

Alcohol can
make you feel
sick?

No. Buying
someone under
the age of 18
alcohol is
breaking the

Alcohol will
make me feel
happy?

If a pregnant
women drinks
alcohol it can make
the baby ill and
increase the risk of
birth defects.

What is the
legal age to
buy alcohol?

Yes. Young people
who drink alcohol
regularly can
damage their
livers without
knowing.

How does alcohol make you feel drunk?

Yes. Alcohol is absorbed in the stomach, this can irritate the stomach making you feel sick.

People who drink alcohol regularly perform worse in school?

Yes. Alcohol can raise your blood pressure. This can put strain on your heart, increasing the risk of a heart attack.

People who drink regularly can become addicted to alcohol?

Alcohol is absorbed into the blood and travels to the brain. This slows down your reactions and affect your self-control.

You are more likely to argue after drinking alcohol?

No. Anyone who drinks a lot of alcohol in a short space of time can get alcohol poisoning. This is serious and needs to be treated in hospital.

Why should you not drink and drive?

The liver. Your liver breaks down about 1 unit of alcohol an hour.

Is it ok to ask someone over the age of 18 to buy you alcohol?

Alcohol slows down your reactions and impairs your judgement. This could cause you to have a car accident.

Only adults can get alcohol poisoning?

False. Alcohol is a depressant. It can make you feel sad and anxious. Long term in can increase your change of mental illness.

Alcohol can increase the risk of a heart attack?

True. Alcohol can lower our inhibitions. This can cause you to say or do something you may regret.

Liver disease can be caused by drinking too much alcohol?

Yes, as your brain is still developing until adulthood. It can affect your memory, learning ability and attention span.

Why should pregnant women not drink?

- Beer
- Wine
- Cider
- Spirits e.g. vodka
- Alco-pops

Types of alcohol:

True. People who drink an excessive amount of alcohol may have to drink more to get the same effect. This can lead to alcohol addiction.

What is the most common risk of underage drinking?

Yes. Children are more at risk of the bad effects of alcohol as they are not fully developed.

I must drink
alcohol at a party
to have a good
time?

18 years-old.

Children are
more likely to
experience the
negative effects
of alcohol?

False. 1 in 5 young
adults don't drink
alcohol and still
have a great time!

Which organ
breaks down
alcohol in your
body?

There is no safe
amount. Drinking
alcohol when your
body is developing
can lead to health
problems.

What is the safe
amount of
alcohol to drink
when you're
under 18?

Having an accident.
Such as a fight
where you could
injure yourself or
someone else.