## Teacher and Career Adviser’s Conference

**Wednesday 24 May 2023, 08:45 – 15:30**

**Main Building and Centre for Student Life**

<table>
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<th>Time</th>
<th>Session</th>
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<tr>
<td>08:45 – 09:15</td>
<td>Registration and refreshments</td>
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<td>09:15 – 09:30</td>
<td>Welcome with Claire Morgan, Pro Vice-Chancellor, Education and Student Experience</td>
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| 09:30 – 10:00 | Degrees of Sanity - the mental health of students in 2023
> TEDx speaker, author and young people’s mental health expert, Dr Dominique Thompson, draws upon her two decades of clinical NHS experience to provide an insight into the mental health challenges students face and outlines what schools and colleges can do to help prepare their students for higher education. |
| 10:00 – 10:15 | Student Support: a Cardiff University perspective
> Head of Student Health and Wellbeing, Gareth Hughes, discusses how Cardiff University is playing its part in supporting the wellbeing of our students. |
| 10:15 – 11:00 | UCAS: recent developments and the ‘journey to a million applicants’
> The demographic of 16-19 year olds continues to grow but what does this mean for those looking to apply to higher education in the coming years? Along with providing a general update from UCAS, Carys Willgoss (Principal Policy Advisor at UCAS) will consider what the demographic increase may mean for your students. |
| 11:00 – 11:15 | Break                                                                  |
| 11:15 – 11:45 | Ask the expert – putting your questions to the panel
> Following a brief update on undergraduate admissions at Cardiff University, we will turn to our panel of expert advisors who are on-hand to answer any questions you may have. The panel will also include current students who can share an insight into what they wish they’d known before applying to university. |
11:45 - 12:30 Select one session from the following options:
• Raising aspirations, fulfilling potential: the support available at Cardiff University (Widening Participation)
• Developing higher education/careers programmes within your school or college: how can resources such as Unifrog help?
• Using the Welsh language at Cardiff University: the support and opportunities available to Welsh speakers
• A Truly Global Institution: international student roundtable discussion and Q&A session.

12:30 - 13:30 Complimentary lunch and information marketplace

13:30 - 14:00 Studying and applying to Medicine, Dentistry and the Healthcare Sciences (including advice on MMIs and NHS funding)
Medicine, Dentistry and the Healthcare Sciences are renowned for being competitive courses. To help you provide the most up to date advice to your students, our team will provide an insight into the NHS funding opportunities, course features, entry requirements, selection process and interview format at Cardiff University.

14:00 - 15:30 Select one session from the following options:
• School of Optometry and Vision Sciences: new pathways in eye care in Wales
• School of History, Archaeology and Religion: Conservation of Museum Objects and Archaeology
• Cardiff Business School: compete in our Trading Room!
• Welcome to Abacws: Supercharge your teaching with the Microbit Game Show at the School of Computer Science
• Student-led campus tour including a stop at our Cathays Park Campus sport facilities to find out more our High Performance and other specialist sporting programmes.

15:30 Depart

Please note:
The programme is currently being finalised and may be subject to amend. We cannot be held responsible for any changes or cancellations to the programme required due to factors outside of our control. If the conference is postponed or cancelled, we will notify you by email using the address you have provided. Should we have to cancel / postpone the event, we will be unable to reimburse visitors for travel, hotel and other associated costs.