T r o u b l e w I t h S k i n

The aim of the questionnaire is to measure how much your skin problem

has affected you OVER THE LAST WEEK. Please tick ✔one box for each question

**OVER THE LAST WEEK OVER THE LAST WEEK**

|  |  |  |  |
| --- | --- | --- | --- |
| Very much  🞎  Quite a lot  🞎  A little  🞎  Not at all  🞎 | How **itchy**, **‘scratchy’**, **sore** or **painful** has your skin been? | How upset or **embarrassed,** **self-conscious** or **sad** have you been because of your skin? | Very much  🞎  Quite a lot  🞎  A little  🞎  Not at all  🞎 |
| Very much  🞎  Quite a lot  🞎  A little  🞎  Not at all  🞎 | How much has your skin affected your **friendships**? | How much have you changed or worn **different** or **special** **clothes**/**shoes** because of your skin? | Very much  🞎  Quite a lot  🞎  A little  🞎  Not at all  🞎 |
| Very much  🞎  Quite a lot  🞎  A little  🞎  Not at all  🞎 | How much has your skin trouble affected **going out**, **playing** or **doing hobbies**? | How much have you avoided **swimming** or **other** **sports** because of your skin trouble? | Very much  🞎  Quite a lot  🞎  A little  🞎  Not at all  🞎 |

**Children’s Dermatology Life Quality Index**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | | | Very much  🞎  Quite a lot  🞎  A little  🞎  Not at all  🞎 | |  | | |
| **If school time:** How much did you skin affect your **school work**? | | | **If holiday time:** How has your skin problem interfered with your **holiday plans**? | | |
| Very much  🞎  Quite a lot  🞎  A little  🞎  Not at all  🞎 | How much trouble have you had because of your skin with other people **calling you names, teasing, bullying, asking questions** or **avoiding you**? | | | How much has your **sleep** been affected by your skin problem? | | | Very much  🞎  Quite a lot  🞎  A little  🞎  Not at all  🞎 |
| Hospital No:  Name:  **Age:**  **Address:**  CDLQI. © M S Lewis-Jones, A Y Finlay June 1993.  Illustrations ©Media Resources Centre, UWCM December 1996 | | How much of a problem has the **treatment** for your skin been? | | | | Very much  🞎  Quite a lot  🞎  A little  🞎  Not at all  🞎 | |

Please check that you have answered EVERY question. Thank you.

**OVER THE LAST WEEK**