be smart!
be safe!

Read all about how WKU is tackling HIV through football and comics workshops!
BREAK TIME...

HELLO, MT!
HELLO!

MY FRIEND MT, I SEE YOU WITH A LOT OF GIRLFRIENDS... DO YOU USE A CONDOM?

NO!!

HAVE YOU HEARD OF WKU HEALTH ACADEMY?

OH, I KNOW THE PLACE!

WOULD YOU LIKE TO GO FOR CONFIDENTIAL HIV COUNSELLING AND TESTING?

I GOT MY HIV TEST RESULT!!

WKU HEALTH ACADEMY

YES!
FOR WEEKS ON END, I'VE NOT BEEN MYSELF, ESPECIALLY AT NIGHT. BEING SICK LIKE THIS WITHOUT ANY HELP IS SO HARD. I SHOULD GO TO THE CLINIC!

OH GOD, I'M HIV POSITIVE AND AM SO ALONE IN THIS BUT I TRUST MY SISTER WILL BE THERE FOR ME...

WHAT? HIV?!! GET THE HELL AWAY FROM ME!!

MOM, DAD... I'M HIV POSITIVE

OH, MY CHILD! I LOVE YOU AND WE WILL FIGHT THIS TOGETHER - RIGHT, DAD?

THANKS, MOM AND DAD FOR BEING THERE FOR ME! IT MEANS A LOT TO ME, THANK YOU SO MUCH!!
HOW CAN I HELP YOU TODAY?
I WANT TO FIND OUT MY HIV STATUS

GOSSIP

I JUST FOUND OUT I’M HIV POSITIVE...

SORRY TO HEAR THAT, MY FRIEND

GUYS! NONDY’S GOT HIV!

WHAT? HA HA HA SERIOUSLY?
HA HA HA HA

HEY, DO YOU REALLY THINK IT’S FAIR TO LAUGH AT PEOPLE WHO ARE INFECTED WITH HIV?

BEING HIV POSITIVE IS NOT FUNNY, AND WE’RE VERY SORRY

NO

NO, NOT REALLY...
CAT AND MOUSE IN THE HOUSE

I WANT THAT BOWL OF FOOD! SHOULD I RISK IT?

GOT TO GET AWAY!

MROWR!!

DON'T TAKE RISKS - KEEP SAFE!

JUST MADE IT!
Young people are the major casualties of HIV infection across Africa. **WhizzKids United** (WKU), founded in 2005 by **Africaid**, has revolutionised the way youth HIV prevention information is delivered. Instead of the formal education approach based on the ABC message (Abstain, Be faithful, Condomise), WKU has 'broken out' onto the football pitch to use football as an analogy to teach the life skills that young people need to stay safe and prevent the spread of HIV/AIDS.

**Football for Life:**
**Key messages from WKU**

- Set **goals** in life and plan the right **tactics** to achieve them

- Know your **team** (friends, family, WKU staff) - they can help you overcome challenges

- Know how to **tackle** HIV & AIDS with the help of staff at the **WKU Health Academy**
WKU HEALTH ACADEMY

WhizzKids United’s Health Academy was launched in 2010 to provide a complete football-led package of prevention, care, treatment and support services. To date, 35000 young people have benefited from WKU’s programmes.

Since 2012, WKU has also been running a series of comics-drawing workshops. The workshops are a safe environment for the young people to share with counsellors their feelings about HIV, opening the way for more effective support and healthcare provision. They also learn how to create stories relevant to others in their community.

WKU is keen to extend its work with young people with or at risk of HIV, but needs funding to do so. To find out more or to make a donation, please visit our website: www.whizzkidsunited.org or find us on Facebook: www.facebook.com/WhizzKidsUnited

WKU Health Academy
Selby Msimang Rd
Edendale
Pietermaritzburg 3216
South Africa
(in front of Edendale Hospital)

Tel: 033 395 4683
Open Mon-Fri 7am-6pm
(in winter 5pm) plus some Saturdays, please enquire

Everyone welcome, no appointment needed!

The friendly staff at the Health Academy
THE WASTED WATER

OH NO! THERE ISN'T ANY WATER AGAIN! HOW WILL MY FAMILY WASH OR DRINK?

OH NO! THERE ISN'T ANY WATER AGAIN! HOW WILL MY FAMILY WASH OR DRINK?

WHAT CAN WE DO?

DON'T WASTE WATER

SAVE WATER

NOW THERE'S PLENTY FOR EVERYONE!

MAKE IT HAPPEN WITH TEAMWORK!
THE ONLY BOY...

THE COUNSELLOR WAS WRONG, I DON'T NEED AN HIV TEST!

I'VE BEEN CIRCUMCISED AND I ONLY SLEEP WITH YOUNG HIGH SCHOOL GIRLS!

BUT THE COUNSELLOR DID SAY THAT CIRCUMCISION DOESN'T FULLY PROTECT ME...

HEY, MARLON! I'VE JUST BEEN FOR MY 3-MONTHLY HCT, AND I'VE TESTED HIV POSITIVE!

YOU'RE THE ONLY BOY I'VE EVER SLEPT WITH... SO I'VE CAUGHT IT FROM YOU!
WHAT IS HIV LIKE?

"IT KILLS THE SOLDIERS OF THE BODY"

"HIV IS LIKE AN OCTOPUS"

"IT'S LIKE A COBRA, BECAUSE IT'S DANGEROUS"
The stories in this booklet were written and drawn by 15-20 year-olds at a WKU Youth Development Workshop at the WKU Academy, Edendale, Pietermaritzburg. The workshop was part of a research collaboration between WhizzKids United, RSA and Cardiff University, UK. The pages of artwork were digitally coloured and lettered by an award-winning British cartoonist so that the comic-strips can be read clearly and look their best.

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LOLA'S STORY

WHEN I WAS DIAGNOSED HIV POSITIVE, I CRIED FOR DAYS

SO I WENT TO GET SOME COUNSELLING
ALWAYS TAKE YOUR MEDICATION

MY PARENTS ARE VERY SUPPORTIVE
WE'RE HERE FOR YOU, LOLA

NOW I VISIT SCHOOLS TO TEACH CHILDREN ABOUT HIV

THEY NEED TO LEARN ABOUT HIV AND HOW TO STAY HEALTHY
DON'T TAKE RISKS WITH YOUR HEALTH

I'VE GOT HIV, BUT MY LIFE ISN'T OVER, IT'S JUST BEGUN...