taught online

20 Credits, Level 4

SCI26A5150B

12 weekly meetings
Tuesdays from 14:00 to 16:30
plus 2 Saturday day schools
Starting 5 January 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SCI26A5150C

12 weekly meetings
Thursdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 7 January 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SCI26A5150D

Enrol Early!

Diseases and Disorders of the Brain

Fee £297.00 (Concessionary Fee £238.00)

Dr Bilal Malik

This course discusses the history, development and treatment of diseases and disorders of the brain including; Huntington's disease, Parkinson's disease and Alzheimer's disease. The approach adopted focuses on current research and developments relating to disorders of the brain and pays particular attention to the underlying molecular and genetic factors which are associated with these diseases.

10 weekly meetings
Mondays from 17:30 to 19:30
Starting 25 January 2027

This course will be taught online

10 Credits, Level 4

SCI26A5194A

Environmental Sustainability

Fee £220.00 (Concessionary Fee £176.00)

Tutor to be confirmed

Environmental Sustainability assesses the roles of natural resources and biodiversity in maintaining ecological balance and supporting human well-being. It explores the nexus between environmental protection, economic sustainability, and current threats to natural systems. Participants will study sustainable development barriers, greenwashing impacts, and the role of corporate social responsibility and the Sustainable Development Goals in promoting ethical business practices, all aimed at meeting present needs without compromising the future.

10 weekly meetings
Thursdays from 18:00 to 20:00
Starting 15 April 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

SCI26A5580A

Urban Ecology

Fee £220.00 (Concessionary Fee £176.00)

Dr Jim Vafidis

Urban Ecology dives deep into ecological dynamics within urban areas, emphasising the interaction between components of ecosystems. Through weekly theoretical discussions and hands-on excursions, participants learn species identification, ecological impact assessments, and the principles of conservation and sustainable urban planning.

8 weekly meetings
Wednesdays from 18:30 to 20:30
plus 1 Saturday day school
Starting 14 April 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

SCI26A5582A



Fundamental Chemistry: The Building Blocks of Life and Matter

Fee £441.00 (Concessionary Fee £353.00)

James Morewood

This course provides a comprehensive introduction to fundamental chemistry principles, exploring their significance in understanding the natural world and the sciences. Each week, learners engage in interactive lessons and discussions, deepening their grasp of how chemical principles shape various scientific and practical applications.

10 weekly meetings
Thursdays from 18:00 to 21:00
plus 2 Saturday day schools
Starting 4 February 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SCI26A5603A

Physical Geography: Exploring Earth's Systems and Landscapes

Fee **£441.00** (Concessionary Fee £353.00)

Dr Jim Vafidis

This course offers a comprehensive introduction to the fundamental principles of geography, examining the physical, biological, and chemical processes that shape the Earth's systems and landscapes. Through interactive lessons and discussions, learners will gain a deeper understanding of how the Earth's formation, structure, and environmental dynamics influence the natural world and human activity.

12 weekly meetings

**Mondays from 14:00 to 16:00
plus 2 Saturday day schools
Starting 1 February 2027**

This course will be taught online

20 Credits, Level 4
SCI26A5604A

Astronomy in Action

Fee **£220.00** (Concessionary Fee £176.00)

Dr Jeni Millard

Prof Paul Roche

Explore the wonders of the universe in this dynamic course covering key topics in modern astronomy and space science. From the icy moons of our Solar System and worlds beyond our own, to black holes and ripples in spacetime, you'll examine recent discoveries and advances in our understanding of the cosmos. We'll venture from the edge of our Solar System to the edge of the Universe, focusing on the next big questions facing astronomy, including Wales' and wider UK involvement in space exploration. Sessions combine engaging lectures with hands-on and online activities, offering a blend of classroom and digital learning to bring space science to life.

7 monthly meetings

10:00 to 13:00

**Saturdays 19 September, 17
October, 21 November, 12
December 2026, 16 January, 20
February and 13 March 2027**

50-51 Park Place, Cardiff

10 Credits, Level 4
SCI26A5613A

CARDIFF
UNIVERSITY

PRIFYSGOL
CAERDYDD

Science in Health Public Lecture series (*online*)

Cardiff University's programme of **FREE** public lectures for those interested in how science relates to medicine and health.

Lecture titles to be announced and they will be run as monthly webinars between October and March.

For more information and to register attendance please visit our website -

www.cardiff.ac.uk/scienceinhealth

or email

medicengagement@cardiff.ac.uk



Photo: © N. Pritchard

Fundamental Mathematics

Fee **£594.00** (Concessionary Fee £475.00)

Dr Jo Smedley

Fundamental Mathematics provides a practical introduction to essential mathematics designed especially for those returning to study or looking to strengthen their mathematical knowledge. Over twelve weeks, the focus will be on building confidence with key topics such as arithmetic, algebra, equations, functions, sets, probability and statistics. Step-by-step activities and real-world examples will support the understanding of mathematical principles and demonstrate their application to solve problems in academic or professional contexts.

6 fortnightly in-person meetings, plus 6 fortnightly online meetings on alternating Mondays from 18:30-21:00 plus 2 Saturday Day Schools. Starting 18 January 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SCI26A5630A

Academic Communication Essentials

Fee **£297.00** (Concessionary Fee £238.00)

Ricardo Calil

Think rigorously, write precisely, communicate with authority. This course equips you with the critical reading, research, and academic writing skills and knowledge you need to succeed in academia.

**10 weekly meetings
Wednesdays from 10:00 to 12:00
Starting 14 April 2027**

50-51 Park Place, Cardiff

10 Credits, Level 4

SCI26A5631A

Learn with us and...
Use our highly specialised libraries

Geology of Pembrokeshire

Fee **£220.00** (Concessionary Fee £176.00)

Dr Nick Chidlaw

Discover the remarkable geology of Pembrokeshire, one of the most geologically diverse regions in Wales, through this flexible online course. From ancient Precambrian rocks in the north to younger Carboniferous ones in the south, you'll explore how millions of years of Earth history have shaped the county's dramatic coastline, cliffs and landscapes. Using key coastal exposures and inland sites as case studies, the course introduces major geological concepts including plate tectonics, geological history, stratigraphy, petrology, structural geology and palaeontology. No prior knowledge of geology is required.

**10 weekly meetings
Mondays 18:00 to 20:00
Starting 28 September 2026**

This course will be taught online

10 Credits, Level 4

SCI26A5657A

Geology of the Holm Islands

Fee **£220.00** (Concessionary Fee £176.00)

Dr Nick Chidlaw

Explore the fascinating geology of the Holm Islands, where the Severn Estuary meets the Bristol Channel, through this flexible online course. Using Flat Holm and Steep Holm as a central case study, you'll uncover how ancient rocks, fossils, folding and faulting reveal the story of dramatic mountain-building events, changing seas, and past landscapes stretching back over 300 million years. The course introduces key geological concepts including plate tectonics, geological history, stratigraphy, sedimentary geology, structural geology and palaeontology, helping you understand how the landscapes of southern Britain were formed.

**10 weekly meetings
Mondays 18:00 to 20:00
Starting 11 January 2027**

This course will be taught online

10 Credits, Level 4

SCI26A5658A



Pathways to a degree *in*

Earth and Environmental Sciences

Co-ordinating Lecturer:

Dr Jim Vafidis

Tel: **029 2251 4509**

Email:

VafidisJ@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



This Pathway will prepare you to study a degree in Earth and Environmental Studies at Cardiff University.

Modules are:

- ▶ Gentle Introduction to Data Analysis using R
- ▶ Introduction to GIS and Spatial Analysis
- ▶ Physical Geography
- ▶ Fundamental Chemistry

- ▶ **K32K Environmental Geography (BSc)**
- ▶ **F648 Environmental Geoscience (BSc)**
- ▶ **F651 Environmental Sustainability Science (BSc)**
- ▶ **F625 Exploration Geology (BSc)**
- ▶ **F603 Geology (Msci)**
- ▶ **F845 Marine Geography (Msci)**
- ▶ **F843 Physical Geography (Msci)**

You need to have 5 GCSEs A-C/9-4. These must include Maths, English Language or Welsh (if you went to a Welsh-medium school) and Double Science or two sciences.

Pathways to a degree *in*

Medical Pharmacology

Co-ordinating Lecturer:

Dr Jim Vafidis

Tel: **029 2251 4509**

Email:

VafidisJ@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

Applicants wishing to enrol on the pathway will need 5 GCSEs, grade C or 4 and above. These must include Maths, English/Welsh (if you went to a Welsh-medium school) and Double Science (or Chemistry and another science subject). You could study this degree at Cardiff University:

► **B210 Medical Pharmacology (BSc)**



How it works

2 x core modules:

Introduction to Human Biology, and Fundamental Chemistry

(40 credits in total)

+

2 x optional modules:

Medical Imaging and the Human Body, Diseases and Disorders of the Human Brain, Research Methods, A Gentle Introduction to Data Analysis using R

(20 credits in total)

=

**Pathway to Medical Pharmacology
60 credits**

Details of these modules can be found in the Pathway to a degree in Healthcare section on page 67 - 69.

Pathways to a degree *in*

Dental Hygiene

Pathways to a diploma in Dental Hygiene or a degree in Dental Therapy and Dental Hygiene.

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



Applicants need to have 5 GCSEs, grade A-C/9-4. This must include English Language.

Successful completion of this pathway will enable you to make an application to study for either a diploma or a degree as follows:

- ▶ **B750 Dental Hygiene (DipHE)**
- ▶ **B752 Dental Therapy and Dental Hygiene (BSc)**

Introduction to Human Biology

Fee £594.00 (Concessionary Fee £475.00)

Cheryl Lannon

What is the human body made of, and how do its systems function? This module offers a broad introduction to human anatomy and physiology, exploring the structure and role of key systems such as the nervous, circulatory, respiratory, and immune systems. From skin and bones to the heart, lungs, and beyond, you'll gain a foundational understanding of how the body works and how its parts interact to keep us alive and healthy.

12 weekly meetings

**Tuesdays from 14:00 to 16:30
plus 2 Saturday day schools
Starting 8 September 2026**

50-51 Park Place, Cardiff

20 Credits, Level 4

SCI26A5150A

Public Policy for Health

Fee £594.00 (Concessionary Fee £475.00)

Pauline Beesley

This module will introduce students to policy-making in contemporary society, with a particular focus on public policy for health. The course will lay the foundations for an understanding of the policy-making process and how this can be theorised and conceptualised. Simple models of policy-making will be explored. Key health and health-related social and public policy areas, for example, health, education and environmental policy, will be used to illustrate how policy is made in practice.

12 weekly meetings

**Wednesdays from 18:30 to 21:00
plus 1 Saturday day school
Starting 13 January 2027**

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A5203B

Enrol Now!



Health Psychology

Fee £297.00 (Concessionary Fee £238.00)

Azra Sadiq

This module will explain key principles and frameworks of health psychology. You will examine the psychological and physical effects of stress, mental health challenges, and lifestyle factors such as sleep and exercise on overall health.

10 weekly meetings

**Tuesdays from 17:00 to 19:00
Starting 12 January 2027**

50-51 Park Place, Cardiff

10 Credits, Level 4

PSY26A5606A

Social Psychology

Fee £297.00 (Concessionary Fee £238.00)

Ameena Asad

Social Psychology attempts to describe and explain the impetus behind our social interactions. This course provides an opportunity to explore the principles of social psychology and to give a reference point to understand behaviours we are familiar with.

10 weekly meetings

**Tuesdays from 19:00 to 21:00
Starting 13 April 2027**

50-51 Park Place, Cardiff

10 Credits, Level 4

PSY26A5267A

Pathways to a degree *in*

Optometry

with a preliminary year

Co-ordinating Lecturer:

Dr Jim Vafidis

Tel: **029 2251 4509**

Email:

VafidisJ@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



Applicants will need 7 GCSEs, grades A-C/9-4. These should include double science, or physics and another science, mathematics and English.

After studying the Pathway you will be able to make an application to study:

► **B514 Optometry with a preliminary year (MOptom)**

Introduction to Human Biology

Fee **£594.00** (Concessionary Fee £475.00)

Cheryl Lannon

What is the human body made of, and how do its systems function? This module offers a broad introduction to human anatomy and physiology, exploring the structure and role of key systems such as the nervous, circulatory, respiratory, and immune systems. From skin and bones to the heart, lungs, and beyond, you'll gain a foundational understanding of how the body works and how its parts interact to keep us alive and healthy.

12 weekly meetings
Tuesdays from 14:00 to 16:30
plus 2 Saturday day schools
Starting 8 September 2026

50-51 Park Place, Cardiff
20 Credits, Level 4
SCI26A5150A

Research Methods

Fee **£297.00** (Concessionary Fee £238.00)

Dr Cate Correia Hopkins

This module introduces students to ideas and debates from key areas of social science research methods. The main uses, benefits and drawbacks of qualitative, quantitative, and mixed methods are outlined and explained. To bring theory and research together, topics are explained through a key piece of research. Among the topics explored are Crime and Criminology and crime statistics; Health and randomised control trials (RCT); Social Psychology and behavioural studies; Gender and Identity and visual studies; globalisation and the use of social media in social science research.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 25 January 2027

50-51 Park Place, Cardiff
10 Credits, Level 4
SOC26A5260B

Enrol Now!

STUDENT TESTIMONIAL



Optometry is a subject that I always found fascinating but I did not have the grades to apply to study a degree. I have been blown away with the level of support I have received from my tutors, the administrators and all of the other professionals that I have met during my time studying the Pathway to optometry.

I have two young children and work part-time at present. I always felt like I could have achieved more in my youth if I had applied myself to my studies. I really wanted to prove to both myself and to my children that it is never too late to work hard and achieve a qualification that can change your life! I wanted to challenge myself more and choose a career that

has endless opportunities to continue to learn and to grow professionally. I am so glad that I applied for this course and so proud that I have received my conditional offer despite many personal obstacles. I cannot wait to prove to my children that learning does not have an age limit and prove to myself that I can achieve regardless of the obstacles that life throws at me.

I would not have had the opportunity to study this subject without the pathway course.



Elizabeth Camburn

Medical Imaging and the Human Body

Fee **£297.00** (Concessionary Fee £238.00)

Dr Bilal Malik

Up until the 20th century, our understanding of human anatomy came largely from dissection. Beginning with a brief history of anatomy, we will examine how the application of x-ray, ultrasound, magnetic resonance and a range of other techniques allow us to construct different images, and so develop a more detailed and non-invasive understanding of the human body.

10 weekly meetings
Thursdays from 17:30 to 19:30
Starting 28 January 2027
This course will be taught online
10 Credits, Level 4
SCI26A3968A

Public Policy for Health

Fee **£594.00** (Concessionary Fee £475.00)

Dr Luret Lar

This module will introduce students to policy-making in contemporary society, with a particular focus on public policy for health. The course will lay the foundations for an understanding of the policy-making process and how this can be theorised and conceptualised. Simple models of policy-making will be explored. Key health and health-related social and public policy areas, for example, health, education and environmental policy, will be used to illustrate how policy is made in practice.

12 weekly meetings
Mondays from 10:00 to 12:30
plus 1 Saturday day school
Starting 5 April 2027
50-51 Park Place, Cardiff
20 Credits, Level 4
SOC26A5203C

Pathways to a degree *in*

Healthcare

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



To enrol on this pathway you are required to have certain GCSE's, please contact the Pathways team to discuss.

► **B742 Bachelor of Nursing (Adult)**

► **B732 Bachelor of Nursing (Child)**

► **B762 Bachelor of Nursing (Mental Health)**

► **B921 Occupational Therapy (BSc)**

► **B823 Diagnostic Radiotherapy and Imaging (BSc)**

► **B162 Physiotherapy (BSc)**

► **B824 Radiotherapy and Oncology (BSc)**

► **B720 Midwifery (BMid)**

Core Modules

Public Policy for Health

Fee £594.00 (Concessionary Fee £475.00)

This module will introduce students to policy-making in contemporary society, with a particular focus on public policy for health. The course will lay the foundations for an understanding of the policy-making process and how this can be theorised and conceptualised. Simple models of policy-making will be explored. Key health and health-related social and public policy areas, for example, health, education and environmental policy, will be used to illustrate how policy is made in practice.

Pauline Beesley

12 weekly meetings

Wednesdays from 18:30 to 21:00
Starting 16 September 2026

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A5203A

Pauline Beesley

12 weekly meetings

Wednesdays from 18:30 to 21:00
plus 1 Saturday day school
Starting 13 January 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A5203B

Dr Luret Lar

12 weekly meetings

Mondays from 10:00 to 12:30
plus 1 Saturday day school
Starting 5 April 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A5203C

Sikiya Adekanye

12 weekly meetings

Tuesdays from 17:00 to 19:30
Starting 6 April 2027

This course will be taught online

20 Credits, Level 4

SOC26A5203D



Introduction to Human Biology

Fee £594.00 (Concessionary Fee £475.00)

Cheryl Lannon

What is the human body made of, and how do its systems function? This module offers a broad introduction to human anatomy and physiology, exploring the structure and role of key systems such as the nervous, circulatory, respiratory, and immune systems. From skin and bones to the heart, lungs, and beyond, you'll gain a foundational understanding of how the body works and how its parts interact to keep us alive and healthy.

12 weekly meetings

Tuesdays from 14:00 to 16:30
plus 2 Saturday day schools
Starting 8 September 2026

50-51 Park Place, Cardiff

20 Credits, Level 4

SCI26A5150A

12 weekly meetings

Thursdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 10 September 2026

This course will be taught online

20 Credits, Level 4

SCI26A5150B

12 weekly meetings

Tuesdays from 14:00 to 16:30
plus 2 Saturday day schools
Starting 5 January 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SCI26A5150C

12 weekly meetings

Thursdays from 18:30 to 21:00
plus 2 Saturday day schools
Starting 7 January 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SCI26A5150D

How the pathway works

CORE MODULES FOR ALL HEALTHCARE PATHWAYS

All students wishing to study on the Pathway to Healthcare will need to enrol on the CORE modules **Introduction to Human Biology** and **Public Policy for Health**. The optional modules will be listed under each discipline. Please contact the Pathways Coordinators before you enrol on the Pathway to Healthcare on pathways@cardiff.ac.uk

Two Core Modules
40 credits

+

Modules
(see grid) **20 credits**

=

Pathway to Healthcare
60 credits

Modules

	Medical Imaging and the Human Body	Diseases and Disorders of the Brain	Introduction to Social Science	Research Methods	Developmental Psychology	Abnormal Psychology
Adult Nursing			✓			
Child Nursing				✓	✓	
Mental Health Nursing						✓
Midwifery				✓	✓	
Occupational Therapy			✓			
Diagnostic Radiography and Imaging	✓	✓				
Radiotherapy and Oncology	✓	✓				
Physiotherapy	✓			✓		

Modules

Medical Imaging and the Human Body

Fee £297.00 (Concessionary Fee £238.00)

Dr Bilal Malik

Up until the 20th century, our understanding of human anatomy came largely from dissection. Beginning with a brief history of anatomy, we will examine how the application of x-ray, ultrasound, magnetic resonance and a range of other techniques allow us to construct different images, and so develop a more detailed and non-invasive understanding of the human body.

10 weekly meetings
Thursdays from 17:30 to 19:30
Starting 28 January 2027

This course will be taught online

10 Credits, Level 4
SCI26A3968A

Diseases and Disorders of the Brain

Fee £297.00 (Concessionary Fee £238.00)

Dr Bilal Malik

This course discusses the history, development and treatment of diseases and disorders of the brain including; Huntington's disease, Parkinson's disease and Alzheimer's disease. The approach adopted focuses on current research and developments relating to disorders of the brain and pays particular attention to the underlying molecular and genetic factors which are associated with these diseases.

10 weekly meetings
Mondays from 17:30 to 19:30
Starting 25 January 2027

This course will be taught online

10 Credits, Level 4
SCI26A5194A

Introduction to Social Science

Fee £594.00 (Concessionary Fee £475.00)

Sikiya Adekanye

Introduction to Social Science will focus your studies on contemporary society. We will look at the Media and how they impact on different groups in society; the changing cultures within our society; the participation and relationship society has to politics. Study skills will be a particular focus this term so that you are confident and ready to move on to the next course on your Pathway.

12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 15 September 2026

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A4968A

12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 12 January 2027

This course will be taught online

20 Credits, Level 4

SOC26A4968B

Research Methods

Fee £297.00 (Concessionary Fee £238.00)

Dr Cate Correia Hopkins

This module introduces students to ideas and debates from key areas of social science research methods. The main uses, benefits and drawbacks of qualitative, quantitative, and mixed methods are outlined and explained. To bring theory and research together, topics are explained through a key piece of research. Among the topics explored are Crime and Criminology and crime statistics; Health and randomised control trials (RCT); Social Psychology and behavioural studies; Gender and Identity and visual studies; globalisation and the use of social media in social science research.

10 weekly meetings

Mondays from 17:00 to 19:00

Starting 28 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

SOC26A5260A

10 weekly meetings

Mondays from 17:00 to 19:00

Starting 25 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

SOC26A5260B

Developmental Psychology

Fee £297.00 (Concessionary Fee £238.00)

Dr Rhiannon Maniatt

What makes us the people we are? This course introduces some of the key theories of Developmental Psychology, discussing how we change throughout our lives. There will be opportunities for discussion, observation and developing and improving study skills. This self-contained course is an ideal introduction to the subject area.

10 weekly meetings

Tuesdays from 19:00 to 21:00

Starting 29 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

PSY26A5266A

10 weekly meetings

Thursdays from 10:00 to 12:00

Starting 14 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

PSY26A5266B

Abnormal Psychology

Fee £441.00 (Concessionary Fee £353.00)

Clare O'Connell

In this double module you will have the opportunity to explore models of abnormality and implications for their treatment. Drawing on a range of perspectives within psychology, you will be encouraged to contrast, compare and challenge theories to understand a 'best fit' eclectic, mix of evidence-based explanations of behaviour.

20 weekly meetings

Mondays from 17:00 to 19:00

Starting 28 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

PSY26A5265A

*Learn with us and...
become competitive in
the international job
market*

STUDENT TESTIMONIAL

It is never too late to pursue a new direction and achieve something meaningful

A life-changing experience led to Deb's decision to become a nurse, after losing a close family relative some years ago.

“During that difficult time, I was truly in awe of the compassion, professionalism, and dignity shown by the nursing staff who cared for her and supported our family. Their kindness had a lasting impact on

me and inspired me to want to provide the same level of care for others during vulnerable moments in their lives.”

“It also made me reflect on my own future, and I did not want to reach later life regretting not having the courage to change my career path and pursue something meaningful. I also wanted to show my three daughters that it is never too late to follow your goals, work hard, and create new opportunities, and



Deb and her daughter Ffion

to make them proud of what I could achieve. Nursing offered the opportunity to make a real difference while building a rewarding and purposeful career.

Deb completed the Pathway to Healthcare and studied for a degree in Adult Nursing. She graduates in July 2026.

Social Studies

Co-ordinating Lecturer: **Dr Sara Jones**
 Tel: **029 2087 5268**
 Email: **JonesSJ15@cardiff.ac.uk**



Learning Counselling Skills

Fee **£220.00** (Concessionary Fee £176.00)

Pauline Beesley

This course provides basic training in the use of counselling skills for use in a variety of work and personal situations. The focus is on improving your communication skills and raising personal self-awareness. It is not training to become a 'Counsellor' but can serve as a taster of what undertaking that training might be like. The course is experiential and very practical, students will have the opportunity to practice using counselling skills every week in small groups, combined with an introduction to counselling theory.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 28 September 2026

50-51 Park Place, Cardiff
 10 Credits, Level 3
COU26A5099A

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 18 January 2027

This course will be taught online

10 Credits, Level 3
COU26A5099B

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 6 April 2027

50-51 Park Place, Cardiff
 10 Credits, Level 3
COU26A5099C



Counselling Skills in Practice

Fee **£220.00** (Concessionary Fee £176.00)

Pauline Beesley

This follow-on course is only open to students who have successfully completed **Learning Counselling Skills**. The course will give you the opportunity to extend your understanding and ability to use counselling skills through exercises, role-plays and in writing your reflective journal.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 5 April 2027

50-51 Park Place, Cardiff
 10 Credits, Level 3
COU26A5100A

*Learn with us and...
 realise your learning
 potential!*

Abnormal Psychology

Fee **£441.00** (Concessionary Fee £353.00)

Clare O'Connell

In this double module you will have the opportunity to explore models of abnormality and implications for their treatment. Drawing on a range of perspectives within psychology, you will be encouraged to contrast, compare and challenge theories to understand a 'best fit' eclectic, mix of evidence-based explanations of behaviour.

20 weekly meetings
Mondays from 17:00 to 19:00
Starting 28 September 2026

50-51 Park Place, Cardiff
 20 Credits, Level 4
PSY26A5265A



Developmental Psychology

Fee £297.00 (Concessionary Fee £238.00)

Dr Rhiannon Maniatt

What makes us the people we are? This course introduces some of the key theories of Developmental Psychology, discussing how we change throughout our lives. There will be opportunities for discussion, observation and developing and improving study skills. This self-contained course is an ideal introduction to the subject area.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 29 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

PSY26A5266A

10 weekly meetings
Thursdays from 10:00 to 12:00
Starting 14 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

PSY26A5266B

Introduction to Mental Health

Fee £220.00 (Concessionary Fee £176.00)

Pauline Beesley

This module introduces learners to the principles, challenges, and practices of mental health care in Wales and the UK. Covering key topics such as mental health legislation, types of mental health conditions, therapeutic approaches, DSM-5 criteria for diagnosis, and support services, the course also explores the impact of mental health on individuals and communities. Learners will engage with case studies, practical scenarios, and discussions to assess mental health needs, ethical responsibilities, and practitioner resilience in mental health care environments. Trauma-informed practice, cultural sensitivity, and interagency collaboration will be central themes.

10 weekly meetings
Thursdays from 17:00 to 19:00
Starting 1 October 2026

This course will be taught online

10 Credits, Level 4

SOC26A5625A

Social Psychology

Fee £297.00 (Concessionary Fee £238.00)

Ameena Asad

Social Psychology attempts to describe and explain the impetus behind our social interactions. This course provides an opportunity to explore the principles of social psychology and to give a reference point to understand behaviours we are familiar with.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 13 April 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

PSY26A5267A

Health Psychology

Fee £297.00 (Concessionary Fee £238.00)

Azra Sadiq

This module will explain key principles and frameworks of health psychology. You will examine the psychological and physical effects of stress, mental health challenges, and lifestyle factors such as sleep and exercise on overall health.

10 weekly meetings
Tuesdays from 17:00 to 19:00
Starting 12 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

PSY26A5606A

Introduction to Forensic Psychology

Fee £220.00 (Concessionary Fee £176.00)

Pauline Beesley

Learners will explore topics such as criminal profiling, the psychology of eyewitness testimony, interviewing suspects and gathering evidence and the treatment of offenders during the legal process. The course emphasizes the importance of ethical practice, understanding the impact of crime on victims, and the application of psychological research to real-world forensic settings. Through case studies, guest speakers, and interactive discussions, learners will develop critical thinking skills and gain insights into the field of forensic psychology.

10 weekly meetings
Tuesdays from 17:00 to 19:00
Starting 29 September 2026

This course will be taught online

10 Credits, Level 4

PSY26A5623A



Acceptance and Commitment Therapy I

Fee **£220.00** (Concessionary Fee £176.00)

Acceptance and Commitment Therapy (ACT) is an evidence-based therapy with a focus on values and mindfulness. It is an action-focussed, values-based approach toward meaningful living. Learners are introduced to the underpinning concepts of ACT and encouraged to engage in, and reflect on, their own experience of the model.

• **Pauline Beesley**

10 weekly meetings

Mondays from 19:00 to 21:00

Starting 28 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

SOC26A4700A

• **Sarah O'Prey**

10 weekly meetings

Mondays from 19:00 to 21:00

Starting 28 September 2026

This course will be taught online

10 Credits, Level 4

SOC26A4700B

• **Sarah O'Prey**

10 weekly meetings

Tuesdays from 19:00 to 21:00

Starting 29 September 2026

This course will be taught online

10 Credits, Level 4

SOC26A4700C

• **Sarah O'Prey**

10 weekly meetings

Mondays from 19:00 to 21:00

Starting 18 January 2027

This course will be taught online

10 Credits, Level 4

SOC26A4700D

• **Pauline Beesley**

10 weekly meetings

Mondays from 19:00 to 21:00

Starting 18 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

SOC26A4700E

• **Sarah O'Prey**

10 weekly meetings

Tuesdays from 19:00 to 21:00

Starting 19 January 2027

This course will be taught online

10 Credits, Level 4

SOC26A4700F

• **Sarah O'Prey**

10 weekly meetings

Tuesdays from 10:00 to 12:00

Starting 13 April 2027

This course will be taught online

10 Credits, Level 4

SOC26A4700G



Acceptance and Commitment Therapy II

Fee **£220.00** (Concessionary Fee £176.00)

ACT II develops and builds on many of the ideas from the first ACT course. We explore the use of metaphor, using ACT frameworks, to deepen our understanding. We consider the application of ACT concepts across a range of more specific contexts. **ACT I** is a pre-requisite for this course.

• **Sarah O'Prey**

10 weekly meetings

Tuesdays from 10:00 to 12:00

Starting 29 September 2026

This course will be taught online

10 Credits, Level 4

SOC26A4815A

• **Sarah O'Prey**

10 weekly meetings

Tuesdays from 19:00 to 21:00

Starting 19 January 2027

This course will be taught online

10 Credits, Level 4

SOC26A4815B

• **Pauline Beesley**

10 weekly meetings

Mondays from 19:00 to 21:00

Starting 12 April 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

SOC26A4815C

• **Sarah O'Prey**

10 weekly meetings

Mondays from 19:00 to 21:00

Starting 12 April 2027

This course will be taught online

10 Credits, Level 4

SOC26A4815D

Acceptance and Commitment Therapy Skills

Fee **£220.00** (Concessionary Fee £176.00)

• **Sarah O'Prey**

Assuming basic knowledge of ACT, this course will take a hands-on approach and we will learn to work with and within the Hexaflex ACT Model. With the help of case scenarios, self reflection and small group work we will explore how to apply ACT core skills, thus increasing our understanding of the model and move from one core process to another, having developed a greater insight into the interdependence of the core processes of the ACT model.

• **10 weekly meetings**

Mondays from 10:00 to 12:00

Starting 12 April 2027

This course will be taught online

10 Credits, Level 4

SOC26A5095A

Enrol Now!

Introduction to Social Science

Fee **£594.00** (Concessionary Fee £475.00)

• **Sikiya Adekanye**

Introduction to Social Science will focus your studies on contemporary society. We will look at the Media and how they impact on different groups in society; the changing cultures within our society; the participation and relationship society has to politics. Study skills will be a particular focus this term so that you are confident and ready to move on to the next course on your Pathway.

• **12 weekly meetings**

Tuesdays from 17:00 to 19:30

plus 2 Saturday day schools

Starting 15 September 2026

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A4968A

• **12 weekly meetings**

Tuesdays from 17:00 to 19:30

plus 2 Saturday day schools

Starting 12 January 2027

This course will be taught online

20 Credits, Level 4

SOC26A4968B

Education and Society

Fee **£594.00** (Concessionary Fee £475.00)

Azra Sadiq

This module will introduce you to the role of education in modern society. You will consider the structure and organisation of education and be presented with a selection and summary of key policy changes and their impacts. The emphasis will be on developing your own understanding and critical analysis of the relationship between education and society and in this way, the module will provide a foundation for further studies on your Pathway.

12 weekly meetings
Tuesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 6 April 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A4969A

Social Policy

Fee **£594.00** (Concessionary Fee £475.00)

Laura Shobiye

Dr Sara Jones

This module on the Pathway to Social Science will introduce issues of Social Policy. You will gain an understanding of important social policies which set up the Welfare State; and look at current policies which affect a range of topics including Health, Education, and Housing.

12 weekly meetings
Wednesdays from 17:00 to 19:30
plus 2 Saturday day schools
Starting 13 January 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A4970A

Public Policy for Health

Fee **£594.00** (Concessionary Fee £475.00)

This module will introduce students to policy-making in contemporary society, with a particular focus on public policy for health. The course will lay the foundations for an understanding of the policy-making process and how this can be theorised and conceptualised. Simple models of policy-making will be explored. Key health and health-related social and public policy areas, for example, health, education and environmental policy, will be used to illustrate how policy is made in practice.

Pauline Beesley
12 weekly meetings
Wednesdays from 18:30 to 21:00
Starting 16 September 2026

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A5203A

Pauline Beesley
12 weekly meetings
Wednesdays from 18:30 to 21:00
plus 1 Saturday day school
Starting 13 January 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A5203B

Dr Luret Lar
12 weekly meetings
Mondays from 10:00 to 12:30
plus 1 Saturday day school
Starting 5 April 2027

Lifelong Learning,
50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A5203C

Sikiya Adekanye
12 weekly meetings
Tuesdays from 17:00 to 19:30
Starting 6 April 2027

This course will be taught online

20 Credits, Level 4

SOC26A5203D



Research Methods

Fee **£297.00** (Concessionary Fee £238.00)

Dr Cate Correia Hopkins

This module introduces students to ideas and debates from key areas of social science research methods. The main uses, benefits and drawbacks of qualitative, quantitative, and mixed methods are outlined and explained. To bring theory and research together, topics are explained through a key piece of research. Among the topics explored are Crime and Criminology and crime statistics; Health and randomised control trials (RCT); Social Psychology and behavioural studies; Gender and Identity and visual studies; globalisation and the use of social media in social science research.

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 28 September 2026

50-51 Park Place, Cardiff

10 Credits, Level 4

SOC26A5260A

10 weekly meetings
Mondays from 17:00 to 19:00
Starting 25 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

SOC26A5260B

Coaching and Mentoring

Fee **£220.00** (Concessionary Fee £176.00)

Dr Jo Smedley

Mentoring is used increasingly for supporting individuals achieve their goals in life. As a mentor you will develop your ability to establish rapport, develop listening skills and the ability to pick up and respond to issues raised by your mentee. Although highly practical, the course includes theory to support reflection and evaluation of mentoring practice.

10 weekly meetings
Wednesdays from 16:00 to 18:00
Starting 27 January 2027

This course will be taught online

10 Credits, Level 4

SOC26A5268A



Applying Criminological Theories

Fee £220.00 (Concessionary Fee £176.00)

Dr Rhiannon Maniatt

Can we explain why crimes are committed? Are people born criminal? Do they learn to act in criminal ways? Do they choose to act in criminal ways? Do certain explanations of criminal behaviour fit certain crimes? This module will provide students with an understanding of key criminological theories which can be used to understand crimes and positives and negatives of these. It will then teach students about different crime types, and students will use real life case studies to apply these theories to crimes.

10 weekly meetings

Tuesdays from 19:00 to 21:00

Starting 20 April 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

SOC26A5516A

New Directions in Acceptance and Commitment Therapy (ACT)

Fee £220.00 (Concessionary Fee £176.00)

Sarah O'Prey

This module is an intermediate to advanced level course in Acceptance and Commitment Therapy (ACT). Especially for participants who wish to work with ACT, this course presents an opportunity to gain an up-to-date and rounded understanding of ACT. New Directions in ACT requires participants to have basic knowledge of ACT. The course is open to all who meet this criterion, whether this knowledge of ACT stems from participation in **ACT I** and **ACT II** modules or who have experience of ACT in their professional practice.

10 weekly meetings

Tuesdays from 19:00 to 21:00

Starting 13 April 2027

This course will be taught online

10 Credits, Level 4

SOC26A5550A



Digital Society

Fee £220.00 (Concessionary Fee £176.00)

Dr Cate Correia Hopkins

Digital Society provides a critical examination of how digital technologies are transforming social life, culture, politics, and the economy. The emergence of new technologies like social media, algorithms, AI, and platform economies raise profound sociological questions about identity, community, inequality, work, governance, and human relationships. The course aims to provide a sociological framework for addressing policy issues surrounding justice, rights, and the public good in an increasingly technologized era. Students come away with enhanced abilities to evaluate technological impacts from a sociological perspective.

10 weekly meetings

Mondays from 17:00 to 19:00

Starting 5 April 2027

This course will be taught online

10 Credits, Level 4

SOC26A5572A

Understanding Gang Culture

Fee £220.00 (Concessionary Fee £176.00)

Dr Rhiannon Maniatt

Across 10 weeks, this course will explain what gang culture is, providing an insight into why people join gangs. It will also introduce you to some of the main crimes committed by gangs, and also key theories which can help explain why people join gangs, and why they offend in them.

10 weekly meetings

Tuesdays from 19:00 to 21:00

Starting 12 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

SOC26A5596A

Understanding Domestic Abuse

Fee £220.00 (Concessionary Fee £176.00)

Dr Rhiannon Maniatt

Do you work with the public? Do you understand the nuances of domestic abuse, and how best to respond to victim-survivors in your (non-specialist) role? This course is designed for people who work in public facing roles, to provide understanding on what domestic abuse is and what is experienced by victim-survivors. It will also introduce diversity and intersectionality in relation to domestic abuse, effects on children, and factors regarding seeking help. The course will also cover different responses to DA by statutory and specialist domestic abuse organisations, and explore how you should respond to a disclosure in your workplaces.

10 weekly meetings

Thursdays from 10:00 to 12:00

Starting 22 April 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

SOC26A5619A

Introduction to Dementia Care (Wales)

Fee £220.00 (Concessionary Fee £176.00)

Pauline Beesley

This course covers the principles and practices of dementia care, with a focus on the unique challenges and opportunities within Wales. Learners will explore topics such as the types and stages of dementia, person-centred care, communication strategies, and support services available in Wales. The course emphasises the importance of ethical practice, understanding the impact of dementia on individuals and families, and the application of research to improve care outcomes. Through case studies, guest speakers, and interactive discussions, learners will develop critical thinking skills and gain insights into the field of dementia care.

10 weekly meetings

Tuesdays from 17:00 to 19:00

Starting 6 April 2027

This course will be taught online

10 Credits, Level 4

SOC26A5624A

Trauma Informed Organisations

Fee £220.00 (Concessionary Fee £176.00)

Pauline Beesley

This course introduces professionals and aspiring practitioners to the principles and practices of trauma-informed organisational care. The module covers the legislative and ethical responsibilities related to trauma-informed care, including key frameworks such as the Social Services and Wellbeing (Wales) Act 2014 and the Equality Act 2010. Learners will explore the impact of trauma on individuals and organisations, focusing on vicarious trauma, compassion fatigue, and burnout. The course emphasizes the importance of creating psychologically safe workplaces and embedding trauma-informed principles into organisational policies and practices.

10 weekly meetings
Thursdays from 17:00 to 19:00
Starting 21 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

SOC26A5626A

Enrol early!

Trauma Informed Practice for Professionals (Wales)

Fee £220.00 (Concessionary Fee £176.00)

Pauline Beesley

This course is designed for professionals and aspiring practitioners who seek to understand and apply trauma-informed principles in their work. The module covers the impact of trauma on individuals, including its neurophysiological effects and the ways it shapes physical, psychological, and social responses. Key frameworks such as the Social Services and Wellbeing (Wales) Act 2014 and the Wellbeing of Future Generations (Wales) Act 2015 are explored to understand the legislative context of trauma-informed practice.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 29 September 2026

This course will be taught online

10 Credits, Level 4

SOC26A5627A



Safeguarding Principles and Practices (Wales)

Fee £220.00 (Concessionary Fee £176.00)

Pauline Beesley

This course introduces professionals and aspiring practitioners to safeguarding principles, legislation, and best practices in Wales. Covering key laws such as the Social Services and Wellbeing (Wales) Act 2014 and Children Act 1989/2004, the course explores abuse, neglect, exploitation, professional boundaries, and multi-agency collaboration.

10 weekly meetings
Thursdays from 19:00 to 21:00
Starting 21 January 2027

50-51 Park Place, Cardiff

10 Credits, Level 4

SOC26A5628A



Inclusive Classrooms

Fee £220.00 (Concessionary Fee £176.00)

Dr Laura Shobiye

This short course introduces students to develop more inclusive classrooms. The module explores concepts, legislation, theory, social issues, and transformative pedagogical practice as they relate to inclusive education.

10 weekly meetings
Tuesdays from 19:00 to 21:00
Starting 12 January 2027

This course will be taught online

20 Credits, Level 4

SOC26A5641A

Public and Third (or Voluntary) Sector Careers

Fee £220.00 (Concessionary Fee £176.00)

Dr Laura Shobiye

This course introduces learners to career opportunities in the public and voluntary sectors in the UK and Wales. It covers sector structures, roles, legislation, skills, recruitment processes, and practical application support.

10 weekly meetings
Tuesdays from 17:00 to 19:00
Starting 6 April 2027

This course will be taught online

10 Credits, Level 4

SOC26A5642A

Pathways to a degree *in*

Social Science

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



We offer a Pathway which will allow you to study towards these degrees at Cardiff University:

- ▶ **L301 Social Science (BSc)**
- ▶ **58H2 Human and Social Sciences (BSc)**
- ▶ **L370 Criminology (BSc)**
- ▶ **8H46 Sociology (BSc)**
- ▶ **8G46 Education (BSc)**

There are no formal entry requirements. Should you progress on to a degree programme, you will be eligible for 'advanced standing' of 60 credits – this means that these 60 credits will count towards the first year of your degree.

Introduction to Social Science

Fee **£594.00** (Concessionary Fee £475.00)

Sikiya Adekanye

Introduction to Social Science will focus your studies on contemporary society. We will look at the Media and how they impact on different groups in society; the changing cultures within our society; the participation and relationship society has to politics. Study skills will be a particular focus this term so that you are confident and ready to move on to the next course on your Pathway.

12 weekly meetings

Tuesdays from 17:00 to 19:30

plus 2 Saturday day schools

Starting 15 September 2026

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A4968A

12 weekly meetings

Tuesdays from 17:00 to 19:30

plus 2 Saturday day schools

Starting 12 January 2027

This course will be taught online

20 Credits, Level 4

SOC26A4968B

Social Policy

Fee **£594.00** (Concessionary Fee £475.00)

Dr Laura Shobiye

Dr Sara Jones

This module on the Pathway to Social Science will introduce issues of Social Policy. You will gain an understanding of important social policies which set up the Welfare State; and look at current policies which affect a range of topics including Health, Education, and Housing.

12 weekly meetings

Wednesdays from 17:00 to 19:30

plus 2 Saturday day schools

Starting 13 January 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A4970A

Enrol Now!

Education and Society

Fee **£594.00** (Concessionary Fee £475.00)

Azra Sadiq

This module will introduce you to the role of education in modern society. You will consider the structure and organisation of education and be presented with a selection and summary of key policy changes and their impacts. The emphasis will be on developing your own understanding and critical analysis of the relationship between education and society and in this way, the module will provide a foundation for further studies on your Pathway.

12 weekly meetings

Tuesdays from 17:00 to 19:30

plus 2 Saturday day schools

Starting 6 April 2027

50-51 Park Place, Cardiff

20 Credits, Level 4

SOC26A4969A

STUDENT TESTIMONIAL

My journey with Lifelong Learning has been incredible

Fatoumata wanted to change career but wasn't sure where to start, or how to navigate the world of higher education. After seeing an advert for one of our community courses, she enrolled onto healthcare courses. Although this wasn't an area of interest, it gave Fatoumata her first experience of classroom environment since studying for her undergraduate degree. From here, Fatoumata enrolled onto the pathways to social science, and she is now working towards a degree and a new career.



I met wonderful friends who would make me laugh and happy, as well as the great lecturers who were very supportive specially during difficult times.

They made sure I had all the support I needed during my studies and always responded when I was in need, which gave me courage and I couldn't be more grateful.

One thing I was really impressed with is the diversity, the quiet place to pray and the consideration during Ramadan to



have break. I was treated well and I never felt in any way discriminated.

I'm now doing my master's, but I still keep coming back to Lifelong Learning as I feel comfortable there. It's my safe place!"



Fatoumata is now studying an MSc Social and public policy at Cardiff University.

Pathways to a degree *in*

Psychology

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree

We offer a Pathway which will prepare you to study towards these degrees at Cardiff University:

- ▶ **C800 Psychology (BSc)**
- ▶ **C810 Psychology with a Professional Placement (BSc)**

New Modules:

- ▶ **Understanding Domestic Abuse (10 credits) – Dr Rhiannon Maniatt**
- ▶ **CE5623 Introduction to Forensic Psychology (10 credits)**

You need to have a Maths GCSE, grade A-C/9-4.



How it works

Core modules:

- ▶ Research Methods (10 credits)
 - ▶ A Gentle Introduction to Data Analysis using R (10 credits)
 - ▶ Introduction to Human Biology (20 credits)
- (40 credits in total)**

+

Optional modules:

- ▶ Health Psychology (10 credits)
 - ▶ Social Psychology (10 credits)
 - ▶ Developmental Psychology (10 credits)
 - ▶ Applying Criminological Theories (10 credits)
 - ▶ Understanding Gang Culture (10 credits)
 - ▶ Abnormal Psychology (20 credits)
- (20 credits in total)**

=

Pathway to a degree in Psychology (60 credits in total)

Pathways to a MA in

Social Work

Co-ordinating Lecturer:

Dr Sara Jones

Tel: **029 2087 5268**

Email:

JonesSJ15@cardiff.ac.uk

Pathways Coordinators:

Dr Rhiannon Maniatt

Tel: **029 2087 5493**

Email:

pathways@cardiff.ac.uk

Dr Gemma Scammell

Tel: **029 2251 0776**

Email:

pathways@cardiff.ac.uk

www.cardiff.ac.uk/part-time-courses-for-adults/pathways-to-a-degree



After studying the Pathway you will be able to make an application to study Social Work MA. If you wish to enrol on the Pathway, you must have either a degree, 2:2 or above (any subject), or 3 years professional work experience in the field.

► **L301 Social Science (BSc)**

Core Modules:

Social Policy (20 credits)

Introduction to Social Science (20 credits)

Optional Modules:

CE5619 Understanding Domestic Abuse (10 credits) – Dr Rhiannon Maniatt

CE5625 Introduction to Mental Health (10 credits)

CE4969 Education and Society (20 credits)

Accessibility for our students

We strive to make your studies as comfortable and accessible as possible. If you need help accessing any of our buildings or advice on improving your learning experience please contact disability@cardiff.ac.uk



Certificate of Continuing Education

Here are our Certificate of Continuing Education in alphabetical order. For more information, contact your Co-ordinating Lecturer or visit our website.

Arabic Language
Astronomy
Business and Management
Chinese language
Computer Studies
Creative Writing
English Literature
English Literature and Creative Writing
Environmental Studies
French/German/Italian/Spanish language 1

French/German/Italian/Spanish language 2
French/German/Italian/Spanish language 3
Garden Studies
Geology
Greek language
Healthcare
Historical Studies
Humanities and Social Studies
International Relations and Politics

Japanese language
Law
Media, Journalism and Culture
Music Studies
Natural History and the environment
Psychology
Polish language
Portuguese language
Public Service Interpreting
Russian Language
Social Studies

Why not keep in touch?

We have lots of ways that you can keep up-to-date with what's going on, be the first to know about our new courses, get invited to our free events and read our regular news items:

- *Subscribe to our email lists - www.cardiff.ac.uk/learn/choices/subscribe/*
- *Find on us Facebook - www.facebook.com/learncardiff*
- *Follow us on 'X' @LearnCardiff*

How to Enrol

Enrol online

Search or browse our courses to find the course you are interested in enrolling on.

Please enrol online if you are paying full or concessionary fee by card. You can do this by clicking 'Enrol now' within your chosen course to launch the process.

For other funding methods, including instalments, Student Finance loan and the Fee Waiver scheme you can submit an enrolment form from our 'How to enrol' web page.

Please note that in rare instances a course may fill up during the enrolment process. If this occurs a member of staff will contact you to arrange a refund or transfer to another course.

We highly recommend that you enrol at least one week before the course start date to ensure that you have access to your university email.

Enrol by email

You can also enrol on a course by downloading our PDF enrolment guide and form and submitting it to us by email.

Funding and paying for your learning

Find out if you are eligible for reduced course fees or to apply for a loan or grant towards your learning.

You can find course fees on the individual course pages.

Concessionary fees

The concessionary fee is shown below the standard fee for each course. You will be asked to provide appropriate evidence of your entitlement when you

apply for a course. Concessions are available to anyone receiving:

- ▶ Universal Credit
- ▶ Income Support
- ▶ Housing Benefit
- ▶ Jobseekers Allowance
- ▶ Income-related Employment and Support Allowance
- ▶ Council Tax Reduction (does not include discounts and exemptions)
- ▶ Working Tax Credit
- ▶ State pension
- ▶ Personal Independence Payment.

They are also available to:

- ▶ Cardiff University staff and full-time Cardiff University students

Concessionary fees are not available if a sponsor (such as your employer or Student Finance Wales) is paying the fee.

Please contact us if you need further information.

Fee Waiver Scheme

You may be eligible to have your course fees covered by the Commission for Tertiary Education and Research (Medr, formerly HEFCW) if you are a carer, care leaver, have a disability, receive qualifying benefits, currently seeking a job, are black or minority ethnic, refugee, asylum seeker, your parents did not study at university, identify as LGBTQ+, or live in an area where traditionally few people access university.

Student Finance Wales

Students who study 30 credits or more in the year may apply to Student Finance Wales for a tuition fee loan to fund their learning.

In some cases students may also be eligible for grants.

When completing the application form:

- ▶ the course name for all courses in

Lifelong Learning must be 'Certificate of Higher Education (LEARN)'. No other course will be accepted.

- ▶ please change the default loan amount to the total of your course fees.

More information can be found on our website.

Financial Assistance Programme

Additional financial assistance may also be available from the University to students on low incomes who have no prior experience of Higher Education. For further information contact the Advice and Money Team by emailing adviceandmoney@cardiff.ac.uk

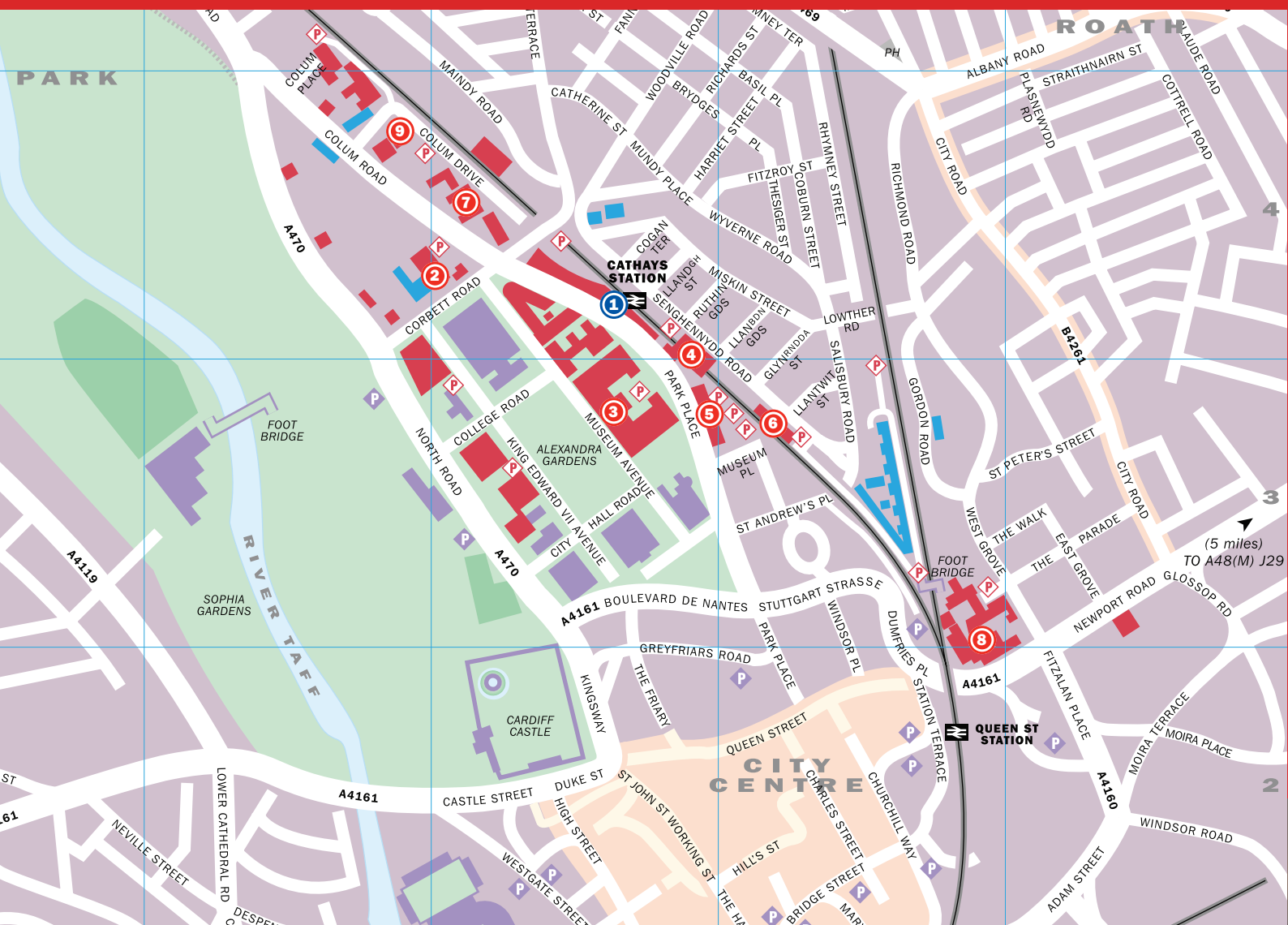
Pay by instalment

For courses where the fee payable is over £420, payment can be made by two instalments (payment by instalment is not possible if you are enrolling online).

The first instalment will be £300 and is required once you have submitted an enrolment by email. You will then be advised of the due date and amount of the second instalment.

Pay by invoice

If your employer (other than the University) is paying for the course and would prefer to pay by invoice they will need to provide a purchase order. This should be included in your application to the course. If you are unable to attach a purchase order, please contact us.



Key

Institute for Flexible Lifelong Learning	①
School of Music	②
Main Building	③
Sherman Theatre	④
40-41 Park Place - The Computing Centre	⑤
John Percival Building	⑥
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