**Routes to Cardiff**

**By Road**
Cardiff is served by the M4 and is easily accessible from all parts of Britain. From the south west, take the M5 and from the south east, follow major routes to the M4. From Scotland, the north of England and the Midlands, travel via the M5 to the M4.

**Travelling east on the M4**
Leave the motorway at Junction 32, follow the A48 towards the city centre and take the A470 towards the city centre and the University is sign-posted.

**The Heath Park Campus**
Follow the A470 towards the city centre and the University is sign-posted.

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Follow the A470 towards the city centre and the University is sign-posted.

**Travelling west on the M4**
Leave the motorway at Junction 29, follow the A48(M/A48) sign-posted Cardiff East and the South. Continue for approximately seven miles.

**The Cathays Park Campus**
Continue along the A48 to the A470 (Gabalfa Interchange). Leave the A48 at Gabalfa Interchange and take the A470, sign-posted city centre. Follow the A470 towards the city centre and the University is sign-posted.

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**By Rail/Coach/Bus**
High speed inter-city trains provide frequent services between all major British cities. The Cardiff-London service, from London Paddington, runs at 30 minute intervals throughout the day. Frequent services also connect Cardiff with Bristol, Birmingham, Southampton, Manchester, Liverpool and with many other cities and towns. Cardiff is also served by regular coach services from cities and towns across the UK. From Cardiff Central Station there is a frequent train service which stops at Cathays Station (located on the Cathays Park campus). Local bus services also operate from Cardiff Central Station.

**By Air**
Cardiff Airport is 11 miles from the city centre. Coach and train services operate between Cardiff Central Station and London’s Heathrow and Gatwick airports.

For further information, please contact the Disability Team:
Tel: 029 2087 4044 Email: disability@cardiff.ac.uk

Further Information
Door-to-door directions by road
www.cardiff.ac.uk/directions
Park and Ride services
www.cardiff.ac.uk/parkandride
Train services
Tel: (08457) 484500
www.nationalexpress.com
Coach services (National Express)
Tel: (08717) 818178
www.nationalexpress.com
Local bus services
Tel: 029 2066 6444
www.cardiffbus.com

Visitors with Disabilities/Special Needs
Some listings may present problems of access and agree for those with mobility difficulties.

For further information, please contact the Disability Team:
Tel: 029 2087 4444 Email: disability@cardiff.ac.uk