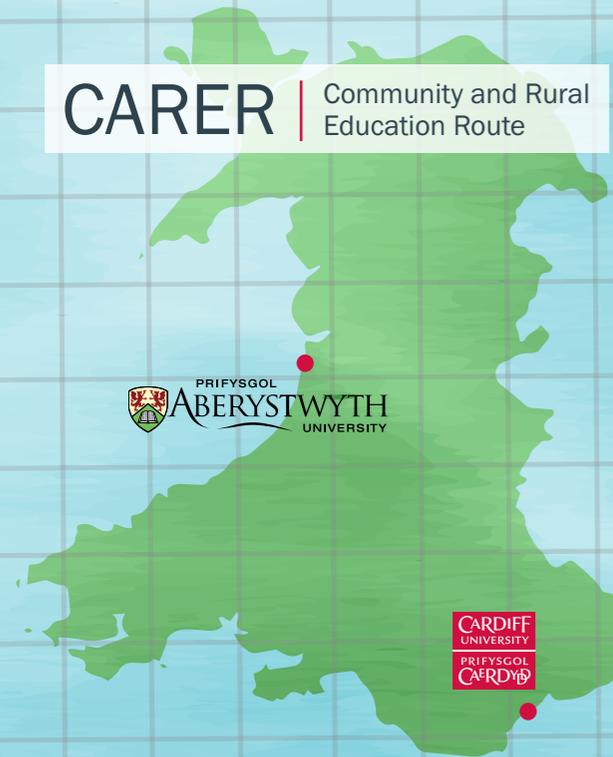




School of Medicine  
Ysgol Meddygaeth

# CARER | Community and Rural Education Route



[www.aber.ac.uk/en/hec/carer](http://www.aber.ac.uk/en/hec/carer)

## What is Community and Rural Education Route (CARER)?

The CARER programme is a year long placement in Year 3 in a rural or small town community, with more time to get to know your patients and colleagues, and to understand their needs.

CARER students are currently based around the university town of **Aberystwyth**, mid Wales.

During this year long placement (referred to as a 'Longitudinal Integrated Clerkship' or 'LIC') you will work towards the same learning outcomes from the same innovative curriculum as your peers on the C21 pathway, under the guidance of a small dedicated team of experts.

Educational institutions from around the world have been running LIC programmes similar to our CARER pathway for over 15 years.

There is increasing evidence for their effectiveness in preparing you for your future career, no matter which area of medicine

**You have the chance to be part of the CARER programme**

you finally choose to pursue. The parallel consulting, seeing patients independently and then reporting back to clinicians, ensures active participation which develops and reinforces diagnostic thinking at a much greater rate. You will benefit from working within well-developed, fully functioning medical teams.

*"A great opportunity to discover other parts of Wales and immerse yourself in the culture and community and I'm really glad I took this route. It helped build my confidence in my clinical abilities."*  
Linnet Mensuoh - Medical student



### Programme benefits

See what our students have to say  
[blogs.cardiff.ac.uk/carers](http://blogs.cardiff.ac.uk/carers)



You will acquire an enhanced understanding of patient-centredness, the importance of the life perspective, family dynamics and social contexts of patients' presentations. You will gain well-developed communication skills and demonstrate understanding of the psychosocial contributions to medicine. Students undertaking LICs also report more preparedness in higher-order clinical and cognitive skills.

- **Smaller group** learning with the same educational supervisor for the year
- **Continuity** of being based in the same location for a whole year; no moving around every few weeks
- **Experience life in a semi-rural area** both as a member of the community and as a healthcare provider
- Build working relationships with patients, fellow students and healthcare professionals.

## Aberystwyth

### Your next chapter

is set in a stunning location on the west coast of mid-Wales, nestled between the Cambrian Mountains and Cardigan Bay.

You can enjoy living within a peaceful, beautiful environment between the mountains and sea, within a town that is a busy, thriving cosmopolitan student hub.

Aberystwyth is a lively, vibrant university town and a **home-from-home to 9,000 students.**



## Interested?

Please get in touch

There are a limited number of places available on this unique programme and it is suitable for both UK and international students.

The CARER team will arrange meetings and potentially a pre-visit to Aberystwyth to allow you to get to know each other and the local environment.



See why Aberystwyth is the location for you

[www.aber.ac.uk/en/about-us/about](http://www.aber.ac.uk/en/about-us/about)

**If you have any questions or would like to register your interest please email us:**



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