Alcohol can make you feel sick?

No. Buying someone under the age of 18 alcohol is breaking the law.

Alcohol will make me feel happy?

If a pregnant women drinks alcohol it can make the baby ill and increase the risk of birth defects.

What is the legal age to buy alcohol?

Yes. Young people who drink alcohol regularly can damage their livers without knowing.
<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
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<tbody>
<tr>
<td>How does alcohol make you feel drunk?</td>
<td>Yes. Alcohol is absorbed in the stomach, this can irritate the stomach making you feel sick.</td>
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<td>People who drink alcohol regularly perform worse in school?</td>
<td>Yes. Alcohol can raise your blood pressure. This can put strain on your heart, increasing the risk of a heart attack.</td>
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<tr>
<td>People who drink regularly can become addicted to alcohol?</td>
<td>Alcohol is absorbed into the blood and travels to the brain. This slows down your reactions and affect your self-control.</td>
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<td>You are more likely to argue after drinking alcohol?</td>
<td>No. Anyone who drinks a lot of alcohol in a short space of time can get alcohol poisoning. This is serious and needs to be treated in hospital.</td>
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<tr>
<td>Why should you not drink and drive?</td>
<td>The liver. Your liver breaks down about 1 unit of alcohol an hour.</td>
</tr>
<tr>
<td>Is it ok to ask someone over the age of 18 to buy you alcohol?</td>
<td>Alcohol slows down your reactions and impairs your judgement. This could cause you to have a car accident.</td>
</tr>
</tbody>
</table>
Only adults can get alcohol poisoning?

False. Alcohol is a depressant. It can make you feel sad and anxious. Long term in can increase your change of mental illness.

Alcohol can increase the risk of a heart attack?

True. Alcohol can lower our inhibitions. This can cause you to say or do something you may regret.

Liver disease can be caused by drinking too much alcohol?

Yes, as your brain is still developing until adulthood. It can affect your memory, learning ability and attention span.
Why should pregnant women not drink?

- Beer
- Wine
- Cider
- Spirits e.g. vodka
- Alco-pops

Types of alcohol:
True. People who drink an excessive amount of alcohol may have to drink more to get the same effect. This can lead to alcohol addiction.

What is the most common risk of underage drinking?
Yes. Children are more at risk of the bad effects of alcohol as they are not fully developed.
I must drink alcohol at a party to have a good time?

Children are more likely to experience the negative effects of alcohol?

Which organ breaks down alcohol in your body?

False. 1 in 5 young adults don’t drink alcohol and still have a great time!

There is no safe amount. Drinking alcohol when your body is developing can lead to health problems.

18 years-old.
What is the safe amount of alcohol to drink when you’re under 18?

Having an accident. Such as a fight where you could injure yourself or someone else.